

Hi.

I have been suffering from joint pains, mainly in the knees, but in many other parts of my body. My knees problem limited my movement and any type of walking would cause me extreme pain. I got referred to a knee specialist who eventually performed an arthroscopic procedure on my right knee, unfortunately this did not ease the pain at all. Not long after my left knee started causing the same kind of pain, it got to the point where my mobility became limited.

I finally got to hear about stem cell therapy and decided to go for it as a last resort.

I had the procedure done at Liverpool, performed by [REDACTED] at his day surgery. A mini liposuction was performed and stem cells were then extracted from the fatty tissue and then reintroduced to me via intravenous and by injections to various part of the body, mainly my knees.

I had some phials kept in storage, frozen, which were administered periodically over the following 36 months, again to the knees, mainly, but also to the shoulders and back.

The pain in my knees has disappeared unless I over do it by walking too long. I still can't run or do any other form of hard exercise but I am pain free most of the time as I do be careful not to put too much pressure on my knees. I can walk and go up and down the stairs without pain, but because the treatment was concentrated on the knees the pain in my shoulder and back has not disappeared.

In my opinion the treatment was successful as the pain is no longer chronic but may present itself if I exert myself. I totally believe the experience was worth it.

I am sixty years old but did stop work because of the pain and have not worked since then, although I would have procedure done again and concentrate on my shoulders and back as I am confident the result would considerably improve my lifestyle, unfortunately the cost is the only barrier as in total I have spent over \$15000 so far and could not have the procedure done again.

Where traditional knee surgery failed to even ease the pain, stem cell therapy was, as far as my pain was concerned, a total success.