

I would like to comment on 2 parts of the TGA Consultation: Options for the future regulation of “low risk” products Version 1.0, March 2017

Vitamins and minerals – I believe option 1 is most desirable – vitamin and mineral supplements should have to conform to GMP regulations. Having retail products with clear indications and dosage recommendations and practitioner only options with less information on the packaging allowing trained practitioners (e.g. naturopaths) more flexibility in prescribing is a great system that works well. We as a family use both retail and practitioner only supplements under the guidance of retail staff, practicing naturopaths and our GP and appreciate all of these options and would like to see them preserved.

Homeopathy – I would like to lend my strong support to option 1 – homeopathic remedies are a safe, effective and affordable adjunct to other treatment options. Our family and some of our close friends have seen remarkable response to conditions that have defied medical and more conventional naturopathic treatments. It is a low risk modality used for over 200 years and in use world wide. The inability of current scientists to provide ‘reliable scientific evidence’ of its efficacy should be seen as their inability to do so YET as opposed to proof against over 200 years of successful historical use.