

Homeopathy is good for Australia

Some years ago (well less than 15 yrs for sure) I had an awful winter where I was very sick with sinus from food allergies and/or hayfever and spent lots of 5 day periods where I was so sick that I couldn't work or go out with friends or do housework or anything.

At the end of that winter my GP told me that he had no idea how to help me.

I asked him if he minded if I had a look at a Naturopath. I had no idea what they did, but I was sick of being sick just as much as my GP was sick of not being able to help me with 'regular' medicine.

I spent the next 6 months trying to find an alternative medicine person to see me. Finally, I found my Homeopath and she has been helping me ever since. I am not 100% healthy, but neither am I on a Disability Pension because I am too sick to work and I really was heading that way.

I couldn't function without my homeopathic remedies. And I need to function well as I am the full time carer for my husband who suffers chronic pain. He does not use Homeopathic remedies, but there is always hope that he will one day.

I have had three major problems with my arms in the last two years and the homeopathic remedies sorted them out for me. It has also sorted out my arthritis in my knees a couple of years ago. My first arm problem was caused by the arthritis in my knees. I was taking Panadol Osteo and Volatarin and it did nothing. The next arm problem required the GP to put me on nerve pain pills and all they did was make me an unsafe driver, so I stopped taking them and continued the Homeopathic remedy that I had been given for that condition.

Regular medicine did nothing for my pain or lack of movement regardless of all the different things that the GP tried to help me with for my arthritis, but the homeopath remedy that I took for the problem after all the GP prescribed pills didn't work - worked immediately and ever since.

Occasionally, I need to revisit that remedy and then I am fine for a time. Which is heaps better than the regular medicine ever did for me.

You may think that it is the placebo effect. But if that was the case then the times that I have given it to my cats when they were very ill and it fixed them up would show you that the remedies do work if they are prescribed by a well-trained practitioner. I received some training in how to prescribe for my family and I use that training and seek her advice when needed. I do not treat people outside my household and I only treat them when it is outside office hours. During office hours I contact the knowledgeable person, my homeopath.

My cats were sick. My first one had Cat Flu residual symptoms after having a terrible time with the Cat Flu virus. The residual effects after he finished his regular medications made him quite ill at times. Unfortunately, I was not warned that the virus remains in things that belonged to the first cat and the ones that I bought after he died have picked up the virus in a milder form (runny noses and eyes all the time) from the furniture, etc in our house from the time with the first cat. I have treated each cat with the remedy that matched their particular symptoms. Having an animal in the house has helped my husband with his mental health problems greatly. I cannot keep an animal without being able to treat them to keep them well.

I would prefer to be treated by a GP who has had Homeopathy training than by a GP and a Homeopath, but I cannot find one. I did have one in 1975 for a few years. Then I moved away and could not attend that surgery. That GP looked after my new baby and my toddler for two to three years and they were quite healthy for many years after we stopped going to that GP. That GP had done her training in England before migrating to Australia to practise.