Proposed amendments to the Poisons Standard (Medicines)

Options to buy Cannabidiol, CBD as medicinal component without a prescription

Since I have had joint pain related to Psoriatic arthritis and Anklyosing Spondylitis.

Operations have been performed for spontaneous fracture of right hip and eventual right hip replacement, three synovectomies both medical and surgical.

Under the care of a Rheumatologists and to begin with anti-inflammatory agents as well as methotrexate and various disease modifying biological agents.

All treatments have been ineffective at controlling inflammation and the associated pain that has worsened as time goes by. Major joint involvement with increasing associated pain has been a feature of my symptoms for several years.

In the last two years, I have with my GP, and and rheumatologist, applied for and used a number of medicinal CBD products for pain relief.

Presently, I am using Xanadolen and Xanapatch from Medropharm. The combination of oral administration works to control pain but with severe joint pain in wrists and knees the prescribed dose has not worked.

At my suggestion Xanapatches have been added for topical pain relief and this has worked. I can cut the patches up and use where required.

Generally neither Xanadolen nor Xanapatch has worked alone, but the combination is currently proving effective.

At one stage recently, I was not allowed to apply for Xanadolen and Xanapatch together. I was forced therefore to try Xanapatch alone. My pain management with Xanapatch was inadequate. This forced me to look for alternatives in the hemp seed oil marketplace.

In the past, I've used pure CBD oil and despite prolonged use with increasing dosage no pain relief was obtained.

Only since trialing Xanadolen that is not a pure CBD product have I had pain relief. The Xanapatch patches also have CBD and some hemp seed oil added. This combination hemp seed oil, I believe for the "Entourage Effect" thus aiding in pain relief.

Recently, I've found a hemp seed oil patch, Life+Greene Transdermal Patch that works although the Xanapatch works best.

Life+Greene also supply a product "Quinterpene" that when used topically or orally controls pain.

Due to the cost of the prescribed Cannabis sativa products, around \$500 for a month's supply, I use the Life+Greene alternatives as required to control pain and costs.

Usage and mental awareness.

None of the range of CBD products has caused any mental impairment.

Personal Opinion

- 1. Cannabis sativa products should be able to be used without prescription.
- 2. Full spectrum Cannabis sativa products from the Hemp plant should be available.
- 3. Full spectrum Hemp plant products supply other cannabidiols and terpenes that with the major CBD derivative are better at pain relief.
- 4. Restriction should not be placed on how the full spectrum hemp derived product is made available.
- 5. Variety of delivery systems, patch or tincture should be available to meet the requirements of any person in need.

