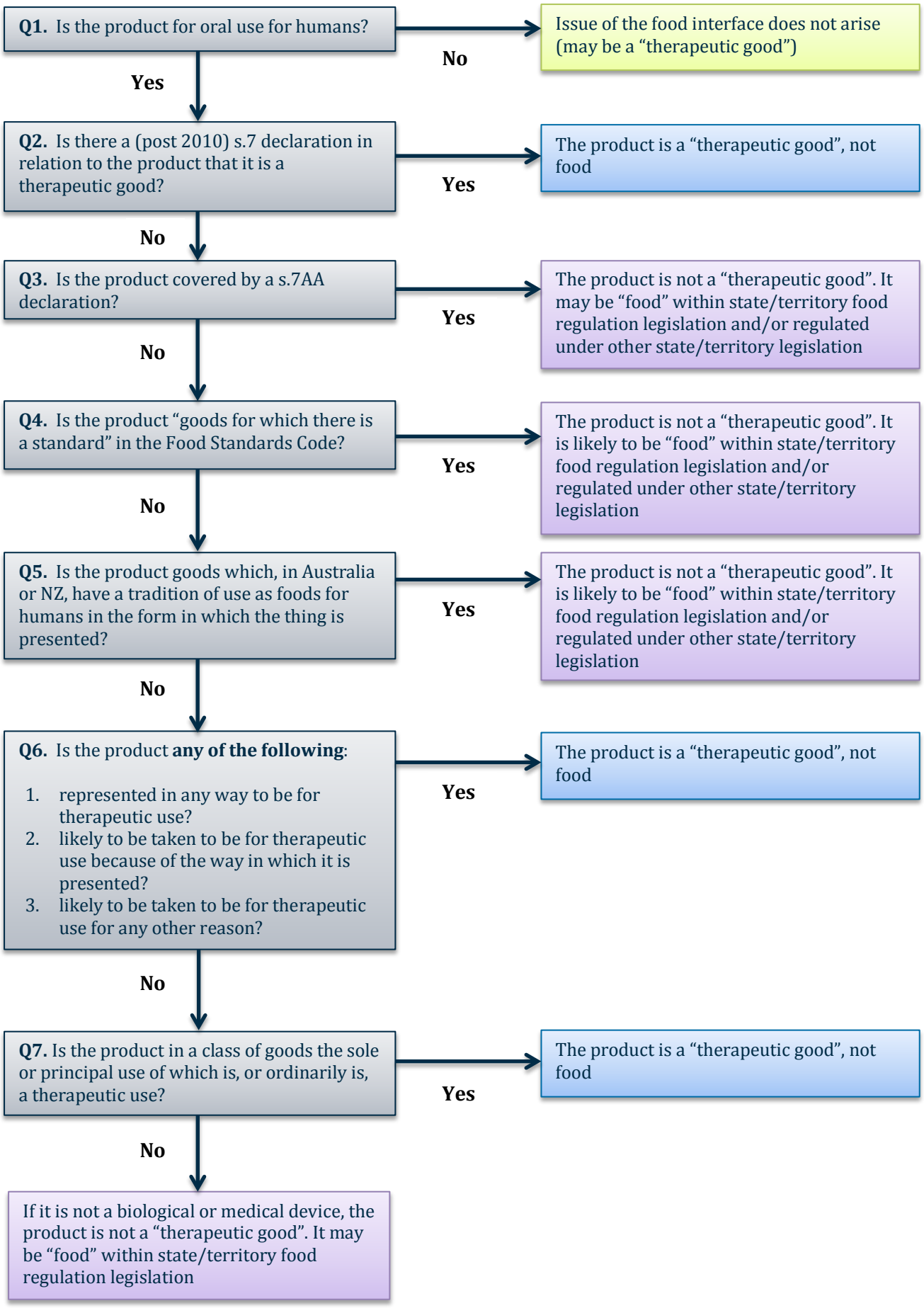Food-Medicine Interface Guidance Tool diagram