

# Safe Breast Imaging

[Safe Breast Imaging Home](#) [What We Do](#) [Comparison](#) [Your Questions Answered](#) [Breast Massage](#) [Health Professionals](#) [Locations](#) [Contact](#)



*At last!*  
*A safe and comfortable option for women of all ages*

**Safe Breast Imaging is:**

**Safe      Suitable for all ages      Caring**

**Not a MAMMOGRAM**

- **No squeezing**
- **No harmful radiation**

**Safe Breast Imaging - the  
choice for young women**

**Don't just worry about breast cancer**

**Do something positive about your breast symptoms**

Book your appointment on **1300 310 820** now! **(No referral required)**

To see the *Safe Breast Imaging* video, click [here](#)

New! **Therapeutic Self Breast Massage** available now.

"I found a lump and I was worried sick, but I was too scared to have a check. I thought I had cancer. When I finally had imaging done, my lump was OK. It was a cyst. My advice? Just go and have imaging done. It is less stressful."  
*Mandy, Clayfield, QLD*

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**1300 310 820**  
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*For most women, having an unusual breast change is upsetting. It can bring up many different feelings and worries...  
It is understandable to fear breast cancer. That is why we are here to reassure you.*

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I don't have any symptoms. Do I need breast health screening?	Yes. Medical screening equipment aims to identify disease that might not otherwise be apparent. Many women who are diagnosed with breast cancer may not be aware of any symptoms. Breast health screening helps to reassure you when you are OK and recommend positive strategies if there is any concern.
I am too scared to have breast imaging done.	It is normal to experience some anxiety. Safe Breast Imaging can offer peace of mind and a procedure that is not painful. Imaging helps you to take positive action earlier. Most of us do have lumps and/or tenderness. Most of us do not get breast cancer.
Does breast imaging mean I have to have an X-ray?	No. Until now, breast imaging was usually done by X-ray. <b>Safe Breast Imaging</b> now offers you another option using the <b>MEM</b> , that distinguishes breast conditions.
Should I go to the BreastScreen program for a mammogram?	This is a good option for eligible women who are happy to have a mammogram. <b>Safe Breast Imaging</b> provides a choice for women who <u>do not meet</u> the eligibility criteria (women with dense breasts, pregnant or breastfeeding women, those under 40 years) and for women who choose not to have a mammogram. Women with breast implants may avoid having a mammogram, so <b>MEM</b> is also a good option for them.
Who is Safe Breast Imaging?	<b>Safe Breast Imaging</b> is a professional breast screening organisation committed to supporting Australian women to take responsibility for their breast health. <b>Safe Breast Imaging</b> offers a choice: do you take responsibility for your health by regular safe breast imaging in order to find and correct any abnormalities or postpone till you have advanced breast cancer?
What technology does Safe Breast Imaging use?	<b>Safe Breast Imaging</b> uses non-invasive and comfortable technology that measures the electrical properties of the breast tissue. Electrical conductivity differs for each type of tissue (fat, glandular, connective), age, stage of menstrual cycle and conditions in the breast (including pregnancy and breastfeeding).
What is the imaging device?	The <b>MEM</b> is a small device that sits on the breast and takes a reading through its 256 sensors. It is non-invasive and has no radiation.
Does Safe Breast Imaging support mammography?	Yes. <b>Safe Breast Imaging</b> recommends that women use all available resources to monitor their breast health status.
Can the MEM assist if I have lumps in my breasts?	Yes. The <b>MEM</b> maps the structure of the breast and differentiates lumps such as cysts, fibroadenoma, lipoma, and suspicious masses. The <b>Safe Breast Imaging Medical Report</b> can assist your Doctor to make an informed management decision.
Can the MEM assist if I have tenderness in my breasts?	Yes. Often tenderness is associated with hormonal imbalance. The <b>MEM</b> can give an indication of this. The <b>Safe Breast Imaging Medical Report</b> can assist you and your Health Practitioner to make an informed decision about what to do next.
How comfortable is the MEM Procedure?	Very comfortable. There is no squeezing required to obtain good images. The <b>MEM</b> is placed on the breast and two or more images are taken of each breast. Extra images may be required for larger breasts. <b>Safe Breast Imaging</b> recognises that many women want to avoid pain and radiation
What happens after the imaging?	<b>MEM</b> screening is a medical procedure. Your images are sent to a trained doctor to interpret and provide you with result and recommendation. You receive your medical report <u>confidentially</u> . A copy is also sent to your doctor <u>upon request</u> .
Will the person taking the images tell me my results?	No. The <b>Safe Breast Imaging Medical Report</b> outlines your results with the <b>Safe Breast Imaging</b> doctor's recommendations.
What if the images show something suspicious?	Many conditions are benign and a recommendation may be made to work with your health professional to treat these conditions. Occasionally when an area of concern shows high conductivity the doctor may recommend further assessment.
What can I do to reduce my risk of breast cancer?	There are many things you can do to maintain good breast health. Your health professional can assist you to reduce your risk and achieve good hormonal balance. Maintain a healthy diet and lifestyle. Undertake vigorous exercise. Do regular breast and lymph massage. Have regular safe breast screening.
May I use the Safe Breast Imaging Doctor for correcting any abnormalities found in the breast?	No. The <b>Safe Breast Imaging</b> Doctor provides you and your own health professionals with your breast health report along with recommendations to assist you in obtaining the best health care possible. Ask your doctor for an annual clinical breast examination and referral for further imaging if necessary.
How often should I have the MEM imaging done?	We recommend that all women be imaged once a year to maintain a history of their unique breast profile to pick up early changes. Occasionally we may suggest earlier.
When can I start having MEM imaging?	The <b>MEM</b> is safe to use from adolescence onwards. This can be of great reassurance to young women with a family history of breast cancer or personal interest in identifying early changes that may indicate possible future risk.

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<b>Do I still need a mammogram?</b>	Many women do not want a mammogram, and now they have another choice with the MEM. For most women, the <b>MEM</b> is sufficient. It is your personal option to choose to undergo additional imaging. The <b>MEM</b> procedure is designed to check your breast health status. It also offers an option for women of all ages and for the large number of women who choose not to have a mammogram. On the rare occasion that we find an area of concern, a diagnostic mammogram or ultrasound will be recommended and can be useful to obtain different information.
<b>Can I claim on my private health fund?</b>	Many private health funds offer rebates depending on your level of cover. Check to see if yours does.
<b>TECHNICAL INFORMATION</b>	
<b>What does MEM stand for?</b>	<b>MEM</b> stands for Multifrequency Electrical-impedance Mammograph. The <b>MEM</b> measures the electrical properties of the cells and differentiates tissue type: fat, glandular and fibrous.
<b>How does the MEM work?</b>	The <b>MEM</b> has 256 small sensors on a plate to map the breast structure <b>7 layers deep</b> and visualise the distribution of electrical properties in the breast to <b>identify</b> areas with abnormal values of electrical conductivity.
<b>Is the MEM as good as a mammogram?</b>	The <b>MEM</b> and a mammogram are both valid breast imaging options. The <b>MEM</b> is comfortable, safe and radiation free. In addition to identifying current problems, the <b>MEM</b> can provide clues to your breast health years before something suspicious appears on a mammogram.
<b>Does MEM produce an x-ray?</b>	No. The <b>MEM</b> does not produce any radiation. It is also safe even for pregnant and breastfeeding women.
<b>Is the MEM the same as infrared thermography?</b>	No. Infrared thermography measures skin temperature and identifies metabolic activity and blood vessel patterns. Thermography requires careful environmental controls and protocols to ensure accurate images. The <b>MEM</b> differentiates lumps and map them, thermography does not.
<b>How long has the MEM been available for breast health screening?</b>	The <b>MEM</b> was developed about 15 years ago. It is used for breast screening in some European hospitals. It has been used in Australia for 4 years. More than 4000 Australian women have been imaged since 2005.
<b>Who recommends the MEM?</b>	Referring practitioners who want a safe breast imaging option for their patients recommend the <b>MEM</b> as a valuable diagnostic tool. A growing number of doctors and health practitioners recognise an ethical obligation to provide an option to women who cannot or do not want to have a mammogram.
<b>My doctor has not heard of the MEM.</b>	At this stage, many doctors do not know the benefits of the <b>MEM</b> because it is relatively new technology in Australia. <b>Safe Breast Imaging</b> can provide information to help your doctor understand the benefits of the <b>MEM</b> .
<b>Is the MEM covered by Medicare?</b>	At this stage, the imaging is not covered by Medicare. Your private health fund may provide you with a rebate.

#### BREAST HEALTH FACTS

- **Breast cancer is a disease affecting women of all ages.** In Australia, 27% of women diagnosed with breast cancer are under 50.
- Most women have breast concerns to some degree including lumps, pain, tenderness and discharge. Most women will not get breast cancer. Imaging can provide **peace of mind**.
- The **MEM** is a first screening tool to help you decide what to do next. This may include:
  - return for further imaging with **Safe Breast Imaging** in a shorter timeframe;
  - implementing preventative health strategies with your health practitioner to reduce your risk;
  - having further alternative imaging to obtain a different perspective.

**Safe Breast Imaging supports YOU in maintaining good breast health**  
**For further information contact Safe Breast Imaging on 1300 310 820**

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*Mandy, Clayfield, QLD*

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## What we do

**Safe Breast Imaging** provides breast health screening for women of every age



Another breast screening option  
Focus on your breast health and reduce risk

**Breast cancer affects young women too.**

**Identifying symptoms early allows more opportunity of working with your health professional to reduce your breast cancer risk.**

*In Australia, 27% of those diagnosed with breast cancer are under 50. Survival rate is low.*

*90% of women diagnosed have NO family history of breast cancer.*

*The average size of a breast cancer detected on mammogram screening is 2cm*

*The average size of a breast cancer found before mammogram screening is 3cm*

*Breast cancers are picked up on a screening mammogram at about 1cm.*

*At this size they are already 1 billion cells and may have spread.*

*On average breast cancer takes 8 years before it is detected on a mammogram.*

**Why wait years to see if you already have breast cancer? Book now for your early check.**

**Safe Breast Imaging uses non-invasive electrical impedance technology for breast imaging.**

**The small, portable MEM device measures the electrical properties of cells as it rests on the breast.**

**It maps the breast structure, shows hormonal imbalance and any area that may require further investigation.**

### **What can the MEM tell you?**

*If you have any symptoms of breast cancer*

*If you have cysts present at the time of imaging*

*If you have fibroadenoma*

*If you have a suspicious mass*

*If you have mastopathy (fibrocystic changes)*

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*If you have oestrogen predominance (absolute or relative)*  
*If you have hormonal imbalance*  
*Why you have lumps*  
*Why you have tenderness*

"I had the imaging done with Safe Breast Imaging at my naturopath. Apart from convenient, the procedure was quick, easy, it didnt hurt and it wasnt scary. Best of all, it put my mind at ease. Now, I am working with my naturopath on reducing my risk and improving my hormonal balance."

Sue, Burleigh, QLD

[Watch the MEM procedure here](#)

Tel: 1300 310 820

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## Comparison of Mammogram and MEM Electrical Impedance

	Mammogram	MEM
Medical Service	Yes	Yes
Medical report provided to the patient	No	Yes
Medical report provided to doctor on request	No	Yes
Imaging done in a warm, friendly environment	No	Yes
Your health values are treated with respect	No	Yes
Pleasant experience	No	Yes
Focus on breast health	No	Yes
Suitable for all ages	No	Yes
Suitable for young women	No	Yes
Suitable for dense breast tissue	No	Yes
Suitable for women on Hormone Replacement Therapy (HRT)	No	Yes
Suitable for pregnant and breastfeeding women	No	Yes
Suitable for Implants / augmentation	Yes?	Yes
Non-invasive	No	Yes
No radiation	No	Yes
Comfortable and no squeezing	No	Yes
Service is health and prevention focussed	No	Yes
Identifies anatomical features - lumps	Yes	Yes
Identifies physiological information – oestrogen		

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	Mammogram	MEM
and hormonal imbalance, pain, tenderness	No	Yes
Diagnoses breast cancer	No	No
100% accurate	No	No
Provides a risk profile of your health status	No	Yes
Pre-clinical evidence of possible risk	No	Yes
Immediate onscreen analysis	No	Yes
Small and Portable	No	Yes
X-ray	Yes	No
Negative perception in the community	Yes	No
No cost to screen eligible women with no symptoms	Yes	No
Medicare rebate available for diagnostic imaging for women WITH symptoms	Yes	No
Medicare rebate available for screening imaging women WITH NO symptoms	No	No
Private health fund rebate available	-	Some
Internationally recognised	Yes	No

The Australian breast screening program, BreastScreen, is targeted specifically at well women with NO symptoms aged **50-69**. Over **40%** of women in the target group of 50-69 years do not attend for a free mammogram regularly. Many women only go once. More than **25%** of women diagnosed with breast cancer in Australia are under 50 years of age.

**Safe Breast Imaging supports the government BreastScreen Program and encourages eligible women to attend, if they wish.**

**Safe Breast Imaging believes there is an ethical obligation to offer women of all ages another option for monitoring their breast health. Safe Breast Imaging therefore offers breast health screening for women who can not or will not have a mammogram and want another option.**

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New!

## ***Therapeutic breast massage video.***

Now, you can learn the correct technique to do a therapeutic self breast massage and lymph drain.

It can be done in the shower, lying down or sitting comfortably.

- **Benefits:**

- Increases oxygen into breast tissue,
- gentle technique to aid fluid recirculation,
- drains toxins out,
- unbinds tight spots,
- helps in dissolving fluid-like cysts,
- relieves tightness in chest muscles,
- reduces pain, congestion, and swelling related to PMS,
- strengthens and adds resiliency to breast tissue,
- promotes lymphatic drainage,
- provides relaxation,
- enhances circulation of blood and lymph in the area,
- enhances the health and elasticity of the support ligaments, which in turn provides better breast support.

**For your own electronic therapeutic self breast massage instruction video, click on the link below. This will take you to a secure website where you can purchase the video for \$AU10.00. You can then access the video and enjoy the many benefits of self massage any time.**

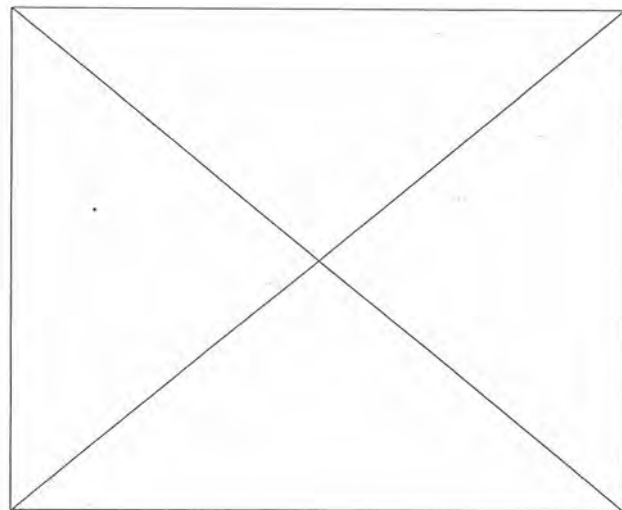
**Download electronic massage technique now**

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## Introduction

X-Ray mammography is currently the standard imaging modality for detection of breast cancer. As well as sending a radiation dose through the breast, the x-ray mammography procedure is often uncomfortable and/or painful for many women. The process involves flattening the breast against a screen in order to obtain suitable radiograph images. Exposure to the x-ray ionizing radiation can ultimately damage breast tissue, particularly through cumulative effects. In addition x-ray mammography has a relatively high percentage of misdiagnoses and false detections resulting in either missed cancers or unnecessary biopsies, surgery, chemotherapy and/or radiotherapy treatment.

Recently, the Multifrequency Electrical Impedance Mammograph (**MEM**) using electrical impedance tomography has been developed by the Institute of Radiotechnology and Electronics of the Russian Academy of Science for non-invasive detection of signs of breast pathology including breast cancer. The MEM imaging procedure is suitable for all ages, comfortable for the patient, and provides both anatomical and physiological information. The MEM poses no safety hazards to either the patient or the clinician, and results have been found to be positive in detecting pre-cancer pathology, as well as early signs of cancer and early stage small tumours.

The technology behind the **MEM** involves an array of 256 electrodes placed on the breast with a single electrode placed on the patient's opposite wrist. The electrodes in the array are driven sequentially with a predetermined electrical frequency while the resulting current through each electrode is measured. This results in a conductivity contour map of the breast.

The **MEM** provides images of electroconductivity distribution of biological tissue through the breast, thus defining any areas with abnormal values of electroconductivity. Every organ of the human body has its own electrical characteristics. These characteristics are determined by electrical properties of the tissue, which form and surround the organs, as well as by the properties of intravascular and extravascular fluid.

Resulting images derived from the **MEM** demonstrate relatively low conductivity regions for solid tissue such as adipose tissue, and higher conductivity regions for glandular tissue. The **MEM** makes it possible to visualise distribution of electroconductivity in transverse sections. It is a well established fact that many malignant tumors are characterised by electroconductivity which significantly differ from that of surrounding healthy tissue. The **MEM** demonstrates a difference in conductivity for cancerous tissue compared with normal tissue, thereby providing a contrast ratio in the resulting conductivity map derived from the signals received from the array of electrodes. In this way, signs of cancer can be determined from the conductivity map image.

The **MEM** is also useful in differentiating benign from malignant problems, such as cysts, fibroadenoma, etc. Within the breast, different tissue has different conductivity, from low eg. Fat, muscle, dividing structure, breast tissue, fibroadenoma, cyst, blood, cancer, high oestrogen. (This is low to high conductivity).

The **MEM** is capable of providing both anatomical and physiological information. Physiological changes often precede anatomical changes that can be detected by palpation and mammography.

**Anatomy** – by mapping 7 layers of the breast, each 7mm apart, the anatomical structure is viewed to differentiate the structure of the breast.

**Physiology** - The MEM system shows a difference in conductivity for cancerous tissue compared with normal tissue. In this way, signs of cancer can be determined from the conductivity image.

The probability value for MEM is the probability of malignancy.  $P > 0.5$  should be considered as a signal for more detailed investigation. Conductivity of 0.95 or higher (other than artefacts) may indicate malignant pathology in the breast.

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**IMPORTANT:** While it provides information which may assist a practitioner in patient management decisions, the MEM does not provide a final diagnosis for breast cancer.

#### Benefits of the MEM

- Suitable for all ages
- Non-invasive
- No radiation
- Anatomical and physiological information
- Pre-clinical evidence of possible risk
- Able to image women with augmentation (implants)
- Able to frequently monitor high risk patients
- Portable – can be done on-site in communities, work place, Expos, Shopping Centres, Airports, anywhere
- Increases number of women having breast screening beyond mammography program.

#### Limitations of Mammography

In some countries, mammography is viewed as the "gold standard" of breast screening. Mammography is not suited to many women, however, so these women may benefit from the MEM. The MEM is not in competition to the mammogram. Mammograms have limitations including:

- Not suited to pre-menopausal breast tissue
- Not suited for dense breast tissue
- Not suited to women on hormone replacement therapy (increases density)
- Not suited to young women
- Not suited to pregnant women
- Not suited for breastfeeding women
- Not suited for frequent imaging for women of high risk. (Recommendation 2-yearly)
- Radiation is an invasive form of imaging that can damage tissue
- Compression can cause damage to breast tissue
- Some women refuse to have a mammogram.

#### Comparison of Benefits Mammogram and MEM

	Mammogram	MEM
Suitable all ages	No	Yes
Non-invasive	No	Yes
Comfortable	No	Yes
Anatomy and physiology	No	Yes
Pregnant and breastfeeding women	No	Yes
Implants and augmentation	Yes?	Yes
Risk profiling	No	Yes
Pre-clinical evidence of possible risk	No	Yes
Portable	No	Yes



Inexpensive technology	No	Yes
Negative perception in community	Yes	No
Internationally recognised	Yes	No
Community based	No	Yes

[Comparison MEM & Ultrasound](#)

[Case Studies MEM](#)

[MEM Breast Cancer Detection](#)

[Mastopathy Diagnoses](#)

[MEM Design](#)

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## Locations

*At Safe Breast Imaging we know that your time is important.*

*That is why we come to a clinic near you.*

"I was so fearful that I had cancer. I was encouraged by my neighbour to have an alternative breast check as she was so grateful to have seen you. Although different to the Mammogram I was happy to have been introduced to a new experience and most of all a more civil approach. I remember leaving your consultation feeling reassured and eager to tell many others of my experience and peace of mind."

*Francoise, Margaret River, WA*

### ACT

Vitality Health Centre - book now  
302, Third Floor, Woden Court  
Woden ACT 2606  
Tel: 02 6282 1294

[alvreichert](#) [redacted]

### New South Wales

Kaye Gartner's Health Centre - book now for 22 June  
Shop 5a Myahgah Mews  
Mosman NSW 2088  
Tel: 02 9960 6339

[www.kayegartnerhealth.com.au](#)  
[admin](#) [redacted]

Dr Giselle Cooke - book now for 19 March  
40 Yeo Street  
Neutral Bay NSW 2089  
Tel: 02 9953 5153

[www.lotushealth.com.au](#)  
[medical](#) [redacted]

Health Dimensions - book now for 20 March  
206/33 Lexington Drive  
Bella Vista NSW 2153  
Tel: 02 8824 6792

[www.healthdimensions.com.au](#)  
[info](#) [redacted] ✓

Camden Natural Healthcare - book now for 22 March  
Suite 1, 82 Argyle Street,  
Camden NSW 2570  
Tel: 02 4655 6449

[www.camdenhealth.com.au](#)  
[catherine](#) [redacted] ✓

Dr Sandra Cabot  
Breast Health Clinic - book now for 22 March  
Level 1, 1 Bay Street,  
Broadway Shopping Centre  
Glebe NSW 2037  
Tel: 02 9211 8624

[www.sandracabot.com](#)  
[image](#) [redacted]

### Queensland

Achieving Health - book now for 15 March  
43 Tallebudgera Creek Road  
West Burleigh QLD 4219  
Tel: 07 5576 8088

[www.achievinghealth.com.au](#)  
[info](#) [redacted]

Renew-You Centre - book now for 15 March  
80 Currumburra Road  
Ashmore QLD 4214  
Tel: 07 5564 7667

[www.renewyoujourney.com.au](#)  
[admin.ashmore](#) [redacted] ✓

Ironbark Homoeopathy - book now for 16 March  
Redland Bay QLD 4165  
Tel: 07 3206 8274

[ironbark](#) [redacted]

Dr Frank Golik  
Brest Health Clinic - book now for 17 March  
WIN Health Clinic  
702 Sandgate Road  
Clayfield QLD 4011  
Tel: 07 3262 5227 ✓



receptwin [REDACTED]

Brian Morley  
Brest Health Clinic - book now for 18 March  
Vital Balance Clinic  
78 Station Street  
Bethania QLD 4205  
Tel: 07 3805 2939  
[www.avitalbalance.com](http://www.avitalbalance.com)

kmw [REDACTED]

Healing Hands - book now for 18 March  
15 Pring Street  
Ipswich QLD 4305  
Tel: 07 3202 2300  
[www.healinghandsinipswich.com.au](http://www.healinghandsinipswich.com.au)  
alex [REDACTED]

Living Balance Centre - book now for 18 March  
2 Merrell Street  
North Booval QLD 4305  
Tel: 07 3281 5152  
[www.livingbalancecentre.com.au](http://www.livingbalancecentre.com.au)  
jo [REDACTED]

Dr Dzong Prince - book now for 19 March  
Renew-You Centre  
221 Waterworks Road  
Ashgrove QLD 4060  
Tel: 07 3366 8955  
[www.renewyourjourney.com.au](http://www.renewyourjourney.com.au)  
admin.ashgrove [REDACTED]

Oxford Naturopathics & Wellness Centre - book now for 23 April  
Suite 8, 204 Oxford Street  
Bulimba QLD 4171  
Tel: 07 3899 9155  
[www.naturopathics.com.au](http://www.naturopathics.com.au)  
pkhaler [REDACTED]

Springwood Wellness Centre - book now for 16 March  
35 Cinderella Drive  
Springwood QLD 4127  
Tel: 07 3808 6633  
[www.springwoodwellnesscentre.com.au](http://www.springwoodwellnesscentre.com.au)  
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Sarah Franklin, Naturopath  
32-34 Musgrave Street  
Kirra (Coolangatta) QLD 4225  
Tel: 07 5599 1339  
[www.balancedhealth.com.au](http://www.balancedhealth.com.au)  
sarahfranklin [REDACTED]

## Victoria

Safe Breast Imaging - Mon - Fri 9am - 5pm  
2 Hutchinson Drive  
Kew VIC 3101  
Tel: 1300 310 820

Dr Peter Holsman - book now for 12 March  
Well-Being Institute  
1 Ward Street  
Ashburton VIC 3147  
Tel: 03 9885 7766  
[www.wellbeinginstitute.com.au](http://www.wellbeinginstitute.com.au)  
dholsman [REDACTED]

The Remedy Group - book now for 12 April  
172 Main Street  
Lilydale VIC 3140  
Tel: 03 9735 1720  
[www.theremedygroup.com.au](http://www.theremedygroup.com.au)  
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Dr John Piesse - book now for 12 April  
Mitcham Natural Healing Centre  
431 Maroonah Highway  
Mitcham VIC 3132  
Tel: 03 9873 0966  
[www.naturalhealingcentre.com.au](http://www.naturalhealingcentre.com.au)  
mitcham [REDACTED]

Sea Crest Natural Health - book now for 11 March  
2080 Boneo Road  
Flinders VIC 3929  
Tel: 03 5989 0699  
malbron [REDACTED]

Skin Aesthetics & Medical Centre - book now for 12 March  
450 Victoria Street  
Richmond VIC 3121  
Tel: 03 9429 4449  
[www.skinaesthetics.com.au](http://www.skinaesthetics.com.au)  
lilymtc [REDACTED]

The Natural Approach - book now for 8 April  
345 Ascotvale Road  
Moonee Ponds VIC 3039  
Tel: 03 9370 8777  
[www.naturalapproach.com.au](http://www.naturalapproach.com.au)  
admin [REDACTED]

Ageless Beauty - book now for 14 May  
9m Church Street  
Kyabram VIC 3620  
Tel: 03 5852 1166  
[www.agelessbeautyclinic.com](http://www.agelessbeautyclinic.com)  
[agelessbeauty2@agelessbeauty2.com.au](mailto:agelessbeauty2@agelessbeauty2.com.au)

Betty Child, Naturopath  
15 Soderlund Drive  
Doncaster VIC 3108  
03 9848 5013  
[bene111au@bene111au.com.au](mailto:bene111au@bene111au.com.au)

Carole Boudry, Naturopath  
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[carjulia@carjulia.com.au](mailto:carjulia@carjulia.com.au)

Dr Michelle Woolhouse  
Peninsula Holistic GP  
6/1533 Pt Nepean Road  
Rosebud West VIC 3940  
Tel: 03 5986 4229  
[www.peninsulaholistic.com.au](http://www.peninsulaholistic.com.au)  
reception@peninsulaholistic.com.au

### Western Australia

Safe Breast Imaging - Mon - Fri 10am - 4pm  
1 Little Russell Street  
North Perth WA 6006  
Tel: 1300 310 820  
[safe@safebreastimaging.com.au](mailto:safe@safebreastimaging.com.au)

Natureco Health Centre - book now for 12 April  
65 Grand Boulevard  
Joondalup WA 6027  
Tel: 08 9300 9441  
[www.natureco.com.au](http://www.natureco.com.au)  
[jason@natureco.com.au](mailto:jason@natureco.com.au)

Mandurah Natural Therapy Centre - book now for 9 April  
220 Lakes Road  
Greenfields WA 6210  
Tel: 08 9535 9195  
[www.mntc.com.au](http://www.mntc.com.au)  
[office@mntc.com.au](mailto:office@mntc.com.au)

Health Smart WA - book now for 10 April  
3/5 Nasmyth Road  
Rockingham WA 6168  
Tel: 08 9529 2499  
[www.healthsmartwa.com](http://www.healthsmartwa.com)  
[natural@healthsmartwa.com](mailto:natural@healthsmartwa.com)

Natural Therapies Centre - book now for 3-4 March  
Chr Steere & McAlinden Streets  
Bridgetown WA 6255  
Tel: 08 9761 1319  
[image@naturaltherapiescentre.com.au](mailto:image@naturaltherapiescentre.com.au)

Herbal Tonic Natural Medicine Clinic - book now for 30 July  
Suite 10, Palm Court, Strickland Street  
Denmark WA 6333  
Tel: 08 9848 3719  
[www.raepowys.com.au](http://www.raepowys.com.au)  
[raepowys@raepowys.com.au](mailto:raepowys@raepowys.com.au)

Albany Wellness Centre - book now for 31 July  
49 Collie Street  
Albany WA 6330  
Tel: 08 9841 7443  
[Crawfordno3@albanywellnesscentre.com.au](mailto:Crawfordno3@albanywellnesscentre.com.au)

Notably Healthy - book now for 26 March  
32 Morrison Rd  
Midland WA 6056  
Tel: 08 9250 1983  
[www.notablyhealthy.com.au](http://www.notablyhealthy.com.au)  
[image@notablyhealthy.com.au](mailto:image@notablyhealthy.com.au)

Reach for Health - Book now for 27 March  
779 Albany Highway  
East Victoria Park WA 6101  
08 9355 2005  
[mary@reachforhealth.com.au](mailto:mary@reachforhealth.com.au)  
[www.reachforhealth.com.au](http://www.reachforhealth.com.au)

Goldfields Women's Health Care Centre - coming soon  
15 Dugan Street  
Kalgoorlie WA 6430  
Tel: 08 9021 8266  
[www.qwhcc.org.au](http://www.qwhcc.org.au)  
[info@qwhcc.org.au](mailto:info@qwhcc.org.au)

Kris Kern  
97 Scarborough Beach Road  
Mt Hawthorn WA 6016

(16)

137

0414 247 155  
[www.hormonehelpnow.com](http://www.hormonehelpnow.com)  
kris [REDACTED]  
Bunbury Natural Health Centre  
12 Prosser Street  
Bunbury WA 6230  
Tel: 08 9792 4248  
[www.bunburiynaturalhealth.com.au](http://www.bunburiynaturalhealth.com.au)  
[naturalhealth2000.com](http://naturalhealth2000.com)

Paeonia Naturopathy - book now for 27 March  
28 Station Street  
Margaret River WA 6285  
Tel: 08 9758 7333  
[paeonia](http://paeonia.com) [REDACTED]

Purely Essential Therapies  
7/330 Marine Terrace  
Busselton WA 6280  
08 9751 5583  
[purelyessential](http://purelyessential.com) [REDACTED]

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