

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
0	BODY - AYU	NEW Rasayan/rejuvenative tonic	Rasayan/rejuvenative tonic	Traditional Ayurvedic medicine only	
0	BODY - AYU	NEW Balance aggravated Vata	Balance aggravated Vata	Traditional Ayurvedic medicine only	
1	BODY - BURNER	Harmonise middle burner (Spleen and Stomach)	Harmonise middle burner (Spleen and Stomach)	Chinese medicine tradition of use	
2	BODY - BURNER	Moisten Dryness in the Triple Burner	Moisten Dryness in the Triple Burner	Chinese medicine tradition of use	
3	BODY - CHANNELS	Regulate Chong channels	Regulate Chong channels	Chinese medicine tradition of use	
4	BODY - CHANNELS	Unblock/open/relax collaterals	Unblock/open/relax collaterals	Chinese medicine tradition of use	
5	BODY - CHANNELS	Activate meridians/channels	Activate meridians/channels	Chinese medicine tradition of use	
6	BODY - CHANNELS	Unblock/open/relax meridians	Unblock/open/relax meridians	Chinese medicine tradition of use	
7	BODY - CHANNELS	Unblock/open/relax channels	Unblock/open/relax channels	Chinese medicine tradition of use	
8	BODY - CHANNELS	Regulate Ren channels	Regulate Ren channels	Chinese medicine tradition of use	
9	BODY - CELL	Helps maintain/support DNA formation/synthesis	Helps maintain/support DNA formation/synthesis	Scientific	
10	BODY - CELL	Helps maintain /support energy production in the cell's mitochondria <i>Remove- covered by 'Helps maintain /support energy production in body cells'</i>		Scientific	
11	BODY - CELL	Antioxidant/Helps reduce/decrease free radicals that are formed in the body	Antioxidant/Reduce free radicals formed in the body	Scientific	
12	BODY - CELL	Helps protect body cells from free radical oxidative damage	Helps protect body cells from free radical oxidative damage	Scientific	
13	BODY - CELL	Helps reduce/decrease free radical damage to body cells	Helps reduce/decrease free radical damage to body cells	Scientific	
14	BODY - CELL	Helps maintain /support energy production in healthy body cells	Helps maintain /support energy production in body cells	Scientific	
15	BODY - CELL	Helps maintain /support healthy cell functions <i>Remove-too vague-what functions? Covered by general health and wellbeing</i>		Scientific	
16	BODY - CELL	Helps maintain /support healthy cell membrane function <i>Remove -covered by Helps maintain /support cell membrane structure</i>		Scientific	
17	BODY - CELL	Helps maintain /support healthy cell membranes integrity-structure	Helps maintain /support cell membrane structure	Scientific	
18	BODY - CELL	Helps maintain /support healthy cell structure-health	Helps maintain /support cell structure	Scientific	
19	BODY - CELL	Helps maintain /support body cell uptake of (state vitamin/mineral/nutrient)	Helps maintain /support body cell uptake of (state vitamin/mineral/nutrient)	Scientific	
20	BODY - CELL	Aids/assists/helps repair of body cells <i>Delete- covered by other specific general indications such as repair skin</i>		Scientific	
21	BODY - COLLAGEN	Helps protect against collagen breakdown <i>Delete- covered by maintain/support collagen</i>		Scientific	
22	BODY - COLLAGEN	Aid/assist/helps strengthen collagen fibres Maintain/support collagen	Maintain/support collagen	Scientific	
23	BODY - COLLAGEN	Aid/assist/helps collagen formation <i>Delete- covered by Helps enhance/promote collagen formation</i>		Scientific	
24	BODY - COLLAGEN	Helps enhance/promote collagen formation in the body	Helps enhance/promote collagen formation	Scientific	
25	BODY - COLLAGEN	Maintain/support healthy collagen formation production/synthesis	Maintain/support collagen formation	Scientific	
26	BODY - DETOX	Alterative/blood cleanser/depurative/purifier	Alterative/blood cleanser/depurative/purifier	Tradition of use	Can only be for detoxification in relation to natural body processes.
27	BODY - DETOX	Helps enhance/promote Aids/assists natural body cleansing/detoxification processes	Aids/assists natural body cleansing/detoxification processes	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
28	BODY - DETOX	Helps Maintain/support natural body cleansing/detoxification processes	Maintain/support natural body cleansing/detoxification processes	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.

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29	BODY - DETOX	Helps enhance/promote Aids/assists natural cleansing/detoxification processes of the gastrointestinal system/gut	Aids/assists natural cleansing/detoxification processes of the gastrointestinal system/gut	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
30	BODY - DETOX	Helps maintain/support natural cleansing/detoxification processes of the gastrointestinal system/gut	Helps maintain/support natural cleansing/detoxification processes of the gastrointestinal system/gut	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
31	BODY - DETOX	Maintain/support natural cleansing/detoxification processes of the liver	Maintain/support natural cleansing/detoxification processes of the liver	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
32	BODY - DETOX	Maintain/support natural cleansing/ detoxification processes of the body's five organs of elimination (kidney, liver, gallbladder, bowels and skin)	Maintain/support natural cleansing/ detoxification processes of the body's five organs of elimination (kidney, liver, gallbladder, bowels	Tradition of use	Can only be for detoxification in relation to natural body processes.
33	BODY - DETOX	Aid/assist/ helps excretion of metabolic waste products	Aids/assists excretion of metabolic waste products	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
34	BODY - DETOX	Helps maintain/support excretion of metabolic waste products by the body Remove: Covered by Aid/assist/helps excretion of metabolic waste products		Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
35	BODY - DETOX	Helps enhance/promote Aids/assists body's natural channels of elimination 'Enhance/improve/promote' could imply sub normal starting point. Assisting	Aids/assists body's natural channels of elimination	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
36	BODY - DETOX	Helps maintain/support body's natural channels of elimination 'Helps' included as assisting body process	Helps maintain/support body's natural channels of elimination	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
37	BODY - DETOX	Helps stimulate body elimination channels Removed: Covered by Aids/assists/helps body's natural channels of elimination		Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
38	BODY - DETOX	Helps enhance/promote Aids/assists natural kidney cleansing/detoxification processes	Aids/assists natural kidney cleansing/detoxification processes	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
39	BODY - DETOX	Maintain/support natural kidney cleansing/detoxification processes	Maintain/support natural kidney cleansing/detoxification processes	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
40	BODY - DETOX	Maintain/support waste elimination via the mucous membranes	Maintain/support waste elimination via the mucous membranes	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
41	BODY - DETOX	Maintain/support waste elimination via the skin	Maintain/support waste elimination via the skin	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
42	BODY - DETOX	Resolve toxins Delete- implies serious condition		Chinese medicine tradition of use	
43	BODY - DETOX	Enhance/improve/promote/increase Aids/assists body waste elimination 'Enhance/improve/promote/increase' could imply sub normal starting point.	Aids/assists body waste elimination	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
44	BODY - DETOX	Maintain/support body waste elimination	Maintain/support body waste elimination	Scientific or tradition of use	Can only be for detoxification in relation to natural body processes.
45	BODY - EAR	Helps maintain/support hearing development	Helps maintain/support hearing development	Scientific or tradition of use <i>Evidence changed to scientific only as not</i>	
46	BODY - EAR	Maintain/support ear health	Maintain/support ear health	Scientific or tradition of use	
47	BODY - EAR	Maintain/support healthy ear function	Maintain/support healthy ear function	Scientific or tradition of use	
48	BODY - EAR	Maintain/support healthy hearing	Maintain/support healthy hearing	Scientific or tradition of use	
49	BODY - EAR	Helps decrease/reduce/Relieve itchy ears 'Helps' removed as effectiveness of medicine is self-assessable	Relieve itchy ears	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
50	BODY - EAR	Helps remove Decrease/reduce ear wax	Decrease/reduce ear wax	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
51	BODY - EAR	Helps soften ear wax 'Helps' removed as effectiveness of medicine is self-assessable	Soften ear wax	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
52	BODY - ENERGY	Helps enhance/Improve/promote/increase heat/energy production/ thermogenesis/ calorie burning	Helps enhance/promote heat/energy production/ thermogenesis/calorie burning	Tradition of use only Scientific only <i>All thermogenesis claims to be for scientific</i>	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
53	BODY - ENERGY	Helps enhance/improve/promote/increase energy production Removed- covered by 'Helps enhance/promote heat/energy production/		Scientific or tradition of use	
54	BODY - ENERGY	Maintain/support heat/energy production/ thermogenesis/calorie burning. Indications for heat/energy production/thermogenesis/calorie burning	Maintain/support heat/energy production/ thermogenesis/ calorie burning	Tradition of use only Scientific only <i>All thermogenesis claims to be for scientific</i>	Must not be for chronic fatigue syndrome
55	BODY - ENERGY	Helps enhance/Improve/promote/increase body energy reserves. 'Improve' and 'increase' removed as implies abnormal condition as a starting	Helps enhance/promote body energy reserves	Scientific or tradition of use	Must not be for chronic fatigue syndrome
56	BODY - ENERGY	Helps enhance/improve/promote/increase thermogenesis Removed- covered by 'Helps enhance/promote heat/energy production/		Scientific	
57	BODY - ENERGY	Maintain/support thermogenesis Removed- covered by 'Maintain/support heat/energy production/		Scientific	
58	BODY - ENERGY	Helps enhance/improve/promote/increase calorie burning Removed- covered by Helps enhance/promote heat/energy production/		Scientific	

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59	BODY - WEIGHT	Maintain/support calorie burning <i>Removed- combined by</i>		Scientific	
60	BODY - ENERGY	Helps convert (state food) into energy	Helps convert (state food) into energy	Scientific or tradition of use <i>Changed to scientific evidence only</i>	
61	BODY - ENERGY	Helps Enhance/improve/promote/increase energy levels <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Enhance/promote energy levels	Scientific or tradition of use	Must not be for chronic fatigue syndrome
62	BODY - ENERGY	Maintain/support energy levels	Maintain/support energy levels	Scientific or tradition of use	Must not be for chronic fatigue syndrome
63	BODY - ENERGY	Helps improve/promote increase body metabolism/metabolic rate	Helps improve/promote body metabolism/metabolic rate	Scientific or tradition of use <i>Changed to scientific evidence only</i>	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
64	BODY - ENERGY	Maintain/support body metabolism/metabolic rate	Maintain/support body metabolism/metabolic rate	Scientific or tradition of use <i>Changed to scientific evidence only</i>	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
65	BODY - ENERGY	Provides nutrients to support metabolism <i>Delete- indication not clear. Covered by Maintain/support body</i>		Scientific or tradition of use	
66	BODY - ENERGY	Enhance/Improve/promote/ physical endurance/capacity/stamina <i>'Improve' removed as implies abnormal starting point.</i>	Enhance/promote/ physical endurance/capacity/stamina	Scientific or tradition of use	Must not be for chronic fatigue syndrome
67	BODY - ENERGY	Maintain/support physical endurance/capacity	Maintain/support physical endurance/capacity	Scientific or tradition of use	Must not be for chronic fatigue syndrome
68	BODY - ENERGY	Helps enhance/improve/promote/increase stamina <i>Delete- covered by revised Enhance/improve/promote/ physical</i>		Scientific or tradition of use	
69	BODY - ENERGY	Maintain/support physical endurance/capacity/stamina <i>Physical endurance/capacity/stamina indications combined as have same</i>	Maintain/support physical endurance/capacity/stamina	Scientific or tradition of use	Must not be for chronic fatigue syndrome
69 A	BODY - ENERGY	NEW Maintain/support healthy physiological function	Maintain/support healthy physiological function	Scientific or tradition of use	
70	BODY - ENERGY	Helps Relieve symptoms feelings of general malaise/general debility <i>'Helps' removed as effectiveness of medicine is self-assessable. 'Symptoms'</i>	Relieve feelings of general malaise/general debility	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
71	BODY - ENERGY	Aid/assist/ helps with recovery from illness/ convalescence/ recovery from illness <i>"Helps" removed for consistency and simplification of terminology</i>	Aids/assists with recovery from illness/convalescence	Scientific or tradition of use	Must not be for chronic fatigue syndrome
72	BODY - ENERGY	Aid/assist/helps body recovery <i>Removed- too vague. Covered by 'Aid/assist/helps with convalescence/recovery</i>		Scientific or tradition of use	
73	BODY - ENERGY	Aids/assists the body during times of tiredness/fatigue <i>Removed. Covered by Relieve weariness/tiredness/fatigue/feeling of weakness</i>		Scientific or tradition of use	
74	BODY - ENERGY	Helps Relieve weariness/tiredness/fatigue/feeling of weakness <i>'Helps' removed as effectiveness of medicine is self-assessable.</i>	Relieve weariness/tiredness/fatigue/feeling of weakness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
75	BODY - ENERGY	Helps relieve sensation/feeling of weakness <i>Removed. Covered by modified Relieve weariness/tiredness/fatigue/feeling of</i>		Scientific or tradition of use	
76	BODY - ENERGY	Helps Enhance/Improve/promote/increase vitality <i>Use of 'improve' and 'increase' implies abnormal condition as starting point</i>	Helps enhance/promote/increase vitality	Scientific or tradition of use	Must not be for chronic fatigue syndrome
77	BODY - ENERGY	Maintain/support vitality	Maintain/support vitality	Scientific or tradition of use	Must not be for chronic fatigue syndrome
78	BODY - ENERGY	Nourish/tonify/warm/boost/ invigorate kidney essence	Nourish/tonify/warm/boost/ invigorate kidney essence	Chinese medicine tradition of use	Must not be for kidney disease
79	BODY - ENERGY - QI	Soothe/descend the flow of Stomach Qi	Soothe/descend the flow of Stomach Qi	Chinese medicine tradition of use	
80	BODY - ENERGY - QI	Replenish essence	Replenish essence	Chinese medicine tradition of use	
81	BODY - ENERGY - QI	Invigorate Heart Qi	Invigorate Heart Qi	Chinese medicine tradition of use	
82	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish heart Qi	Tonify/nourish/strengthen/replenish heart Qi	Chinese medicine tradition of use	
83	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish kidney Qi	Tonify/nourish/strengthen/replenish kidney Qi	Chinese medicine tradition of use	Must not be for kidney disease
84	BODY - ENERGY - QI	Invigorate flow of liver Qi	Invigorate flow of liver Qi	Chinese medicine tradition of use	
85	BODY - ENERGY - QI	Release/regulate flow of liver Qi	Release/regulate flow of liver Qi	Chinese medicine tradition of use	
86	BODY - ENERGY - QI	Soothe liver Qi	Soothe liver Qi	Chinese medicine tradition of use	
87	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish liver Qi	Tonify/nourish/strengthen/replenish liver Qi	Chinese medicine tradition of use	

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88	BODY - ENERGY - QI	Disseminate Lung Qi	Disseminate Lung Qi	Chinese medicine tradition of use	Must be for liver disease, such as cirrhosis, hepatitis
89	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish lung Qi	Tonify/nourish/strengthen/replenish lung Qi	Chinese medicine tradition of use	Must not be for lung disease, such as pneumonia, COPD, COAD etc
90	BODY - ENERGY - QI	Upraise/lift sunken middle Qi	Upraise/lift sunken middle Qi	Chinese medicine tradition of use	
91	BODY - ENERGY - QI	Enhance generation/transformation of Nutritive Qi	Enhance generation/transformation of Nutritive Qi	Chinese medicine tradition of use	
92	BODY - ENERGY - QI	Increase/augment protective Qi	Increase/augment protective Qi	Chinese medicine tradition of use	
93	BODY - ENERGY - QI	Support protective Qi	Support protective Qi	Chinese medicine tradition of use	
94	BODY - ENERGY - QI	Raise/up-lift/promote Spleen Qi	Raise/up-lift/promote Spleen Qi	Chinese medicine tradition of use	
95	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish spleen Qi	Tonify/nourish/strengthen/replenish spleen Qi	Chinese medicine tradition of use	
96	BODY - ENERGY - QI	Regulate Stomach Qi	Regulate Stomach Qi	Chinese medicine tradition of use	
97	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish superficial Qi	Tonify/nourish/strengthen/replenish superficial Qi	Chinese medicine tradition of use	
98	BODY - ENERGY - QI	Stimulate stagnant Qi	Stimulate stagnant Qi	Chinese medicine tradition of use	
99	BODY - ENERGY - QI	Enhance/promote/increase Qi	Enhance/promote/increase Qi	Chinese medicine tradition of use	
100	BODY - ENERGY - QI	Move/promote/increase/augment/generate/promote Qi	Move/promote/increase/augment/generate/promote Qi	Chinese medicine tradition of use	
101	BODY - ENERGY - QI	Regulate Qi	Regulate Qi	Chinese medicine tradition of use	
102	BODY - ENERGY - QI	Soothe/descend Qi	Soothe/descend Qi	Chinese medicine tradition of use	
103	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish Qi	Tonify/nourish/strengthen/replenish Qi	Chinese medicine tradition of use	
104	BODY - ENERGY - QI	Promote Qi transformation	Promote Qi transformation	Chinese medicine tradition of use	
105	BODY - ENERGY - QI	Tonify/nourish/strengthen/replenish gate of vitality	Tonify/nourish/strengthen/replenish gate of vitality	Chinese medicine tradition of use	
106	BODY - ENERGY - SHEN	Release/calm/stabilise/settle Shen	Release/calm/stabilise/settle Shen	Chinese medicine tradition of use	
107	BODY - ENERGY - SHEN	Tonify/nourish/strengthen/replenish Shen	Tonify/nourish/strengthen/replenish Shen	Chinese medicine tradition of use	
108	BODY - ENERGY - YANG	Descend liver Yang	Descend liver Yang	Chinese medicine tradition of use	
109	BODY - ENERGY - YANG	Stimulate Yang functions of liver	Stimulate Yang functions of liver	Chinese medicine tradition of use	
110	BODY - ENERGY - YANG	Subdue Yang	Subdue Yang	Chinese medicine tradition of use	
111	BODY - ENERGY - YANG	Tonify/nourish/strengthen/replenish Yang	Tonify/nourish/strengthen/replenish Yang	Chinese medicine tradition of use	
112	BODY - ENERGY - YANG	Warm/nourish Yang	Warm/nourish Yang	Chinese medicine tradition of use	
113	BODY - ENERGY - YANG	Tonify/nourish/strengthen/replenish heart Yang	Tonify/nourish/strengthen/replenish heart Yang	Chinese medicine tradition of use	
114	BODY - ENERGY - YANG	Tonify/nourish/strengthen/replenish spleen Yang	Tonify/nourish/strengthen/replenish spleen Yang	Chinese medicine tradition of use	
115	BODY - ENERGY - YANG	Balance Yin and Yang	Balance Yin and Yang	Chinese medicine tradition of use	
116	BODY - ENERGY - YIN	Tonify/nourish/strengthen/replenish heart Yin	Tonify/nourish/strengthen/replenish heart Yin	Chinese medicine tradition of use	
117	BODY - ENERGY - YIN	Nourish/tonify/replenish kidney Yin	Nourish/tonify/replenish kidney Yin	Chinese medicine tradition of use	

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118	BODY - ENERGY - YIN	Nourish/tonify/replenish liver Yin	Nourish/tonify/replenish liver Yin	Chinese medicine tradition of use	
119	BODY - ENERGY - YIN	Tonify/nourish/strengthen/replenish lung Yin	Tonify/nourish/strengthen/replenish lung Yin	Chinese medicine tradition of use	Must not be for lung disease, such as pneumonia, COPD, COAD etc
120	BODY - ENERGY - YIN	Nourish Yin	Nourish Yin	Chinese medicine tradition of use	
121	BODY - ENERGY - YIN	Tonify/nourish/strengthen/replenish stomach Yin	Tonify/nourish/strengthen/replenish stomach Yin	Chinese medicine tradition of use	
122	BODY - ENERGY - JING	Strengthen/enrich/restore kidney Jing	Strengthen/enrich/restore kidney Jing	Chinese medicine tradition of use	Must not be for kidney disease
234	BODY - MOUTH	Relieve dry mouth	Relieve dry mouth	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
124	BODY - EYES	Relieve mild-eye discomfort	Relieve eye discomfort	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
125	BODY - EYES	Relieve itchy eyes	Relieve itchy eyes	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
126	BODY - EYES	Helps relieve excessive lacrimation irritated by wind	Helps relieve excessive lacrimation irritated by wind	Chinese medicine tradition of use	
127	BODY - EYES	Relieve eye redness	Relieve eye redness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
128	BODY - EYES	Relieve eye soreness	Relieve eye soreness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
129	BODY - EYES	Helps Decrease/reduce/relieve eye strain <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve eye strain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
130	BODY - EYES	Helps Decrease/reduce/relieve watery eyes <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve watery eyes	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
131	BODY - EYES	Helps maintain/support healthy eye development	Helps maintain/support healthy eye development	Scientific or tradition of use <i>Changed to scientific evidence only. Not</i>	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
132	BODY - EYES	Helps maintain/support healthy eye function	Maintain/support healthy eye function	Scientific or tradition of use	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
133	BODY - EYES	Helps maintain/support eye health	Maintain/support eye health	Scientific or tradition of use	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
134	BODY - EYES	Helps maintain/support density of the macula pigment of the retina <i>Delete- Covered by /Maintain/support eye macula health</i>		Scientific	
135	BODY - EYES	Helps maintain/support healthy-eye macula health	Helps maintain/support eye macula health	Scientific	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
136	BODY - EYES	Helps maintain/support healthy-eye retina health	Helps maintain/support eye retina health	Scientific	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
137	BODY - EYES	Helps maintain/support healthy eye retinal function <i>Delete- covered by Helps maintain/support eye retina health</i>		Scientific	
138	BODY - EYES	Helps maintain/support healthy vision development	Helps maintain/support healthy vision development	Scientific or tradition of use <i>Changed to scientific evidence only. Not</i>	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
139	BODY - EYES	Helps decrease/reduce/relieve visual fatigue <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve visual fatigue	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
140	BODY - EYES NERVOUS COGNITIVE	Helps maintain/support development of visual motor skills/hand eye coordination	Helps maintain/support development of hand eye coordination	Scientific or tradition of use <i>Changed to scientific only.</i>	
141	BODY - EYES	Aids/assist/helps eye adaption to light variations in light intensity. <i>'Helps' removed for consistency and simplification of terminology</i>	Aids/assists eye adaption to variations in light intensity.	Scientific or tradition of use	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
142	BODY - EYES	Helps maintain/support adaptation to variations in light intensity <i>Removed. Covered by modified Aid/assist eye adaption to light variations in</i>		Scientific or tradition of use	
143	BODY - EYES	Helps temporarily relieve light sensitivity <i>'Temporarily' included to ensure use is not long term and medical assistance</i>	Helps temporarily relieve light sensitivity	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
144	BODY - EYES	Helps maintain/support healthy eyesight/vision	Maintain/support healthy eyesight/vision	Scientific or tradition of use	Must not be for vision correction, faults or serious eye disease e.g. macular degeneration
145	BODY - FLUID	Aid/assist/Helps restore healthy body electrolyte balance	Helps restore body electrolyte balance	Scientific	
146	BODY - FLUID	Helps maintain/support healthy body electrolyte balance	Maintain/support body electrolyte balance	Scientific	
147	BODY - FLUID	Maintain/support healthy body fluid/water balance <i>Removed: Covered by Restore body fluid balance</i>		Scientific or tradition of use	

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148	BODY - FLUID	Helps Restore healthy body fluid balance	Restore body fluid balance	Scientific or tradition of use	
149	BODY - FLUID	Promote water metabolism	Promote water metabolism	Chinese medicine tradition of use	
150	BODY - FLUID	Regulate body water/fluid	Regulate body water/fluid	Scientific or Tradition of use	
151	BODY - FLUID	Clear/dry/drain/eliminate/resolve/dry Dampness	Clear/dry/drain/eliminate/resolve/dry Dampness	Chinese medicine tradition of use	
152	BODY - FLUID	Helps Decrease/reduce/relieve symptoms of mild dehydration <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve symptoms of mild dehydration	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
153	BODY - FLUID	Moisten Dryness	Moisten Dryness	Chinese medicine tradition of use	
154	BODY - FLUID	Release Exterior	Release Exterior	Chinese medicine tradition of use	
155	BODY - FLUID	Secure/stabilise Exterior	Secure/stabilise Exterior	Chinese medicine tradition of use	
156	BODY - FLUID	Relieve Dryness	Relieve Dryness	Chinese medicine tradition of use	
157	BODY - FLUID	Moisten Lung	Moisten Lung	Chinese medicine tradition of use	
158	BODY - FLUID	Expel/clear Dampness transforming into Phlegm	Expel/clear Dampness transforming into Phlegm	Chinese medicine tradition of use	
159	BODY - FLUID	Resolve Damp phlegm	Resolve Damp phlegm	Chinese medicine tradition of use	
160	BODY - FLUID	Helps decrease/reduce/relieve Temporarily relieve mild fluid retention <i>Fluid retention can be a sign of a serious condition. 'Temporarily relieve'</i>	Helps temporarily relieve mild fluid retention	Scientific or tradition of use	Label statement: 'If fluid retention persists seek medical advice (or words to that effect)'.
161	BODY - FLUID	Decrease/reduce/relieve excessive perspiration/sweating	Decrease/reduce/relieve excessive perspiration/sweating	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
162	BODY - FLUID	Enhance/promote/ increase/stimulate sweating/perspiration <i>'Increase' implies abnormal starting point</i>	Enhance/promote sweating/perspiration	Scientific or tradition of use	
163	BODY - FLUID	Decrease/reduce/relieve spontaneous sweating	Decrease/reduce/relieve spontaneous sweating	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
165	BODY - FLUID	Antihydrotic/ refrigerant/body cooling	Antihydrotic/ refrigerant/body cooling	Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
164	BODY - FLUID	Sudorific/ diaphoretic/induce sweating	Sudorific/ diaphoretic/induce sweating	Tradition of use	
166	BODY - FLUID	Diaphoretic Remove - covered by Sudorific/diaphoretic/induce sweating/cool body		Tradition of use	
167	BODY - FLUID	Relieve thirst Removed - not a therapeutic indication.		Scientific or tradition of use	
168	BODY - FLUID	Clear/dispel/transform Body Fluid	Clear/dispel/transform Body Fluid	Chinese medicine tradition of use	
169	BODY - FLUID	Engender Fluid	Engender Fluid	Chinese medicine tradition of use	
170	BODY - FLUID	Replenish /nourish body Fluid	Replenish /nourish body Fluid	Chinese medicine tradition of use	
171	BODY - FLUID	Disinhibit Water	Disinhibit Water	Chinese medicine tradition of use	
	SKIN - FUNGAL	Decrease/reduce/relieve symptoms of mild, superficial fungal infections	Decrease/reduce/relieve symptoms of mild, superficial fungal infections	Scientific or tradition of use	Label advisory statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
172	BODY - GENERAL	Antibacterial Remove - Unqualified use of antibacterial could imply serious infections.		Scientific	
173	BODY - GENERAL	Anti-inflammatory/ relieve inflammation	Anti-inflammatory/relieve inflammation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
174	BODY - GENERAL	Antimicrobial for minor cuts and abrasions <i>Use of the term antimicrobial without qualification may imply serious infection</i>	Antimicrobial for minor cuts and abrasions	Scientific or tradition of use	Must not be for serious infections
175	BODY - GENERAL	Astringent/ tightens tissues	Astringent/tightens tissues	Tradition of use	
177	BODY - GENERAL SKIN-WOUND	Antiseptic for minor cuts and abrasions <i>Use of the term antiseptic without qualification may imply serious infection</i>	Antiseptic for minor cuts and abrasions	Scientific or tradition of use	Must not be for serious infections

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
178	BODY - GENERAL	Helps enhance/promote healthy growth and development	Helps enhance/promote healthy growth and development	Scientific or tradition of use	
179	BODY - GENERAL	Maintain/support healthy growth and development	Maintain/support healthy growth and development	Scientific or tradition of use	
181	BODY - GENERAL	Maintain/support healthy mucous membranes in the body health	Maintain/support mucous membrane health	Scientific or tradition of use	
180	BODY - GENERAL	Demulcent/ Soothe irritated tissues	Demulcent/Soothe irritated tissues	Scientific or Tradition of use Changed from General to traditional of use	
182	BODY - GENERAL	Soften Hardness	Soften Hardness	Chinese medicine tradition of use	
183	BODY - GENERAL	Helps enhance/promote general health and wellbeing	Helps enhance/promote general health and wellbeing	Scientific or tradition of use	
184	BODY - GENERAL	Maintain/support general health and wellbeing	Maintain/support general health and wellbeing	Scientific or tradition of use	
185	BODY - GENERAL	Nourish the body	Nourish the body	Scientific or tradition of use	
228	BODY - HAIR	Helps-reduce occurrence of symptoms of dandruff	Helps reduce occurrence of symptoms of dandruff	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
186	BODY - GENERAL	Nutritive tonic	Nutritive tonic	Tradition of use	
187	BODY - GENERAL	Restorative tonic	Restorative tonic	Tradition of use	
188	BODY - GENERAL	Body tonic	Body tonic	Tradition of use	
190	BODY - GENERAL	Maintain/support healthy body organ functions Remove- covered by 'Trophorestorative/restore organ health' or 'maintin		Tradition of use	
189	BODY - GENERAL	Trophorestorative/ restore organ health	Trophorestorative/restore organ health	Tradition of use	
191	BODY - GENERAL	Open body orifices	Open body orifices	Chinese medicine tradition of use	
192	BODY - PAIN/INFLAMMATION	Helps decrease/reduce/relieve body aches and pains Removed- covered by Analgesic/relieve pain		Scientific or tradition of use	
193	MUSCLE - PAIN	Decrease/reduce/relieve symptoms of medically diagnosed fibromyalgia/fibrositis	Helps decrease/reduce/relieve symptoms of medically diagnosed fibromyalgia/fibrositis	Scientific or tradition of use	Label statement: If symptoms change or worsen consult your healthcare medical practitioner (or words to that
194	MUSCLE - PAIN	Helps decrease/reduce/relieve pain associated with medically diagnosed fibromyalgia/fibrositis		Scientific or tradition of use	
195	BODY - PAIN/INFLAMMATION	Anodyne Remove- covered by relieve pain		Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
196	BODY - PAIN/INFLAMMATION	Helps decrease/reduce/relieve pain Removed- covered by modified Analgesic/Anodyne/relieve pain		Scientific or tradition of use	
197	BODY - PAIN/INFLAMMATION	Analgesic/ Anodyne/relieve pain	Analgesic/Anodyne/relieve pain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
198	BODY - PAIN/INFLAMMATION	Helps decrease/reduce/relieve inflammation in the body Removed- covered by Anti-inflammatory/relieve inflammation		Scientific or tradition of use	
199	BODY - NAILS	Helps Decrease/reduce nail brittleness/splitting/chipping 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce nail brittleness/splitting/chipping	Scientific or tradition of use	Label statement 'S - If symptoms persist consult your healthcare practitioner (or words to that effect)'.
200	BODY - NAILS	Maintain/support healthy nails nail health	Maintain/support nail health	Scientific or tradition of use	
201	BODY - NAILS	Helps Enhance/improve/promote/increase nail strength/thickness 'Helps' removed as effectiveness of medicine is self-assessable	Enhance/improve/promote/increase nail strength/thickness	Scientific or tradition of use	
202	BODY - NAILS	Maintain/support nail strength/ thickness	Maintain/support nail strength/thickness	Scientific or tradition of use	
203	BODY - NAILS	Helps enhance/improve/promote/increase nail thickness Removed- covered by Enhance/improve/promote/increase nail		Scientific or tradition of use	
204	BODY - NAILS	Maintain/support nail thickness Remove- covered by Maintain/support nail strength/thickness		Scientific or tradition of use	
205	BODY - HAIR	Helps decrease/reduce hair loss/thinning	Decrease/reduce hair loss/thinning	Scientific or tradition of use	Must not be for serious conditions associated with alopecia e.g. autoimmune disease, chemotherapy,
206	BODY - HAIR	Helps decrease/reduce receding hair Removed- covered by Helps decrease/reduce hair loss/thinning		Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
207	BODY - HAIR	Enhance/improve/promote/increase hair growth	Enhance/improve/promote/increase hair growth	Scientific or tradition of use	
208	BODY - HAIR	Maintain/support hair growth	Maintain/support hair growth	Scientific or tradition of use	
209	BODY - HAIR	Helps Decrease/reduce hair brittleness/dryness <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce hair brittleness/dryness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
210	BODY - HAIR	Enhance/improve hair colour/pigmentation <i>Remove- cosmetic claim. Hair dyes are in Excluded Therapeutic Goods Order no</i>		Scientific or tradition of use	
211	BODY - HAIR	Maintain/support hair colour/pigmentation <i>Remove- cosmetic claim. Hair dyes are in Excluded Therapeutic Goods Order no</i>		Scientific or tradition of use	
212	BODY - HAIR	Helps decrease/reduce premature hair greying <i>Remove- cosmetic claim</i>		Scientific or tradition of use	
213	BODY - HAIR	Decrease/reduce dry hair <i>Remove- covered by 'Helps decrease/reduce hair brittleness/dryness</i>		Scientific or tradition of use	
214	BODY - HAIR	Decrease/reduce dull hair <i>Remove-Cosmetic claims- covered by 'Helps</i>		Scientific or tradition of use	
216	BODY - HAIR	Maintain/support healthy hair	Maintain/support hair health	Scientific or tradition of use	
217	BODY - HAIR	Enhance/improve/promote/increase hair lustre/shine <i>Remove- Cosmetic claim- covered by 'Helps enhance/improve/promote/increase</i>		Scientific or tradition of use	
218	BODY - HAIR	Decrease/reduce hair split ends <i>Remove- Cosmetic claim- covered by 'Helps</i>		Scientific or tradition of use	
219	BODY - HAIR	Enhance/improve/promote/increase hair strength/thickness.	Enhance/ improve/promote/increase hair strength/thickness	Scientific or tradition of use	
220	BODY - HAIR	Maintain/support hair strength/ <i>thickness.</i>	Maintain/support hair strength/thickness	Scientific or tradition of use	
221	BODY - HAIR	Enhance/improve/promote/increase hair thickness <i>Remove- covered by Enhance/improve/promote/increase hair</i>		Scientific or tradition of use	
222	BODY - HAIR	Enhance/improve/promote/increase hair volume <i>Remove- cosmetic claim - covered by 'Helps enhance/improve/promote/increase</i>		Scientific or tradition of use	
223	BODY - HAIR	<i>Helps</i> Stop head lice attaching to hair <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Stop head lice attaching to hair	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
224	BODY - HAIR	<i>Helps</i> Decrease/reduce/relieve itchiness associated with head lice infestation <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve itchiness associated with head lice infestation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
225	BODY - HAIR	Aid/assist/helps head lice and egg removal	Aids/assists head lice and egg removal	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
226	BODY - HAIR	Helps decrease/reduce/relieve scalp flaking/ scaling associated with dandruff <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve scalp flaking/scaling associated with dandruff	Scientific or tradition of use	Label statement 'S - If symptoms persist consult your healthcare practitioner (or words to that effect)'.
227	BODY - HAIR	Helps decrease/reduce/relieve symptoms of dandruff <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve symptoms of dandruff	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
275	BODY - TEMPERATURE	Relieve symptoms of cold hands and feet/limbs <i>'Symptoms' removed as this is a symptom.</i>	Relieve cold hands and feet/limbs	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
229	BODY - HAIR	Helps decrease/reduce/relieve scalp itching/irritation/redness associated with dandruff	Decrease/reduce/relieve scalp itching/irritation/redness	Scientific or tradition of use	Label statement 'S - If symptoms persist consult your healthcare practitioner (or words to that effect)'.
230	BODY - HAIR	Maintain/support healthy scalp health	Maintain/support scalp health	Scientific or tradition of use	
231	BODY - MOUTH	<i>Helps</i> decrease/reduce halitosis/bad breath <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce halitosis/bad breath	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
232	BODY - MOUTH	<i>Helps</i> decrease/reduce/relieve cracks in the corner of the mouth <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve cracks in the corner of the mouth	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
233	BODY - MOUTH	Decrease/reduce bacteria in the mouth <i>Delete: bacteria in mouth implies serious infection</i>		Scientific	
235	BODY - MOUTH	Aid/assist/helps gum development	Aids/assists gum development	Scientific or tradition of use <i>Evidence changed to scientific only as not</i>	
236	BODY - MOUTH	Aid/assist/helps gum healing	Aids/assists gum healing	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
237	BODY - MOUTH	Helps enhance/promote gum health	Helps enhance/promote gum health	Scientific or tradition of use	
238	BODY - MOUTH	Maintain/support gum health	Maintain/support gum health	Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
239	BODY - MOUTH	Helps decrease/reduce/relieve gum soreness/pain/discomfort <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve gum soreness/pain/discomfort	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
240	BODY - MOUTH	Maintain/support oral health	Maintain/support oral health	Scientific or tradition of use	
241	BODY - MOUTH	Helps decrease/reduce/relieve crepitus symptoms of associated with medically diagnosed mild temporomandibular joint dysfunction diagnosed by a doctor or	Decrease/reduce/relieve symptoms of mild temporomandibular joint dysfunction diagnosed by a doctor or dentist	Scientific or tradition of use	Label statement: 'If symptoms change or worsen consult your healthcare practitioner (or words to that effect)
242	BODY - MOUTH	Helps decrease/reduce/relieve headache associated with mild medically diagnosed temporomandibular joint dysfunction <i>Remove - covered by general headache indications</i>		Scientific or tradition of use	
243	BODY - MOUTH	Helps decrease/reduce/relieve inflammation associated with medically diagnosed mild temporomandibular joint dysfunction <i>Remove - covered by general inflammation indication</i>		Scientific or tradition of use	
244	BODY - MOUTH	Helps decrease/reduce/relieve pain associated with mild medically diagnosed temporomandibular joint dysfunction		Scientific or tradition of use	
245	BODY - MOUTH	Helps decrease/reduce/relieve symptoms of mild mouth ulcers <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve symptoms of mild mouth ulcers	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
246	BODY - MOUTH	Helps reduce occurrence of mild mouth ulcers	Helps reduce occurrence of mouth ulcers	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
247	BODY - MOUTH	Helps decrease/reduce/relieve pain associated with mild mouth ulcers <i>Remove - covered by general pain indications</i>		Scientific or tradition of use	
248	BODY - MOUTH	Helps decrease/reduce/relieve mouth/oral mucosa mild inflammation	Decrease/reduce/relieve mouth/oral mucosa mild inflammation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
249	BODY - MOUTH	Soothe/relieve mouth/oral irritation	Soothe/relieve mouth/oral irritation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
250	BODY - MOUTH	Relieve mild inflammation of the mouth mucosa <i>Removed- covered by Decrease/reduce/relieve mouth/oral mucosa mild</i>		Scientific or tradition of use	
251	BODY - TEETH	Helps decrease/reduce/relieve tooth/teeth sensitivity <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve tooth/teeth sensitivity	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
252	BODY - TEETH	Assists in the management of tooth/teeth sensitivity <i>Remove - covered by Decrease/reduce/relieve tooth/teeth sensitivity</i>		Scientific or tradition of use	
253	BODY - TEETH	Helps decrease/reduce/relieve toothache <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve toothache	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
254	BODY - TEETH	Aid/assist/helps teeth development	Aids/assists teeth development	Scientific or tradition of use <i>Changed to scientific evidence. Not</i>	
255	BODY - TEETH	Helps prevent tooth decay/dental carries/cavities in conjunction with good oral hygiene	Helps prevent tooth decay/dental carries/cavities in conjunction with good oral hygiene	Scientific or tradition of use	
256	BODY - TEETH	Helps enhance/promote healthy teeth enamel	Helps enhance/promote healthy teeth enamel	Scientific or tradition of use <i>Changed to scientific evidence. Not</i>	
257	BODY - TEETH	Maintain/support healthy teeth enamel health	Maintain/support teeth enamel health	Scientific or tradition of use	
258	BODY - TEETH	Aid/assist/helps healthy tooth function <i>Removed- covered by Helps enhance/promote healthy teeth</i>		Scientific or tradition of use	
259	BODY - TEETH	Maintain/support healthy teeth health	Maintain/support teeth health	Scientific or tradition of use	
260	BODY - TEETH	Helps enhance/promote healthy teeth health	Helps enhance/promote teeth health	Scientific or tradition of use	
261	BODY - TEETH	Maintain/support dental/periodontal health	Maintain/support dental/periodontal health	Scientific or tradition of use	
262	BODY - TEETH	Maintain/support healthy teeth mineralisation	Maintain/support teeth mineralisation	Scientific	
263	BODY - TEETH	Helps decrease/reduce/relieve teething/tooth pain <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve teething/tooth pain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
264	BODY - TEETH	Helps reduce occurrence of teething/tooth pain	Helps reduce occurrence of teething/tooth pain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
265	BODY - TEETH	Maintain/support periodontal health <i>Removed- duplicate of Maintain/support dental/periodontal health</i>		Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
266	BODY - TEETH	Helps decrease/reduce/ relieve -build-up of dental plaque <i>'Relieve' removed as it does not make sense in this context</i>	Helps decrease/reduce build-up of dental plaque	Scientific or tradition of use	
267	BODY - TEETH	Helps enhance/improve/promote/ increase teeth strength <i>Increase and improve removed as "Increase teeth strength" implies abnormal</i>	Helps enhance/promote teeth strength	Scientific or tradition of use	
268	BODY - TEETH	Maintain/support teeth strength	Maintain/support teeth strength	Scientific or tradition of use	
269	BODY - TEETH	Helps reduce dentine/tooth/teeth hypersensitivity <i>Removed- covered by Decrease/reduce/relieve tooth/teeth sensitivity</i>		Scientific or tradition of use	
270	BODY - TONGUE	Relieve tongue dryness	Relieve tongue dryness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
271	BODY - TONGUE	Relieve sore tongue	Relieve sore tongue	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
272	BODY - TEMPERATURE	Cool Blood aspect	Cool Blood aspect	Chinese medicine tradition of use	
273	BODY - TEMPERATURE	Relieve symptoms of aversion to Cold	Relieve symptoms of aversion to Cold	Chinese medicine tradition of use	
274	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear External Cold	Dispel/expel/extinguish/disperse/clear External Cold	Chinese medicine tradition of use	
123	BODY - EYES	Relieve dry eyes	Relieve dry eyes	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
276	BODY - TEMPERATURE	Dissipate Cold	Dissipate Cold	Chinese medicine tradition of use	
277	BODY - TEMPERATURE	Helps decrease/reduce/relieve cold sensations in the lower back <i>remove- sign of serious disease</i>		Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
278	BODY - TEMPERATURE	Dispels/expels/extinguishes/disperses/clear Damp-Cold	Dispels/expels/extinguishes/disperses/clear Damp-Cold	Chinese medicine tradition of use	
278 A	BODY-TEMP	NEW Relieve clammy/ sweaty palms and soles	Relieve clammy/ sweaty palms and soles	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
279	BODY - TEMPERATURE	Antipyretic/ febrifuge / relieve mild fever / reduce body temperature	Antipyretic/ febrifuge / relieve mild fever / reduce body temperature	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
280	BODY - TEMPERATURE	Decrease/reduce body temperature <i>Removed-covered by 'Antipyretic /relieve mild fever/reduce body temperature'</i>		Scientific or tradition of use	
281	BODY - TEMPERATURE	Maintain/support normal body temperature <i>Removed-maintaining temp does not make sense. Covered by ' Antipyretic</i>		Scientific or tradition of use	
282	BODY - TEMPERATURE	Relieve mild fever <i>Removed-covered by modified Antipyretic /relieve mild fever/reduce body</i>		Scientific or tradition of use	
283	BODY - TEMPERATURE	Helps reduce occurrence of fever <i>Removed-covered by /Antipyretic /relieve mild fever/reduce body temperature/</i>		Scientific or tradition of use	
284	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Fire	Dispel/expel/extinguish/disperse/clear Fire	Chinese medicine tradition of use	
285	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Internal Heat	Dispel/expel/extinguish/disperse/clear Internal Heat	Chinese medicine tradition of use	
286	BODY - TEMPERATURE	Expel/clear stagnant Heat	Expel/clear stagnant Heat	Chinese medicine tradition of use	
287	BODY - TEMPERATURE	Clear /cool/drain/purge/empty Heat	Clear /cool/drain/purge/empty Heat	Chinese medicine tradition of use	
288	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear External Heat	Dispel/expel/extinguish/disperse/clear External Heat	Chinese medicine tradition of use	
289	BODY - TEMPERATURE	Febrifuge <i>Remove- covered by relieve fever</i>		Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
290	BODY - TEMPERATURE	Refrigerant <i>Remove- covered by Antihydrotic/refrigerant/body cooling</i>		Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
291	BODY - TEMPERATURE	Clear/drain Heat in Gall Bladder	Clear/drain Heat in Gall Bladder	Chinese medicine tradition of use	
292	BODY - TEMPERATURE	Expel/clear Damp-Heat in Bladder	Expel/clear Damp-Heat in Bladder	Chinese medicine tradition of use	
293	BODY - TEMPERATURE	Clear/cool Blood Heat	Clear/cool Blood Heat	Chinese medicine tradition of use	
294	BODY - TEMPERATURE	Clear/drain Damp Heat in Gall Bladder	Clear/drain Damp Heat in Gall Bladder	Chinese medicine tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
295	BODY - TEMPERATURE	Clear Damp-Heat from liver	Clear Damp-Heat from liver	Chinese medicine tradition of use	
296	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Lung Heat	Dispel/expel/extinguish/disperse/clear Lung Heat	Chinese medicine tradition of use	
297	BODY - TEMPERATURE	Expel/clear Heat-phlegm	Expel/clear Heat-phlegm	Chinese medicine tradition of use	
298	BODY - TEMPERATURE	Helps decrease/reduce/relieve heat sensations in the extremities	Helps decrease/reduce/relieve heat sensations in the extremities	Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
299	BODY - TEMPERATURE	Remove Heat toxin	Remove Heat toxin	Chinese medicine tradition of use	
300	BODY - TEMPERATURE	Expel/clear muscle Heat	Expel/clear muscle Heat	Chinese medicine tradition of use	
301	BODY - TEMPERATURE	Expel/clear Heat in Small Intestine	Expel/clear Heat in Small Intestine	Chinese medicine tradition of use	
302	BODY - TEMPERATURE	Helps decrease/reduce/relieve heat sensations in the limbs <i>Remove- Helps decrease/reduce/relieve heat sensations in the extremities</i>		Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
303	BODY - TEMPERATURE	Clear/drain Damp Heat in liver	Clear/drain Damp Heat in liver	Chinese medicine tradition of use	
304	BODY - TEMPERATURE	Warm/nourish Cold-Phlegm	Warm/nourish Cold-Phlegm	Chinese medicine tradition of use	
305	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Wind Cold	Dispel/expel/extinguish/disperse/clear Wind Cold	Chinese medicine tradition of use	
306	BODY - TEMPERATURE	Expel/clear Wind-cold-Dampness obstruction	Expel/clear Wind-cold-Dampness obstruction	Chinese medicine tradition of use	
307	BODY - TEMPERATURE	Release Exterior Wind-Cold	Release Exterior Wind-Cold	Chinese medicine tradition of use	
308	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Wind Damp	Dispel/expel/extinguish/disperse/clear Wind Damp	Chinese medicine tradition of use	
309	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear External Wind	Dispel/expel/extinguish/disperse/clear External Wind	Chinese medicine tradition of use	
310	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Wind Heat	Dispel/expel/extinguish/disperse/clear Wind Heat	Chinese medicine tradition of use	
311	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Wind	Dispel/expel/extinguish/disperse/clear Wind	Chinese medicine tradition of use	
312	BODY - TEMPERATURE	Relieve symptoms of aversion to wind	Relieve symptoms of aversion to wind	Chinese medicine tradition of use	
313	BODY - TEMPERATURE	Dispel/expel/extinguish/disperse/clear Wind-phlegm	Dispel/expel/extinguish/disperse/clear Wind-phlegm	Chinese medicine tradition of use	
314	BODY - WEIGHT	<i>Aids/assist s/helps abdominal fat loss</i> <i>"Helps" removed for consistency and simplification of terminology</i>	Aids/assists abdominal fat loss	Scientific or tradition of use Change to scientific only to reflect evidence	
315	BODY - WEIGHT	Enhance/promote/increase abdominal fat loss <i>Removed- covered by 'Aid/assist/helps abdominal fat loss'</i>		Scientific	
316	BODY - WEIGHT	Maintain/support abdominal fat loss	Maintain/support abdominal fat loss	Scientific or tradition of use Change to scientific only to reflect evidence	
317	BODY - WEIGHT	Helps decrease/reduce waistline/waist circumference <i>Removed- covered by Aid/assist/helps abdominal fat loss</i>		Scientific or tradition of use	
318	BODY - WEIGHT	Helps maintain a healthy waistline/waist circumference <i>Removed- covered by 'Aid/assist/helps abdominal fat loss'</i>		Scientific or tradition of use	
319	BODY - WEIGHT	Helps decrease/reduce excess body fat <i>Removed- covered by Helps enhance/promote/increase body fat loss</i>		Scientific or tradition of use	
320	BODY - WEIGHT	<i>Aid/assist/helps body fat loss</i> <i>Removed- covered by 'Helps enhance/promote/increase body fat loss/</i>		Scientific or tradition of use	
321	BODY - WEIGHT	Helps enhance/promote/increase body fat loss	Helps enhance/promote/increase body fat loss	Scientific or tradition of use Change to scientific only to reflect evidence	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
322	BODY - WEIGHT	Helps enhance/improve/promote/increase healthy body fat/muscle composition	Helps enhance/improve/promote/increase healthy body fat/muscle composition	Scientific or tradition of use Change to scientific only to reflect evidence	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
323	BODY - WEIGHT	Maintain/support healthy body fat/muscle composition	Maintain/support healthy body fat/muscle composition	Scientific or tradition of use Change to scientific only to reflect evidence	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
324	BODY - WEIGHT	Helps in the maintenance of a healthy body weight	Helps in the maintenance of a healthy body weight	Scientific or tradition of use Change to scientific only to reflect evidence	Label statement: when used in conjunction with a program of reduced intake of dietary calories and

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
325	BODY - WEIGHT	Helps decrease/reduce body weight	Helps decrease/reduce body weight	Scientific or tradition of use <i>Change to scientific only to reflect evidence</i>	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
326	BODY - WEIGHT	Aid/assist /helps in the maintenance of lean body mass <i>'Helps' used to make statement not definitive</i>	Helps in the maintenance of lean body mass	Scientific or tradition of use <i>Change to scientific only to reflect evidence</i>	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
327	BODY - WEIGHT	Helps enhance/promote/increase lean body mass	Helps enhance/promote/increase lean body mass	Scientific or tradition of use <i>Change to scientific only to reflect evidence</i>	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
328	BODY - WEIGHT	Helps enhance/promote/increase weight loss	Helps enhance/promote/increase weight loss	Scientific or tradition of use <i>Change to scientific only to reflect evidence</i>	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
329	BODY - WEIGHT	Helps maintain/support healthy Body Mass Index (BMI)	Helps maintain/support healthy Body Mass Index (BMI)	Scientific or tradition of use <i>Change to scientific only to reflect evidence</i>	Label statement: when used in conjunction with a program of reduced intake of dietary calories and
330	BODY - WEIGHT	Helps enhance/improve/promote/ increase cellular fat breakdown <i>'Increase' removed as implies abnormal starting point</i>	Helps enhance/improve/promote cellular fat breakdown	Scientific	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
331	BONE - ARTHRITIS	Helps decrease/reduce/relieve joint discomfort/pain/ache associated with mild arthritis/osteoarthritis <i>Remove- covered by general joint discomfort indications</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. Must be qualified by 'mild'. Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis.
332	BONE - ARTHRITIS	Helps decrease/reduce/relieve joint inflammation/ swelling associated with mild arthritis/osteoarthritis <i>Remove- covered by general joint inflammation indications</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. Must be qualified by 'mild'. Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis.
333	BONE - ARTHRITIS	Helps enhance/improve/promote joint function in mild arthritis/osteoarthritis <i>Remove- covered by general joint mobility indication</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
334	BONE - ARTHRITIS	Helps decrease/reduce/relieve joint stiffness/inflexibility/immobility associated with mild arthritis/osteoarthritis		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
335	BONE - ARTHRITIS	<i>Helps enhance/improve/promote joint mobility in mild arthritis/osteoarthritis</i> <i>Removed. Covered by revised Helps enhance/improve/promote joint</i>		Scientific or tradition of use	
336	BONE - ARTHRITIS	Helps enhance/improve/promote/increase muscle strength to support mild arthritic joints <i>Delete- covered by general muscle strength and arthritic joint indications</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. Must be qualified by 'mild'. Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis.
337	BONE - ARTHRITIS	Helps Decrease/reduce/relieve mild rheumatic aches and pains <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve mild rheumatic aches and pains	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
338	BONE - ARTHRITIS	Helps decrease/reduce/relieve symptoms of mild arthritis/ mild osteoarthritis	Decrease/reduce/relieve symptoms of mild arthritis/mild osteoarthritis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
339	BONE - ARTHRITIS	<i>Helps decrease/reduce/relieve progression of joint wear and tear in mild arthritis/osteoarthritis</i> <i>Remove- More than symptomatic relief - infers treatment and/or prevention</i>		Scientific or tradition of use	
340	BONE - GOUT	Helps decrease/reduce/relieve mild joint inflammation/swelling associated with mild gout <i>Remove- covered by general inflammation indication which can be linked to 'Decrease/reduce/relieve symptoms of occasional episodes of gout'</i>			
343	BONE - GOUT	Helps decrease/reduce/relieve joint pain/tenderness associated with mild gout <i>Remove- covered by general joint pain indication which can be linked to 'Decrease/reduce/relieve symptoms of occasional episodes of gout'</i>	Decrease/reduce/relieve symptoms associated with occasional episodes of gout	Scientific or tradition of use	
345	BONE - JOINT	Helps decrease/reduce/relieve mild joint aches and pains. <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve mild joint aches and pains	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
346	BONE - JOINT	Maintain/support healthy shock absorption in joints <i>Removed. Covered by Aid/assist/helps general joint flexibility and suppleness</i>		Scientific or tradition of use	
347	BONE - JOINT	Maintain/support joint flexibility <i>Removed- covered by</i>		Scientific or tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
348	BONE - JOINT	Aid/assist/helps general joint flexibility and suppleness <i>Removed- covered by</i>		Scientific or tradition of use	
349	BONE - JOINT	Aid/assist/helps healthy joint function <i>Removed- covered by Helps enhance/promote healthy joint function</i>		Scientific or tradition of use	
350	BONE - JOINT	Helps enhance/promote healthy joint function	Helps enhance/promote healthy joint function	Scientific or tradition of use	Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating
351	BONE - JOINT	Helps enhance/promote joint health	Helps enhance/promote joint health	Scientific or tradition of use	Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating
352	BONE - JOINT	Maintain/support joint health	Maintain/support joint health	Scientific or tradition of use	Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating
353	BONE - JOINT	Maintain/support joint mobility/flexibility	Maintain/support joint mobility/flexibility	Scientific or tradition of use	Must not be for serious forms of arthritis e.g. rheumatoid arthritis, juvenile arthritis, debilitating
354	BONE - JOINT	Helps decrease/reduce/relieve mild joint inflammation/swelling <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve mild joint inflammation/swelling	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
355	BONE - JOINT	Maintain/support joint integrity <i>Removed- covered by Maintain/support joint health</i>		Scientific or tradition of use	
356	BONE - JOINT	Relieve numbness of joints <i>Removed- could imply serious condition</i>		Scientific or tradition of use	
357	BONE - JOINT	Helps decrease/reduce/relieve mild joint stiffness <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve mild joint stiffness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
358	BONE - JOINT	Helps enhance/promote/increase joint synovial fluid viscosity <i>Delete-Use of "increase joint synovial" implies abnormal condition as starting</i>		Scientific	
359	BONE - JOINT	Nourish joints <i>Remove- covered by maintain/joint health</i>		Tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
360	BONE - JOINT	Helps decrease/reduce/relieve knee mild joint pain/soreness <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Decrease/reduce/relieve mild joint pain/soreness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
361	BONE - JOINT	Relieve knee weakness <i>Removed. Symptom of serious conditions eg ligament damage, displaced</i>		Scientific or tradition of use	
362	BONE - CARTILAGE	Aid/assist/helps protect cartilage from deterioration/breakdown <i>Remove- Implies prevention. Covered by Maintain/support joint cartilage health</i>		Scientific	
363	BONE - CARTILAGE	Helps decrease/reduce/relieve cartilage loss/wear/tear/damage <i>Remove- Implies prevention. Covered by Maintain/support joint cartilage health</i>		Scientific	
364	BONE - CARTILAGE	Aid/assist/helps healthy joint cartilage growth/development/production <i>Delete- covered by Helps maintain/support healthy joint cartilage</i>		Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
365	BONE - CARTILAGE	Helps maintain/support healthy joint cartilage growth/development/production <i>"Helps" included as indication is not self assessable</i>	Helps maintain/support healthy joint cartilage growth/development/production	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
366	BONE - CARTILAGE	Maintain/support healthy cartilage function <i>Removed- covered by Maintain/support joint cartilage health</i>		Scientific or tradition of use only	
367	BONE - CARTILAGE	Maintain/support joint cartilage health	Maintain/support joint cartilage health	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
368	BONE - CARTILAGE	Maintain/support joint cartilage integrity <i>Delete- covered by Maintain/support joint cartilage health</i>		Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
369	BONE - HEALTH	Helps enhance/promote bone healing/repair	Helps enhance/promote bone healing/repair	Scientific or tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
370	BONE - HEALTH	Maintain/support bone healing/repair	Maintain/support bone healing/repair	Scientific or tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
371	BONE - HEALTH	Helps enhance/promote/ increase healthy bone mass/density <i>Remove 'increase' as it implies abnormal starting point</i>	Helps enhance/promote bone mass/density	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
372	BONE - HEALTH	Helps m aintain/support healthy bone mass/density/integrity	Maintain/support bone mass/density/integrity	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
372 A	BONE - HEALTH	NEW Helps enhance/promote bone health	Helps enhance/promote bone health	Scientific	
372 B	BONE - HEALTH	NEW Maintain/support bone health	Maintain/support bone health	Scientific	
372 C	BONE - HEALTH	NEW Helps enhance/promote bone strength	Helps enhance/promote bone strength	Scientific	
372 D	BONE - HEALTH	NEW Maintain/support bone strength	Maintain/support bone strength	Scientific	
373	BONE - HEALTH	Maintain/support healthy bone function <i>Removed -covered by maintain/support bone health</i>		Scientific or tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
374	BONE - HEALTH	Aid/assist/helps healthy bone development/growth/building	Aids/assists healthy bone development/growth/building	Scientific or tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
375	BONE - HEALTH	Helps maintain/support bone integrity <i>Remove- covered by Maintain/support bone mass/density/integrity</i>		Scientific	
376	BONE - HEALTH	Maintain/support (state mineral) absorption in bones	Maintain/support (state mineral) absorption in bones	Scientific or tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
377	BONE - HEALTH	Helps enhance/promote/increase metabolism of (state mineral) in bones	Helps enhance/promote/increase metabolism of (state mineral) in bones	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
378	BONE - HEALTH	Helps enhance/promote/increase healthy bone mineralisation <i>Remove 'increase healthy' as it implies abnormal starting point</i>	Helps enhance/promote bone mineralisation	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
379	BONE - HEALTH	Maintain/support bone mineralisation	Maintain/support bone mineralisation	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
380	BONE - HEALTH	Maintain/support healthy bone metabolism <i>Delete- meaning unclear. Covered by other more specific scientific bone</i>		Scientific	
381	BONE - HEALTH	Maintain/support healthy skeletal tissue (bone, tissue and cartilage) <i>Delete- covered by general bone, tissue and cartilage indications</i>		Scientific	
382	BONE - HEALTH	Helps enhance/promote/increase bone strength <i>Use of "increase" implies abnormal condition as starting point.</i>	Helps enhance/promote bone strength	Scientific or tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
383	BONE - HEALTH	Maintain/support bone strength	Maintain/support bone strength	Scientific or tradition of use	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
384	CARDIOVASCULAR - CIRCULATION	Helps enhance/promote/increase healthy blood circulation/flow to the brain <i>Removed- too specific. Covered by Maintain/support healthy blood circulation</i>		Scientific or tradition of use	
385	CARDIOVASCULAR - CIRCULATION	Maintain/support healthy blood circulation/flow to the brain <i>Removed- too specific. Covered by Maintain/support healthy blood circulation</i>		Scientific or tradition of use	
386	CARDIOVASCULAR - CIRCULATION	Maintain/support healthy eye microcirculation <i>Delete- too specific. Covered by general circulation and eye health indications</i>		Scientific	
387	CARDIOVASCULAR - CIRCULATION	Maintain/support healthy blood circulation	Maintain/support healthy blood circulation	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
388	CARDIOVASCULAR - CIRCULATION	Helps enhance/promote/increase healthy blood circulation <i>Use of "increase healthy" implies abnormal condition as starting point.</i>	Helps enhance/promote healthy blood circulation	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
389	CARDIOVASCULAR - CIRCULATION	Tonify/nourish/strengthen/replenish/invigorate heart Blood	Tonify/nourish/strengthen/replenish/invigorate heart Blood	Chinese medicine tradition of use	
390	CARDIOVASCULAR - CIRCULATION	Nourish/tonify/replenish liver Blood	Nourish/tonify/replenish liver Blood	Chinese medicine tradition of use	
391	CARDIOVASCULAR - CIRCULATION	Helps enhance/promote/increase healthy blood circulation in muscle <i>Removed- too specific. Covered by Maintain/support healthy blood circulation</i>		Scientific or tradition of use	
392	CARDIOVASCULAR - CIRCULATION	Maintain/support healthy blood circulation in muscles <i>Removed- too specific. Covered by Maintain/support healthy blood circulation</i>		Scientific or tradition of use	
393	CARDIOVASCULAR - CIRCULATION	Helps reduce/decrease/relieve minor nose bleeds	Helps reduce/decrease/relieve minor nose bleeds	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
394	CARDIOVASCULAR - CIRCULATION	Helps decrease/reduce occurrence of nose bleeds	Helps decrease/reduce occurrence of nose bleeds	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect)
396	CARDIOVASCULAR - CIRCULATION	Maintain/support healthy peripheral blood circulation to relieve cold hands and feet		Scientific or tradition of use	
397	CARDIOVASCULAR - CIRCULATION	Helps enhance/improve/promote/increase healthy blood circulation to the peripheral areas of the body (legs, hands and feet)	Helps enhance/improve/promote blood circulation to the peripheral areas of the body (legs, hands and feet)	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
398	CARDIOVASCULAR - CIRCULATION	Maintain/support healthy blood circulation/flow to the peripheral areas of the body (legs, hands and feet)	Maintain/support blood circulation/flow to the peripheral areas of the body (legs, hands and feet)	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
399	CARDIOVASCULAR - CIRCULATION	Rubefaciant/Stimulate blood flow to skin	Rubefaciant/stimulate blood flow to skin	Scientific or tradition of use	
400	CARDIOVASCULAR - CIRCULATION	Rubefaciant/increase blood circulation to skin	Rubefaciant/increase blood circulation to skin	Tradition of use	
401	CARDIOVASCULAR - CIRCULATION	Dispel/resolve stagnated blood	Dispel/resolve stagnated blood	Chinese medicine tradition of use	
402	CARDIOVASCULAR - CIRCULATION	Eliminate/reduce/remove/ resolve/dissipate blood stasis	Eliminate/reduce/remove/ resolve/dissipate blood stasis	Chinese medicine tradition of use	
403	CARDIOVASCULAR - CIRCULATION	Invigorate/activate Blood	Invigorate/activate Blood	Chinese medicine tradition of use	
404	CARDIOVASCULAR - CIRCULATION	Promote flow of Blood	Promote flow of Blood	Chinese medicine tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
405	CARDIOVASCULAR - CIRCULATION	Haemagogue/ Emmanagogue / promotes menstrual flow	Haemagogue/Emmenagogue/promotes menstrual flow	Tradition of use	Must not be for serious cardiovascular conditions.
406	CARDIOVASCULAR - CIRCULATION	Warm and invigorate blood circulation	Warm and invigorate blood circulation	Chinese medicine tradition of use	Must not be for serious cardiovascular conditions.
407	CARDIOVASCULAR - BLOOD	Helps maintain/support healthy haemoglobin formation/synthesis	Helps maintain/support haemoglobin formation/synthesis	Scientific	Must not be for serious cardiovascular conditions.
408	CARDIOVASCULAR - BLOOD	Helps inhibit blood platelet aggregation Remove- implies serious condition. Covered by general blood circulation claims		Scientific	
409	CARDIOVASCULAR - BLOOD	Helps maintain/support healthy blood clotting process Remove- implies serious condition. Covered by general blood circulation claims		Scientific	
410	CARDIOVASCULAR - BLOOD	Aid/assist/helps-helps enhance/promote- red blood cell function health	Helps enhance/promote red blood cell health	Scientific	Must not be for serious cardiovascular conditions.
411	CARDIOVASCULAR - BLOOD	Aid/assist/ helps healthy red blood cell production	Aid/assist healthy red blood cell production	Scientific	
412	CARDIOVASCULAR - BLOOD	Maintain/support healthy red blood cells s-health	Maintain/support red blood cell health	Scientific	Must not be for serious cardiovascular conditions.
413	CARDIOVASCULAR - BLOOD	Aid/assist healthy blood formation Delete- covered by Aid/assist red blood cell production		Scientific or tradition of use	Must not be for serious cardiovascular conditions.
414	CARDIOVASCULAR - BLOOD	Maintain/support red blood cell formation Remove- covered by Aid/assist healthy red blood cell production		Scientific	Must not be for serious cardiovascular conditions.
415	CARDIOVASCULAR - BLOOD	Generation of Blood	Generation of Blood	Chinese medicine tradition of use	
415 A	CARDIOVASCULAR - BLOOD	NEW Helps enhance/promote white blood cell health	Helps enhance/promote white blood cell health	Scientific	Must not be for serious cardiovascular conditions.
415 B	CARDIOVASCULAR - BLOOD	NEW Maintain/support white blood cell health	Maintain/support white blood cell health	Scientific	Must not be for serious cardiovascular conditions.
417	CARDIOVASCULAR - BLOOD	Maintain/support blood health	Maintain/support blood health	Scientific or tradition of use	
418	CARDIOVASCULAR - BLOOD	Blood tonic/ Enhance blood health	Blood tonic/Enhance blood health	Tradition of use	Must not be for serious cardiovascular conditions.
419	CARDIOVASCULAR - BLOOD	Tonify/nourish/strengthen/replenish Blood	Tonify/nourish/strengthen/replenish Blood	Chinese medicine tradition of use	
420	CARDIOVASCULAR - BLOOD	Helps maintain/support cholesterol health	Helps maintain/support cholesterol health	Scientific	Must not be for lowering or raising blood cholesterol levels from outside of the normal healthy range
421	CARDIOVASCULAR - BLOOD	Helps reduce the oxidation of LDL cholesterol	Helps reduce the oxidation of LDL cholesterol	Scientific	Must not be for lowering or raising blood cholesterol levels from outside of the normal healthy range
422	CARDIOVASCULAR - BLOOD	Helps maintain/support blood sugar/glucose health	Helps maintain/support blood sugar/glucose health	Scientific	Must not be for lowering or raising blood sugar/glucose levels from outside of the normal healthy range
423	CARDIOVASCULAR - BLOOD	Aid/assist/helps the transport of glucose into the cells	Aid/assist/helps the transport of glucose into the cells	Scientific	Must not be for lowering or raising blood sugar/glucose levels from outside of the normal healthy range
424	CARDIOVASCULAR - BLOOD	Helps in the maintenance of healthy blood lipids/blood fats	Helps in the maintenance of healthy blood lipids/blood fats	Scientific	Must not be for lowering blood lipids, blood fats and triglycerides
425	CARDIOVASCULAR - BLOOD	Aid/assist/helps in the maintenance of blood levels of oxygen Remove- structure function statement. Covered by general wellbeing indication		Scientific	
426	CARDIOVASCULAR - BLOOD	Helps maintain/support transport of oxygen in the body Remove- structure function statement. Covered by general wellbeing indication		Scientific	
427	CARDIOVASCULAR - BLOOD	Aid/assist/helps oxygen transport to body tissues Remove- Remove- structure function statement. Covered by general wellbeing		Scientific	
428	CARDIOVASCULAR - BLOOD	Aid/assist/helps in the maintenance of blood levels of (state vitamin/mineral/nutrient)	Aid/assist/helps in the maintenance of blood levels of (state vitamin/mineral/nutrient)	Scientific	
429	CARDIOVASCULAR - VEINS	Vasodilator/ dilate blood vessels	Vasodilator/ dilate blood vessels	Scientific or-tradition-of-use-	Must not be for serious cardiovascular conditions.
430	CARDIOVASCULAR - VEINS	Maintain/support healthy artery function Delete- covered by Maintain/support artery health		Scientific	
431	CARDIOVASCULAR - VEINS	Aid/assist/helps strengthen enhance /promote- artery health	Helps enhance/promote artery health	Scientific	Must not be for serious cardiovascular conditions.
432	CARDIOVASCULAR - VEINS	Maintain/support artery health	Maintain/support artery health	Scientific	Must not be for serious cardiovascular conditions.
433	CARDIOVASCULAR - VEINS	Maintain/support healthy blood capillary function health	Maintain/support blood capillary health	Scientific	

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434	CARDIOVASCULAR - VEINS	Maintain/support healthy blood capillary ies -health	Maintain/support healthy blood capillary health	Scientific only or tradition of use Changed to scientific evidence only	
435	CARDIOVASCULAR - VEINS	Aid/assist/helps strengthen blood capillaries Helps enhance /promote blood capillary health	Helps enhance/promote blood capillary health	Scientific	Must not be for serious cardiovascular conditions.
436	CARDIOVASCULAR - VEINS	Maintain/support blood capillary stability Remove-covered by Maintain/support healthy blood capillary health		Scientific	
437	CARDIOVASCULAR - VEINS	Maintain/support capillary wall integrity Remove- covered by Maintain/support healthy blood capillary health		Scientific	
438	CARDIOVASCULAR - VEINS	Helps enhance/promote blood vessel elasticity -health	Helps enhance/promote blood vessel health	Scientific	Must not be for serious cardiovascular conditions.
439	CARDIOVASCULAR - VEINS	Venotonic Delete- venotonic s reduce venous insufficiency, which implies a serious		Tradition of use	Must not be for serious cardiovascular conditions.
440	CARDIOVASCULAR - VEINS	Maintain/support healthy blood vessel function Removed- covered by Maintain/support blood vessel health		Scientific or tradition of use	
441	CARDIOVASCULAR - VEINS	Maintain/support blood vessel health	Maintain/support blood vessel health	Scientific or tradition of use Changed to scientific evidence only	Must not be for serious cardiovascular conditions.
442	CARDIOVASCULAR - VEINS	Helps strengthen blood vessels	Helps strengthen blood vessels	Scientific or tradition of use Changed to scientific evidence only	Must not be for serious cardiovascular conditions.
443	CARDIOVASCULAR - VEINS	Maintain/support healthy blood vaseular tone vessel health	Maintain/support blood vessel health	Scientific	
444	CARDIOVASCULAR - VEINS	Helps decrease/reduce appearance of mild varicose veins 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce appearance of mild varicose vein	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
445	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve the feeling of leg heaviness associated with mild varicose veins		Scientific or tradition of use	
446	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve itchy legs associated with mild varicose veins 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce/relieve itchy legs associated with mild varicose veins	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
447	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve aching/tired legs/ leg heaviness associated with mild varicose veins	Decrease/reduce/relieve aching/tired legs/ leg heaviness associated with mild varicose veins	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
448	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve pain associated with mild varicose veins 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce/relieve pain associated with mild varicose veins	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
449	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve leg swelling associated mild varicose veins 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce/relieve leg swelling associated mild varicose veins	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
450	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve symptoms of mild varicose veins	Decrease/reduce/relieve symptoms of mild varicose veins	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
451	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve minor bleeding associated with mild haemorrhoids	Decrease/reduce/relieve minor bleeding associated with mild haemorrhoids	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
452	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve discomfort associated with mild haemorrhoids 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce/relieve discomfort associated with mild haemorrhoids	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
453	CARDIOVASCULAR - VEINS	Decrease/reduce/relieve symptoms of haemorrhoids	Decrease/reduce/relieve symptoms of haemorrhoids	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
454	CARDIOVASCULAR - VEINS	Helps reduce occurrence of haemorrhoids	Helps reduce occurrence of haemorrhoids	Scientific or tradition of use	
455	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve itching associated with mild haemorrhoids 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce/relieve itching associated with mild haemorrhoids	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
456	CARDIOVASCULAR - VEINS	Helps decrease/reduce/relieve swelling associated with mild haemorrhoids 'Helps' removed as effectiveness of medicine is self-assessable	Decrease/reduce/relieve swelling associated with mild haemorrhoids	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
457	CARDIOVASCULAR - HEART	Helps maintain/support healthy heart function	Helps maintain/support healthy heart function	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
458	CARDIOVASCULAR - HEART	Maintain/support healthy heart muscle function Removed- covered by Maintain/support healthy heart function.		Scientific or tradition of use	
459	CARDIOVASCULAR - HEART	Maintain/support heart health	Maintain/support heart health	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
460	CARDIOVASCULAR - HEART	Maintain/support healthy cardiovascular system function	Maintain/support healthy cardiovascular system function	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
461	CARDIOVASCULAR - HEART	Maintain/support cardiovascular system health	Maintain/support cardiovascular system health	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
462	CARDIOVASCULAR - HEART	Nourish the heart	Nourish the heart	Tradition of use	Must not be for serious cardiovascular conditions.
463	CARDIOVASCULAR - HEART	Cardiotonic/ strengthen heart	Cardiotonic/strengthen heart	Tradition of use	Must not be for serious cardiovascular conditions.

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
464	CARDIOVASCULAR - HEART	Maintain/support healthy lymphatic system health	Maintain/support lymphatic system health	Scientific or tradition of use	Must not be for serious cardiovascular conditions.
465	CARDIOVASCULAR - HEART	Tonify/nourish/strengthen/replenish spleen Blood	Tonify/nourish/strengthen/replenish spleen Blood	Chinese medicine tradition of use	
466	CARDIOVASCULAR - HEART	Maintain/support spleen health	Maintain/support spleen health	Scientific or tradition of use	
467	CARDIOVASCULAR - HEART	Expel/clear Damp-Heat from Spleen	Expel/clear Damp-Heat from Spleen	Chinese medicine tradition of use	
468	CARDIOVASCULAR - HEART	Regulate spleen	Regulate spleen	Chinese medicine tradition of use	
469	CARDIOVASCULAR - HEART	Tonify/nourish/strengthen/replenish spleen	Tonify/nourish/strengthen/replenish spleen	Chinese medicine tradition of use	
470	CARDIOVASCULAR - HEART	Warm/nourish spleen	Warm/nourish spleen	Chinese medicine tradition of use	
471	CARDIOVASCULAR - HEART	Resolve spleen weakness	Resolve spleen weakness	Chinese medicine tradition of use	
472	ENDOCRINE - ADRENAL	Enhance/promote adrenal gland health Remove- Enhance/promote implies under functioning - serious condition		Scientific or tradition of use	
473	ENDOCRINE - ADRENAL	Maintain /support adrenal gland health	Maintain /support adrenal gland health	Scientific or tradition of use	Must not be for serious hormone imbalances
474	ENDOCRINE - ADRENAL	Maintain/support healthy adrenal gland function	Maintain/support healthy adrenal gland function	Scientific or tradition of use	Must not be for serious hormone imbalances
475	ENDOCRINE - ADRENAL	Adrenal restorative	Adrenal restorative	Tradition of use	Must not be for serious hormone imbalances
476	ENDOCRINE - HORMONE	Maintain/support healthy hormone balance Remove- too vague- what hormones? Reproductive?		Scientific or tradition of use	
477	ENDOCRINE - THYROID	Maintain/support healthy thyroid gland function	Maintain/support healthy thyroid gland function	Scientific or tradition of use	Must not be for serious hormone imbalances
478	ENDOCRINE - THYROID	Promote/enhance healthy thyroid gland function Remove- Enhance/promote implies under functioning - serious condition		Scientific or tradition of use	
479	ENDOCRINE - THYROID	Maintain/support healthy thyroid hormones levels	Maintain/support healthy thyroid hormones	Scientific	Must not be for serious hormone imbalances
480	ENDOCRINE - THYROID	Helps enhance/promote/increase healthy thyroid gland metabolism Remove- Enhance/promote implies under functioning - serious condition		Scientific or tradition of use	
481	ENDOCRINE - THYROID	Maintain/support healthy thyroid gland metabolism health	Maintain/support healthy thyroid gland health	Scientific or tradition of use	Must not be for serious hormone imbalances
482	ENDOCRINE - THYROID	Aid/assist/ helps healthy thyroid hormone production	Aid/assist thyroid hormone production	Scientific	Must not be for serious hormone imbalances
483	ENDOCRINE - THYROID	Thyroid stimulant Remove-Implies abnormal starting point- serious condition		Tradition of use only Scientific or tradition of use	
484	ENDOCRINE - PANCREAS	Maintain/support healthy pancreatic function	Maintain/support healthy pancreatic function	Scientific or tradition of use	Must not be for serious pancreatic diseases, such as diabetes
485	ENDOCRINE - PANCREAS	Promote/enhance healthy pancreatic function Remove-Enhance/promote implies under functioning - serious condition		Scientific or tradition of use	
486	GASTROINTESTINAL - APPETITE	Aid/assist/helps in the management of carbohydrate cravings	Aid/assist/helps in the management of carbohydrate cravings	Scientific or tradition of use	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
487	GASTROINTESTINAL - APPETITE	Helps decrease/reduce carbohydrate cravings	Decrease/reduce carbohydrate cravings	Scientific or tradition of use	
487 A	GASTROINTESTINAL - APPETITE	NEW Aid/assist/helps in the management of food cravings	Aid/assist/helps in the management of food cravings	Scientific or tradition of use	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
488	GASTROINTESTINAL - APPETITE	Decrease/reduce Aid/assist/helps in the management of sugar cravings	Aid/assist/helps in the management of sugar cravings	Scientific or tradition of use	If for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary
489	GASTROINTESTINAL - APPETITE	Maintain/support health of the digestive system Removed- duplicate		Scientific or tradition of use	
490	GASTROINTESTINAL - APPETITE	Orexigenic Removed - covered by 'Orexigenic/Improve/promote healthy appetite'		Scientific or tradition of use	
491	GASTROINTESTINAL - APPETITE	Orexigenic /Improve/promote healthy appetite'	Orexigenic/improve/promote healthy appetite	Scientific or tradition of use	Must not be for eating disorders
492	GASTROINTESTINAL - APPETITE	Help Reduce/decrease/suppress hunger/appetite	Reduce/decrease/suppress hunger/appetite	Scientific or tradition of use	Must not be for eating disorders

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
492 A	GASTROINTESTINAL - APPETITE	NEW Decrease/reduce/relieve loss of appetite	Decrease/reduce/relieve loss of appetite	Scientific or tradition of use	Must not be for eating disorders
493	GASTROINTESTINAL - APPETITE	Helps enhance/promote/increase healthy eating patterns <i>Remove - covered by 'Helps regulate appetite'</i>		Scientific or tradition of use	
494	GASTROINTESTINAL - APPETITE	Maintain/support healthy eating patterns <i>Remove - covered by 'Helps regulate appetite'</i>		Scientific or tradition of use	
495	GASTROINTESTINAL - APPETITE	Helps restore healthy eating patterns <i>Remove - covered by 'Helps regulate appetite'</i>		Scientific or tradition of use	
496	GASTROINTESTINAL - APPETITE	Maintain/support healthy appetite	Maintain/support healthy appetite	Scientific or tradition of use	Must not be for eating disorders
497	GASTROINTESTINAL - APPETITE	Helps enhance/promote/increase healthy appetite <i>Remove-covered by Orexigenic/Improve/promote healthy appetite</i>		Scientific or tradition of use	
498	GASTROINTESTINAL - APPETITE	Helps reduce/decrease/suppress appetite <i>Remove - covered by 'Reduce/decrease/supress hunger/appetite'</i>		Scientific or tradition of use	
499	GASTROINTESTINAL - APPETITE	Helps regulate appetite	Helps regulate appetite	Scientific or tradition of use	Must not be for eating disorders
500	GASTROINTESTINAL - APPETITE	Helps reduces/decrease feelings of hunger <i>Remove. Covered by other hunger indications.</i>		Scientific or tradition of use	
501	GASTROINTESTINAL - APPETITE	Maintain/support smell sensation	Maintain/support smell sensation	Scientific or tradition of use	
502	GASTROINTESTINAL - APPETITE	Helps enhance/improve/promote/ increase taste sensation <i>Remove increase as implies abnormal starting point</i>	Helps enhance/improve/promote taste sensation	Scientific or tradition of use	
503	GASTROINTESTINAL - APPETITE	Maintain/support taste sensation	Maintain/support taste sensation	Scientific or tradition of use	
504	GASTROINTESTINAL - BOWEL	Helps increase bowel movements by increasing stool bulk	Increase bowel movements by increasing stool bulk	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
505	GASTROINTESTINAL - BOWEL	Maintain/support bowel regularity by increasing stool bulk	Maintain/support bowel regularity by increasing stool bulk	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
506	GASTROINTESTINAL - BOWEL	Promote/increase bowel evacuation	Promote/increase bowel evacuation	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
507	GASTROINTESTINAL - BOWEL	Helps promote/increase faecal bulk to ease stool removal <i>Remove- covered by increase bowel movements by increasing stool bulk</i>		Scientific or tradition of use	
508	GASTROINTESTINAL - BOWEL	Decrease/reduce/relieve constipation	Decrease/reduce/relieve constipation	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
509	GASTROINTESTINAL - BOWEL	Aperient/ laxative	Aperient/laxative	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
510	GASTROINTESTINAL - BOWEL	Helps reduce occurrence of constipation	Helps reduce occurrence of constipation	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
511	GASTROINTESTINAL - BOWEL	Stimulant laxative	Stimulant laxative	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
512	GASTROINTESTINAL - BOWEL	Laxative <i>Remove- covered by Apreiant/laxative</i>		Scientific or tradition of use	
513	GASTROINTESTINAL - BOWEL	Unblock/open/relax bowels	Unblock/open/relax bowels	Chinese medicine tradition of use	
514	GASTROINTESTINAL - BOWEL	Helps enhance/improve/promote/increase bowel regularity	Enhance/improve/promote/increase bowel regularity	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
515	GASTROINTESTINAL - BOWEL	Maintain/support bowel regularity	Maintain/support bowel regularity	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
516	GASTROINTESTINAL - BOWEL	Softens stool to ease bowel motions	Softens stool to ease bowel motions	Scientific or tradition of use	LAX1 label statement: 'Drink plenty of water' (or words to that effect).
517	GASTROINTESTINAL - BOWEL	Relieve dry stools	Relieve dry stools	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
518	GASTROINTESTINAL - BOWEL	Aid/assist/helps natural body waste elimination	Aid/assist/helps natural body waste elimination	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
519	GASTROINTESTINAL - BOWEL	Helps enhance/improve/promote/increase bowel waste elimination	Enhance/improve/promote/increase bowel waste elimination	Scientific or tradition of use	Must not be for weight loss. LAX1 label statement: 'Drink plenty of water' (or words
520	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve bowel discomfort	Decrease/reduce/relieve bowel discomfort	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. LAX1 label statement: 'Drink plenty of water' (or words
521	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve nausea associated with bowel discomfort <i>Remove- covered by general nausea indication</i>		Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
522	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve diarrhoea	Decrease/reduce/relieve diarrhoea	Scientific or tradition of use	DIAR label statement required 'If diarrhoea persists for more than 6 hours in infants under 6 months - 12 hours
523	GASTROINTESTINAL - BOWEL	Helps reduce occurrence of diarrhoea	Helps reduce occurrence of diarrhoea	Scientific or tradition of use	DIAR label statement required 'If diarrhoea persists for more than 6 hours in infants under 6 months - 12 hours
524	GASTROINTESTINAL - BOWEL	Decrease/reduce loose stools	Decrease/reduce loose stools	Scientific or tradition of use	DIAR label statement required 'If diarrhoea persists for more than 6 hours in infants under 6 months - 12 hours
525	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve traveller's diarrhoea	Helps decrease/reduce/relieve traveller's diarrhoea	Scientific or tradition of use	DIAR label statement required 'If diarrhoea persists for more than 6 hours in infants under 6 months - 12 hours
526	GASTROINTESTINAL - BOWEL	Helps reduce occurrence of traveller's diarrhoea	Helps reduce occurrence of traveller's diarrhoea	Scientific or tradition of use	DIAR label statement required 'If diarrhoea persists for more than 6 hours in infants under 6 months - 12 hours
527	GASTROINTESTINAL - BOWEL	Helps enhance/promote healthy colon function	Helps enhance/promote healthy colon function	Scientific or tradition of use	
528	GASTROINTESTINAL - BOWEL	Maintain/support healthy bowel/colon function	Maintain/support healthy bowel/colon function	Scientific or tradition of use	
529	GASTROINTESTINAL - BOWEL	Decrease/reduce/relieve colic (wind/gas pain)	Decrease/reduce/relieve colic (wind/gas pain)	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
530	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve infant colic Delete- covered by general colic indications and population qualifier		Scientific or tradition of use	
531	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve wind/gas associated with intestinal colic Remove- covered by Decrease/reduce/relieve colic (wind/gas pain)		Scientific or tradition of use	
532	GASTROINTESTINAL - BOWEL	Reduce occurrence of excess intestinal wind/gas	Reduce occurrence of excess intestinal wind/gas	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
533	GASTROINTESTINAL - BOWEL	Decrease/reduce/relieve excess wind/intestinal gas	Decrease/reduce/relieve excess intestinal gas	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
534	GASTROINTESTINAL - BOWEL	Aid/assist expulsion of intestinal gas	Aid/assist expulsion of intestinal gas	Tradition of use only	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
535	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve flatulence	Decrease/reduce/relieve flatulence	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
536	GASTROINTESTINAL - BOWEL	Carminative/ relieve flatulence	Carminative/relieve flatulence	Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
552	GASTROINTESTINAL - BOWEL	Maintain/support bowel tone Remove- covered by Maintain/support bowel function		Scientific or tradition of use	
537	GASTROINTESTINAL - BOWEL	Clear/drain Damp Heat in Large Intestine	Clear/drain Damp Heat in Large Intestine	Chinese medicine tradition of use	
538	GASTROINTESTINAL - BOWEL	Helps decrease/reduce/relieve discomfort/pains associated with medically diagnosed Irritable Bowel Syndrome		Scientific or tradition of use	
539	GASTROINTESTINAL - BOWEL	Relief of symptoms associated with of medically diagnosed Irritable Bowel Syndrome	Relief of symptoms of medically diagnosed Irritable Bowel Syndrome	Scientific or tradition of use	Label statement: If symptoms change or worsen consult your medical practitioner (or words to that effect)
539 A	GASTROINTESTINAL - BOWEL	NEW Help reduce occurrence of symptoms of medically diagnosed Irritable Bowel Syndrome	Help reduce occurrence of symptoms of medically diagnosed Irritable Bowel Syndrome	Scientific or tradition of use	Label statement: If symptoms change or worsen consult your medical practitioner (or words to that effect)
540	GASTROINTESTINAL - BOWEL	Helps enhance/promote healthy intestinal function Remove- covered by healthy GIT function indications		Scientific or tradition of use	
541	GASTROINTESTINAL - BOWEL	Aid/assist/helps intestinal system health Remove- covered by Maintain/support upper intestinal system health		Scientific or tradition of use	
542	GASTROINTESTINAL - BOWEL	Maintain/support upper-small intestinal system health	Maintain/support small intestine health	Scientific or tradition of use	
688	GASTROINTESTINAL - BOWEL	Maintain/support intestinal health Remove- covered by general GIT indications		Scientific or tradition of use	
543	GASTROINTESTINAL - BOWEL	Harmonise Intestines	Harmonise Intestines	Chinese medicine tradition of use	
544	GASTROINTESTINAL - BOWEL	Moisten intestines	Moisten intestines	Chinese medicine tradition of use	
545	GASTROINTESTINAL - BOWEL	Helps enhance/improve/promote/increase intestinal transit time	Helps enhance/improve/promote/increase intestinal transit time	Scientific or tradition of use	
546	GASTROINTESTINAL - BOWEL	Maintain/support intestinal transit time	Maintain/support intestinal transit time	Scientific or tradition of use	
547	GASTROINTESTINAL - BOWEL	Moisten/nourish Large Intestine Dryness	Moisten/nourish Large Intestine Dryness	Chinese medicine tradition of use	
548	GASTROINTESTINAL - BOWEL	Tonify/nourish/strengthen/replenish large intestine Qi	Tonify/nourish/strengthen/replenish large intestine Qi	Chinese medicine tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
549	GASTROINTESTINAL - BOWEL	Helps enhance/promote healthy small intestine function	Helps enhance/promote healthy small intestine function	Scientific or tradition of use	
550	GASTROINTESTINAL - BOWEL	Maintain/support healthy small intestine function	Maintain/support healthy small intestine function	Scientific or tradition of use	
551	GASTROINTESTINAL - BOWEL	Maintain/support healthy intestinal function <i>Remove- covered support GIT healthindications</i>		Scientific or tradition of use	
553	GASTROINTESTINAL - BOWEL	Anthelmintic/Helps remove gastro intestinal threadworms/pinworms	Anthelmintic/Helps remove intestinal threadworms/pinworms	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
554	GASTROINTESTINAL - BOWEL	Helps reduce occurrence of intestinal worms <i>Remove- prevention claim</i>		Scientific or tradition of use	
555	GASTROINTESTINAL - BOWEL	Anthelmintic <i>Remove- covered by Anthelmintic/Helps remove intestinal</i>		Scientific or tradition of use	
556	GASTROINTESTINAL - BOWEL	Vermifuge/ expel intestinal worms	Vermifuge/expel intestinal worms	Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
557	GASTROINTESTINAL - DIGESTION	Relieve digestive discomfort	Relieve digestive discomfort	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
558	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve discomfort/pain associated with medically diagnosed mild gastritis <i>Remove- covered by general pain indications</i>		Scientific or tradition of use	
559	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve headache associated with mild gastric complaints <i>Remove- covered by general GIT indications</i>		Scientific or tradition of use	
560	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve indigestion associated with medically diagnosed mild gastritis		Scientific or tradition of use	
561	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve abdominal pain associated with medically diagnosed mild <i>gastritis</i>		Scientific or tradition of use	
562	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve symptoms of medically-diagnosed mild gastritis	Helps decrease/reduce/relieve symptoms of mild gastritis	Scientific or tradition of use	Label statement: If symptoms change or worsen consult your healthcare practitioner (or words to that effect)
563	GASTROINTESTINAL - DIGESTION	Helps balance brain-gut interaction	Helps balance brain-gut interaction	Tradition of use	
564	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve brain-gut interaction	Helps decrease/reduce/relieve brain-gut interaction	Tradition of use	
565	GASTROINTESTINAL - DIGESTION	Helps stimulate/increase digestive enzymes	Helps stimulate/increase digestive enzymes	Scientific	
566	GASTROINTESTINAL - DIGESTION	Maintain/support healthy digestive function <i>Delete- covered by Maintain/support healthy digestion</i>		Scientific or tradition of use	
567	GASTROINTESTINAL - DIGESTION	Aid/assist/helps healthy digestion <i>Remove -covered by Maintain/support healthy digestion</i>		Scientific or tradition of use	
568	GASTROINTESTINAL - DIGESTION	Helps balance the digestive system <i>Remove- covered by Maintain/support healthy digestion</i>		Scientific or tradition of use	
569	GASTROINTESTINAL - DIGESTION	Enhance/promote healthy digestion	Enhance/promote healthy digestion	Scientific or tradition of use	
570	GASTROINTESTINAL - DIGESTION	Maintain/support healthy digestion	Maintain/support healthy digestion	Scientific or tradition of use	
571	GASTROINTESTINAL - DIGESTION	Maintain/support healthy digestive system health	Maintain/support digestive system health	Scientific or tradition of use	
572	GASTROINTESTINAL - DIGESTION	Digestive tonic <i>Delete- covered by Digestive tonic/Helps improve digestive weakness</i>		Tradition of use	
573	GASTROINTESTINAL - DIGESTION	Digestive stimulant <i>Remove- covered by Enhance/promote healthy digestion</i>		Scientific or tradition of use	
574	GASTROINTESTINAL - DIGESTION	Stimulates/increases digestive gastric hydrochloric acid secretion	Stimulates/increases digestive gastric hydrochloric acid secretion	Scientific or tradition of use	
575	GASTROINTESTINAL - DIGESTION	Bitter tonic/Enhance/promote/increase/ Stimulate gastric secretions	Bitter tonic/stimulate gastric secretions	Tradition of use	
576	GASTROINTESTINAL - DIGESTION	Helps improve/increase slow digestion <i>Remove- covered by Enhance/promote healthy digestion</i>		Scientific or tradition of use	
577	GASTROINTESTINAL - DIGESTION	Remove food stagnation	Remove food stagnation	Chinese medicine tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
578	GASTROINTESTINAL - DIGESTION	Decrease/reduce food stagnation associated with poor or sluggish digestion	Decrease/reduce food stagnation associated with poor or sluggish digestion	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
579	GASTROINTESTINAL - DIGESTION	Bitter tonic <i>Delete-covered by Bitter tonic/stimulate gastric secretions</i>		Tradition of use	
580	GASTROINTESTINAL - DIGESTION	Relieve excessive belching	Relieve excessive belching	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
581	GASTROINTESTINAL - DIGESTION	Helps enhance/promote healthy gastrointestinal system mucosa health	Helps enhance/promote gastrointestinal system mucosa health	Scientific or tradition of use	
582	GASTROINTESTINAL - DIGESTION	Maintain/support healthy gastrointestinal system mucosa <i>Delete- covered by Maintain/support healthy mucous linings of the digestive</i>		Scientific or tradition of use	
583	GASTROINTESTINAL - DIGESTION	Maintain/support healthy mucous linings of the digestive system	Maintain/support healthy mucous linings of the digestive system	Scientific or tradition of use	
584	GASTROINTESTINAL - DIGESTION	Soothe/relieve gastro-intestinal tract mucous membranes	Soothe gastro-intestinal tract mucous membranes	Scientific or tradition of use	
585	CARDIOVASCULAR - BLOOD	Helps reduce intestinal absorption of cholesterol from dietary sources	Helps reduce intestinal absorption of cholesterol from dietary sources	Scientific	Must not imply lowering or raising the cholesterol levels from outside of the normal healthy range
586	GASTROINTESTINAL - DIGESTION	Aid/assists/helps fat emulsification in the digestive system	Aid/assist fat emulsification in the digestive system	Scientific	
587	GASTROINTESTINAL - DIGESTION	Aid/assist/helps elimination of dietary fat	Aid/assist/helps elimination of dietary fat	Scientific or tradition of use	
588	GASTROINTESTINAL - DIGESTION	Aid/assists/helps digestion/breakdown of dietary fat in the intestine	Aid/assist digestion/breakdown of dietary fat	Scientific or tradition of use	
589	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce dietary fat absorption in digestive system	Helps decrease/reduce dietary fat absorption in digestive system	Scientific or tradition of use	
590	GASTROINTESTINAL - DIGESTION	Helps stimulate/increase fat breakdown in the digestive system <i>Delete- covered by Aid/assist digestion/breakdown of dietary fat</i>		Scientific or tradition of use	
591	GASTROINTESTINAL - DIGESTION	Aid/assist/helps digestion of fats /fatty acids/triglycerides/lipids	Aid/assist/helps digestion of fats /fatty acids/triglycerides/lipid	Scientific	
592	GASTROINTESTINAL - DIGESTION	Helps enhance/promote healthy digestive system function	Helps enhance/promote healthy digestive system function	Scientific or tradition of use	
593	GASTROINTESTINAL - DIGESTION	Maintain/support healthy digestive system function	Maintain/support healthy digestive system function	Scientific or tradition of use	
594	GASTROINTESTINAL - DIGESTION	Helps enhance/improve/promote/increase healthy digestive system flora/good bacteria growth	Helps enhance/improve/promote/increase healthy digestive system flora/good bacteria growth	Scientific or tradition of use	
595	GASTROINTESTINAL - DIGESTION	Aid/assist/helps fat distribution and assimilation in the digestive system	Aid/assist fat distribution and assimilation in the digestive system	Scientific	
596	CARDIOVASCULAR - BLOOD	Aid/assist/helps glucose/sugar/carbohydrate metabolism	Aid/assist/helps glucose/sugar/carbohydrate metabolism	Scientific	Must not be for lowering or raising blood sugar/glucose levels from outside of the normal healthy range
597	GASTROINTESTINAL - DIGESTION	Aid/assist/helps digestion of glucose/sugar/carbohydrates	Aid/assist digestion of glucose/sugar/carbohydrates	Scientific	Must not be for lowering or raising blood sugar/glucose levels from outside of the normal healthy range
598	GASTROINTESTINAL - DIGESTION	Helps relieve cramping associated with lactose intolerance <i>Remove- covered by linking with general symptom</i>		Scientific or tradition of use	
599	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of cramping associated with lactose intolerance <i>Remove- covered by linking with general symptom</i>		Scientific or tradition of use	
600	GASTROINTESTINAL - DIGESTION	Helps relieve diarrhoea associated with lactose intolerance <i>Remove- covered by linking general symptom</i>		Scientific or tradition of use	
601	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of diarrhoea associated with lactose intolerance <i>Remove- covered by linking with general symptom</i>		Scientific or tradition of use	
602	GASTROINTESTINAL - DIGESTION	Helps Decrease/reduce/relieve symptoms of lactose intolerance	Decrease/reduce/relieve symptoms of lactose intolerance	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
603	GASTROINTESTINAL - DIGESTION	Helps relieve gas and bloating associated with lactose intolerance <i>Remove- covered by linking with general symptom</i>		Scientific or tradition of use	
604	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of gas and bloating associated with lactose intolerance <i>Remove- covered by linking with general symptom</i>		Scientific or tradition of use	
604 A	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of symptoms of lactose intolerance	Helps reduce occurrence of symptoms of lactose intolerance	Scientific or tradition of use	
605	GASTROINTESTINAL - DIGESTION	Aid/assist/helps digestion of lactose	Aid/assist digestion of lactose	Scientific or tradition of use	
606	GASTROINTESTINAL - DIGESTION	Aid/assist/helps digestion of macronutrients <i>Remove- covered by Aid/assist/helps digestion of (state nutrient)</i>		Scientific	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
607	GASTROINTESTINAL - DIGESTION	Enhance/improve/promote/increase nutrient uptake	Enhance/improve/promote/increase nutrient uptake	Scientific or tradition of use	
608	GASTROINTESTINAL - DIGESTION	Enhance the assimilation/transportation of nutrients	Enhance the assimilation/transportation of nutrients	Scientific or tradition of use	
609	GASTROINTESTINAL - DIGESTION	Maintain/support digestion/assimilation/ transportation of nutrients	Maintain/support digestion/assimilation of nutrients	Scientific or tradition of use	
610	GASTROINTESTINAL - DIGESTION	Aid/assist/helps digestion of (state nutrient)	Aid/assist/helps digestion of (state nutrient)	Scientific	
611	GASTROINTESTINAL - DIGESTION	Digestive tonic /Helps improve digestive weakness	Digestive tonic /Helps improve digestive weakness	Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
612	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve hiccups	Decrease/reduce/relieve hiccups	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
613	GASTROINTESTINAL - DIGESTION	Decrease/reduce/relieve abdominal bloating/distention	Decrease/reduce/relieve abdominal bloating/distention	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
614	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of abdominal bloating	Helps reduce occurrence of abdominal bloating	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
615	GASTROINTESTINAL - DIGESTION	Decrease/reduce/relieve bloating/fullness associated with indigestion <i>Remove- covered by linking with general symptom</i>		Scientific or tradition of use	
616	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve abdominal cramping	Decrease/reduce/relieve abdominal cramping	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
617	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve cold sensations in the abdomen <i>Remove-therapeutic use unclear</i>		Tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
618	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve abdominal feeling of fullness	Decrease/reduce/relieve abdominal feeling of fullness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
619	GASTROINTESTINAL - DIGESTION	Decrease/reduce/relieve abdominal pain/discomfort	Decrease/reduce/relieve abdominal pain/discomfort	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
620	GASTROINTESTINAL - DIGESTION	Decrease/reduce/relieve mild abdominal spasm	Decrease/reduce/relieve abdominal spasm	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
621	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of abdominal spasm	Helps reduce occurrence of abdominal spasm	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
621 A	GASTROINTESTINAL - DIGESTION	NEW Antacid/ reduces stomach acid	Antacid/reduces stomach acid	Scientific	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
622	GASTROINTESTINAL - DIGESTION	Decrease/reduce/relieve symptoms of indigestion/ digestive-discomfort /dyspepsia symptoms	Decrease/reduce/relieve symptoms of indigestion/dyspepsia	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
623	GASTROINTESTINAL - DIGESTION	Helps reduce occurrence of symptoms of indigestion/ digestive-discomfort /dyspepsia	Helps reduce occurrence of symptoms of indigestion/dyspepsia	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
624	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve symptoms of heartburn symptoms	Decrease/reduce/relieve symptoms of heartburn	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
625	GASTROINTESTINAL - DIGESTION	Helps decrease/reduce/relieve nervous indigestion <i>Remove- covered by relieve indigestion and relieve symptoms of anxiety</i>		Scientific or tradition of use	
626	GASTROINTESTINAL - DIGESTION	Decrease/reduce/relieve digestive spasms	Decrease/reduce/relieve digestive spasms	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
627	GASTROINTESTINAL - DIGESTION	Sialagogue/promote saliva production	Sialagogue/promote saliva production	Tradition of use	
628	GASTROINTESTINAL - DIGESTION	Promote/increase saliva flow	Promote/increase saliva flow	Scientific or tradition of use	
629	GASTROINTESTINAL - DIGESTION	Expel/clear Stomach Cold	Expel/clear Stomach Cold	Chinese medicine tradition of use	
630	GASTROINTESTINAL - DIGESTION	Dispel/expel/extinguish/disperse/clear Stomach Damp	Dispel/expel/extinguish/disperse/clear Stomach Damp	Chinese medicine tradition of use	
631	GASTROINTESTINAL - DIGESTION	Helps delay stomach (gastric) emptying	Helps delay stomach (gastric) emptying	Scientific or tradition of use	
632	GASTROINTESTINAL - DIGESTION	Maintain/support stomach function	Maintain/support stomach function	Scientific or tradition of use	
633	GASTROINTESTINAL - DIGESTION	Helps enhance/promote stomach health	Helps enhance/promote stomach health	Scientific or tradition of use	
634	GASTROINTESTINAL - DIGESTION	Maintain/support stomach health	Maintain/support stomach health	Scientific or tradition of use	
635	GASTROINTESTINAL - DIGESTION	Expel/clear Stomach Heat	Expel/clear Stomach Heat	Chinese medicine tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
636	GASTROINTESTINAL - DIGESTION	Harmonise/soothe the stomach	Harmonise/soothe the stomach	Chinese medicine tradition of use	
637	GASTROINTESTINAL - DIGESTION	Warm/nourish/strengthen stomach	Warm/nourish/strengthen stomach	Chinese medicine tradition of use	
638	GASTROINTESTINAL - DIGESTION	Stomachic/ promote appetite	Stomachic/promote appetite	Tradition of use	
639	GASTROINTESTINAL - FLORA	Maintain/support good/beneficial/friendly bacteria adherence to intestinal mucosa	Maintain/support good/beneficial/friendly bacteria adherence to intestinal mucosa	Tradition of use Scientific	
640	GASTROINTESTINAL - FLORA	Helps enhance/improve/promote/increase colon healthy microbial population Delete - covered by Helps enhance/improve/promote/increase intestinal		Scientific	
641	GASTROINTESTINAL - FLORA	Helps enhance/improve/promote/increase intestinal good/beneficial/friendly intestinal bacteria growth	Helps enhance/improve/promote/increase intestinal good/beneficial/friendly bacteria growth	Scientific	
642	GASTROINTESTINAL - FLORA	Helps restore healthy/good intestinal/gut/bowel flora	Helps restore healthy/good intestinal/gut/bowel flora	Scientific or tradition of use	
643	GASTROINTESTINAL - FLORA	Helps enhance/improve/promote/increase healthy/good digestive/gut flora Remove - covered by Helps enhance/improve/promote/increase intestinal		Scientific	
644	GASTROINTESTINAL - FLORA	Maintain/support healthy intestinal microbiological (good/beneficial/friendly flora) balance	Maintain/support intestinal good/beneficial/friendly flora	Scientific	
645	GASTROINTESTINAL - FLORA	Helps to nourish healthy/good intestinal bacteria flora	Nourish healthy/good intestinal flora	Scientific	
646	GASTROINTESTINAL - FLORA	Maintain/support healthy small intestine healthy flora	Maintain/support small intestine healthy flora	Scientific	
647	GASTROINTESTINAL - LIVER	Cholagogue/ promote bile flow from gall bladder	Cholagogue/promote bile flow from gall bladder	Tradition of use	
648	GASTROINTESTINAL - LIVER	Helps enhance/improve/promote/increase bile secretion/flow	Helps enhance/improve/promote/increase bile secretion/flow	Scientific or tradition of use	
649	GASTROINTESTINAL - LIVER	Helps maintain/support bile secretion/flow	Helps maintain/support bile secretion/flow	Scientific or tradition of use	
650	GASTROINTESTINAL - LIVER	Enhance/improve/promote/increase bile production Remove - covered by Helps enhance/improve/promote/increase bile		Scientific or tradition of use	
651	GASTROINTESTINAL - LIVER	Maintain/support bile production	Maintain/support bile production	Scientific or tradition of use	
652	GASTROINTESTINAL - LIVER	Choleretic/ promote bile flow from liver	Choleretic/ promote bile flow from liver	Tradition of use	
653	GASTROINTESTINAL - LIVER	Maintain/support liver health	Maintain/support liver health	Scientific or tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
654	GASTROINTESTINAL - LIVER	Aid/assist/helps Helps enhance/promote healthy liver function	Helps enhance/promote healthy liver function	Scientific or tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
655	GASTROINTESTINAL - LIVER	Maintain/support healthy liver function	Maintain/support healthy liver function	Scientific or tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
656	GASTROINTESTINAL - LIVER	Helps protect the liver	Helps protect the liver	Scientific or tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis Must not be indicated for excess consumption of alcohol
657	GASTROINTESTINAL - LIVER	Hepatoprotectant/ protect the liver	Hepatoprotectant/protect the liver	Tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
658	GASTROINTESTINAL - LIVER	Maintain/support healthy liver regeneration	Maintain/support healthy liver regeneration	Tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
659	GASTROINTESTINAL - LIVER	Aid/assist/helps healthy liver regeneration	Aid/assist healthy liver regeneration	Tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
660	GASTROINTESTINAL - LIVER	Resolve liver stasis	Resolve liver stasis	Chinese medicine tradition of use	
661	GASTROINTESTINAL - LIVER	Calm/soothe/nourish the liver	Calm/soothe/nourish the liver	Chinese medicine Tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
662	GASTROINTESTINAL - LIVER	Tonify/nourish/strengthen/replenish liver	Tonify/nourish/strengthen/replenish liver	Chinese medicine tradition of use	
663	GASTROINTESTINAL - LIVER	Liver tonic/ Enhance liver health	Liver tonic/Enhance liver health	Tradition of use	Must not be for liver disease, such as cirrhosis, hepatitis
664	GASTROINTESTINAL - GALLBLADDER	Maintain/support gallbladder function	Maintain/support gallbladder function	Scientific or tradition of use	
665	GASTROINTESTINAL - GALLBLADDER	Helps enhance/promote healthy gallbladder function	Helps enhance/promote healthy gallbladder function	Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
666	GASTROINTESTINAL - GALLBLADDER	Helps enhance/promote gallbladder health	Helps enhance/promote gallbladder health	Scientific or tradition of use	
667	GASTROINTESTINAL - GALLBLADDER	Maintain/support gallbladder health	Maintain/support gallbladder health	Scientific or tradition of use	
668	GASTROINTESTINAL - HEALTH	Helps enhance/promote gastrointestinal system health	Helps enhance/promote gastrointestinal system health	Scientific or tradition of use	
669	GASTROINTESTINAL - HEALTH	Maintain/support gastrointestinal system health	Maintain/support gastrointestinal system health	Scientific or tradition of use	
670	GASTROINTESTINAL - HEALTH	Maintain/support healthy gastrointestinal function	Maintain/support healthy gastrointestinal function	Scientific or tradition of use	
671	GASTROINTESTINAL - HEALTH	Helps protect gastrointestinal mucosa <i>Delete- covered by 'Maintain/support gastrointestinal mucosa'</i>		Scientific or tradition of use	
672	GASTROINTESTINAL - HEALTH	Helps decrease/reduce/relieve mild gastrointestinal pain	Decrease/reduce/relieve mild gastrointestinal pain	Scientific or tradition of use	Label statement 'S - If symptoms persist consult your healthcare practitioner (or words to that effect)'.
673	GASTROINTESTINAL - HEALTH	Soothe the gastrointestinal tract <i>Remove- duplicate</i>		Scientific or tradition of use	
674	GASTROINTESTINAL - HEALTH	Maintain/support gastrointestinal tract function <i>Remove- duplicate</i>		Scientific or tradition of use	
675	GASTROINTESTINAL - HEALTH	Helps decrease/reduce/relieve mild gastrointestinal tract mild inflammation	Helps decrease/reduce/relieve gastrointestinal tract mild inflammation	Scientific or tradition of use	Label statement 'S - If symptoms persist consult your healthcare practitioner (or words to that effect)'.
676	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve fatigue associated with hangover <i>Remove- covered by general indication</i>		Scientific or tradition of use	
677	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve headache associated with hangover <i>Remove- covered by general indication</i>		Scientific or tradition of use	
678	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve nausea associated with hangover <i>Remove- covered by general indication</i>		Scientific or tradition of use	
679	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve symptoms of occasional hangovers	Helps decrease/reduce/relieve symptoms of occasional hangovers	Scientific or tradition of use	Label statement 'S - If symptoms persist consult your healthcare practitioner (or words to that effect)'.
680	GASTROINTESTINAL - NAUSEA	Antiemetic/ Decrease/reduce/relieve vomiting	Antiemetic/Decrease/reduce/relieve vomiting	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
681	GASTROINTESTINAL - NAUSEA	Reduce occurrence of nausea/vomiting	Reduce occurrence of nausea/vomiting	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
682	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve nausea	Decrease/reduce/relieve nausea	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
683	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve vomiting <i>Remove- covered by Antiemetic/Decrease/reduce/relieve vomiting</i>		Scientific or tradition of use	
684	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve bloating associated with overindulgence <i>Remove- covered by general symptoms</i>		Scientific or tradition of use	
685	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve constipation associated with overindulgence <i>Remove- covered by general symptoms</i>		Scientific or tradition of use	
686	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve fatigue associated with overindulgence <i>Remove- covered by general fatigue indication</i>		Scientific or tradition of use	
686 A	GASTROINTESTINAL - NAUSEA	NEW Decrease/reduce/relieve symptoms of associated with occasional overindulgence	Decrease/reduce/relieve symptoms of associated with occasional overindulgence	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
687	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve indigestion associated with overindulgence <i>Remove- covered by general indigestion indication</i>		Scientific or tradition of use	
689	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve fatigue associated with jet lag <i>Remove- covered by general fatigue indications</i>		Scientific or tradition of use	
690	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve symptoms of jet lag	Decrease/reduce/relieve symptoms of jet lag	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
691	GASTROINTESTINAL - NAUSEA	Helps reduce occurrence of jet lag symptoms	Helps reduce occurrence of jet lag symptoms	Scientific or tradition of use	
692	GASTROINTESTINAL - NAUSEA	Helps decrease/reduce/relieve symptoms of motion/travel/sea sickness	Decrease/reduce/relieve symptoms of motion/travel/sea sickness	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
693	GASTROINTESTINAL - NAUSEA	Helps reduce occurrence of symptoms of motion/travel/sea sickness	Helps reduce occurrence of symptoms of motion/travel/sea sickness	Scientific or tradition of use	
694	IMMUNE - ALLERGY	Helps decrease/reduce/relieve itchy ears associated with hayfever <i>Remove- covered by general itchy ear indication</i>		Scientific or tradition of use	
695	IMMUNE - ALLERGY	Helps decrease/reduce/relieve itchy eyes associated with hayfever <i>Remove- covered by general itchy eye indication</i>		Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
696	IMMUNE - ALLERGY	Helps decrease/reduce/relieve watery eyes associated with hayfever <i>Remove- covered by general watery eye indication</i>		Scientific or tradition of use	
697	IMMUNE - ALLERGY	Helps decrease/reduce/relieve red eyes associated with hayfever <i>Remove- covered by general red eye indication</i>		Scientific or tradition of use	
698	IMMUNE - ALLERGY	Helps decrease/reduce/relieve headache associated with hayfever <i>Remove- covered by general headache indication</i>		Scientific or tradition of use	
699	IMMUNE - ALLERGY	Helps decrease/reduce/relieve nasal congestion/blocked nose associated with hay fever		Scientific or tradition of use	
700	IMMUNE - ALLERGY	Helps decrease/reduce/relieve post nasal drip associated with hayfever	Decrease/reduce/relieve post nasal drip	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
701	IMMUNE - ALLERGY	Helps decrease/reduce/relieve nasal itching associated with hayfever <i>Remove- covered by general nasal itching indication</i>		Scientific or tradition of use	
702	IMMUNE - ALLERGY	Helps decrease/reduce/relieve nasal itching associated with hayfever <i>Remove- covered by general runny nose indication</i>		Scientific or tradition of use	
703	IMMUNE - ALLERGY	Helps decrease/reduce/relieve nasal itching associated with hayfever <i>Remove- covered by general sneezing indication</i>		Scientific or tradition of use	
704	IMMUNE - ALLERGY	Helps decrease/reduce/relieve symptoms of hayfever	Decrease/reduce/relieve symptoms of hayfever	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
705	IMMUNE - ALLERGY	Helps decrease/reduce/relieve itchy throat associated with hayfever	Decrease/reduce/relieve itchy throat	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
706	IMMUNE - ALLERGY	Soothes/relieves itching associated with skin hives <i>Remove- covered by general Itching indication</i>		Scientific or tradition of use	
707	IMMUNE - ALLERGY	Soothes/relieves swelling/welts associated with hives	Soothes/relieves swelling/welts associated with hives	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
708	IMMUNE - ALLERGY	Helps decrease/reduce/relieve symptoms of skin hives	Decrease/reduce/relieve symptoms of skin hives	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
709	IMMUNE - ALLERGY	Helps decrease/reduce/relieve watery/itchy eyes associated with allergies <i>Remove-covered by general itchy eye indication</i>		Scientific or tradition of use	
710	IMMUNE - ALLERGY	Helps decrease/reduce/relieve tiredness associated with allergies <i>Remove- covered by general tiredness indications</i>		Scientific or tradition of use	
711	IMMUNE - ALLERGY	Helps decrease/reduce/relieve digestive discomfort associated with food intolerances		Scientific or tradition of use	
712	IMMUNE - ALLERGY	Helps decrease/reduce/relieve digestive discomfort associated with food intolerances <i>Remove- covered by general digestive discomfort indications</i>		Scientific or tradition of use	
713	IMMUNE - ALLERGY	Helps reduce occurrence of food intolerance/allergies	Helps reduce occurrence of food intolerance/allergies	Scientific or tradition of use	Label statement: 'If symptoms persist consult your- change or worsen consult your healthcare practitioner
714	IMMUNE - ALLERGY	Helps decrease/reduce/relieve symptoms of food intolerance	Helps decrease/reduce/relieve symptoms of food intolerance	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
715	IMMUNE - ALLERGY	Helps decrease/reduce/relieve nasal congestion/blocked nose associated with allergies <i>Remove-covered by general nasal congestion indication</i>		Scientific or tradition of use	
716	IMMUNE - ALLERGY	Helps decrease/reduce/relieve itchy nose associated with allergies <i>Remove-covered by general itchy nose indication</i>		Scientific or tradition of use	
717	IMMUNE - ALLERGY	Helps decrease/reduce/relieve runny nose associated with allergies <i>Remove-covered by general runny nose indication</i>		Scientific or tradition of use	
718	IMMUNE - ALLERGY	Helps decrease/reduce/relieve symptoms of seasonal allergies	Helps decrease/reduce/relieve symptoms of seasonal allergies	Scientific or tradition of use	Label statement: 'If symptoms change or worsen consult your healthcare practitioner (or words to that
719	IMMUNE - ALLERGY	Helps decrease/reduce/relieve itchy ears associated with allergies <i>Remove-covered by general itchy ears indication</i>		Scientific or tradition of use	
720	IMMUNE - ALLERGY	Helps decrease/reduce/relieve stuffy nose associated with allergies <i>Remove-covered by general congested nose indication</i>		Scientific or tradition of use	
721	IMMUNE - ALLERGY	Helps decrease/reduce/relieve symptoms of mild allergies	Helps decrease/reduce/relieve symptoms of mild allergies	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
722	IMMUNE - ALLERGY	Helps reduce occurrence of symptoms of mild allergies	Helps reduce occurrence of symptoms of mild allergies	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
723	IMMUNE - ALLERGY	Helps decrease/reduce/relieve headache associated with allergic rhinitis <i>Remove-covered by general headache indication</i>		Scientific or tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
724	IMMUNE - ALLERGY	Helps decrease/reduce/relieve itchy throat <i>associated with allergic rhinitis</i> <i>Remove-covered by general itchy throat indication</i>		Scientific or tradition of use	
725	IMMUNE - ALLERGY	Helps decrease/reduce/relieve nasal congestion associated with allergic rhinitis <i>Remove-covered by general congested nose indication</i>		Scientific or tradition of use	
726	IMMUNE - ALLERGY	Helps decrease/reduce/relieve cough associated with allergic rhinitis <i>Remove-covered by general cough indication</i>		Scientific or tradition of use	
727	IMMUNE - ALLERGY	Helps decrease/reduce/relieve watery/itchy eyes associated with allergic rhinitis <i>Remove-covered by general watery eyes indication</i>		Scientific or tradition of use	
728	IMMUNE - ALLERGY	Helps decrease/reduce/relieve facial tenderness associated with allergic rhinitis	Helps decrease/reduce/relieve facial tenderness associated with allergic rhinitis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
729	IMMUNE - ALLERGY	Helps decrease/reduce/relieve sneezing associated with allergic rhinitis <i>Remove-covered by general sneezing indication</i>		Scientific or tradition of use	
730	IMMUNE - ALLERGY	Helps decrease/reduce/relieve symptoms of allergic rhinitis	Decrease/reduce/relieve symptoms of allergic rhinitis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
731	IMMUNE - HEALTH	Aid/assist/helps healthy immune cellular response <i>Delete- covered by general immune indications</i>		Scientific	
732	IMMUNE - HEALTH	Helps enhance/improve/promote immune system defence/function	Helps enhance/improve/promote immune system function	Scientific or tradition of use	Must not be for serious immunological diseases
733	IMMUNE - HEALTH	Maintain/support immune system health	Maintain/support immune system health	Scientific or tradition of use	Must not be for serious immunological diseases
734	IMMUNE - HEALTH	Maintain/support immune system to fight illness <i>Remove-covered by Maintain/support immune system health</i>		Scientific or tradition of use	
735	IMMUNE - HEALTH	Helps enhance/promote/strengthen healthy immune system function <i>Remove-covered by Helps enhance/improve/promote immune system</i>		Scientific or tradition of use	
736	IMMUNE - HEALTH	Maintain/support healthy immune system function	Maintain/support healthy immune system function	Scientific or tradition of use	Must not be for serious immunological diseases
737	IMMUNE - HEALTH	Maintain/support healthy gastrointestinal immune function <i>Remove- Covered by general immune indication and GIT health.</i>		Scientific or tradition of use	
738	IMMUNE - HEALTH	Helps enhance/improve/promote immune system resistance <i>Remove-covered by Helps enhance/improve/promote immune system</i>		Scientific or tradition of use	
739	IMMUNE - HEALTH	Helps stimulate a healthy immune system response <i>Remove-covered by Helps enhance/improve/promote immune system</i>		Scientific or tradition of use	
740	MUSCLE - CRAMP	Decrease/reduce/relieve mild muscle cramps	Decrease/reduce/relieve muscle cramps	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
741	MUSCLE - CRAMP	Reduce occurrence of muscular cramp	Helps reduce occurrence of muscle cramp	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
742	MUSCLE - CRAMP	Helps reduce/relieve mild leg cramps	Helps decrease/reduce/relieve leg cramps	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
743	MUSCLE - CRAMP	Helps decrease/reduce/relieve restless legs <i>Remove- restricted representation</i>		Scientific or tradition of use	
744	MUSCLE - CRAMP	Relieve symptoms of mild limb spasms <i>Remove- covered by Helps decrease/reduce/relieve mild muscle</i>		Scientific or tradition of use	
745	MUSCLE - CRAMP	Antispasmodic/spasmolytic	Antispasmodic/spasmolytic	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
746	MUSCLE - CRAMP	Helps decrease/reduce/relieve mild muscle spasms/twitches/ tremors <i>"Tremors" removed as implies as erious condition</i>	Helps decrease/reduce/relieve mild muscle spasms/twitches	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
747	MUSCLE - CRAMP	Helps reduce occurrence of muscle cramps/twitches/spasms <i>Remove- covered by reduce occurrence of muscle cramp</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
748	MUSCLE - PERFORMANCE	Helps enhance/improve/promote/increase muscle fuel burning efficiency	Helps enhance/improve/promote/increase muscle fuel burning efficiency	Scientific or tradition of use	
749	MUSCLE - PERFORMANCE	Maintain/support muscle fuel burning efficiency	Maintain/support muscle fuel burning efficiency	Scientific or tradition of use	
750	MUSCLE - PERFORMANCE	Provides muscles with energy <i>Remove- statement not an indication.</i>		Scientific or tradition of use	
751	MUSCLE - PERFORMANCE	Maintain/support muscle exercise capacity <i>Removed- covered by Maintain/support muscle</i>		Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
752	MUSCLE - PERFORMANCE	Helps enhance/improve/promote/increase physical/exercise performance	Helps enhance/improve/promote/increase physical/exercise performance	Scientific or tradition of use	
753	MUSCLE - PERFORMANCE	Aid/assist/helps post exercise recovery	Aid/assist/helps post exercise recovery	Scientific or tradition of use	
754	MUSCLE - PERFORMANCE	Helps enhance/improve muscle recovery time	Helps enhance/improve muscle recovery time	Scientific or tradition of use	
755	MUSCLE - PERFORMANCE	Maintain/support motor skill performance <i>Delete-covered by general neuromuscular indications</i>		Scientific or tradition of use	
756	MUSCLE - PERFORMANCE	Maintain/support energy metabolism in muscle cells <i>Delete covered by general energy and cell indications</i>		Scientific	
757	MUSCLE - PERFORMANCE	Helps enhance/improve/promote/increase muscle performance/endorance/ capacity / stamina	Helps enhance/improve/promote/increase muscle performance/endorance/stamina	Scientific or tradition of use	
758	MUSCLE - PERFORMANCE	Maintain/support muscle performance/endorance/ exercise capacity / stamina	Maintain/support muscle performance/endorance/stamina	Scientific or tradition of use	
759	MUSCLE - PERFORMANCE	Maintain/support general physical performance/endorance/capacity	Maintain/support general physical performance/endorance/capacity	Scientific or tradition of use	
760	MUSCLE - PERFORMANCE	Helps decrease/reduce muscle/physical recovery time <i>Delete- covered by Helps enhance/improve muscle recovery</i>		Scientific or tradition of use	
761	MUSCLE - PERFORMANCE	Helps enhance/improve/promote/increase muscle stamina <i>Remove- covered by Helps enhance/improve/promote/increase muscle</i>		Scientific or tradition of use	
762	MUSCLE - PERFORMANCE	Maintain/support muscle stamina <i>Remove- covered by Helps enhance/improve/promote/increase muscle</i>		Scientific or tradition of use	
763	MUSCLE - PERFORMANCE	Helps decrease/reduce protein breakdown in the muscles <i>Delete- covered by Maintain/support muscle protein stores</i>		Scientific	
764	MUSCLE - PERFORMANCE	Maintain/support muscle protein stores	Maintain/support muscle protein stores	Scientific	
765	MUSCLE - PERFORMANCE	Helps restore muscle protein reserves <i>Delete- covered by Maintain/support muscle protein stores</i>		Scientific	
766	MUSCLE - PERFORMANCE	Aid/assist/helps muscle recovery <i>Remove- covered by Maintain support post exercise muscle recovery</i>		Scientific or tradition of use	
759 A	MUSCLE - HEALTH	NEW Maintain/support muscle/ physical body balance	Maintain/support muscle/ physical body balance	Scientific or tradition of use	
767	MUSCLE - HEALTH	Helps strengthen the back <i>Remove- too specific. Covered by general indications to strengthen muscle</i>		Scientific or tradition of use	
768	MUSCLE - HEALTH	Aid/assist/ helps muscle development	Aid/assist muscle development	Scientific or tradition of use	
769	MUSCLE - HEALTH	Maintain/support muscle health	Maintain/support muscle health	Scientific or tradition of use	
770	MUSCLE - HEALTH	Maintain/support healthy muscle contraction function	Maintain/support healthy muscle contraction function	Scientific or tradition of use	
771	MUSCLE - HEALTH	Helps enhance/promote healthy muscle function	Helps enhance/promote healthy muscle function	Scientific or tradition of use	
772	MUSCLE - HEALTH	Maintain/support muscle function	Maintain/support muscle function	Scientific or tradition of use	
773	MUSCLE - HEALTH	Enhance/improve/promote/increase muscle relaxation	Enhance/improve/promote/increase muscle relaxation	Scientific or tradition of use	
774	MUSCLE - HEALTH	Maintain/support muscle relaxation	Maintain/support muscle relaxation	Scientific or tradition of use	
775	MUSCLE - HEALTH	Aid/assist/ helps muscle growth	Aid/assist muscle growth	Scientific or tradition of use	
776	MUSCLE - HEALTH	Maintain/support healthy ligaments	Maintain/support healthy ligaments	Scientific or tradition of use	
777	MUSCLE - HEALTH	Helps enhance/promote/ increase healthy muscle mass	Helps enhance/promote healthy muscle mass	Scientific or tradition of use	
778	MUSCLE - HEALTH	Maintain/support muscle mass	Maintain/support muscle mass	Scientific or tradition of use	
779	MUSCLE - HEALTH	Maintain/support muscle absorption of (state mineral)	Maintain/support muscle absorption of (state mineral)	Scientific	
780	MUSCLE - HEALTH	Helps enhance/improve/promote/increase metabolism of protein in muscle cells	Helps enhance/improve/promote/increase metabolism of protein in muscle cells	Scientific	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
781	MUSCLE - HEALTH	Aid/assist/helps healthy neuromuscular coordination <i>Delete- covered by Maintain/support healthy neuromuscular system/function</i>		Scientific or tradition of use	
782	MUSCLE - HEALTH	Maintain/support healthy neuromuscular system/function	Maintain/support healthy neuromuscular system/function	Scientific or tradition of use	Must not be for serious musculoskeletal conditions such as Parkinson's disease.
783	MUSCLE - HEALTH	Enhance/improve/promote/increase muscle sinew relaxation <i>Remove- covered by muscle relaxation indications</i>		Scientific or tradition of use	
784	MUSCLE - HEALTH	Helps enhance/improve/promote/increase muscle strength to reduce strain on joints <i>Remove- Covered by general indications for muscle strength and joint health.</i>		Scientific or tradition of use	
785	MUSCLE - HEALTH	Maintain/support muscle strength to reduce strain on joints	Maintain/support muscle strength to reduce strain on joints	Scientific or tradition of use	
786	MUSCLE - HEALTH	Helps enhance/improve/promote/increase muscle strength	Helps enhance/improve/promote/increase muscle strength	Scientific or tradition of use	
787	MUSCLE - HEALTH	Maintain/support muscle strength	Maintain/support muscle strength	Scientific or tradition of use	
788	MUSCLE - HEALTH	Helps enhance/improve/promote/increase healthy muscle tone	Helps enhance/improve/promote/increase healthy muscle tone	Scientific or tradition of use	
789	MUSCLE - HEALTH	Maintain/support muscle tone	Maintain/support muscle tone	Scientific or tradition of use	
790	MUSCLE - INJURY	Helps decrease/reduce/relieve muscular bruising <i>Remove- bruising would be a symptom of a muscle tear. General indications for</i>		Scientific or tradition of use	
791	MUSCLE - INJURY	Aid/assist/helps in the healing of minor muscle injuries		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
792	MUSCLE - INJURY	Helps decrease/reduce/relieve symptoms of muscle injury/ailments	Decrease/reduce/relieve symptoms of muscle injury/ailments	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
793	MUSCLE - INJURY	<i>Helps</i> reduce/decrease mild muscle inflammation/ <i>swelling</i>	Reduce/decrease mild muscle inflammation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
794	MUSCLE - INJURY	Relieve feeling of leg weakness <i>Remove-Could be a sign of a serious condition. Covered by general muscle</i>		Scientific or tradition of use	
795	MUSCLE - INJURY	Relieve feeling of mild limb numbness <i>Remove-Could be a sign of a serious condition. Covered by general muscle</i>		Scientific or tradition of use	
796	MUSCLE - INJURY	Helps decrease/reduce/relieve pain associated with minor injuries <i>Remove- covered by general pain indication</i>		Scientific or tradition of use	
797	MUSCLE - INJURY	Helps decrease/reduce/relieve symptoms of muscle sprain/strain	Helps decrease/reduce/relieve symptoms of muscle sprain/strain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
798	MUSCLE - INJURY	Aid/assist/helps in the management of muscle sprain/strain	Aid/assist/helps in the management of muscle sprain/strain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
799	MUSCLE - INJURY	Helps decrease/reduce/relieve muscle weakness <i>Delete- covered by improve muscle strength</i>		Scientific or tradition of use	
800	MUSCLE - PAIN	<i>Helps</i> decrease/reduce/relieve muscle aches/ pains/soreness	Decrease/reduce/relieve muscle aches/ pains/soreness	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
801	MUSCLE - PAIN	Helps reduce occurrence of muscle tension/stiffness	Helps reduce occurrence of muscle tension/stiffness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
802	MUSCLE - PAIN	<i>Helps</i> decrease/reduce/relieve muscle tension/stiffness	Decrease/reduce/relieve muscle tension/stiffness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
802 A	MUSCLE - PAIN	NEW Decrease/reduce/relieve muscle pain	Decrease/reduce/relieve muscle pain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
803	MUSCLE - PAIN	Helps decrease/reduce/relieve localised muscle pain <i>Delete-covered by general muscle indications</i>		Scientific or tradition of use	
804	MUSCLE - PAIN	Relieve weakness feelings in the lower back <i>Delete-could be a sign of a serious condition</i>		Scientific or tradition of use	
805	MUSCLE - PAIN	Helps decrease/reduce/relieve back pain/ache/soreness <i>Delete- covered by general muscle pain indication</i>		Scientific or tradition of use	
806	MUSCLE - PAIN	Helps reduce occurrence of back muscle pain	Helps reduce occurrence of back muscle pain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
807	MUSCLE - PAIN	Helps decrease/reduce/relieve back muscle tension/stiffness <i>Delete- covered by general muscle tension indication</i>		Scientific or tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
808	MUSCLE - PAIN	Relieve limb aches <i>Delete- covered by general muscle pain indication</i>		Scientific or tradition of use	
809	MUSCLE - PAIN	<i>Helps</i> decrease/reduce/relieve muscular pain associated with symptoms of whiplash	Decrease/reduce/relieve muscular pain associated with symptoms of whiplash	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
810	MUSCLE - PAIN	Helps decrease/reduce/relieve muscle tension in the shoulders	Helps decrease/reduce/relieve muscle tension	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
811	MUSCLE - PAIN	Helps decrease/reduce/relieve muscle pain in the shoulders <i>Remove- covered by general muscle pain indication</i>		Scientific or tradition of use	
812	MUSCLE - TISSUE	Maintain/support healthy connective tissue health	Maintain/support connective tissue health	Scientific or tradition of use	
813	MUSCLE - TISSUE	Helps enhance/promote connective tissue strength	Helps enhance/promote connective tissue strength	Scientific or tradition of use	
814	BODY - TISSUE	Aid/assist/helps connective tissue production/formation	Aid/assist/helps connective tissue production/formation	Scientific	
815	MUSCLE - TISSUE	Aid/assist/helps healthy body tissue formation <i>Delete- too vague - covered by more specific indications</i>		Scientific or tradition of use	
816	MUSCLE - TISSUE	Decrease/reduce/relieve body tissue swelling/inflammation <i>Delete- covered by other anti inflammatory indications</i>		Scientific or tradition of use	
817	MUSCLE - TISSUE	Aid/assist/ helps in the healing of minor body tissue injuries	Aid/assist in the healing of minor body tissue injuries	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
818	MUSCLE - TISSUE	Relieve mild tissue oedema	Relieve mild tissue oedema	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
819	MUSCLE - TISSUE	Helps enhance/promote/ increase body tissue repair/regeneration	Helps enhance/promote body tissue repair/regeneration	Scientific or tradition of use	
820	MUSCLE - TISSUE	Maintain/support body tissue repair/regeneration	Maintain/support body tissue repair/regeneration	Scientific or tradition of use	
821	MUSCLE - TISSUE	Maintain/support healthy body tissues health	Maintain/support healthy body tissues	Scientific or tradition of use	
822	MUSCLE - TISSUE	Helps strengthen body tissues <i>Remove-Covered by other more specific indications</i>		Scientific or tradition of use	
823	MUSCLE - TISSUE	Aid/assist/helps in the management of mild soft tissue trauma <i>Remove- covered by Helps decrease/reduce/relieve symptoms of mild soft tissue</i>		Scientific or tradition of use	
824	MUSCLE - TISSUE	<i>Helps</i> decrease/reduce/relieve symptoms of mild soft tissue trauma	Decrease/reduce/relieve symptoms of mild soft tissue trauma	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
825	MUSCLE - TENDONS	Maintain/support healthy tendons health	Maintain/support tendon health	Scientific or tradition of use	
826	MUSCLE - TENDONS	<i>Helps</i> decrease/reduce/relieve symptoms of mild tennis elbow	Decrease/reduce/relieve symptoms of mild tennis elbow	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
827	MUSCLE - TENDONS	Helps decrease/reduce/relieve symptoms of mild medically diagnosed tenosynovitis	Helps decrease/reduce/relieve symptoms of mild medically diagnosed tenosynovitis	Scientific or tradition of use	Label statement: If symptoms change or worsen consult your healthcare practitioner (or words to that effect)
828	NUTRITION	Helps enhance/promote/increase absorption of (state mineral/vitamin/nutrient/substance) in the body	Helps enhance/promote/increase absorption of (state mineral/vitamin/nutrient/substance) in the body	Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
829	NUTRITION	Maintain /support absorption of dietary (state substance)	Maintain /support absorption of dietary (state substance)	Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
830	NUTRITION	Aid/assist/helps the absorption of (state mineral/vitamin/nutrient/substance) in the intestines <i>Remove- covered by Helps enhance/promote/increase absorption of (state mineral/vitamin/nutrient/substance) in the body</i>		Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin and/or mineral supplements should not replace a balanced diet.
831	BONE - HEALTH	Aid/assist/helps metabolism of (state mineral)	Aid/assist/helps metabolism of (state mineral)	Scientific	Must not be for serious bone disease or disorder e.g. rheumatoid arthritis, juvenile arthritis, debilitating
832	NUTRITION	<i>Helps</i> maintain /support (state vitamin/mineral) within normal range	Maintain /support (state vitamin/mineral) within normal range	Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
833	NUTRITION	Helps prevent dietary (state vitamin/mineral/ nutrient) deficiency	Helps prevent dietary (state vitamin/mineral/nutrient) deficiency	Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
834	NUTRITION	Helps prevent dietary (state nutrient) deficiency <i>Remove- covered by Helps prevent dietary (state vitamin/mineral/nutrient)</i>		Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
835	NUTRITION	Supports body nutritional needs <i>Delete- nutritional claim</i>		Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
836	NUTRITION	Aid/assist/helps protein synthesis in the body	Aid/assist/helps protein synthesis in the body	Scientific	
837	NUTRITION	Helps enhance/promote/increase body utilisation of (state mineral/vitamin/nutrient)	Helps enhance/promote/increase body utilisation of (state mineral/vitamin/nutrient)	Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
838	NUTRITION	Aid/assist/helps synthesis of (insert vitamin) in the body	Aid/assist/helps synthesis of (insert vitamin) in the body	Scientific	If in reference to a vitamin or mineral, warning required: Vitamins and minerals can only be of assistance if the
839	NERVOUS - ANXIETY	Aids/assists/helps the body to cope with environmental stress. <i>"Helps" removed for consistency and simplification of terminology</i>	Aids/assists the body to cope with environmental stress	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
840	NERVOUS - ANXIETY	Aid/assist/helps the body to cope with biological stress	Aids/assists the body to cope with biological stress	Scientific or tradition of use	Must not imply any clinical disease, condition or defect.
841	NERVOUS - ANXIETY	Enhance/promote healthy body adaptation to stress	Enhance/promote body adaptation to stress	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
842	NERVOUS - ANXIETY	Helps enhance/promote healthy stress response in the body	Helps enhance/promote healthy stress response in the body	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
843	NERVOUS - ANXIETY	Maintain /support healthy stress response by the body <i>'Maintain' does not make sense</i>	Support healthy stress response in the body	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
844	NERVOUS - ANXIETY	Helps regulate physiological stress response <i>Remove - covered by 'Support healthy stress response by the body'</i>		Scientific or tradition of use	
845	NERVOUS - ANXIETY	Maintain /support healthy body stress recovery <i>'Maintain' does not make sense</i>	Support healthy body stress recovery	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
846	NERVOUS - ANXIETY	Decrease/reduce body sensitivity to stress <i>Removed - covered by 'Support healthy stress response in the body'</i>		Scientific or tradition of use	
847	NERVOUS - ANXIETY	Adaptogen/ Help body adapt to stress	Adaptogen/Help body adapt to stress	Tradition of use	Must not be for mental illness, disorders or conditions
848	NERVOUS - ANXIETY	Helps decrease/reduce/relieve frequent need to urinate associated with mild anxiety	Helps decrease/reduce/relieve frequent need to urinate associated with mild anxiety	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
849	NERVOUS - ANXIETY	Helps relieve mild anxiety <i>Remove - covered by Decrease/reduce/relieve symptoms of mild anxiety</i>		Scientific or tradition of use	
850	NERVOUS - ANXIETY	Helps decrease/reduce/relieve headache associated with mild anxiety <i>Remove - covered by general headache indication.</i>		Scientific or tradition of use	
851	NERVOUS - ANXIETY	Helps decrease/reduce/relieve irritability associated with mild anxiety <i>Remove - covered by general indication.</i>		Scientific or tradition of use	
852	NERVOUS - ANXIETY	Relieve irritability	Relieve irritability	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
853	NERVOUS - ANXIETY	Helps decrease/reduce/relieve muscle tension associated with mild anxiety <i>Remove - covered by general indication.</i>		Scientific or tradition of use	
854	NERVOUS - ANXIETY	Helps decrease/reduce/relieve nausea associated with mild anxiety <i>Remove - covered by general indication.</i>		Scientific or tradition of use	
855	NERVOUS - ANXIETY	Helps decrease/reduce/relieve disturbed sleep associated with mild anxiety <i>Remove - covered by general indication.</i>		Scientific or tradition of use	
856	NERVOUS - ANXIETY	Helps Decrease/reduce/relieve restlessness/excess nervous energy	Decrease/reduce/relieve restlessness/ excess nervous energy	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
857	NERVOUS - ANXIETY	Soothe/calm nerves	Soothe/calm nerves	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
858	NERVOUS - ANXIETY	Enhance/improve/promote/increase body relaxation	Enhance/improve/promote/increase body relaxation	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
859	NERVOUS - ANXIETY	Helps decrease/reduce anger associated with stress <i>Remove. Too specific - could imply serious condition. Covered by irritability</i>		Scientific or tradition of use	
860	NERVOUS - ANXIETY	Helps decrease/reduce/relieve excess nervous energy <i>Remove - covered by Decrease/reduce/relieve restlessness/excess nervous</i>		Scientific or tradition of use	
861	NERVOUS - ANXIETY	Helps decrease/reduce/relieve digestive discomfort associated with stress <i>Remove. Covered by general indications for digestive discomfort.</i>		Scientific or tradition of use	
862	NERVOUS - ANXIETY	Helps decrease/reduce/relieve symptoms of stress	Decrease/reduce/relieve symptoms of stress	Scientific or tradition of use	
863	NERVOUS - ANXIETY	Helps decrease/reduce/relieve gastrointestinal discomfort associated with mild stress <i>Remove - Covered by general indications for gastrointestinal discomfort and symptoms of stress</i>		Scientific or tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
864	NERVOUS - ANXIETY	Helps decrease/reduce/relieve symptoms of irritability <i>Remove- irritability is a symptom</i>		Scientific or tradition of use	
865	NERVOUS - ANXIETY	Helps reduce occurrence of irritability	Helps reduce occurrence of irritability	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
866	NERVOUS - ANXIETY	Helps decrease/reduce/relieve stress levels <i>Remove. Covered by other general indications for stress levels</i>		Scientific or tradition of use	
867	NERVOUS - ANXIETY	Helps decrease/reduce/relieve mood swings associated with mild stress <i>Remove- implies bipolar disorder</i>		Scientific or tradition of use	
868	NERVOUS - ANXIETY	Helps decrease/reduce/relieve physical stress <i>Remove; Covered by general indications for muscle fatigue.</i>		Scientific or tradition of use	
869	NERVOUS - ANXIETY	Helps decrease/reduce/relieve sleeplessness/restless sleep associated with mild stress <i>Remove-Covered by general indications for sleep.</i>		Scientific or tradition of use	
870	NERVOUS - ANXIETY	Helps decrease/reduce/relieve nervous tension/ unrest	Decrease/reduce/relieve nervous tension/unrest	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
871	NERVOUS - ANXIETY	Helps decrease/reduce/relieve nervous unrest <i>Removed- covered by modified Decrease/reduce/relieve nervous tension/unrest</i>		Scientific or tradition of use	
872	NERVOUS - ANXIETY	Helps decrease/reduce/relieve sweating associated with mild anxiety <i>Remove- covered by general indication.</i>		Scientific or tradition of use	
870A	NERVOUS - ANXIETY	NEW Decrease/reduce/relieve hot flushes associated with mild anxiety	Decrease/reduce/relieve hot flushes associated with mild anxiety	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
873	NERVOUS - ANXIETY	Helps decrease/reduce/relieve symptoms of mild anxiety/ stress	Decrease/reduce/relieve symptoms of mild anxiety	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
874	NERVOUS - ANXIETY	Helps reduce occurrence of symptoms of mild anxiety	Helps reduce occurrence of symptoms of mild anxiety	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
875	NERVOUS - ANXIETY	Helps decrease/reduce/relieve tiredness associated with mild anxiety <i>Remove- covered by general tiredness indication.</i>		Scientific or tradition of use	
876	NERVOUS - ANXIETY	Helps decrease/reduce/relieve tension associated with mild anxiety <i>Remove- covered by general tension indication.</i>		Scientific or tradition of use	
877	NERVOUS - ANXIETY	Helps decrease/reduce/relieve worry associated with mild anxiety <i>Remove- covered by general indication.</i>		Scientific or tradition of use	
878	NERVOUS - BRAIN	Maintain/support healthy brain development/maturation	Maintain/support healthy brain development/maturation	Scientific or tradition of use Change to scientific evidence- consistent	Must not be for mental illness, disorders or conditions
879	NERVOUS - BRAIN	Helps decrease/reduce/relieve mild dizziness/vertigo	Decrease/reduce/relieve mild dizziness/vertigo	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
880	NERVOUS - BRAIN	Maintain/support healthy brain function	Maintain/support brain function	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
881	NERVOUS - BRAIN	Helps decrease/reduce headache duration	Decrease/reduce headache duration	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
882	NERVOUS - BRAIN	Helps decrease/reduce/relieve headache symptoms	Decrease/reduce/relieve headache symptoms	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
883	NERVOUS - BRAIN	Helps reduce occurrence of symptoms of headaches	Helps reduce occurrence of symptoms of headaches	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
884	NERVOUS - BRAIN	Helps decrease/reduce/relieve cold hands/feet associated with mild migraine <i>Remove- covered by general indication for relieving cold hands and feet</i>		Scientific or tradition of use	
885	NERVOUS - BRAIN	Helps decrease/reduce/relieve dizziness associated with mild migraine <i>Remove- covered by general indication</i>		Scientific or tradition of use	
886	NERVOUS - BRAIN	Decrease/reduce duration of mild migraine	Decrease/reduce duration of mild migraine	Scientific or tradition of use	Label statement required: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
887	NERVOUS - BRAIN	Helps decrease/reduce/relieve the frequency of migraines <i>Remove- covered by Help reduce occurrence of migraine</i>		Scientific or tradition of use	
888	NERVOUS - BRAIN	Helps decrease/reduce/relieve mild migraine symptoms	Decrease/reduce/relieve mild migraine symptoms	Scientific or tradition of use	Label statement required: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
889	NERVOUS - BRAIN	Reduce occurrence of migraine. <i>Remove- covered by Helps reduce occurrence of symptoms of headaches</i>		Scientific or tradition of use	
890	NERVOUS - BRAIN	Helps decrease/reduce/relieve symptoms of sensitivity to light/sound associated with mild migraine	Helps decrease/reduce/relieve symptoms of sensitivity to light/sound associated with mild migraine	Scientific or tradition of use	Label statement required: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
891	NERVOUS - BRAIN	Relieve facial pallor associated with mild migraines	Relieve facial pallor associated with mild migraines	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
892	NERVOUS - BRAIN	Helps decrease/reduce/relieve nausea and vomiting associated with mild migraine <i>Remove- covered by general nausea indication</i>		Scientific or tradition of use	
893	NERVOUS - BRAIN	Helps reduce occurrence of nausea and vomiting associated with migraine <i>Remove- covered by general nausea indication</i>		Scientific or tradition of use	
894	NERVOUS - BRAIN	Helps decrease/reduce/relieve symptom of weakness associated with mild migraine <i>Remove- covered by general weakness indication</i>		Scientific or tradition of use	
895	NERVOUS - BRAIN	Helps decrease/reduce/relieve symptoms of neuralgic headache <i>Remove- Covered by: Decrease/reduce/relieve headache symptoms</i>		Scientific or tradition of use	
896	NERVOUS - BRAIN	Helps decrease/reduce/relieve symptoms of mild tension headache <i>Remove -Covered by: Decrease/reduce/relieve headache symptoms</i>		Scientific or tradition of use	
897	NERVOUS - BRAIN	Helps enhance/improve/promote/increase hand to eye coordination <i>Remove- Not plausible.</i>		Scientific or tradition of use	
898	NERVOUS - BRAIN	Maintain/support brain health	Maintain/support brain health	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
899	NERVOUS - BRAIN	Nourish the brain	Nourish the brain	Tradition of use	Must not be for mental illness, disorders or conditions
900	NERVOUS - BRAIN	Brain tonic/Enhance brain health	Brain tonic/Enhance brain health	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
901	NERVOUS - HEALTH	Maintain /support healthy nerve cell health structure	Maintain /support nerve cell health	Scientific	Must not be for mental illness, disorders or conditions
902	NERVOUS - HEALTH	Maintain/support healthy nerve conduction. <i>Remove 'healthy' as it implies correction of unhealthy state</i>	Maintain/support nerve conduction	Scientific or tradition of use <i>Change to scientific evidence</i>	Must not be for mental illness, disorders or conditions
903	NERVOUS - HEALTH	Helps enhance/promote healthy nerve conduction/transmission/neurotransmission	Helps enhance/promote healthy nerve conduction/transmission/neurotransmission	Scientific	Must not be for mental illness, disorders or conditions
904	NERVOUS - HEALTH	Maintain/support healthy neuroendocrine function <i>Remove 'healthy' as it implies correction of unhealthy state.</i>	Maintain/support neuroendocrine function	Scientific or tradition of use <i>Change to scientific evidence</i>	Must not be for mental illness, disorders or conditions
905	NERVOUS - HEALTH	Maintain/support healthy neuromuscular function <i>Remove 'healthy' as it implies correction of unhealthy state.</i>	Maintain/support neuromuscular function	Scientific or tradition of use <i>Change to scientific evidence</i>	Must not be for mental illness, disorders or conditions
906	NERVOUS - HEALTH	Aid/assist/helps metabolism of neurotransmitters <i>Delete-Covered by Aid/assist/helps synthesis of neurotransmitters</i>		Scientific	Must not be for mental illness, disorders or conditions
907	NERVOUS - HEALTH	Maintain /support healthy neurotransmitters <i>Delete-Covered by Aid/assist/helps synthesis of neurotransmitters</i>		Scientific	Must not be for mental illness, disorders or conditions
908	NERVOUS - HEALTH	Aid/assist/helps synthesis of neurotransmitters	Aid/assist/helps synthesis of neurotransmitters	Scientific	Must not be for mental illness, disorders or conditions
909	NERVOUS - HEALTH	Maintain/support healthy nerve cell function	Maintain/support healthy nerve cell function	Scientific	Must not be for mental illness, disorders or conditions
910	NERVOUS - HEALTH	Nerve stimulant/Enhance nerve function	Nerve stimulant/Enhance nerve function	Tradition of use	Must not be for mental illness, disorders or conditions
911	NERVOUS - HEALTH	Maintain /support healthy brain/central nervous system development <i>Remove 'healthy' as it implies correction of unhealthy state.</i>	Maintain /support brain/central nervous system development	Scientific only or tradition of use <i>Change to scientific evidence</i>	Must not be for mental illness, disorders or conditions
912	NERVOUS - HEALTH	Aid/assist/helps in the maintenance of healthy nerve function <i>Remove- covered by Maintain/support nervous system health</i>		Scientific or tradition of use	
913	NERVOUS - HEALTH	Helps enhance/promote healthy nervous system function <i>Remove- as it implies correction of unhealthy state. Covered by</i>		Scientific or tradition of use	
914	NERVOUS - HEALTH	Maintain/support healthy nervous system function <i>Remove 'healthy' so that it does not imply that the starting state is 'unhealthy'.</i>	Maintain/support nervous system function	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
915	NERVOUS - HEALTH	Helps balance/calm/soothe the nervous system <i>Remove- covered by 'calm nerves'.</i>		Scientific or tradition of use	
916	NERVOUS - HEALTH	Maintain/support a healthy nervous system health <i>Remove 'healthy' so that it does not imply that the starting state is 'unhealthy'.</i>	Maintain/support nervous system health	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
917	NERVOUS - HEALTH	Nourish the nervous system	Nourish the nervous system	Tradition of use	Must not be for mental illness, disorders or conditions
918	NERVOUS - HEALTH	Calmativ/nervous system relaxant	Calmativ/nervous system relaxant	Tradition of use	Must not be for mental illness, disorders or conditions
919	NERVOUS - HEALTH	Nervine/support nervous system	Nervine/support nervous system	Tradition of use	Must not be for mental illness, disorders or conditions

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
920	NERVOUS - HEALTH	Nerve tonic/Strengthen nerves	Nerve tonic	Tradition of use	Must not be for mental illness, disorders or conditions
921	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase mental alertness/wakefulness	Enhance/improve/promote/increase mental alertness/wakefulness	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
922	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase attention span	Helps enhance/improve/promote/increase attention span	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
923	NERVOUS - COGNITIVE	Helps enhance/improve/promote mental capacity <i>Remove- covered by: Enhance/improve/promote learning ability/function</i>		Scientific or tradition of use	
924	NERVOUS - COGNITIVE	Maintain/support mental capacities <i>Remove- covered by Maintain/support healthy cognitive function/mental</i>		Scientific or tradition of use	
925	NERVOUS - COGNITIVE	Maintain/support healthy cognitive development <i>Remove 'healthy' so that it does not imply that the starting state is 'unhealthy'.</i>	Maintain/support cognitive development	Scientific + tradition of use- <i>Changed to scientific evidence- consistent</i>	Must not be for mental illness, disorders or conditions
926	NERVOUS - COGNITIVE	Maintain/support healthy cognitive function/mental function <i>Remove 'healthy' so that it does not imply that the starting state is 'unhealthy'.</i>	Maintain/support cognitive function/mental function	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
927	NERVOUS - COGNITIVE	Helps decrease/reduce mental/cognitive fatigue <i>Remove helps as self-assessable</i>	Decrease/reduce mental/cognitive fatigue	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
928	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase cognitive performance	Enhance/improve/promote/increase cognitive performance	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
929	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase mental clarity <i>Remove- duplicate</i>		Scientific or tradition of use	
931	NERVOUS - COGNITIVE	Enhance/improve/promote/increase concentration/learning <i>Remove- covered by Enhance/improve/promote/increase cognitive</i>		Scientific or tradition of use	
932	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase mental concentration/focus <i>Remove- covered by Enhance/improve/promote/increase cognitive</i>		Scientific or tradition of use	
930	NERVOUS - COGNITIVE	Maintain/support mental clarity <i>Remove- covered by: Maintain/support mental concentration/focus/clarity</i>		Scientific or tradition of use	
933	NERVOUS - COGNITIVE	Maintain/support mental concentration/focus/ clarity	Maintain/support mental concentration/focus/clarity	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
934	NERVOUS - COGNITIVE	Allay excitement	Allay excitement	Chinese medicine tradition of use	
935	NERVOUS - COGNITIVE	Settle fright	Settle fright	Chinese medicine tradition of use	
936	NERVOUS - COGNITIVE	Aid/assist/helps the body to cope with emotions <i>Remove- implies serious condition/ depression Covered by Support healthy</i>		Scientific or tradition of use	
937	NERVOUS - COGNITIVE	Helps enhance/promote healthy emotional/mood balance <i>Remove- Implies serious condition/ depression. Covered by</i>		Scientific or tradition of use	
938	NERVOUS - COGNITIVE	Maintain /support healthy emotional/mood balance <i>Remove maintain as it implies a 'protective' measure. Need to look at coding for</i>	Support healthy emotional/mood balance	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
939	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase mental endurance/stamina	Enhance/improve/promote/increase mental endurance/stamina	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
940	NERVOUS - COGNITIVE	Maintain/support mental endurance/stamina	Maintain/support mental endurance/stamina	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
941	NERVOUS - COGNITIVE	Relieve mental fatigue <i>Remove- covered by Decrease/reduce mental/cognitive fatigue</i>		Scientific or tradition of use	
942	NERVOUS - COGNITIVE	Maintain/support healthy mental function <i>Remove- covered by: Maintain/support healthy cognitive function/mental</i>		Scientific or tradition of use	
943	NERVOUS - COGNITIVE	Aid/assist/helps mind relaxation	Aid/assist/helps mind relaxation	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
944	NERVOUS - COGNITIVE	Helps calms the mind	Calms the mind	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
945	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase mind relaxation	Enhance/improve/promote/increase mind relaxation	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
946	NERVOUS - COGNITIVE	Maintain/support general mental wellbeing	Maintain/support general mental wellbeing	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
947	NERVOUS - COGNITIVE	Maintain/support learning ability/function <i>Remove- covered by Maintain/support learning and information processing</i>		Scientific or tradition of use	
948	NERVOUS - COGNITIVE	Helps enhance/improve/promote/ increase learning ability/function	Enhance/improve/promote learning ability/function	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
949	NERVOUS - COGNITIVE	Maintain/support learning and information processing	Maintain/support learning and information processing	Scientific or tradition of use	Must not be for mental illness, disorders or conditions

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
950	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase memory/recall	Enhance/improve/promote/increase memory/recall	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
951	NERVOUS - COGNITIVE	Maintain/support memory /mental recall	Maintain/support memory /mental recall	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
952	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase short term memory	Enhance/improve/promote/increase short term memory	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
953	NERVOUS - COGNITIVE	Helps decrease/reduce/relieve mental overactivity	Decrease/reduce/relieve mental overactivity	Scientific or tradition of use	Must not be for mental illness, disorders or conditions
954	NERVOUS - COGNITIVE	Helps enhance/improve/promote/increase mental response Remove- meaning unclear.		Scientific or tradition of use	
955	NERVOUS - COGNITIVE	Calm/soothe/nourish/balance spirit	Calm/soothe/nourish/balance spirit	Chinese medicine tradition of use	
956	NERVOUS - COGNITIVE	Enhance mental stamina Remove- covered by Enhance/improve/promote/increase mental		Scientific or tradition of use	
957	NERVOUS - COGNITIVE	Stabilise mind	Stabilise mind	Chinese medicine tradition of use	
958	NERVOUS - PAIN	Helps decrease/reduce/relieve symptoms of mild nerve pain/neuralgia.	Decrease/reduce/relieve symptoms of mild nerve pain/neuralgia	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
959	NERVOUS - PAIN	Helps decrease/reduce/relieve pain associated with mild sciatica Remove- covered by general pain indication and "Decrease/reduce/relieve		Scientific or tradition of use	
960	NERVOUS - PAIN	Helps decrease/reduce/relieve symptoms of mild sciatica	Decrease/reduce/relieve symptoms of mild sciatica	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
961	NERVOUS - PAIN	Decrease/reduce/relieve symptoms of nerve sensitivity Remove-Too vague. Could imply serious condition. Covered by tooth sensitivity.		Scientific or tradition of use	
962	NERVOUS - SLEEP	Promote deep sleep Remove -covered by Enhance/improve/promote/increase sleep quality/deep		Scientific or tradition of use	
963	NERVOUS - SLEEP	Relieve dream disturbed sleep Remove- covered by general sleep indications		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. '.
964	NERVOUS - SLEEP	Helps decrease/reduce/relieve sleeplessness due to mental overactivity Delete - covered by Decrease/reduce/relieve mental overactivity and Relieve		Scientific or tradition of use	
965	NERVOUS - SLEEP	Helps Enhance/promote/increase-refreshing-sleep	Enhance/promote/increase refreshing sleep	Scientific or tradition of use	
966	NERVOUS - SLEEP	Helps Decrease/reduce/relieve sleeplessness	Decrease/reduce/relieve sleeplessness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. '.
967	NERVOUS - SLEEP	Helps Decrease/reduce time to fall asleep	Decrease/reduce time to fall asleep	Scientific or tradition of use	
968	NERVOUS - SLEEP	Helps Decrease/reduce/relieve disturbed/ restless sleep patterns	Decrease/reduce/relieve disturbed/restless sleep	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. '.
969	NERVOUS - SLEEP	Helps enhance/promote/increase healthy sleep patterns	Enhance/promote/increase healthy sleep patterns	Scientific or tradition of use	
970	NERVOUS - SLEEP	Maintain/support healthy sleeping patterns	Maintain/support healthy sleeping patterns	Scientific or tradition of use	
971	NERVOUS - SLEEP	Helps Enhance/improve/promote/increase sleep quality/deep sleep	Enhance/improve/promote/increase sleep quality/deep sleep	Scientific or tradition of use	
972	NERVOUS - SLEEP	Relieve restless sleep Remove- covered by Decrease/reduce/relieve disturbed/restless sleep		Scientific or tradition of use	
973	NERVOUS - SLEEP	Soporific/ induces sleep	Soporific/induces sleep	Tradition of use	
974	NERVOUS - SLEEP	Aid/assist/helps sleep transition without associated morning drowsiness Remove-Covered by Enhance/promote/increase refreshing sleep		Scientific or tradition of use	
975	NERVOUS - SLEEP	Helps decrease/reduce sleep waking frequency Remove- covered by Decrease/reduce/relieve disturbed/restless sleep		Scientific or tradition of use	
976	NERVOUS - SLEEP	Help establish / restore/reset sleep-wake cycle (circadian rhythm)	Help establish/restore/reset sleep-wake cycle (circadian rhythm)	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'. '.
977	NERVOUS - SLEEP	Helps restore/reset sleep-wake cycle (circadian rhythm) Remove- covered by 'Help establish / restore/ reset sleep-wake cycle (circadian		Scientific or tradition of use	
978	REPRODUCTIVE - FEMALE	Maintain/support healthy female reproductive system health	Maintain/support female reproductive system health	Scientific or tradition of use	
979	REPRODUCTIVE - FEMALE	Maintain/support female healthy hormonal balance during the reproductive cycle	Maintain/support female healthy hormonal balance during the reproductive cycle	Scientific	Must not be for serious hormone imbalances

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
980	REPRODUCTIVE - FEMALE	Maintain/support female healthy hormonal balance	Maintain/support female healthy hormonal balance	Scientific	Must not be for serious hormone imbalances
981	REPRODUCTIVE - FEMALE	Maintain/support healthy female hormonal balance during menopause	Maintain/support healthy female hormonal balance during menopause	Scientific	Must not be for serious hormone imbalances
982	REPRODUCTIVE - FEMALE	Helps regulate female healthy hormone levels <i>Remove- covered by 'Maintain/support female healthy hormonal balance'</i>		Scientific or tradition of use	
983	REPRODUCTIVE - FEMALE	Maintain/support healthy oestrogen hormone levels	Maintain/support oestrogen hormone levels	Scientific	Must not be for serious hormone imbalances
984	REPRODUCTIVE - FEMALE	Maintain/support female-healthy oestrogen synthesis/production <i>Delete- covered by maintain/support healthy reproductive hormones and</i>	Maintain/support oestrogen synthesis/production	Scientific	Must not be for serious hormone imbalances
985	REPRODUCTIVE - FEMALE	Phytoestrogenic <i>Delete- not therapeutic indication</i>		Tradition of use	Must not be for serious hormone imbalances
986	REPRODUCTIVE - FEMALE	Maintain/support healthy ovulation <i>Remove- could imply infertility, not appropriate for listed medicines. Covered by</i>		Scientific or tradition of use	
987	REPRODUCTIVE - FEMALE	Maintain/support healthy ovarian function-health <i>Not appropriate for listed medicines. Rework to remove function.</i>	Maintain/support ovarian health	Scientific or tradition of use	Must not be for serious hormone imbalances
988	REPRODUCTIVE - FEMALE	Helps improve menstrual flow	Improve menstrual flow	Scientific or tradition of use	Must be in the context of usual menstrual cycle and
989	REPRODUCTIVE - FEMALE	Emmenagogue <i>Remove- covered by Haemagogue/Emmenagogue/promotes menstrual flow</i>		Tradition of use	Must be in the context of usual menstrual cycle and medically uncomplicated.
990	REPRODUCTIVE - FEMALE	Decrease/reduce/relieve menstrual cycle irregularity/irregular periods/ menstruation	Decrease/reduce/relieve menstrual cycle irregularity/irregular periods	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
991	REPRODUCTIVE - FEMALE	Helps regulate menstrual cycle/menstruation/periods <i>Remove- covered by Maintain/support/regulate healthy menstrual cycle</i>		Scientific or tradition of use	
992	REPRODUCTIVE - FEMALE	Maintain/support/ regulate healthy menstrual cycle/ menstruation	Maintain/support/regulate healthy menstrual cycle	Scientific or tradition of use	Must be in the context of usual menstrual cycle and medically uncomplicated.
993	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve menstrual spasms/ cramps	Decrease/reduce/relieve menstrual spasms/cramps	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
994	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve constipation associated with menstruation <i>Remove- covered by general constipation indications.</i>		Scientific or tradition of use	
995	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve menstrual/period cramps <i>Remove- covered by Decrease/reduce/relieve menstrual spasms/cramps</i>		Scientific or tradition of use	
996	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve diarrhoea associated with menstruation <i>Remove- covered by general diarrhoea indication.</i>		Scientific or tradition of use	
997	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve headache associated with menstruation <i>Remove- covered by general headache indications.</i>		Scientific or tradition of use	
998	REPRODUCTIVE - FEMALE	Helps decrease/reduce heavy menstruation/periods	Decrease/reduce heavy menstruation/periods	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
999	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve nausea associated with menstruation <i>Remove- covered by general nausea indication.</i>		Scientific or tradition of use	
1000	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve menstruation pain/dysmenorrhoea <i>'Helps' removed as consumer can self assess efficacy.</i>	Decrease/reduce/relieve menstruation pain/dysmenorrhoea.	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1001	REPRODUCTIVE - FEMALE	Helps decrease/reduce feelings of aggression/irritability associated with pre-menstrual tension	Decrease/reduce feelings of aggression/irritability associated with pre-menstrual tension	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1002	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve mood changes/mood swings associated with pre-menstrual tension	Decrease/reduce/relieve mood changes/mood swings associated with pre-menstrual tension	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1003	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve pre-menstrual tension breast pain/tenderness. <i>Link to PMT so as to not imply serious condition</i>	Decrease/reduce/relieve breast pain/tenderness associated with pre-menstrual tension	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1004	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve fluid retention/swelling associated with pre-menstrual tension <i>Remove- covered by general fluid retention indication</i>		Scientific or tradition of use	
1005	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve symptoms of premenstrual tension. <i>'Helps' removed as consumer can self assess efficacy</i>	Decrease/reduce/relieve symptoms of premenstrual tension	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1006	REPRODUCTIVE - FEMALE	Helps reduce occurrence of pre-menstrual tension symptoms	Helps reduce occurrence of pre-menstrual tension symptoms	Scientific or tradition of use	Label statement: ' If symptoms persist consult your healthcare practitioner (or words to that effect)'.

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1007	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve irritability associated with premenstrual tension <i>Remove -covered by Decrease/reduce feelings of aggression/irritability associated with pre-menstrual tension</i>		Scientific or tradition of use	
1008	REPRODUCTIVE - FEMALE	Helps decrease/reduce weight gain associated with pre-menstrual tension <i>Remove-Covered by general fluid retention indication.</i>		Scientific or tradition of use	
1009	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve sleeplessness associated with menopause <i>Remove- covered by general sleeplessness indication</i>		Scientific or tradition of use	
1010	REPRODUCTIVE - FEMALE	Relieve symptoms of menopausal agitation <i>Delete- covered by Decrease/reduce/relieve irritability associated with</i>		Scientific or tradition of use	
1011	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve constipation associated with menopause <i>Remove- covered by general constipation indication</i>		Scientific or tradition of use	
1012	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve diarrhoea associated with menopause <i>Remove -covered by general diarrhoea is l indication</i>		Scientific or tradition of use	
1013	REPRODUCTIVE - FEMALE	Relieve dry skin associated with menopause <i>Remove- covered by general dry skin indication</i>		Scientific or tradition of use	
1014	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve fatigue associated with menopause <i>Remove- covered by general fatigue indication</i>		Scientific or tradition of use	
1015	REPRODUCTIVE - FEMALE	Helps decrease/reduce frequency occurrence of menopausal symptoms	Helps reduce occurrence of menopausal symptoms	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1016	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve excessive sweating associated with menopause <i>Remove- covered by general sweating indication</i>		Scientific or tradition of use	
1017	REPRODUCTIVE - FEMALE	Relieve symptoms of feverish palms and soles associated with menopause.	Relieve clammy/ sweaty palms and soles	Scientific or tradition of use	
1018	REPRODUCTIVE - FEMALE	Aid/assist/helps in the management of symptoms associated with menopause <i>Remove- covered by Decrease/reduce/relieve menopausal symptoms</i>		Scientific or tradition of use	
1019	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve symptoms of menopausal symptoms <i>'Helps ' removed as consumer can self assess efficacy</i>	Decrease/reduce/relieve symptoms of menopause	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1020	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve headache associated with menopause <i>Remove- headache is a general indication</i>		Scientific or tradition of use	
1021	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve hot flushes associated with menopause <i>'Helps ' removed as consumer can self assess efficacy.</i>	Decrease/reduce/relieve hot flushes associated with menopause	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1022	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve aggression/irritability associated with menopause	Decrease/reduce/relieve aggression/irritability associated with menopause	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1023	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve moodiness/mood swings associated with menopause.	Decrease/reduce/relieve moodiness/mood swings associated with menopause	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1024	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve nausea associated with menopause <i>Remove- nausea is a general indication</i>		Scientific or tradition of use	
1025	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve frequent urination associated with menopause <i>Remove- covered by general indication for frequent urination</i>		Scientific or tradition of use	
1026	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve vaginal discomfort/dryness associated with menopause <i>Remove- covered by general indication for vaginal dryness</i>		Scientific or tradition of use	
1027	REPRODUCTIVE - FEMALE	Galactagogue/lactagogue/ improve breast milk production	Galactagogue/lactagogue/improve breast milk production	Tradition of use	
1028	REPRODUCTIVE - FEMALE	Helps maintain/support breast health <i>Remove- too general and could imply breast cancer prevention. Covered by</i>		Scientific or tradition of use	
1029	REPRODUCTIVE - FEMALE	Maintain/support health of breast feeding women <i>Remove- covered by general health and wellbeing claims and evidence qualifier</i>		Scientific or tradition of use	
1030	REPRODUCTIVE - FEMALE	Maintain/support lactation <i>Removed-covered by 'Maintain/support breast milk production/lactation'</i>		Scientific or tradition of use	
1031	REPRODUCTIVE - FEMALE	Enhance/improve/promote/increase breast milk production	Enhance/improve/promote/increase breast milk production	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1032	REPRODUCTIVE - FEMALE	Maintain/support breast milk production/ lactation	Maintain/support breast milk production/lactation	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1033	REPRODUCTIVE - FEMALE	Helps Decrease/reduce/relieve excessive breast milk flow	Decrease/reduce/relieve excessive breast milk flow	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1034	REPRODUCTIVE - FEMALE	Lactifuge/ reduce breast milk production	Lactifuge/reduce breast milk production	Tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1035	REPRODUCTIVE - FEMALE	Soothes/relieves sore, cracked nipples	Soothes/relieves sore, cracked nipples	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1036	REPRODUCTIVE - FEMALE	Maintain/support fertility reproductive health Modify- 'fertility' implies 'infertility'. Keep general and then can use evidence	Maintain/support reproductive health	Scientific or tradition of use	Must not be for infertility.
1037	REPRODUCTIVE - FEMALE	Maintain/support healthy pregnancy	Maintain/support healthy pregnancy	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1038	REPRODUCTIVE - FEMALE	Helps maintain/support a healthy-prepare the body for labour Modified to make more general	Helps prepare the body for labour	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1039	REPRODUCTIVE - FEMALE	Helps enhance/promote maternal health during pregnancy- Can use evidence qualifier to specify population.	Helps enhance/promote maternal health	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1040	REPRODUCTIVE - FEMALE	Maintain/support maternal health	Maintain/support maternal health	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1041	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve morning sickness Helps removed as consumer can self assess efficacy	Decrease/reduce/relieve morning sickness	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1042	REPRODUCTIVE - FEMALE	Aid/assist/ Helps enhance/promote female preconception health	Helps enhance/promote preconception health	Scientific or traditional	Must not be indicated for infertility. Label statement: Not to be taken in first trimester of
1043	REPRODUCTIVE - FEMALE	Maintain/support female preconception health	Maintain/support preconception health	Scientific	Must not be indicated for infertility. Label statement: Not to be taken in first trimester of
1044	REPRODUCTIVE - FEMALE	Maintain/support placenta health/growth	Maintain/support placenta health/growth	Scientific	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1045	REPRODUCTIVE - FEMALE	Helps enhance/promote female-maternal postnatal health	Helps enhance/promote maternal postnatal health	Scientific or tradition of use	Label statement: If you are concerned about the health of yourself or your baby, please consult with your
1046	REPRODUCTIVE - FEMALE	Helps prepare the body for pregnancy	Helps prepare the body for pregnancy	Scientific or tradition of use	Must not be for infertility. Label statement: Not to be taken in first trimester of
1047	REPRODUCTIVE - FEMALE	Maintain/support healthy female sexual function/libido Make general and can specify male/female through evidence qualifiers.	Maintain/support healthy sexual function/libido	Scientific or tradition of use	
1048	REPRODUCTIVE - FEMALE	Helps enhance/improve/promote/increase healthy female libido. Make general and can specify male/female through evidence qualifiers.	Enhance/improve/promote healthy libido	Scientific or tradition of use	
1049	REPRODUCTIVE - FEMALE	Maintain/support healthy female libido Remove- covered by Maintain/support healthy female sexual function/libido		Scientific or tradition of use	
1050	REPRODUCTIVE - FEMALE	Helps enhance/promote uterine health	Helps enhance/promote uterine health	Scientific or tradition of use	
1051	REPRODUCTIVE - FEMALE	Warm/nourish uterus	Warm/nourish uterus	Chinese medicine tradition of use	
1052	REPRODUCTIVE - FEMALE	Maintain/support uterine health	Maintain/support uterine health	Scientific or tradition of use	
1053	REPRODUCTIVE - FEMALE	Uterine tonic/ Enhance uterine health	Uterine tonic/Enhance uterine health	Tradition of use	
1054	REPRODUCTIVE - FEMALE	Maintain/support healthy uterine tone Delete - covered by maintain/support uterine health		Scientific or tradition of use	
1055	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve vaginal discomfort	Decrease/reduce/relieve vaginal discomfort	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
1056	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve vaginal dryness	Decrease/reduce/relieve vaginal dryness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
1057	REPRODUCTIVE - FEMALE	Helps temporarily decrease/reduce/relieve excessive vaginal discharge (leucorrhoea)-	Helps temporarily decrease/reduce/relieve excessive vaginal discharge	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
1058	REPRODUCTIVE - FEMALE	Maintain/support healthy vaginal healthy flora/microflora	Maintain/support vaginal healthy flora/microflora	Scientific	
1059	REPRODUCTIVE - FEMALE	Maintain/support vaginal health	Maintain/support vaginal health	Scientific or tradition of use	
1060	REPRODUCTIVE - FEMALE	Helps temporarily decrease/reduce/relieve symptoms of mild vaginitis.	Helps temporarily decrease/reduce/relieve symptoms of mild vaginitis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
1061	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve mild vaginal itch	Helps decrease/reduce/relieve mild vaginal itch	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
1062	REPRODUCTIVE - FEMALE	Helps decrease/reduce/relieve symptoms of vaginal redness	Helps decrease/reduce/relieve mild vaginal itch	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1063	REPRODUCTIVE - MALE	Helps relieve symptoms of andropause <i>Remove- andropause is not a medically recognised condition</i>		Scientific or tradition of use	
1064	REPRODUCTIVE - MALE	Helps enhance/promote male preconception health <i>Delete- covered by Maintain/support preconception health and population</i>		Scientific	Must not be for serious genitourinary conditions like Benign Prostatic Hypertrophy, erectile dysfunction or
1065	REPRODUCTIVE - MALE	Maintain/support healthy male physiological function <i>Remove- covered by general health and wellbeing claims and evidence qualifier</i>		Scientific or tradition of use	
1066	REPRODUCTIVE - MALE	Aid/assist/helps male body physiological requirements/needs <i>Remove- covered by general health and wellbeing claims and evidence qualifier</i>		Scientific or tradition of use	
1067	REPRODUCTIVE - MALE	Maintain/support healthy male reproductive hormone/ sbalance- <i>Can use target qualifier to specify female or male</i>	Maintain/support healthy reproductive hormone/s	Scientific or tradition of use	Must not be for serious hormone imbalances
1068	REPRODUCTIVE - MALE	Maintain/support healthy-male testosterone level	Maintain/support testosterone level	Scientific	Must not be for serious hormone imbalances
1069	REPRODUCTIVE - MALE	Helps regulate healthy male testosterone levels <i>Delete- covered by Maintain/support testosterone levels</i>		Scientific	Must not be for serious hormone imbalances
1070	REPRODUCTIVE - MALE	Helps maintain/support healthy-male testosterone formation/synthesis	Helps maintain/support testosterone formation/synthesis	Scientific	Must not be for serious hormone imbalances
1071	REPRODUCTIVE - MALE	Helps enhance/promote male health <i>Remove- Covered by general health and wellbeing OR reproductive health and</i>		Scientific or tradition of use	
1072	REPRODUCTIVE - MALE	Maintain/support male health <i>Remove- Covered by general health and wellbeing OR reproductive health and</i>		Scientific or tradition of use	
1073	REPRODUCTIVE - MALE	Help maintain/support healthy prostate function	Help maintain/support healthy prostate function	Scientific or tradition of use	Must not be for serious genitourinary conditions like Benign Prostatic Hypertrophy
1074	REPRODUCTIVE - MALE	Helps enhance/promote prostate health	Helps enhance/promote prostate health	Scientific or tradition of use	Must not be for serious genitourinary conditions like Benign Prostatic Hypertrophy
1075	REPRODUCTIVE - MALE	Help maintain/support prostate health	Maintain/support prostate health	Scientific or tradition of use	Must not be for serious genitourinary conditions like Benign Prostatic Hypertrophy
1076	REPRODUCTIVE - MALE	Helps decrease/reduce seminal emissions <i>Remove -not a medical condition</i>		Scientific or tradition of use	
1077	REPRODUCTIVE - MALE	Maintain/support semen health	Maintain/support semen health	Scientific	Must not be for infertility
1078	REPRODUCTIVE - MALE	Maintain/support male sperm health	Maintain/support sperm health	Scientific	Must not be for infertility
1079	REPRODUCTIVE - MALE	Maintain/support healthy sperm motility	Maintain/support sperm motility	Scientific	Must not be for infertility
1080	REPRODUCTIVE - MALE	Maintain/support healthy sperm production	Maintain/support sperm production	Scientific	Must not be for infertility
1081	REPRODUCTIVE - MALE	Maintain/support healthy male sexual function	Maintain/support healthy sexual function	Scientific or tradition of use	Must not be for serious genitourinary conditions like erectile dysfunction or hormone therapy.
1082	REPRODUCTIVE - MALE	Help maintain/suport healthy male libido	Maintain/suport healthy libido	Scientific or tradition of use	Must not be for serious genitourinary conditions like erectile dysfunction or hormone therapy.
1083	REPRODUCTIVE - MALE	Helps enhance/improve/promote/ increase healthy male libido	Helps enhance/improve/promote healthy libido	Scientific or tradition of use	Must not be for serious genitourinary conditions like erectile dysfunction or hormone therapy.
1084	REPRODUCTIVE - MALE	Maintain/support healthy male sexual performance <i>Remove -could imply erectile dysfunction. Covered by Maintain/support healthy</i>		Scientific or tradition of use	
1085	REPRODUCTIVE - MALE	Maintain/support healthy-male reproductive system function-health	Maintain/support reproductive system health	Scientific or tradition of use	Must not be for serious genitourinary conditions like erectile dysfunction or hormone therapy.
1086	REPIRATORY - COLD	Helps decrease/reduce/relieve bronchial mucous congestion	Decrease/reduce/relieve bronchial mucous congestion	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1087	REPIRATORY - COLD	Helps decrease/reduce/relieve mild bronchial cough	Decrease/reduce/relieve mild bronchial cough	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1088	REPIRATORY - COLD	Helps decrease/reduce/relieve mild bronchial irritation	Decrease/reduce/relieve mild bronchial irritation	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1089	REPIRATORY - COLD	Helps decrease/reduce/relieve symptoms of chest cold <i>Remove- covered by Decrease/reduce/relieve symptoms of common cold</i>		Scientific or tradition of use	
1090	REPIRATORY - COLD	Decrease/reduce/relieve respiratory tract congestion associated-with common-colds	Decrease/reduce/relieve respiratory tract congestion	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1091	REPIRATORY - COLD	Decrease/reduce/relieve symptoms of common cold	Decrease/reduce/relieve symptoms of common cold	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1092	REPIRATORY - COLD	Decrease/ reduce /relieve common cold duration	Decrease/reduce/relieve common cold duration	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1093	REPIRATORY - COLD	Decrease/reduce/relieve ear ache associated with common cold <i>Remove-covered by general ear ache indication</i>		Scientific or tradition of use	
1094	REPIRATORY - COLD	Decrease/reduce/relieve mild fever associated with common colds <i>Remove-covered by general fever indication</i>		Scientific or tradition of use	
1095	REPIRATORY - COLD	Helps reduce occurrence of common colds	Helps reduce occurrence of common colds	Scientific or tradition of use	
1096	REPIRATORY - COLD	Decrease/reduce/relieve symptoms of head cold <i>Remove- covered by common cold indications</i>		Scientific or tradition of use	
1097	REPIRATORY - COLD	Decrease/reduce/relieve headache associated with common cold <i>Remove- covered by general headache indications</i>		Scientific or tradition of use	
1098	REPIRATORY - COLD	Enhance/improve/promote/ increase immune defence against common-colds/immunity	Enhance/improve/promote immune defence/immunity	Scientific or tradition of use	
1099	REPIRATORY - COLD	Maintain/support immune defence against common colds <i>Remove- covered by Enhance/improve/promote immune defence/immunity</i>		Scientific or tradition of use	
1100	REPIRATORY - COLD	Aid/assist/helps healthy immune system resistance to common colds <i>Remove- covered by Enhance/improve/promote immune defence/immunity</i>		Scientific or tradition of use	
1101	REPIRATORY - COLD	Decrease/reduce/relieve runny nose associated with common colds <i>Remove- covered by general runny nose indication</i>		Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1102	REPIRATORY - COLD BODY	Decrease/reduce/relieve pain associated with common colds <i>Remove- covered by general pain indication</i>		Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1103	REPIRATORY - COLD	Helps decrease/reduce/relieve minor gland swelling associated with common cold	Helps decrease/reduce/relieve mild swelling of the glands associated with common cold	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1104	REPIRATORY - COLD	Decrease/reduce/relieve sneezing associated-with common colds <i>Sneezing is a general indication</i>	Decrease/reduce/relieve sneezing	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1105	REPIRATORY - COLD	Decrease/reduce/relieve the severity of common cold symptoms	Decrease/reduce/relieve the severity of common cold symptoms	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1106	REPIRATORY - COLD	Decrease/reduce/relieve feelings-of-coldness chills associated with the common cold	Decrease/reduce/relieve chills associated with common cold	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1107	REPIRATORY - COLD	Decrease/reduce/relieve thirstiness associated with common cold <i>Remove-relieve thirst not an indication</i>		Scientific or tradition of use	
1108	REPIRATORY - COLD	Decrease/reduce/relieve throat irritation associated-with common-cold <i>Throat irritation is a general indication</i>	Decrease/reduce/relieve throat irritation	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1109	REPIRATORY - COLD	Decrease/reduce/relieve common cold cough <i>Remove- cough is a general indication already included in list</i>		Scientific or tradition of use	
1110	REPIRATORY - COLD	Helps decrease/reduce/relieve symptoms of common colds and flu	Decrease/reduce/relieve symptoms of common colds and flu	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1111	REPIRATORY - COLD	Helps decrease/reduce/relieve mild fever associated with common colds and flu <i>Remove- fever is a general symptom- already included in list</i>		Scientific or tradition of use	
1112	REPIRATORY - COLD	Helps decrease/reduce/relieve pain associated with common colds and flu <i>Remove- Pain is a general indication, already included in list</i>		Scientific or tradition of use	
1113	REPIRATORY - COLD	Helps decrease/reduce/relieve the severity of of symptoms of common colds and flu.	Helps decrease/reduce/relieve the severity of symptoms of common colds and flu.	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1114	REPIRATORY - COLD	Decrease/reduce/relieve affections of the chest <i>Remove- can imply serious condition.</i>		Tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1115	REPIRATORY - COLD	Decongestant/ relieve nasal congestion	Decongestant/relieve nasal congestion	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1116	REPIRATORY - COLD	Traditional only	Soothe/calm the chest	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1117	REPIRATORY - COLD	Relieve runny/dripping nose	Relieve runny/dripping nose	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1118	REPIRATORY - COLD	Antitussive /cough suppressant	Antitussive /cough suppressant	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1119	REPIRATORY - COLD	Helps decrease/reduce/relieve cough	Decrease/reduce/relieve cough	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1120	REPIRATORY - COLD	Helps decrease/reduce/relieve chest cough <i>Removed- covered by Decrease/reduce/relieve cough</i>		Scientific or tradition of use	
1121	REPIRATORY - COLD	Relieve dry unproductive cough	Relieve dry unproductive cough	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1122	REPIRATORY - COLD	Helps enhance/improve/promote/increase cough effectiveness/productivity	Enhance/improve/promote/increase cough productivity	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1123	REPIRATORY - COLD	Helps decrease/reduce/relieve difficulty in expectoration Delete- covered by enhance/improve/promote/increase cough		Scientific or tradition of use	
1124	REPIRATORY - COLD	Increase cough productivity Removed- covered by Enhance/improve/promote/increase cough effectiveness		Scientific or tradition of use	
1125	REPIRATORY - COLD	Aid/assist/helps relaxation of the cough reflex Remove. Covered by 'relieves coughing'.		Scientific or tradition of use	
1126	REPIRATORY - COLD	Helps decrease/reduce/relieve mild upper respiratory tract congestion	Decrease/reduce/relieve mild upper respiratory tract congestion	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1127	REPIRATORY - COLD	Loosen congestion Remove- covered by Decrease/reduce/relieve mild upper respiratory tract		Scientific or tradition of use	
1128	REPIRATORY - COLD	Loosen respiratory tract mucous	Loosen respiratory tract mucous	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1129	REPIRATORY - COLD	Clear/expel/dissolve/resolve Cold Phlegm	Clear/expel/dissolve/resolve Cold Phlegm	Chinese medicine tradition of use	
1130	REPIRATORY - COLD	Decrease/reduce excess mucous	Decrease/reduce excess mucous	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1131	REPIRATORY - COLD	Expectorant/ clear respiratory tract mucous	Expectorant/clear respiratory tract mucous	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1132	REPIRATORY - COLD	Loosen chest phlegm	Loosen chest phlegm	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1133	REPIRATORY - COLD	Helps decrease/reduce/relieve nasal mucous congestion Delete- covered by relieve nasal congestion		Scientific or tradition of use	
1134	REPIRATORY - COLD	Relieve nasal congestion Remove- covered by Decrease/reduce/relieve nasal mucous congestion		Scientific or tradition of use	
1135	REPIRATORY - COLD	Unblock nasal passages Remove - same intent and meaning as 'relieves nasal congestion'.		Scientific or tradition of use	
1136	REPIRATORY - COLD	Dry the secretions of the nose Delete - Covered by 'relieves runny nose'		Scientific or tradition of use	
1137	REPIRATORY - COLD	Helps decrease/reduce excess phlegm/mucous/congestion of the respiratory tract Delete- covered by congestion indications		Scientific or tradition of use	
1138	REPIRATORY - COLD	Expel/clear phlegm stasis obstructing the collaterals	Expel/clear phlegm stasis obstructing the collaterals	Chinese medicine tradition of use	
1139	REPIRATORY - COLD	clear/expel/dissolve/resolve Phlegm	clear/expel/dissolve/resolve Phlegm	Chinese medicine tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1140	REPIRATORY - COLD	Helps decrease/reduce excess mucous/phlegm	Decrease/reduce excess chest phlegm	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice (or words to that effect) Label statement: If symptoms persist consult your healthcare practitioner (or words to that effect). Must not be for serious forms of respiratory disorders/diseases (such as asthma, pneumonia, COAD, COPD).
1141	REPIRATORY - COLD	Helps decrease/reduce/relieve yellow-phlegm in the upper respiratory tract <i>Delete - covered by Decrease/reduce excess chest phlegm</i>		Scientific or tradition of use	
1142	REPIRATORY - COLD	Helps decrease/reduce/relieve symptoms of mild sinusitis	Decrease/reduce/relieve symptoms of mild sinusitis	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1143	REPIRATORY - COLD	Helps decrease/reduce/relieve nasal congestion associated with mild sinusitis <i>Remove-nasal congestion is a general symptom</i>		Scientific or tradition of use	
1144	REPIRATORY - COLD	Helps decrease/reduce/relieve pain associated with sinusitis <i>Remove-Pain is a general symptom</i>		Scientific or tradition of use	
1145	REPIRATORY - COLD	Relieve symptoms of sinusitis <i>Delete- covered by Decrease/reduce/relieve symptoms of mild sinusitis</i>		Scientific or tradition of use	
1146	REPIRATORY - COLD	Relieve congested throat <i>Remove - could be a serious condition</i>		Scientific or tradition of use	
1147	REPIRATORY - COLD	Helps decrease/reduce/relieve cough associated with throat irritation <i>Remove - cough and throat irritation are a general symptoms</i>		Scientific or tradition of use	
1148	REPIRATORY - COLD	Relieve dry throat	Relieve dry throat	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1149	REPIRATORY - COLD	Relieve throat hoarseness of voice	Relieve hoarseness of voice	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1150	REPIRATORY - COLD	Helps decrease/reduce/relieve throat inflammation	Decrease/reduce/relieve throat inflammation	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1151	REPIRATORY - COLD	Helps decrease/reduce/relieve throat irritation <i>Delete -Covered by relieve throat irritation</i>		Scientific or tradition of use	
1152	REPIRATORY - COLD	Relieve pharyngeal irritation <i>Delete -Covered by relieve throat irritation</i>		Scientific or tradition of use	
1153	REPIRATORY - COLD	Helps decrease/reduce/relieve throat irritation associated with excess mucous <i>Remove- covered by general throat irritation and mucous indications</i>		Scientific or tradition of use	
1154	REPIRATORY - COLD	Relieve itchy throat	Relieve itchy throat	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1155	REPIRATORY - COLD	Helps decrease/reduce/relieve symptoms of mild laryngitis	Decrease/reduce/relieve symptoms of mild laryngitis	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1156	REPIRATORY - COLD	Helps decrease/reduce/relieve inflammation associated with mild laryngitis <i>Delete - Covered by relieve throat inflammation</i>		Scientific or tradition of use	
1157	REPIRATORY - COLD	Helps decrease/reduce/relieve discomfort/pain associated with mild laryngitis <i>Delete- pain a general symptom</i>		Scientific or tradition of use	
1158	REPIRATORY - COLD	Helps decrease/reduce/relieve throat mucous membrane irritation/inflammation	Decrease/reduce/relieve throat mucous membrane irritation/inflammation	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1159	RESPIRATORY - COLD	Relieve symptoms of swollen throat Removed. Could be a serious condition		Scientific or tradition of use	
1160	RESPIRATORY - COLD	Relieve sore throat	Relieve sore throat	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1161	RESPIRATORY - COLD	Relieve loss of voice Delete - covered by relieve hoarseness of voice		Scientific or tradition of use	
1162	RESPIRATORY - COLD	Helps decrease/reduce/relieve inflammation associated with tonsillitis Remove-covered by relieve throat inflammation		Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1163	RESPIRATORY - COLD	Helps decrease/reduce/relieve symptoms of mild tonsillitis	Decrease/reduce/relieve symptoms of mild tonsillitis	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1164	RESPIRATORY - COLD	Helps decrease/reduce/relieve pain/discomfort associated with mild tonsillitis Delete - covered by general pain indication		Scientific or tradition of use	
1165	RESPIRATORY - COLD	Relieve symptoms of mild viral upper respiratory tract infections	Relieve symptoms of mild upper respiratory tract infections	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1166	RESPIRATORY - COLD	Helps reduce occurrence of symptoms of mild upper respiratory tract infection	Helps reduce occurrence of symptoms of mild upper respiratory tract infections	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1167	RESPIRATORY - COLD	Helps decrease/reduce/relieve cough associated with mild upper respiratory tract infection Delete - covered by general cough indications		Scientific or tradition of use	
1168	RESPIRATORY - COLD	Helps decrease/reduce/relieve the severity of symptoms of mild upper respiratory tract infections	Decrease/reduce/relieve the severity of symptoms of mild upper respiratory tract infections	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1169	RESPIRATORY - HEALTH	Helps enhance/improve nose breathing	Helps enhance/improve nose breathing	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1170	RESPIRATORY - HEALTH	Maintain/support healthy breathing Delete - could imply a restricted rep - Asthma		Scientific or tradition of use	
1171	RESPIRATORY - SNORE	Helps decrease/reduce/relieve snoring	Decrease/reduce/relieve snoring	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1172	RESPIRATORY - TRACT	Helps soothe respiratory tract	Helps soothe respiratory tract	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1173	RESPIRATORY - TRACT	Maintain/support upper respiratory tract immunity Delete - covered by general immune system indications		Scientific or tradition of use	
1173 A	RESPIRATORY - LUNG	NEW Maintain/support healthy lung function	Maintain/support healthy lung function	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1174	RESPIRATORY - LUNG	Maintain/support lung health	Maintain/support lung health	Scientific or tradition of use	
1175	RESPIRATORY - LUNG	Tonify/nourish/strengthen/replenish lungs	Tonify/nourish/strengthen/replenish lungs	Chinese medicine tradition of use	
1176	RESPIRATORY - LUNG	Lung tonic/ Enhance lung health	Lung tonic/Enhance lung health	Tradition of use	
1177	RESPIRATORY - TRACT	Soothe respiratory tract mucous membranes/mucous tissue	Soothe respiratory tract mucous membranes/mucous tissue	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1178	RESPIRATORY - TRACT	Strengthen Maintain/support healthy mucous membranes/mucous tissue of the respiratory tract	Maintain/support healthy mucous membranes/mucous tissue of the respiratory tract	Scientific or tradition of use	
1178 A	RESPIRATORY - TRACT	NEW Reduce/decrease respiratory tract mucous membrane inflammation	Reduce/decrease respiratory tract mucous membrane inflammation	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1178 B	RESPIRATORY - TRACT	NEW Relief of mild inflammation of the respiratory tract	Relief of mild inflammation of the respiratory tract	Scientific or tradition of use	Label statement: Adults only OR Not to be used in children under two years of age without medical advice
1179	SKIN - ACNE	Helps decrease/reduce/relieve symptoms of boils	Decrease/reduce/relieve symptoms of boils	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1180	SKIN - ACNE	Helps decrease/reduce/relieve pain/discomfort associated with skin boils Remove - covered by general pain indication		Scientific or tradition of use	
1181	SKIN - ACNE	Helps decrease/reduce/relieve swelling associated with skin boils Delete - covered by general inflammation indications		Scientific or tradition of use	
1182	SKIN - ACNE	Decrease/reduce/relieve congested skin pores Delete - cosmetic claim		Scientific or tradition of use	
1183	SKIN - ACNE	Helps reduce occurrence of congested skin pores Delete - Cosmetic cleansing claim		Scientific or tradition of use	
1184	SKIN - ACNE	Relieve minor skin eruptions Delete - covered Relieve symptoms of acne		Scientific or tradition of use	

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1185	SKIN - ACNE	Decrease/reduce/relieve symptoms of acne blackheads <i>Delete- cosmetic claim</i>		Scientific or tradition of use	
1186	SKIN - ACNE	Helps reduce occurrence of blackheads <i>Delete- cosmetic claim</i>		Scientific or tradition of use	
1187	SKIN - ACNE	Relieve mild acne <i>Delete- covered by Relieve symptoms of acne</i>		Scientific or tradition of use	
1188	SKIN - ACNE	Helps reduce occurrence of symptoms of acne	Helps reduce occurrence of symptoms of acne	Scientific or tradition of use	
1189	SKIN - ACNE	Relieve symptoms of mild acne	Relieve symptoms of acne	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1190	SKIN - ACNE	Decrease/reduce/relieve pimples/pustules/ whiteheads	Decrease/reduce/relieve pimples	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1191	SKIN - ACNE	Helps reduce occurrence of acne pimples/ pustules / whiteheads	Helps reduce occurrence of pimples	Scientific or tradition of use	
1192	SKIN - ACNE	Decrease/reduce/relieve symptoms of seborrheic (excess sebum) skin conditions <i>Delete- term not common. Covered by other general indications</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1193	SKIN - BRUISE	Helps decrease/reduce bruise discolouration <i>Delete- covered by Enhance/improve/promote healing of bruises</i>		Scientific or tradition of use	
1194	SKIN - BRUISE	Enhance/improve/promote/increase healing of bruises	Enhance/improve/promote healing of bruises	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1195	SKIN - BRUISE	Helps decrease/reduce/relieve bruise swelling	Decrease/reduce/relieve bruise swelling	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1196	SKIN - BRUISE	Helps decrease/reduce/relieve bruise symptoms	Decrease/reduce/relieve bruise pain	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1197	SKIN - BRUISE	Helps reduce occurrence of bruising <i>Remove. Could refer to a serious condition.</i>		Scientific or tradition of use	
1198	SKIN - CHILLBLAIN	Helps decrease/reduce/relieve ache /prickling sensation associated with chilblains	Decrease/reduce/relieve prickling sensation associated with chilblains	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1199	SKIN - CHILLBLAIN	Helps decrease/reduce/relieve symptoms of chilblains	Decrease/reduce/relieve symptoms of chilblains	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1200	SKIN - CHILLBLAIN	Helps decrease/reduce/relieve numbness associated with chilblains	Decrease/reduce/relieve numbness associated with chilblains	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1201	SKIN - CHILLBLAIN	Helps decrease/reduce/relieve redness/hotness sensation associated with chilblains		Scientific or tradition of use	
1202	SKIN - CHILLBLAIN	Helps decrease/reduce/relieve swelling associated with chilblains	Helps decrease/reduce/relieve swelling associated with chilblains	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1203	SKIN - CHILLBLAIN	Helps decrease/reduce/relieve tenderness/pain associated with chilblains <i>Remove - can use general pain symptom and link with chilblains.</i>		Scientific or tradition of use	
176	BODY - GENERAL	Counterirritant	Counterirritant	Tradition of use	
1204	SKIN - ECZEMA	Helps decrease/reduce/relieve blisters associated with mild eczema/dermatitis	Decrease/reduce/relieve blisters	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1205	SKIN - ECZEMA	Helps reduce occurrence of symptoms of eczema/dermatitis	Helps reduce occurrence of symptoms of eczema/dermatitis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1206	SKIN - ECZEMA	Helps decrease/reduce/relieve scaly/crusty skin associated with mild-eczema/dermatitis	Helps decrease/reduce/relieve scaly/crusty skin	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1207	SKIN - ECZEMA	Helps decrease/reduce/relieve dry skin associated with mild-eczema/dermatitis	Helps decrease/reduce/relieve dry skin	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1208	SKIN - ECZEMA	Helps Decrease/reduce/relieve itchy/ burning prickling skin associated with mild eczema/dermatitis	Decrease/reduce/relieve itchy/prickling skin associated with mild eczema/dermatitis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1209	SKIN - ECZEMA	Protect eczema/dermatitis prone skin <i>Delete: Cosmetic / barrier claim. Not a therapeutic indication.</i>		Scientific or tradition of use	
1210	SKIN - ECZEMA	Helps decrease/reduce/relieve red skin associated with mild eczema/dermatitis <i>Delete- Covered by general skin redness indication</i>		Scientific or tradition of use	
1211	SKIN - ECZEMA	Helps Decrease/reduce/relieve symptoms of mild eczema/dermatitis	Decrease/reduce/relieve symptoms of mild eczema/dermatitis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1212	SKIN - ECZEMA	Helps enhance/improve/promote/ increase of mild eczema/dermatitis skin healing	Enhance/improve/promote skin healing	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1213	SKIN - ECZEMA	Helps decrease/reduce/relieve symptoms of mild seborrheic dermatitis /cradle cap	Decrease/reduce/relieve symptoms of cradle cap	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1214	SKIN - PSORIASIS	Helps decrease/reduce/relieve symptoms of mild psoriasis	Decrease/reduce/relieve symptoms of mild psoriasis	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1215	SKIN - PSORIASIS	Helps relieve itching associated with mild psoriasis Remove- Relieve skin itching general indication		Scientific or tradition of use	
1216	SKIN - PSORIASIS	Helps relieve dry skin associated with mild psoriasis Remove- Dry skin general indication		Scientific or tradition of use	
1217	SKIN - DRY	Helps enhance/improve/promote/increase healing of dry, cracked skin Remove. Covered by 'dry skin' general indication.		Scientific or tradition of use	
1218	SKIN - DRY	Maintain/support healing of dry, cracked skin Removed- covered by general skin indications		Scientific or tradition of use	
1219	SKIN - DRY	Helps decrease/reduce/relieve skin dryness	Decrease/reduce/relieve skin dryness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1220	SKIN - DRY	Helps reduce occurrence of skin dryness	Helps reduce occurrence of skin dryness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1221	SKIN - DRY	Emollient/ soothe skin	Emollient/soothe skin	Tradition of use	
1222	SKIN - DRY	Helps decrease/reduce/relieve skin redness	Decrease/reduce/relieve skin redness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1223	SKIN - DRY	Helps decrease/reduce/relieve skin scaling	Decrease/reduce/relieve skin scaling	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1224	SKIN - DRY	Soothe skin	Soothe skin	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1225	SKIN - COLD SORES	Helps decrease/reduce/relieve symptoms of facial cold sores	Decrease/reduce/relieve symptoms of facial cold sores	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1226	SKIN - COLD SORES	Helps Enhance/improve/promote/ increase healing of facial cold sores	Enhance/improve/promote healing of facial cold sores	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1227	SKIN - COLD SORES	Helps reduce occurrence of facial cold sores	Helps reduce occurrence of facial cold sores	Scientific or tradition of use	
1228	SKIN - COLD SORES	Helps decrease/reduce/relieve severity of itching associated with facial cold sores Delete- Covered by general itching claim		Scientific or tradition of use	
1229	SKIN - COLD SORES	Helps decrease/reduce/relieve severity of burning / pain tingling associated with facial cold sores	Decrease/reduce/relieve burning /tingling associated with facial cold sores	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1230	SKIN - FUNGAL	Helps decrease/reduce/relieve symptoms of mild, superficial skin fungal infections	Decrease/reduce/relieve symptoms of mild, superficial skin fungal infections	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
1231	SKIN - FUNGAL	Helps decrease/reduce/relieve symptoms of athlete's foot/tinea	Decrease/reduce/relieve symptoms of athlete's foot/tinea	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
1232	SKIN - FUNGAL	Helps decrease/reduce/relieve skin burning/itching associated with athlete's foot/tinea	Decrease/reduce/relieve skin burning/itching associated with athlete's foot/tinea	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
1233	SKIN - FUNGAL	Helps decrease/reduce/relieve skin peeling/cracking associated with athlete's foot/tinea	Decrease/reduce/relieve skin peeling/cracking	Scientific or tradition of use	Label advisory statement: If symptoms persist consult your healthcare practitioner (or words to that effect).
1234	SKIN - FUNGAL	Helps decrease/reduce/relieve symptoms of warts (papilloma) Delete- covered by Helps reduce/relieve warts		Scientific or tradition of use	
1235	SKIN - FUNGAL GENERAL	Helps remove reduce/relieve warts	Helps reduce/relieve warts	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1236	SKIN - RASH	Helps decrease/reduce/relieve skin chaffing	Decrease/reduce/relieve skin chaffing	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1237	SKIN - RASH	Protects Reduce occurrence of against skin chaffing	Reduce occurrence of skin chaffing	Scientific or tradition of use	
1238	SKIN - RASH	Soothes/relieves heat rash	Soothes/relieves heat rash	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1239	SKIN - RASH	Relieve hot skin	Relieve hot skin	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1240	SKIN - RASH	Soothe/relieve skin inflammation	Soothe/relieve skin inflammation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1241	SKIN - RASH	Decrease/reduce/relieve skin irritation	Decrease/reduce/relieve skin irritation	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
1242	SKIN - RASH	Antipruritic/ Relieves itchy skin	Antipruritic/Relieves itchy skin	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'
1243	SKIN - RASH	Relieves itchy skin Delete- covered by Antipruritic/ Relieves itchy skin		Scientific or tradition of use	
1244	SKIN - RASH	Relieve red skin rash	Relieve red skin rash	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1245	SKIN - RASH	Helps decrease/reduce/relieve nappy rash chaffing Delete- Covered by decrease/reduce/relieve nappy rash irritation/chaffing		Scientific or tradition of use	
1246	SKIN - RASH	Helps decrease/reduce/relieve symptoms of nappy rash irritation/chaffing	Decrease/reduce/relieve symptoms of nappy rash	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner' (or words to that effect).
1247	SKIN - RASH	Helps enhance/improve/promote/increase healing of nappy rash Delete- covered by general skin healing indication		Scientific or tradition of use	
1248	SKIN - RASH	Helps protect skin from nappy rash Delete- covered by Helps reduce occurrence of nappy rash		Scientific or tradition of use	
1249	SKIN - RASH	Helps reduce occurrence of nappy rash	Helps reduce occurrence of nappy rash	Scientific or tradition of use	
1250	SKIN - RASH	Soothe/relieve nappy rash Remove- covered by Decrease/reduce/relieve symptoms of nappy rash and		Scientific or tradition of use	
1251	SKIN - RASH	Helps decrease/reduce/relieve nappy rash redness Remove- covered by Decrease/reduce/relieve symptoms of nappy rash' and		Scientific or tradition of use	
1252	SKIN - RASH	Helps decrease/reduce/relieve prickly heat skin rash	Decrease/reduce/relieve prickly heat skin rash	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1253	SKIN - RASH	Decrease/reduce/relieve skin redness	Decrease/reduce/relieve skin redness	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1254	SKIN - RASH	Helps decrease/reduce skin sensitivity	Decrease/reduce skin sensitivity	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1255	SKIN - RASH	Helps soothes/relieve rash Decrease/ reduce/ relieve symptoms- associated with medically diagnosed chickenpox	Decrease/reduce/relieve symptoms of chickenpox	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1256	SKIN - RASH	Helps decrease/reduce/relieve symptoms of medically diagnosed mild shingles	Decrease/reduce/relieve symptoms of medically diagnosed shingles	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1257	SKIN - RASH	Helps decrease/reduce/relieve itching associated with medically diagnosed mild shingles Remove- covered by general itching indication		Scientific or tradition of use	
1258	SKIN - RASH	Helps decrease/reduce/relieve pain associated with medically diagnosed mild shingles Remove- covered by general itching indication		Scientific or tradition of use	
1259	SKIN - STRUCTURE	Helps enhance/improve/promote/increase skin firmness	Helps enhance/improve/promote/increase skin firmness	Scientific or tradition of use	
1260	SKIN - STRUCTURE	Maintain/support skin firmness	Maintain/support skin firmness	Scientific or tradition of use	
1278 A	SKIN - STRUCTURE	NEW Enhance/improve healthy skin flora	Enhance/improve healthy skin flora	Scientific or tradition of use	
1261	SKIN - STRUCTURE	Maintain/support healthy skin function Delete- covered by Maintain/support skin health		Scientific or tradition of use	
1262	SKIN - STRUCTURE	Nourish skin Remove. Cosmetic claim.		Scientific or tradition of use	
1263	SKIN - STRUCTURE	Helps enhance/promote healthy skin health	Helps enhance/promote skin health	Scientific or tradition of use	
1264	SKIN - STRUCTURE	Maintain/support healthy skin health	Maintain/support skin health	Scientific or tradition of use	
1265	SKIN - STRUCTURE	Maintain/support skin hydration Remove. Cosmetic claim.		Scientific or tradition of use	
1266	SKIN - STRUCTURE	Helps enhance/improve/promote/increase skin hydration Remove. Cosmetic claim.		Scientific or tradition of use	
1267	SKIN - STRUCTURE	Moisten skin	Moisten skin	Chinese medicine tradition of use	

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#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1268	SKIN - STRUCTURE	Maintain/support skin pigmentation	Maintain/support skin pigmentation	Scientific or tradition of use	
1269	SKIN - STRUCTURE	Helps protect the skin <i>Remove. Barrier claim</i>		Scientific or tradition of use	
1270	SKIN - STRUCTURE	Maintain/support skin cell membranes <i>Delete- covered by general skin health indications</i>		Scientific	
1271	SKIN - STRUCTURE	Aid/assist/ helps skin collagen formation <i>Delete- covered by Helps enhance/promote collagen formation</i>		Scientific	
1272	SKIN - STRUCTURE	Helps enhance/promote/increase collagen formation in the skin <i>Delete- covered by Maintain/support healthy collagen</i>		Scientific	
1273	SKIN - STRUCTURE	Maintain/support collagen stability for healthy skin <i>Delete- covered by Maintain/support healthy collagen</i>		Scientific	
1274	SKIN - STRUCTURE	Maintain/support skin density/thickness	Maintain/support skin density/thickness	Scientific or tradition of use	
1275	SKIN - STRUCTURE	Helps protect skin elastin from breaking down	Helps protect skin elastin from breaking down	Scientific only or tradition of use	
1276	SKIN - STRUCTURE	Remove promote and increase	Helps enhance/improve skin elasticity	Scientific or tradition of use <i>Change to scientific evidence only</i>	
1277	SKIN - STRUCTURE	Maintain/support skin elasticity	Maintain/support skin elasticity	Scientific or tradition of use	
1278	SKIN - STRUCTURE	Maintain/support healthy skin flora	Maintain/support healthy skin flora	Scientific or tradition of use	
1279	SKIN - STRUCTURE	Helps enhance/improve/ promote/increase skin internal structure	Helps enhance/improve skin internal structure	Scientific or tradition of use	
1280	SKIN - STRUCTURE	Maintain/support skin integrity/structure	Maintain/support skin integrity/structure	Scientific or tradition of use	
1281	SKIN - STRUCTURE	Aid/assist/Helps in maintenance maintain/support skin pH balance	Helps maintain/support skin pH balance	Scientific	
1282	SKIN - STRUCTURE	Helps enhance/promote/ increase healthy skin regeneration	Helps enhance/promote skin regeneration	Scientific or tradition of use	
1283	SKIN - STRUCTURE	Maintain/support healthy skin regeneration	Maintain/support skin regeneration	Scientific or tradition of use	
1284	SKIN - STRUCTURE	Helps enhance/improve/ promote/increase skin strength	Helps enhance/improve skin strength	Scientific or tradition of use	
1285	SKIN - STRUCTURE	Maintain/support skin strength <i>Removed- covered Maintain/support skin density/thickness</i>		Scientific or tradition of use	
1286	SKIN - STRUCTURE	Helps improve appearance of Reduce skin scar tissue	Reduce scar tissue	Scientific or tradition of use	
1287	SKIN - STRUCTURE	Helps reduce occurrence of skin scar tissue	Helps reduce occurrence of skin scar tissue	Scientific or tradition of use	
1288	SKIN - STRUCTURE	Helps enhance/improve/promote/increase skin smoothness <i>Remove- cosmetic claim</i>		Scientific or tradition of use	
1289	SKIN - STRUCTURE	Helps enhance/improve/promote/increase skin softness <i>Remove- cosmetic claim</i>		Scientific or tradition of use	
1290	SKIN - STRUCTURE	Helps improve appearance of skin stretch marks	Helps improve appearance of skin stretch marks	Scientific or tradition of use	
1291	SKIN - STRUCTURE	Helps reduce occurrence of skin stretch marks	Helps reduce occurrence of skin stretch marks	Scientific or tradition of use	
1295	SKIN - SUN	SPF 10 Broad spectrum low protection sunscreen	SPF 10 Broad spectrum low protection sunscreen	Scientific only	Sunscreen Products only.
1296	SKIN - SUN	SPF 15 Broad spectrum medium/moderate protection sunscreen	SPF 15 Broad spectrum medium/moderate protection sunscreen	Scientific only	Sunscreen Products only.
1297	SKIN - SUN	SPF 20 Broad spectrum medium/moderate protection sunscreen	SPF 20 Broad spectrum medium/moderate protection sunscreen	Scientific only	Sunscreen Products only.
1298	SKIN - SUN	SPF 25 Broad spectrum high protection sunscreen	SPF 25 Broad spectrum high protection sunscreen	Scientific only	Sunscreen Products only.
1299	SKIN - SUN	SPF 30 Broad spectrum high protection sunscreen	SPF 30 Broad spectrum high protection sunscreen	Scientific only	Sunscreen Products only.
1300	SKIN - SUN	SPF 40 Broad spectrum high protection sunscreen	SPF 40 Broad spectrum high protection sunscreen	Scientific only	Sunscreen Products only.

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1292	SKIN - SUN	SPF 4 Broad spectrum low protection sunscreen	SPF 4 Broad spectrum low protection sunscreen	Scientific or tradition of use	Sunscreen Products only.
1301	SKIN - SUN	SPF 50 Broad spectrum very high protection sunscreen	SPF 50 Broad spectrum high protection sunscreen	Scientific only	Sunscreen Products only.
1301 A	SKIN - SUN	NEW SPF 50 PLUS Broad spectrum very high protection sunscreen	SPF 50 PLUS Broad spectrum very high protection sunscreen	Scientific	Sunscreen Products only.
1293	SKIN - SUN	SPF 6 Broad spectrum low protection sunscreen	SPF 6 Broad spectrum low protection sunscreen	Scientific only	Sunscreen Products only.
1294	SKIN - SUN	SPF 8 Broad spectrum low protection sunscreen	SPF 8 Broad spectrum low protection sunscreen	Scientific only	Sunscreen Products only.
1302	SKIN - SUN	Can aid in the prevention of premature skin ageing (sunscreen)	Can aid in the prevention of premature skin ageing (sunscreen)	Scientific only	Sunscreen Products only.
1303	SKIN - SUN	May assist in preventing some skin cancers (sunscreen)	May assist in preventing some skin cancers (sunscreen)	Scientific only	Can only be used for sunscreen products with an SPF rating of 30 or higher.
1304	SKIN - SUN	May reduce the risk of some skin cancers (sunscreen)	May reduce the risk of some skin cancers (sunscreen)	Scientific only	Can only be used for sunscreen products with an SPF rating of 30 or higher.
1305	SKIN - SUN	Can aid in the prevention of sunspots (sunscreen)	Can aid in the prevention of sunspots (sunscreen)	Scientific only	Can only be used for sunscreen products with an SPF rating of 30 or higher.
1306	SKIN - SUN	Can aid in the prevention of solar keratosis (sunscreen)	Can aid in the prevention of solar keratosis (sunscreen)	Scientific only	Can only be used for sunscreen products with an SPF rating of 30 or higher.
1307	SKIN - WOUND	Helps healing of mild skin burn/sunburns	Helps healing of mild skin burn/sunburns	Scientific or tradition of use	BURN1 label statement: 'Immediate treatment of burns should be application of
1308	SKIN - WOUND	Helps soothe/relieve minor skin burn/sunburns	Soothe/relieve minor skin burn/sunburns	Scientific or tradition of use	BURN1 label statement: 'Immediate treatment of burns should be application of
1309	SKIN - WOUND	Cleanse minor skin wounds/cuts/ scratches/abrasions	Cleanse minor skin wound/cuts/scratches/abrasions	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1310	SKIN - WOUND	Enhance/improve/ promote/increase healing of minor skin wound/cuts/scratches/abrasions	Enhance/improve healing of minor skin wound/cuts/scratches/abrasions	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1311	SKIN - WOUND	Maintain/support wound healing	Maintain/support wound healing	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1312	SKIN - WOUND	Maintain/support skin repair/healing/ regeneration	Maintain/support skin repair/healing/regeneration	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1313	SKIN - WOUND	Helps decrease/reduce/relieve pain associated with minor skin wound (cuts, scratches and abrasions)		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1314	SKIN - WOUND	Helps enhance/improve/promote/ increase skin repair/healing	Enhance/improve/promote skin repair/healing	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1315	SKIN - WOUND	Helps heal minor skin wounds such as scratches, cuts and abrasions Remove - covered by 'Enhance/improve healing of minor skin		Scientific or tradition of use	
1316	SKIN - WOUND	Vulnerary/ wound healing	Vulnerary/wound healing	Tradition of use	
1317	SKIN - WOUND	Helps decrease/reduce/relieve symptoms of insect bite/sting itching	Decrease/reduce/relieve symptoms of insect bite/sting	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1318	SKIN - WOUND	Aids/assists Helps decrease/reduce/relieve symptoms healing of minor skin pressure sores (decubitus ulcers/bedsores)	Aids/assists healing of minor skin pressure sores (decubitus ulcers/bedsores)	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1319	SKIN - WOUND	Helps reduce occurrence of skin pressure sores/bedsores	Helps reduce occurrence of skin pressure sores/bedsores	Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
1320	URINARY - BLADDER	Maintain/support the healthy bladder function	Maintain/support healthy bladder function	Scientific or tradition of use	
1321	URINARY - BLADDER	helps enhance/promote healthy bladder function health	Helps enhance/promote bladder health	Scientific or tradition of use	
1322	URINARY - BLADDER	Maintain/support bladder health	Maintain/support bladder health	Scientific or tradition of use	
1323	URINARY - BLADDER	Bladder tonic/ Enhance bladder health	Bladder tonic/Enhance bladder health	Tradition of use	
1324	URINARY - BLADDER	Maintain/support healthy bladder tone Delete - Covered by Maintain/support bladder health/function.		Scientific or tradition of use	
1325	URINARY - CYSTITIS	Helps decrease/reduce/relieve burning sensation upon urination associated with medically diagnosed cystitis	Helps decrease/reduce/relieve burning sensation upon urination associated with medically diagnosed cystitis	Scientific or tradition of use	Label statement: 'CYST - If pain or irritation persists for more than 48 hours or occurs more frequently - consult

Draft list of permitted indications - CLOSED FOR COMMENT

#	Body part/system	Proposed indication with marked up changes	Final proposed indication	Evidence requirement	Proposed indication requirement
1326	URINARY - CYSTITIS	Helps decrease/reduce/relieve irritation associated with medically diagnosed cystitis <i>Remove- covered by 'Helps decrease/reduce/relieve symptoms of medically diagnosed cystitis'</i>		Scientific or tradition of use	
1327	URINARY - CYSTITIS	Relieve symptoms of pain of medically diagnosed cystitis <i>Remove- covered by 'Helps decrease/reduce/relieve symptoms of medically diagnosed cystitis'</i>		Scientific or tradition of use	
1328	URINARY - CYSTITIS	Decrease/reduce symptoms of cystitis by reducing urinary PH	Decrease/reduce symptoms of cystitis by reducing urinary PH	Scientific- only	Label statement: 'CYST - If pain or irritation persists for more than 48 hours or occurs more frequently - consult
1329	URINARY - CYSTITIS	Helps reduce occurrence of medically diagnosed cystitis	Helps reduce occurrence of medically diagnosed cystitis	Scientific or tradition of use	Label statement: 'CYST - If pain or irritation persists for more than 48 hours or occurs more frequently - consult
1330	URINARY - CYSTITIS	Helps decrease/reduce/relieve symptoms of medically diagnosed cystitis	Helps decrease/reduce/relieve symptoms of medically diagnosed cystitis	Scientific or tradition of use	Label statement: 'CYST - If pain or irritation persists for more than 48 hours or occurs more frequently - consult
1331	URINARY - CYSTITIS	Relieve symptoms of urinary frequency associated with medically diagnosed cystitis	Relieve urinary frequency associated with medically diagnosed cystitis	Scientific or tradition of use	Label statement: 'CYST - If pain or irritation persists for more than 48 hours or occurs more frequently - consult
1332	URINARY - HEALTH	Maintain/support healthy urinary tract health	Maintain/support urinary tract health	Scientific or tradition of use	
1333	URINARY - HEALTH	Maintain/support healthy urinary tract function	Maintain/support urinary tract function	Scientific or tradition of use	
1334	URINARY - HEALTH	Helps enhance/promote/ increase healthy urogenital flora	Helps enhance/promote healthy urogenital flora	Scientific or tradition of use	
1335	URINARY - HEALTH	Maintain/support healthy urogenital flora	Maintain/support healthy urogenital flora	Scientific or tradition of use	
1336	URINARY - HEALTH	Maintain/support urogenital health	Maintain/support urogenital health	Scientific or tradition of use	
1337	URINARY - KIDNEY	Maintain/support healthy kidney function	Maintain/support kidney function	Scientific or tradition of use	
1338	URINARY - KIDNEY	Maintain/support kidney health	Maintain/support kidney health	Scientific or tradition of use	
1339	URINARY - KIDNEY	Enrich/nourish/tonify kidney	Enrich/nourish/tonify kidney	Chinese medicine tradition of use	
1340	URINARY - KIDNEY	Warm/nourish kidney	Warm/nourish kidney	Chinese medicine tradition of use	
1341	URINARY - KIDNEY	Renal tonic/ Enhance bladder health	Renal tonic/Enhance bladder health	Tradition of use	
1342	URINARY - URINE	Relieve minor urinary tract complaints <i>Remove- too vague, could imply serious condition</i>		Scientific or tradition of use	
1343	URINARY - URINE	Helps enhance/promote/increase Maintain/support urination/urine output <i>'Enhance/promote' implies abnormal starting point. Could be a sign of a serious</i>	Maintain/support healthy urine output	Scientific or tradition of use	
1344	URINARY - URINE	Helps decrease/reduce/relieve excess urination <i>Remove- Sign of a serious disease e.g. diabetes</i>		Scientific or tradition of use	
1345	URINARY - URINE	Decrease/reduce urinary odour <i>Remove- urinary odour could be a sign of a urinary tract infection</i>		Scientific or tradition of use	Label statement: 'If symptoms persist consult your healthcare practitioner (or words to that effect)'.
215	BODY - HAIR	Helps Enhance/Improve/promote/increase hair health <i>'Helps' removed as effectiveness of medicine is self-assessable</i>	Enhance/improve/promote/increase hair health	Scientific or tradition of use	
341	BONE - GOUT	Helps reduce occurrence of symptoms of gout	Helps reduce occurrence of symptoms of gout	Scientific or tradition of use	Label statement: 'If symptoms persist or worsen consult your healthcare medical practitioner (or words to that
342	BONE - GOUT	Helps enhance/improve/promote/increase joint mobility in mild gout <i>Remove- covered by general joint mobility indication which can be linked to</i>		Scientific or tradition of use	
344	BONE - GOUT	Helps decrease/reduce/relieve symptoms of mild occasional episodes of gout.	Decrease/reduce/relieve symptoms of occasional episodes of gout	Scientific or tradition of use	Label statement: 'If symptoms persist or worsen consult your healthcare medical practitioner (or words to that
395	CARDIOVASCULAR - CIRCULATION	Enhance/improve/promote/increase healthy peripheral circulation to relieve cold hands and feet <i>Remove. Covered by 'Helps enhance/improve/promote/increase healthy blood circulation to the peripheral areas of the body (legs, hands and feet) and 'Relieve cold hands and feet/extremities'</i>		Scientific or tradition of use	
416	CARDIOVASCULAR - BLOOD	Maintain/support healthy blood function <i>Remove - could imply serious condition. Isn't meaningful for consumer. Covered</i>		Scientific or tradition of use	