#### PRODUCT INFORMATION

**CIPROXIN®** (Ciprofloxacin)

### NAME OF THE MEDICINE

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid. The CAS Registry number is [86393-32-0]. It is a faintly yellowish to yellow crystalline substance with a molecular weight of 385.8. Its empirical formula is C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub>.HCl.H<sub>2</sub>O and its chemical structure is as follows:

#### DESCRIPTION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

# **PHARMACOLOGY**

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

### Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas

fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

### Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

#### \*Note:

- 1. Gram-positive organisms are generally less sensitive to ciprofloxacin than Gramnegative organisms.
- 2. Most strains of *Streptococci* are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by *Enterococcus faecalis*; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker (see **PHARMACOLOGY**).

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in* 

*vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

# Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

# **Pharmacokinetics**

### Absorption

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not

substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

#### Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

Dose (mg)	Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)
250	1.4	5.4
500	2.6	10.6
750	3.4	15.0

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4  $\mu$ g/mL respectively.

#### Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Elimination

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION)**.

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

#### Inhalational anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens. (Ssee **DOSAGE AND ADMINISTRATION**-). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97 µg/mL, and 4.56 µg/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2 µg/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3 µg/mL and trough concentrations range from 0.09 to 0.26 µg/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6 µg/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see PRECAUTIONS, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11 \text{ LD}_{50}$  ( $\sim 5.5 \times 10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{\text{max}}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

### **INDICATIONS**

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

- 1. Typhoid and Paratyphoid infections and infections due to multi-resistant Staphylococcus aureus are excluded from the above due to insufficient data.
- 2. Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the drug of choice in cases with Gram-positive infections, such as pneumonia due to *Streptococcus pneumoniae*.
- 3. Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

### **CONTRAINDICATIONS**

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see INTERACTIONS WITH OTHER MEDICINES).

# **PRECAUTIONS**

#### Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

# **Cardiac disorders**

Ciprofloxacin is associated with cases of QT prolongation (see **ADVERSE EFFECTS**). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for torsade de pointes (e.g. congenital long QTsyndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia ).

#### **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

#### Effects on the Liver

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **ADVERSE EFFECTS**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### **Effects on Tendons**

Tendonitis and tendon ruptures (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

### **Superinfections**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

# Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion

of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the drug.

# **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

# **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### **Effects on the CNS**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideations/thoughts and self-injurious behaviour, such as attempted or completed suicide. In the event that the patient develops any of these reactions, Ciproxin should be discontinued and appropriate measures instituted.

# **Nervous System**

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Patients under treatment with Ciproxin should be advised to inform their doctor prior to continuing treatment if symptoms of neuropathy such as pain, burning, tingling, numbness or weakness develop Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see ADVERSE EFFECTS).

# **Vision disorders**

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

# **Cytochrome P450**

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolized via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin. (See also **INTERACTIONS WITH OTHER MEDICINES)** 

# Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

## **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous side effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

### **Elderly Patients**

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

### **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

### **Use in Pregnancy**

#### **Pregnancy Category B3**

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was

observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus. (e.g. potential damage to articular cartilage in the immature fetal organism).

#### **Use in Lactation**

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

#### **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION**.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

# Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The

times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## Effects on ability to drive and use machines

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

# **Effect on laboratory tests**

Ciprofloxacin in vitro potency may interfere with the Mycobacterium spp. Culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

### INTERACTIONS WITH OTHER MEDICINES

# **Drugs known to prolong QT interval**

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

# **Theophylline**

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

### **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

### **Probenecid**

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

#### Caffeine

Quinolones have also been shown to interfere with the metabolism of caffeine. It may reduce the clearance of caffeine and prolong its plasma half-life. Patients are advised that ciprofloxacin may enhance the effects of caffeine.

# **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

# Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

# Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

# **Oral antidiabetic agents**

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported.

### Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

### **Methotrexate**

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under

methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

#### Other

Iron, sucralfate or highly buffered drugs (e.g. antiretrovirals), polymeric phosphate binders (e.g. sevelamer) and antacids containing magnesium, aluminium or calcium interfere with the absorption of ciprofloxacin; concurrent administration of these agents with Ciproxin should be avoided.

#### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with Ciproxin (see also **CONTRAINDICATONS**).

#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{max}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

# Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a medium inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after co-administration with Ciproxin; dose adjustment is recommended if necessary.

### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

# Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

#### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be

used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

# **ADVERSE EFFECTS**

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common	Uncommon	Rare	Voncero
		2000 CONTROL OF THE PROPERTY O	Very rare <0.01%
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Infections and Infe		A CITY C	T .
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lympha	atic System Disor	ders	
	Eosinophilia	Leukopenia	Haemolytic anaemia
		Anaemia	Agranulocytosis
		Neutropenia	Pancytopenia (life-
		Leukocytosis	threatening)
		Thrombocytopenia Thrombocytaemia	Bone marrow depression (life-threatening)
Immune System D	isorders		
		Allergic reaction	Anaphylactic reaction
		Allergic oedema / angioedema	Anaphylactic shock (life- threatening)
			Serum sickness-like reaction
Metabolism and N	utrition Disorders		
	-Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
Psychiatric Disord	ers		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)
Nervous System D	isorders		

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
	Headache	Par- and	Migraine
	Dizziness	Dysaesthesia	Disturbed coordination
	Sleep disorders	Hypoaesthesia	Smell disorders
	Taste disorders	Tremor	Hyperesthesia
		Seizures	Intracranial hypertension
		(including status epilepticus)	(pseudotumour cerebri)
		Vertigo	
Eye Disorders			
		Visual disturbances	Visual color distortions
Ear and Labyrinth	Disorders		
_		Tinnitus	Hearing impaired
		Hearing loss	
Cardiac Disorders		<u></u>	
		Tachycardia	
Vascular Disorders	<u> </u>	27	
		Vasodilatation	Vasculitis
		Hypotension	
		Syncope	
Respiratory, Thora	cic and Mediastir		
		Dyspnoea (including	
		asthmatic condition)	
Gastrointestinal Di	sorders		**
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal and abdominal pains		
	Dyspepsia		
	Flatulence		
Hepato-biliary Disc	orders		
	Increase in transaminases Increased	Hepatic impairment Jaundice Hepatitis (non	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
	bilirubin	infective)	
Skin and Subcutar	neous Tissue Disc	orders	
	Rash	Photosensitivity	Petechiae
	Pruritus	reactions	Erythema multiforme
	Urticaria	Blistering	Erythema nodosum
			Stevens-Johnson syndrome (potentially life-threatening)
			Toxic epidermal necrolysis

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
		10000	(potentially life-threatening)
Musculoskeletal, C	Connective Tissue	and Bone Disorders	
	Arthralgia	Myalgia	Muscular weakness
	* *****	Arthritis	Tendonitis
		Increased muscle tone and cramping	Tendon rupture (predominantly Achilles tendon)
			Exacerbation of symptoms of myasthenia gravis
Renal and Urinary	Disorders		
	Renal	Renal failure	
	impairment	Haematuria	
		Crystalluria	
		Tubulointerstitial nephritis	
<b>General Disorders</b>	and Administrati	on Site Conditions	
Injection and	Unspecific pain	Oedema	Gait disturbance
infusion site reactions (only intravenous administration)	Feeling unwell Fever	Sweating (hyper- hidrosis)	
Investigations		,	
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

Note: The incidence of arthropathy, mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Blood and Lymphatic System Disorders	Pancytopenia (life-threatening) Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia Intracranial hypertension Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation Ventricular arrhythmia Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutaneous Tissue Disorders	Erythema nodosum Stevens-Johnson syndrome (potentially life-threatening) Toxic epidermal necrolysis (potentially life-threatening) Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis
General Disorders and Administration Site Conditions	Gait disturbance
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema

Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

#### DOSAGE AND ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

# **Duration**

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

# **Impaired Renal Function**

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} x 0.0885$$

Women: 0.85 x the value calculated for men.

### **OVERDOSAGE**

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

#### PRESENTATION AND STORAGE CONDITIONS

**Ciproxin 250** – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom. Blister packs of 2 and 14 tablets.

**Ciproxin 500** – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom. Blister packs of 14.

**Ciproxin 750** – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom. Blister packs of 14.

# NAME AND ADDRESS OF THE SPONSOR

**BAYER AUSTRALIA LTD** 

ABN 22 000 138 714

875 Pacific Highway

PYMBLE NSW 2073

# **POISON SCHEDULE**

PRESCRIPTION ONLY MEDICINE

# DATE OF FIRST INCLUSION ON THE ARTG:

2 March 1992

# DATE OF MOST RECENT AMENDMENT:

29 May 2012

<sup>®</sup> Registered Trade Mark of Bayer AG, Germany

#### PRODUCT INFORMATION

# **CIPROXIN® IV**

Ciprofloxacin

#### NAME OF THE MEDICINE

Ciproxin IV (ciprofloxacin) is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity for intravenous (IV) administration. Ciprofloxacin, a fluoroquinolone, is a 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinoline-carboxylic acid. The CAS Registry number is 85721-33-1. It is a faint to light yellow crystalline powder with a molecular weight of 331.4. Its empirical formula is  $C_{17}H_{18}FN_3O_3$  and its chemical structure is as follows:

#### **DESCRIPTION**

Ciproxin IV (ciprofloxacin lactate) is available as a 100 mg/50 mL and a 200 mg/100 mL ready-to-use infusion solution in 0.9% sodium chloride injection. Ciproxin IV also contains the excipients: lactic acid, which is used as a solubilising agent, hydrochloric acid for pH adjustment, and water for injections. The solution is a clear, colourless to slightly yellow solution.

#### **PHARMACOLOGY**

### Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* and *in vivo* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase.

# Gram-negative organisms

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis; Campylobacter species.

### Gram-positive organisms\*

Staphylococcus aureus (including methicillin susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

# Note: \*

- 1. Gram-positive organisms and *Pseudomonas aeruginosa* are generally less sensitive to ciprofloxacin than other Gram-negative organisms which results in lower medicine efficacy rates.
- 2. Most strains of streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the medicine to be effective for urinary tract infections caused by *Enterococcus faecalis*. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the medicine of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2-8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice, resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g. nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that additive activity often results when ciprofloxacin is combined with other antimicrobial agents. The combination behaves either in an indifferent or additive manner. Synergism or antagonism has been observed very rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

# Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible medicines, the test should be repeated. This category implies possible clinical applicability in body sites where the medicine is physiologically concentrated or in situations where high dosage of medicine can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

### **Pharmacokinetics**

#### Distribution

Immediately following a 30-minute intravenous infusion of 200 mg ciprofloxacin, serum concentrations average 3  $\mu$ g/mL. During the first hour after completion of infusion, serum concentration decreases to approximately 30% of the peak value, but thereafter serum concentrations decline with a half-life of approximately 4 hours. Mean concentrations observed after a 200 mg dose is given below:

Ciprofloxacin Serum Concentrations (µg/mL) After a 30-minute Infusion

Dose	End of Infusion	0.5 hr	1 hr	3 hr	6 hr	8 hr	12 hr
200 mg	3.18	1.4	1.0	0.5	0.3	0.2	0.1

The pharmacokinetics of intravenously administered ciprofloxacin are near-linear over the dosage range of 100 mg to 300 mg, as no substantial dose-dependent changes in clearance or serum half-life are observed.

Approximately 50-70% of the intravenous dose is excreted in the urine as unchanged medicine. During the first 2 hours of a 200 mg intravenous dose, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL.

# **Protein Binding**

Binding of ciprofloxacin to serum protein is 20-40%.

### Metabolism

Four metabolites, desethyleneciprofloxacin  $(M_1)$ , sulphociprofloxacin  $(M_2)$ , oxociprofloxacin  $(M_3)$  and formylciprofloxacin  $(M_4)$ , have been identified in human urine which, together, account for approximately 12% of an intravenous dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### **Excretion**

Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/hr which exceeds the normal glomerular filtration rate of 7.2 L/hr. Thus, active tubular secretion would seem to play a significant role in its elimination.

Although bile concentrations of ciprofloxacin are 3-4 times higher than serum concentrations after intravenous dosing, only a small amount of the dose administered (<1%) is recovered from bile as unchanged medicine.

An additional 1-2% of the dose is recovered from bile in the form of metabolites.

Approximately 15% of an intravenous dose is recovered from the faeces within 5 days after dosing.

# Factors Influencing Pharmacokinetics

## Impaired renal/hepatic function

In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is slightly prolonged, but dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half-life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see Dosage and Administration). Serum metabolite concentrations, particularly sulfociprofloxacin ( $M_2$ ) and oxociprofloxacin ( $M_3$ ), are higher in renally impaired patients than in patients with normal renal function.

In preliminary studies in patients with stable chronic liver cirrhosis, no significant changes in ciprofloxacin pharmacokinetics were observed. The kinetics of ciprofloxacin in patients with acute hepatic insufficiency, however, have not been fully elucidated.

### Age (elderly)

The higher levels of ciprofloxacin and its metabolites seen in elderly patients are possibly due to reduced renal function and volume of distribution.

# **Inhalational Anthrax**

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited (for additional information, see **PRECAUTIONS**, **Paediatric Use**). Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11 \text{ LD}_{50}$  (~5.5 x  $10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day medicine administration period.

### **INDICATIONS**

- 1. Ciprofloxacin IV is indicated for use in hospitalised adult patients in whom oral ciprofloxacin is indicated but cannot be administered or where the oral form is inappropriate.
- 2. For the treatment of serious or life-threatening infections due to sensitive organisms involving the following organ systems:

Lower respiratory tract infections (Gram-negative organisms) Skin and Skin Structure Septicaemia Bone and Joint Urinary Tract

3. Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolised *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

### Note:

Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the medicine of choice in cases with Gram-positive infections due to *Streptococcus* pneumoniae.

If anaerobic organisms are suspected of contributing to the infection, use of other suitable medicines should be considered.

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciprofloxacin is suitable to treat mixed infections caused by susceptible strains of both Gram-negative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

### **CONTRAINDICATIONS**

- A history of hypersensitivity to ciprofloxacin or other quinolones (including nalidixic acid), or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Interaction with Other Medicines).

#### **PRECAUTIONS**

The use of ciprofloxacin in pre-pubertal children – except for use in inhalational anthrax (post-exposure) – and during pregnancy is not recommended.

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

#### **Antibiotic-associated Colitis**

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to medicine discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated. Medicines which delay peristalsis, e.g. opiates and diphenoxylate with atropine (Lomotil), may prolong and/or worsen the condition and should not be used in this situation.

#### Musculoskeletal system

Achilles and other tendon ruptures, sometimes bilateral that required surgical repair or resulted in prolonged disability have been reported with ciprofloxacin and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

# Superinfection

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the medicine.

### **Duration of use**

Increased toxicity of intravenous ciprofloxacin has been associated with increased duration of use, hence oral ciprofloxacin should be substituted as soon as practicable.

# **Hypersensitivity**

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). Some reactions are accompanied by cardiovascular collapse. Appropriate emergency measures for the management of such reactions should be readily available.

# **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

### **Cardiac Disorders**

Ciprofloxacin is associated with cases of QT prolongation. In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant medicines that can result in prolongation with the QT interval (e.g., Class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for QT prolongation or torsade de pointes (e.g., congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideation/thoughts and self-injurious behaviour, such as attempted or completed suicide. In the event that the patient develops any of these reactions Ciproxin IV should be discontinued and appropriate measures instituted.

# **Cytochrome P450**

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other medicines are administered concomitantly which are metabolised via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole). Increased plasma concentrations associated with drug-specific side

effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (see also **Interaction with Other Medicines**).

# **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin IV should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin IV should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin IV should be discontinued.

# **Nervous System**

Ciproxin IV might exacerbate symptoms of myasthenia gravis. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Patients under treatment with Ciproxin IV should be advised to inform their doctor prior to continuing treatment if symptoms of neuropathy such as pain, burning, tingling, numbness or weakness develop Ciproxin IV should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see ADVERSE EFFECTS).

### **Vision disorders**

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

# Use in the Elderly

Ciproxin IV should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

# **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

As with any potent medicine, periodic assessment of organ system functions, including renal, hepatic and haematopoietic, is advisable during prolonged therapy.

### Effects on the Liver

There can be a temporary increase in transaminases, alkaline phosphatase or cholestatic jaundice, especially in patients with previous liver damage.

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued. There

can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### General

Ciprofloxacin intravenous solution should be administered by slow infusion over a period of 60 minutes. Local IV site reactions have been reported with the intravenous administration of ciprofloxacin. These reactions are more frequent if infusion time is 60 minutes or less or if small veins of the hand are used. These may appear as local skin reactions which resolve rapidly upon completion of the infusion. Subsequent intravenous administration is not contraindicated unless the reactions recur or worsen.

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9.

Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the medicine, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

The additional sodium load should be taken into account when using Ciproxin IV in patients for whom sodium intake is of medical concern (e.g. patients with congestive heart failure, renal failure, nephrotic syndrome, etc. (see **PRESENTATION AND STORAGE CONDITIONS** or **DOSAGE AND ADMINISTRATION** for sodium content).

# Severe Infections and/or Infections due to Gram-positive or anaerobic bacteria

For the treatment of severe infections, staphylococcal infections and infections involving anaerobic bacteria, ciprofloxacin should be used in combination with an appropriate antibacterial agent.

### Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

#### **Use in Pregnancy**

**Pregnancy Category B3** 

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastro-intestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit, and no embryotoxicity or teratogenicity was observed.

There are, however, no adequate and well-controlled studies in pregnant women. Like other medicines in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin IV should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

#### Use in Lactation

Ciprofloxacin is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

### **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related medicines such as nalidixic acid, norfloxacin and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION.** The safety and effectiveness of ciprofloxacin in prepubertal children except for use in inhalational anthrax (post-exposure) have not been established.

# Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay *in vitro*, but not in other mammalian systems *in vitro* or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the medicine did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m²), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using

pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

# **Effects on Ability to Drive and Use Machines**

Fluoroquinolones including ciprofloxacin may result in an impairment of the patient's ability to drive or operate machinery due to CNS reactions. This is even more applicable when the medicine is taken in conjunction with alcohol.

# **Interaction on Laboratory Tests**

Ciprofloxacin *in vitro* potency may interfere with the Mycobacterium spp. Culture test by suppression of myobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

### **INTERACTIONS WITH OTHER MEDICINES**

# Drugs known to prolong QT interval

Ciproxin IV, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics)

# Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline, prolongation of its elimination half-life and increased adverse reactions, particularly those involving the CNS.

# SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN IV AND THEOPHYLLINE.

These reactions include cardiac arrest, convulsive seizures, status epilepticus and respiratory failure. Similar serious adverse events have been noted with administration of theophylline alone; however, the possibility that ciprofloxacin may potentiate these reactions cannot be eliminated.

If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

### Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

## Caffeine

Quinolones have also been shown to interfere with the metabolism of caffeine and pentoxifylline (oxpentifylline). It may reduce the clearance of caffeine and prolong its plasma half-life. Patients are advised that ciprofloxacin may enhance the effects of caffeine.

# **Probenecid**

Probenecid interferes with the renal excretion of ciprofloxacin. Co-administration of probenecid and ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance, a 50% increase in AUC but without altering peak concentration or time to peak.

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly.

# Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin IV and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

## **Phenytoin**

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin IV is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin IV with phenytoin.

# **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as acenocoumarol, phenprocoumon, or fluindione. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

#### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant ciprofloxacin therapy is indicated.

### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with ciprofloxacin (see also **CONTRAINDICATIONS**).

### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration (see **PRECAUTIONS**).

# Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Monitoring ropinirole-related adverse effects and/or dose adjustment as appropriate is recommended during and shortly after co-administration with ciprofloxacin.

# Lignocaine

It was demonstrated in healthy subjects that concomitant use of lignocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lignocaine by 22%. Although lignocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

# Clozapine

Following concomitant administration of 250 mg oral ciprofloxacin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with oral ciprofloxacin are advised.

### Sildenafil

C<sub>max</sub> and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg ciprofloxacin oral tablet. Therefore, caution should be used prescribing oral ciprofloxacin concomitantly with sildenafil taking into consideration the risks and the benefits.

# **ADVERSE EFFECTS**

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

The frequencies of ADRs reported with Ciproxin IV are summarised in Table 1 below. Within each frequency grouping, adverse effects are presented in order of decreasing seriousness.

The frequencies of ADRs are defined as: Common ≥ 1/100 to < 1/10 (≥ 1% to <10%) Uncommon  $\geq$  1/1000 to < 1/100 (≥ 0.1% to <1%) Rare  $\geq$  1/10000 to < 1/1000 (≥ 0.01% to <0.1%) Very rare < 1/10000 (<0.01%)

Table 1. ADRs reported based on clinical trial data

Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Infections and	I Infestations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lyr	nphatic System Disorders		
	Eosinophilia	Leukopaenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life-threatening) Bone marrow depression (life- threatening)
Immune Syste	m Disorders		
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life-threatening) Serum sickness-like reaction
Metabolism ar	nd Nutrition Disorders		Ma :
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
Psychiatric Di	sorders		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such	Psychotic reactions (potentially culminating in self- injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)

	as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	
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Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Nervous Syste	m Disorders		
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperaesthesia Intracranial hypertension (pseudotumour cerebri)
Eye Disorders			
		Visual disturbances	Visual colour distortions
Ear and Labyri	inth Disorders		
		Tinnitus Hearing loss	Hearing impaired
Cardiac Disord	ders		
		Tachycardia	
Vascular Disor	rders	•	
		Vasodilatation Hypotension Syncope	Vasculitis
Respiratory, T	horacic and Mediastinal Dis	orders	
		Dyspnoea (including asthmatic condition)	
Gastrointestin	al Disorders	ţ.	
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis
Hepato-biliary	Disorders		
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)

Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Skin and Subcuta	neous Tissue Disorders	*	
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme, Erythema nodosum Stevens-Johnson syndrome (potentially life- threatening) Toxic epidermal necrolysis (potentially life- threatening)
Musculoskeletal,	Connective Tissue and Bor	ne Disorders	
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis
Renal and Urinary	Disorders		
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis	
General Disorder	s and Administration Site C	conditions	
Injection and infusion site reactions (only intravenous administration) e.g. phlebitis or thrombophlebitis	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyperhidrosis)	Gait disturbance
Investigations	1		
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

The incidence of arthropathy is referring to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) and for which a frequency could not be estimated are listed in Table 2 below.

Table 2. ADRs reported based on post marketing reports

Blood and Lymphatic System	Pancytopenia (life-threatening)
Disorders	Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction
	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-
	threatening hepatic failure)
Skin and Subcutaneous Tissue	Erythema nodosum
Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective	Exacerbation of symptoms of myasthenia gravis
Tissue and Bone Disorders	
General Disorders and	Gait disturbance
Administration Site Conditions	
Investigations	International Normalised Ratio (INR) increased (in
_	patients treated with Vitamin K antagonists)

The following table of adverse effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment.

Table 3. Higher frequency of adverse effects occurring in patients

Common	Vomiting, transient increase in transaminases, rash
Uncommon	Thrombocytopenia, thrombocytaemia, confusion and disorientation, hallucinations, par- and dysaesthesia, seizures, vertigo, visual disturbances, hearing loss, tachycardia, vasodilatation, hypotension, transient hepatic impairment, jaundice, renal failure, oedema
Rare	Pancytopenia, bone marrow depression, anaphylactic shock, psychotic reactions, migraine, smell disorders, hearing impaired, vasculitis, pancreatitis, liver necrosis, petechiae, tendon rupture

#### DOSAGE AND ADMINISTRATION

Intravenous therapy, for the indications mentioned below, should be used only when oral therapy is contraindicated. The usual dosage for adults is 200-300 mg every 12 hours. For complicated infections or for those caused by organisms not highly susceptible, 300 mg should be administered every 12 hours.

Table 4. Dosage guidelines

Location of Infection	Type or Severity	Unit Dose	Daily Fre- quency	Total Daily Dose
Urinary tract	Severe/ Complicated	200 mg	q 12 h	400 mg
Lower	Moderate	200 mg	q 12 h	400 mg
respiratory tract infections (gram- negative)	Severe/ Complicated (less susceptible	300 mg	q 12 h	600 mg
Skin or Skin Structure	organisms)			
Blood				
Bone or Joint				
Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Inhalational	Adult	400 mg	q 12 h	800 mg
Anthrax (post- exposure)*	Paediatric	10 mg/kg per dose, not to exceed 400 mg per dose	q 12 h	Not to exceed 800 mg

Drug administration should begin as soon as possible after suspected or confirmed exposure. This indication is based on a surrogate endpoint, ciprofloxacin serum concentrations achieved in humans. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

Ciproxin IV should be administered only by intravenous infusion over a period of 60 minutes. Slow infusion of a dilute solution into a large vein will minimise patient discomfort and reduce the risk of venous irritation.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defense mechanisms, and the status of renal and hepatic function.

The serum creatinine should represent a steady state of renal function.

#### **Duration**

The duration of treatment depends upon the severity of infection. Generally, ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days (parenteral therapy should be changed to oral ciprofloxacin tablets as soon as the condition warrants). In general, intravenous ciprofloxacin should not normally be given for greater than 14 days. However, for severe and complicated infections more prolonged therapy may be required. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

# **Impaired Renal Function**

For creatinine clearance equal to or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 400 mg/day for IV regimen.

When only data for serum creatinine are available, the following formula (Cockroft's equation) may be used to estimate creatinine clearance.

#### Men:

Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} \times 0.0885$$

Women: 0.85 x the above value calculated for men.

#### Administration

Ciprofloxacin IV infusion solutions (0.2%) are available as a pre-mixed solution in 0.9% sodium chloride, equivalent to approximately 154 mmoL sodium per litre, packed in 50 mL or 100 mL glass bottles.

The solution should be infused over a period of not less than 60 minutes by direct infusion or through a Y-type intravenous infusion set which may already be in place. If this method or the "piggyback" method of administration is used, it is advisable to discontinue temporarily the administration of any other solutions during the intravenous infusion of ciprofloxacin.

Osmolality of the infusion solution: 300 mOsm/Kg

Sodium chloride content: 900 mg/100 mL

If ciprofloxacin IV is to be given concomitantly with another medicine, each medicine should be given separately in accordance with the recommended dosage and route of administration for each medicine.

# **Compatibility and Stability**

Ciprofloxacin solutions are incompatible with all infusion solutions/medicines (e.g., penicillins, heparin solutions), which are physically or chemically unstable at the pH of ciprofloxacin (pH 3.9 - 4.5), especially when combined with alkaline solutions.

The visual signs of incompatibility are e.g. precipitation, clouding and discolouration. Only clear solutions are to be used.

Since ciprofloxacin is slightly light sensitive, the solutions should be protected from light during storage.

#### **OVERDOSAGE**

In the event of acute overdosage, reversible renal toxicity has been reported in some cases. Apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify, if required to prevent crystalluria. Adequate hydration must be maintained.

Only a small quantity of ciprofloxacin (<10%) is eliminated by haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

#### PRESENTATION AND STORAGE CONDITIONS

Ciproxin IV is a clear, colourless to slightly yellowish solution.

Ciproxin IV infusion solutions (0.2%) are available in vials containing pre-mixed solutions of ciprofloxacin 100 mg/50 mL and 200 mg/100 mL in 0.9% sodium chloride.

Store below 30°C. Protect from light. Do not refrigerate or freeze.

# Instructions for handling

At cool temperatures precipitation may occur, which will re-dissolve at room temperature. It is therefore recommended not to store the infusion solution in a refrigerator.

For ease of use the infusion vial stopper should be penetrated in the central ring. Penetration of the outer ring may result in damage to the vial stopper.

## NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

#### POISON SCHEDULE OF THE MEDICINE

PRESCRIPTION ONLY MEDICINE

DATE OF FIRST INCLUSION ON ARTG: 20 DECEMBER 1993

DATE OF MOST RECENT AMENDMENT: 29 May 2012

<sup>®</sup> Registered Trade Mark of Bayer AG, Germany

#### PRODUCT INFORMATION

**CIPROXIN®** (Ciprofloxacin)

### NAME OF THE MEDICINE

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid. The CAS Registry number is [86393-32-0]. It is a faintly yellowish to yellow crystalline substance with a molecular weight of 385.8. Its empirical formula is  $C_{17}H_{18}FN_3O_3.HCI.H_2O$  and its chemical structure is as follows:

#### .HCI.H2O

#### DESCRIPTION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

## **PHARMACOLOGY**

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

# Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii, Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

#### Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

#### \*Note:

- 1. Gram-positive organisms are generally less sensitive to ciprofloxacin than Gramnegative organisms.
- 2. Most strains of Streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by Enterococcus faecalis; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker (see **PHARMACOLOGY**).

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

# Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

#### **Pharmacokinetics**

### **Absorption**

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

#### Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)
1.4	5.4
2.6	10.6
3.4	15.0
	Serum Concentration (µg/mL)  1.4 2.6

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4  $\mu$ g/mL respectively.

#### Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Elimination

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION)**.

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

## **Inhalational anthrax**

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see PRECAUTIONS, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11 \text{ LD}_{50}$  ( $\sim 5.5 \times 10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{\text{max}}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

#### **INDICATIONS**

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

## Note:

- 1. Typhoid and Paratyphoid infections and infections due to multi-resistant Staphylococcus aureus are excluded from the above due to insufficient data.
- 2. Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the drug of choice in cases with Gram-positive infections, such as pneumonia due to *Streptococcus pneumoniae*.
- 3. Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

## CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see INTERACTIONS WITH OTHER MEDICINES).

## **PRECAUTIONS**

# Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

### Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see **ADVERSE EFFECTS**). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for torsade de pointes (e.g. congenital long QTsyndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

## **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* 

should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

## **Effects on the Liver**

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **ADVERSE EFFECTS**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### **Effects on Tendons**

Tendonitis and tendon ruptures (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

# **Superinfections**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

## Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the drug.

## **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

# **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

## **Effects on the CNS**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideations/thoughts and self-injurious behaviour, such as attempted or completed suicide. In the event that the patient develops any of these reactions, Ciproxin should be discontinued and appropriate measures instituted.

# **Nervous System**

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

# **Vision disorders**

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

### Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolized via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin. (See also **INTERACTIONS WITH OTHER MEDICINES)** 

# Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well

hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

# **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous side effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

## **Elderly Patients**

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

# **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

## **Use in Pregnancy**

**Pregnancy Category B3** 

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus. (e.g. potential damage to articular cartilage in the immature fetal organism).

## **Use in Lactation**

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

#### **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of

weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION**.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

## Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

## Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## Effects on ability to drive and use machines

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

## **Effect on laboratory tests**

Ciprofloxacin in vitro potency may interfere with the Mycobacterium spp. Culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

#### INTERACTIONS WITH OTHER MEDICINES

## **Drugs known to prolong QT interval**

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

## Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

## Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

#### **Probenecid**

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

#### Caffeine

Quinolones have also been shown to interfere with the metabolism of caffeine. It may reduce the clearance of caffeine and prolong its plasma half-life. Patients are advised that ciprofloxacin may enhance the effects of caffeine.

#### **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

## Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

## Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

#### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported.

# **Phenytoin**

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

#### **Methotrexate**

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

#### Other

Iron, sucralfate or highly buffered drugs (e.g. antiretrovirals), polymeric phosphate binders (e.g. sevelamer) and antacids containing magnesium, aluminium or calcium interfere with the absorption of ciprofloxacin; concurrent administration of these agents with Ciproxin should be avoided.

## **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with Ciproxin (see also **CONTRAINDICATONS**).

#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and

C<sub>max</sub> of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

## Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a medium inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after co-administration with Ciproxin; dose adjustment is recommended if necessary.

#### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

# Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

#### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

# **ADVERSE EFFECTS**

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common	Uncommon	Rare	Very rare		
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%		
	Infections and Infestations				
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)			
Blood and Lympha	itic System Disor	ders			
	Eosinophilia	Leukopenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life- threatening) Bone marrow depression (life-threatening)		
Immune System D	isorders	The state of the s			
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life- threatening) Serum sickness-like reaction		
Metabolism and No	utrition Disorders		69		
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia			
Psychiatric Disord	ers				
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)		
Nervous System D	isorders	A STATE OF THE PARTY OF THE PAR	<u>.                                    </u>		
	Headache	Par- and	Migraine		

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
217010 41070	Dizziness	Dysaesthesia	Disturbed coordination
	Sleep disorders	Hypoaesthesia	Smell disorders
	Taste disorders	Tremor	Hyperesthesia
	, acto alcolacio	Seizures	Intracranial hypertension
		(including status epilepticus)	(pseudotumour cerebri)
		Vertigo	
Eye Disorders			
		Visual disturbances	Visual color distortions
Ear and Labyrinth	Disorders		
		Tinnitus	Hearing impaired
		Hearing loss	
Cardiac Disorders	· · · · · · · · · · · · · · · · · · ·		
		Tachycardia	
Vascular Disorders	5	2	
		Vasodilatation	Vasculitis
		Hypotension	
		Syncope	
Respiratory, Thora	cic and Mediastir	nal Disorders	
		Dyspnoea (including asthmatic condition)	
Gastrointestinal Di	isorders		
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal and abdominal pains		
	Dyspepsia		
	Flatulence		
Hepato-biliary Disc	orders		
	Increase in	Hepatic impairment	Liver necrosis (very rarely
	transaminases	Jaundice	progressing to life-
	Increased bilirubin	Hepatitis (non infective)	threatening hepatic failure)
Skin and Subcutar	eous Tissue Disc	orders	
	Rash	Photosensitivity	Petechiae
	Pruritus	reactions	Erythema multiforme
	Urticaria	Blistering	Erythema nodosum
			Stevens-Johnson syndrome (potentially life-threatening)
			Toxic epidermal necrolysis (potentially life-threatening)

Common	Uncommon	Rare	Very rare	
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%	
Musculoskeletal, C	onnective Tissue	and Bone Disorders		
	Arthralgia	Myalgia	Muscular weakness	
		Arthritis	Tendonitis	
		Increased muscle tone and cramping	Tendon rupture (predominantly Achilles tendon)	
			Exacerbation of symptoms of myasthenia gravis	
Renal and Urinary Disorders				
	Renal	Renal failure		
	impairment	Haematuria		
		Crystalluria		
		Tubulointerstitial nephritis		
<b>General Disorders</b>	and Administration	on Site Conditions		
Injection and	Unspecific pain	Oedema	Gait disturbance	
infusion site reactions (only intravenous administration)	Feeling unwell Fever	Sweating (hyper- hidrosis)		
Investigations	Investigations			
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase		

Note: The incidence of arthropathy, mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Blood and Lymphatic System Disorders	Pancytopenia (life-threatening) Bone marrow depression
	(life-threatening)
Immune System Disorders	Serum sickness-like reaction
	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutaneous	Erythema nodosum
Tissue Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis
General Disorders and Administration Site Conditions	Gait disturbance
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema

Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

#### DOSAGE AND ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

## **Duration**

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

## **Impaired Renal Function**

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} x 0.0885$$

Women: 0.85 x the value calculated for men.

#### **OVERDOSAGE**

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

## PRESENTATION AND STORAGE CONDITIONS

**Ciproxin 250** – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom. Blister packs of 2 and 14 tablets.

**Ciproxin 500** – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom. Blister packs of 14.

**Ciproxin 750** – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom. Blister packs of 14.

#### NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD

ABN 22 000 138 714

875 Pacific Highway

PYMBLE NSW 2073

# **POISON SCHEDULE**

PRESCRIPTION ONLY MEDICINE

# DATE OF FIRST INCLUSION ON THE ARTG

2 March 1992

# DATE OF MOST RECENT AMENDMENT

<sup>®</sup> Registered Trade Mark of Bayer AG, Germany

#### PRODUCT INFORMATION

# **CIPROXIN® IV**

Ciprofloxacin

## NAME OF THE MEDICINE

Ciproxin IV (ciprofloxacin) is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity for intravenous (IV) administration. Ciprofloxacin, a fluoroquinolone, is a 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinoline-carboxylic acid. The CAS Registry number is 85721-33-1. It is a faint to light yellow crystalline powder with a molecular weight of 331.4. Its empirical formula is  $C_{17}H_{18}FN_3O_3$  and its chemical structure is as follows:

#### DESCRIPTION

Ciproxin IV (ciprofloxacin lactate) is available as a 100 mg/50 mL and a 200 mg/100 mL ready-to-use infusion solution in 0.9% sodium chloride injection. Ciproxin IV also contains the excipients: lactic acid, which is used as a solubilising agent, hydrochloric acid for pH adjustment, and water for injections. The solution is a clear, colourless to slightly yellow solution.

#### **PHARMACOLOGY**

## Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* and *in vivo* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase.

# Gram-negative organisms

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis; Campylobacter species.

# Gram-positive organisms\*

Staphylococcus aureus (including methicillin susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

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#### Note: \*

- 1. Gram-positive organisms and *Pseudomonas aeruginosa* are generally less sensitive to ciprofloxacin than other Gram-negative organisms which results in lower medicine efficacy rates.
- 2. Most strains of streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the medicine to be effective for urinary tract infections caused by *Enterococcus faecalis*. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the medicine of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2-8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice, resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g. nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that additive activity often results when ciprofloxacin is combined with other antimicrobial agents. The combination behaves either in an indifferent or additive manner. Synergism or antagonism has been observed very rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

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## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible medicines, the test should be repeated. This category implies possible clinical applicability in body sites where the medicine is physiologically concentrated or in situations where high dosage of medicine can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

#### **Pharmacokinetics**

#### **Distribution**

Immediately following a 30-minute intravenous infusion of 200 mg ciprofloxacin, serum concentrations average 3  $\mu$ g/mL. During the first hour after completion of infusion, serum concentration decreases to approximately 30% of the peak value, but thereafter serum concentrations decline with a half-life of approximately 4 hours. Mean concentrations observed after a 200 mg dose is given below:

Ciprofloxacin Serum Concentrations (µg/mL)
After a 30-minute Infusion

Dose	End of Infusion	0.5 hr	1 hr	3 hr	6 hr	8 hr	12 hr
200 mg	3.18	1.4	1.0	0.5	0.3	0.2	0.1

The pharmacokinetics of intravenously administered ciprofloxacin are near-linear over the dosage range of 100 mg to 300 mg, as no substantial dose-dependent changes in clearance or serum half-life are observed.

Approximately 50-70% of the intravenous dose is excreted in the urine as unchanged medicine. During the first 2 hours of a 200 mg intravenous dose, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL.

#### **Protein Binding**

Binding of ciprofloxacin to serum protein is 20-40%.

#### Metabolism

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Four metabolites, desethyleneciprofloxacin  $(M_1)$ , sulphociprofloxacin  $(M_2)$ , oxociprofloxacin  $(M_3)$  and formylciprofloxacin  $(M_4)$ , have been identified in human urine which, together, account for approximately 12% of an intravenous dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### **Excretion**

Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/hr which exceeds the normal glomerular filtration rate of 7.2 L/hr. Thus, active tubular secretion would seem to play a significant role in its elimination.

Although bile concentrations of ciprofloxacin are 3-4 times higher than serum concentrations after intravenous dosing, only a small amount of the dose administered (<1%) is recovered from bile as unchanged medicine.

An additional 1-2% of the dose is recovered from bile in the form of metabolites.

Approximately 15% of an intravenous dose is recovered from the faeces within 5 days after dosing.

# Factors Influencing Pharmacokinetics

# Impaired renal/hepatic function

In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is slightly prolonged, but dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half-life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see Dosage and Administration). Serum metabolite concentrations, particularly sulfociprofloxacin ( $M_2$ ) and oxociprofloxacin ( $M_3$ ), are higher in renally impaired patients than in patients with normal renal function.

In preliminary studies in patients with stable chronic liver cirrhosis, no significant changes in ciprofloxacin pharmacokinetics were observed. The kinetics of ciprofloxacin in patients with acute hepatic insufficiency, however, have not been fully elucidated.

#### Age (elderly)

The higher levels of ciprofloxacin and its metabolites seen in elderly patients are possibly due to reduced renal function and volume of distribution.

## **Inhalational Anthrax**

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects

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on cartilage, following the administration of ciprofloxacin to paediatric patients are limited (for additional information, see **PRECAUTIONS**, **Paediatric Use**). Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11\ LD_{50}$  ( $\sim 5.5\ x\ 10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day medicine administration period.

#### **INDICATIONS**

- 1. Ciprofloxacin IV is indicated for use in hospitalised adult patients in whom oral ciprofloxacin is indicated but cannot be administered or where the oral form is inappropriate.
- 2. For the treatment of serious or life-threatening infections due to sensitive organisms involving the following organ systems:

Lower respiratory tract infections (Gram-negative organisms) Skin and Skin Structure Septicaemia Bone and Joint Urinary Tract

3. Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolised *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the medicine of choice in cases with Gram-positive infections due to *Streptococcus* pneumoniae.

If anaerobic organisms are suspected of contributing to the infection, use of other suitable medicines should be considered.

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciprofloxacin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

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#### **CONTRAINDICATIONS**

- A history of hypersensitivity to ciprofloxacin or other quinolones (including nalidixic acid), or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Interaction with Other Medicines).

#### **PRECAUTIONS**

The use of ciprofloxacin in pre-pubertal children – except for use in inhalational anthrax (post-exposure) – and during pregnancy is not recommended.

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

#### **Antibiotic-associated Colitis**

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to medicine discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated. Medicines which delay peristalsis, e.g. opiates and diphenoxylate with atropine (Lomotil), may prolong and/or worsen the condition and should not be used in this situation.

#### Musculoskeletal system

Achilles and other tendon ruptures, sometimes bilateral that required surgical repair or resulted in prolonged disability have been reported with ciprofloxacin and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

## **Superinfection**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the medicine.

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# **Duration of use**

Increased toxicity of intravenous ciprofloxacin has been associated with increased duration of use, hence oral ciprofloxacin should be substituted as soon as practicable.

# Hypersensitivity

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). Some reactions are accompanied by cardiovascular collapse. Appropriate emergency measures for the management of such reactions should be readily available.

## **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### **Cardiac Disorders**

Ciprofloxacin is associated with cases of QT prolongation. In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant medicines that can result in prolongation with the QT interval (e.g., Class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for QT prolongation or torsade de pointes (e.g., congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideation/thoughts and self-injurious behaviour, such as attempted or completed suicide. In the event that the patient develops any of these reactions Ciproxin IV should be discontinued and appropriate measures instituted.

## **Cytochrome P450**

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other medicines are administered concomitantly which are metabolised via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole). Increased plasma concentrations associated with drugspecific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (see also **Interaction with Other Medicines**).

## **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin IV should be used with caution in epileptics and in patients who have

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suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin IV should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin IV should be discontinued.

## **Nervous System**

Ciproxin IV might exacerbate symptoms of myasthenia gravis. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin IV should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

#### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

## Use in the Elderly

Ciproxin IV should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

## **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

As with any potent medicine, periodic assessment of organ system functions, including renal, hepatic and haematopoietic, is advisable during prolonged therapy.

#### Effects on the Liver

There can be a temporary increase in transaminases, alkaline phosphatase or cholestatic jaundice, especially in patients with previous liver damage.

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued. There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### General

Ciprofloxacin intravenous solution should be administered by slow infusion over a period of 60 minutes. Local IV site reactions have been reported with the intravenous administration of ciprofloxacin. These reactions are more frequent if infusion time is 60 minutes or less or if small veins of the hand are used. These may appear as local skin reactions which resolve rapidly upon completion of the infusion. Subsequent intravenous administration is not contraindicated unless the reactions recur or worsen.

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The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9.

Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the medicine, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

The additional sodium load should be taken into account when using Ciproxin IV in patients for whom sodium intake is of medical concern (e.g. patients with congestive heart failure, renal failure, nephrotic syndrome, etc. (see **PRESENTATION AND STORAGE CONDITIONS** or **DOSAGE AND ADMINISTRATION** for sodium content).

## Severe Infections and/or Infections due to Gram-positive or anaerobic bacteria

For the treatment of severe infections, staphylococcal infections and infections involving anaerobic bacteria, ciprofloxacin should be used in combination with an appropriate antibacterial agent.

## Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

## **Use in Pregnancy**

## **Pregnancy Category B3**

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastro-intestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit, and no embryotoxicity or teratogenicity was observed.

There are, however, no adequate and well-controlled studies in pregnant women. Like other medicines in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin IV should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

#### **Use in Lactation**

Ciprofloxacin is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

#### **Paediatric Use**

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Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related medicines such as nalidixic acid, norfloxacin and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION.** The safety and effectiveness of ciprofloxacin in prepubertal children except for use in inhalational anthrax (post-exposure) have not been established.

## Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay *in vitro*, but not in other mammalian systems *in vitro* or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the medicine did not exhibit any cytogenetic effect.

## Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m²), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## **Effects on Ability to Drive and Use Machines**

Fluoroquinolones including ciprofloxacin may result in an impairment of the patient's ability to drive or operate machinery due to CNS reactions. This is even more applicable when the medicine is taken in conjunction with alcohol.

## **Interaction on Laboratory Tests**

Ciprofloxacin *in vitro* potency may interfere with the Mycobacterium spp. Culture test by suppression of myobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

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#### **INTERACTIONS WITH OTHER MEDICINES**

## Drugs known to prolong QT interval

Ciproxin IV, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics)

## Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline, prolongation of its elimination half-life and increased adverse reactions, particularly those involving the CNS.

# SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN IV AND THEOPHYLLINE.

These reactions include cardiac arrest, convulsive seizures, status epilepticus and respiratory failure. Similar serious adverse events have been noted with administration of theophylline alone; however, the possibility that ciprofloxacin may potentiate these reactions cannot be eliminated.

If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

## Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

#### Caffeine

Quinolones have also been shown to interfere with the metabolism of caffeine and pentoxifylline (oxpentifylline). It may reduce the clearance of caffeine and prolong its plasma half-life. Patients are advised that ciprofloxacin may enhance the effects of caffeine.

#### Probenecid

Probenecid interferes with the renal excretion of ciprofloxacin. Co-administration of probenecid and ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance, a 50% increase in AUC but without altering peak concentration or time to peak.

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly.

# Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin IV and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

#### **Phenytoin**

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Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin IV is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin IV with phenytoin.

# **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as acenocoumarol, phenprocoumon, or fluindione. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

#### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant ciprofloxacin therapy is indicated.

#### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with ciprofloxacin (see also **CONTRAINDICATIONS**).

#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{max}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration (see **PRECAUTIONS**).

#### Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Monitoring ropinirole-related adverse effects and/or dose adjustment as appropriate is recommended during and shortly after co-administration with ciprofloxacin.

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## Lignocaine

It was demonstrated in healthy subjects that concomitant use of lignocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lignocaine by 22%. Although lignocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

## Clozapine

Following concomitant administration of 250 mg oral ciprofloxacin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with oral ciprofloxacin are advised.

#### Sildenafil

C<sub>max</sub> and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg ciprofloxacin oral tablet. Therefore, caution should be used prescribing oral ciprofloxacin concomitantly with sildenafil taking into consideration the risks and the benefits.

#### ADVERSE EFFECTS

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

The frequencies of ADRs reported with Ciproxin IV are summarised in Table 1 below. Within each frequency grouping, adverse effects are presented in order of decreasing seriousness.

The frequencies of ADRs are defined as:

≥ 1/100 to < 1/10 (≥ 1% to <10%) Common Uncommon  $\geq 1/1000 \text{ to } < 1/100 \ (\geq 0.1\% \text{ to } < 1\%)$ Rare  $\geq 1/10000$  to < 1/1000 ( $\geq 0.01\%$  to < 0.1%) Very rare < 1/10000 (< 0.01%)

Table 1. ADRs reported based on clinical trial data

Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Infections and	Infestations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lyn	nphatic System Disorders		
	Eosinophilia	Leukopaenia Anaemia	Haemolytic anaemia Agranulocytosis

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		Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Pancytopenia (life-threatening) Bone marrow depression (life- threatening)
Immune System D	isorders		
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life-threatening) Serum sickness-like reaction
Metabolism and N	utrition Disorders		
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
Psychiatric Disord	lers		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)

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Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Nervous System D	isorders		
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperaesthesia Intracranial hypertension (pseudotumour cerebri)
Eye Disorders			
		Visual disturbances	Visual colour distortions
Ear and Labyrinth	Disorders		
		Tinnitus Hearing loss	Hearing impaired
Cardiac Disorders			
		Tachycardia	
Vascular Disorder	s		
		Vasodilatation Hypotension Syncope	Vasculitis
Respiratory, Thora	ncic and Mediastinal Disorc	lers	
		Dyspnoea (including asthmatic condition)	
Gastrointestinal D	isorders		
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis
Hepato-biliary Disc	orders		
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)

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Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Skin and Subcutar	neous Tissue Disorders		
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme, Erythema nodosum Stevens-Johnson syndrome (potentially life- threatening) Toxic epidermal necrolysis (potentially life- threatening)
Musculoskeletal, C	Connective Tissue and Bon	e Disorders	
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis
Renal and Urinary	Disorders		
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis	
General Disorders	and Administration Site C	onditions	
Injection and infusion site reactions (only intravenous administration) e.g. phlebitis or thrombophlebitis	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyperhidrosis)	Gait disturbance
Investigations			
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

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The incidence of arthropathy is referring to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) and for which a frequency could not be estimated are listed in Table 2 below.

Table 2. ADRs reported based on post marketing reports

Blood and Lymphatic System	Pancytopenia (life-threatening)
Disorders	Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction
	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-
	threatening hepatic failure)
Skin and Subcutaneous Tissue	Erythema nodosum
Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective	Exacerbation of symptoms of myasthenia gravis
Tissue and Bone Disorders	
General Disorders and	Gait disturbance
<b>Administration Site Conditions</b>	
Investigations	International Normalised Ratio (INR) increased (in
	patients treated with Vitamin K antagonists)

The following table of adverse effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment.

Table 3. Higher frequency of adverse effects occurring in patients

Common	Vomiting, transient increase in transaminases, rash			
Uncommon	Thrombocytopenia, thrombocytaemia, confusion and disorientation, hallucinations, par- and dysaesthesia, seizures, vertigo, visual disturbances, hearing loss, tachycardia, vasodilatation, hypotension, transient hepatic impairment, jaundice, renal failure, oedema			
Rare	Pancytopenia, bone marrow depression, anaphylactic shock, psychotic reactions, migraine, smell disorders, hearing impaired, vasculitis, pancreatitis, liver necrosis, petechiae, tendon rupture			

## **DOSAGE AND ADMINISTRATION**

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Intravenous therapy, for the indications mentioned below, should be used only when oral therapy is contraindicated. The usual dosage for adults is 200-300 mg every 12 hours. For complicated infections or for those caused by organisms not highly susceptible, 300 mg should be administered every 12 hours.

Table 4. Dosage guidelines

Location of Infection	Type or Severity	Unit Dose	Daily Fre- quency	Total Daily Dose
Urinary tract	Severe/ Complicated	200 mg	q 12 h	400 mg
Lower	Moderate	200 mg	q 12 h	400 mg
respiratory tract infections (gram- negative) Skin or Skin Structure Blood Bone or Joint	Severe/ Complicated (less susceptible organisms)	300 mg	q 12 h	600 mg
Location of Infection	Type or Severity	Unit Dose	Daily Fre- quency	Total Daily Dose
Inhalational Anthrax (post- exposure)*	Adult	400 mg	q 12 h	800 mg
	Paediatric	10 mg/kg per dose, not to exceed 400 mg per dose	q 12 h	Not to exceed 800 mg

Drug administration should begin as soon as possible after suspected or confirmed exposure. This indication is based on a surrogate endpoint, ciprofloxacin serum concentrations achieved in humans. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

Ciproxin IV should be administered only by intravenous infusion over a period of 60 minutes. Slow infusion of a dilute solution into a large vein will minimise patient discomfort and reduce the risk of venous irritation.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defense mechanisms, and the status of renal and hepatic function.

The serum creatinine should represent a steady state of renal function.

#### Duration

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The duration of treatment depends upon the severity of infection. Generally, ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days (parenteral therapy should be changed to oral ciprofloxacin tablets as soon as the condition warrants). In general, intravenous ciprofloxacin should not normally be given for greater than 14 days. However, for severe and complicated infections more prolonged therapy may be required. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

# **Impaired Renal Function**

For creatinine clearance equal to or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 400 mg/day for IV regimen.

When only data for serum creatinine are available, the following formula (Cockroft's equation) may be used to estimate creatinine clearance.

## Men:

Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} \times 0.0885$$

Women: 0.85 x the above value calculated for men.

#### Administration

Ciprofloxacin IV infusion solutions (0.2%) are available as a pre-mixed solution in 0.9% sodium chloride, equivalent to approximately 154 mmoL sodium per litre, packed in 50 mL or 100 mL glass bottles.

The solution should be infused over a period of not less than 60 minutes by direct infusion or through a Y-type intravenous infusion set which may already be in place. If this method or the "piggyback" method of administration is used, it is advisable to discontinue temporarily the administration of any other solutions during the intravenous infusion of ciprofloxacin.

Osmolality of the infusion solution: 300 mOsm/Kg

Sodium chloride content: 900 mg/100 mL

If ciprofloxacin IV is to be given concomitantly with another medicine, each medicine should be given separately in accordance with the recommended dosage and route of administration for each medicine.

# **Compatibility and Stability**

Ciprofloxacin solutions are incompatible with all infusion solutions/medicines (e.g., penicillins, heparin solutions), which are physically or chemically unstable at the pH of ciprofloxacin (pH 3.9 - 4.5), especially when combined with alkaline solutions.

The visual signs of incompatibility are e.g. precipitation, clouding and discolouration. Only clear solutions are to be used.

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Since ciprofloxacin is slightly light sensitive, the solutions should be protected from light during storage.

#### **OVERDOSAGE**

In the event of acute overdosage, reversible renal toxicity has been reported in some cases. Apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify, if required to prevent crystalluria. Adequate hydration must be maintained.

Only a small quantity of ciprofloxacin (<10%) is eliminated by haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

#### PRESENTATION AND STORAGE CONDITIONS

Ciproxin IV is a clear, colourless to slightly yellowish solution.

Ciproxin IV infusion solutions (0.2%) are available in vials containing pre-mixed solutions of ciprofloxacin 100 mg/50 mL and 200 mg/100 mL in 0.9% sodium chloride.

Store below 30°C. Protect from light. Do not refrigerate or freeze.

## Instructions for handling

At cool temperatures precipitation may occur, which will re-dissolve at room temperature. It is therefore recommended not to store the infusion solution in a refrigerator.

For ease of use the infusion vial stopper should be penetrated in the central ring. Penetration of the outer ring may result in damage to the vial stopper.

## NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

#### POISON SCHEDULE OF THE MEDICINE

PRESCRIPTION ONLY MEDICINE

**DATE OF FIRST INCLUSION ON ARTG: 20 DECEMBER 1993** 

#### DATE OF MOST RECENT AMENDMENT:

® Registered Trade Mark of Bayer AG, Germany

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## PRODUCT INFORMATION

# CIPROXIN<sup>®</sup> IV

Ciprofloxacin

## NAME OF THE MEDICINE

Ciproxin IV (ciprofloxacin) is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity for intravenous (IV) administration. Ciprofloxacin, a fluoroquinolone, is a 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinoline-carboxylic acid. The CAS Registry number is 85721-33-1. It is a faint to light yellow crystalline powder with a molecular weight of 331.4. Its empirical formula is C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub> and its chemical structure is as follows:

## **DESCRIPTION**

Ciproxin IV (ciprofloxacin lactate) is available as a 100 mg/50 mL and a 200 mg/100 mL ready-to-use infusion solution in 0.9% sodium chloride injection. Ciproxin IV also contains the excipients: lactic acid, which is used as a solubilising agent, hydrochloric acid for pH adjustment, and water for injections. The solution is a clear, colourless to slightly yellow solution.

# **PHARMACOLOGY**

## Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* and *in vivo* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase.

# Gram-negative organisms

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis; Campylobacter species.

# Gram-positive organisms\*

Staphylococcus aureus (including methicillin susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

## Note: \*

- Gram-positive organisms and Pseudomonas aeruginosa are generally less sensitive to ciprofloxacin than other Gram-negative organisms which results in lower medicine efficacy rates.
- 2. Most strains of streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the medicine to be effective for urinary tract infections caused by Enterococcus faecalis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the medicine of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against Treponema pallidum.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2-8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice, resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g. nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that additive activity often results when ciprofloxacin is combined with other antimicrobial agents. The combination behaves either in an indifferent or additive manner. Synergism or antagonism has been observed very rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to

ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the micro-organism is not fully susceptible to alternative, clinically feasible medicines, the test should be repeated. This category implies possible clinical applicability in body sites where the medicine is physiologically concentrated or in situations where high dosage of medicine can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

#### **Pharmacokinetics**

## Distribution

Immediately following a 30-minute intravenous infusion of 200 mg ciprofloxacin, serum concentrations average 3  $\mu$ g/mL. During the first hour after completion of infusion, serum concentration decreases to approximately 30% of the peak value, but thereafter serum concentrations decline with a half-life of approximately 4 hours. Mean concentrations observed after a 200 mg dose is given below:

Ciprofloxacin Serum Concentrations (µg/mL) After a 30-minute Infusion

Dose	End of Infusion	0.5 hr	1 hr	3 hr	6 hr	8 hr	12 hr
200 mg	3.18	1.4	1.0	0.5	0.3	0.2	0.1

The pharmacokinetics of intravenously administered ciprofloxacin are near-linear over the dosage range of 100 mg to 300 mg, as no substantial dose-dependent changes in clearance or serum half-life are observed.

Approximately 50-70% of the intravenous dose is excreted in the urine as unchanged medicine. During the first 2 hours of a 200 mg intravenous dose, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL.

# **Protein Binding**

Binding of ciprofloxacin to serum protein is 20-40%.

## Metabolism

Four metabolites, desethyleneciprofloxacin  $(M_1)$ , sulphociprofloxacin  $(M_2)$ , oxociprofloxacin  $(M_3)$  and formylciprofloxacin  $(M_4)$ , have been identified in human urine which, together, account for approximately 12% of an intravenous dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Excretion

Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/hr which exceeds the normal glomerular filtration rate of 7.2 L/hr. Thus, active tubular secretion would seem to play a significant role in its elimination.

Although bile concentrations of ciprofloxacin are 3-4 times higher than serum concentrations after intravenous dosing, only a small amount of the dose administered (<1%) is recovered from bile as unchanged medicine.

An additional 1-2% of the dose is recovered from bile in the form of metabolites.

Approximately 15% of an intravenous dose is recovered from the faeces within 5 days after dosing.

# Factors Influencing Pharmacokinetics

# Impaired renal/hepatic function

In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is slightly prolonged, but dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half-life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION**). Serum metabolite concentrations, particularly sulfociprofloxacin (M<sub>2</sub>) and oxociprofloxacin (M<sub>3</sub>), are higher in renally impaired patients than in patients with normal renal function.

In preliminary studies in patients with stable chronic liver cirrhosis, no significant changes in ciprofloxacin pharmacokinetics were observed. The kinetics of ciprofloxacin in patients with acute hepatic insufficiency, however, have not been fully elucidated.

## Age (elderly)

The higher levels of ciprofloxacin and its metabolites seen in elderly patients are possibly due to reduced renal function and volume of distribution.

# Inhalational Anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97 µg/mL, and 4.56 µg/mL

following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited (for additional information, see **PRECAUTIONS**, **Paediatric Use**). Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of 11 LD $_{50}$  (~5.5 x  $10^{5}$ ) spores (range 5-30 LD $_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day medicine administration period.

## **INDICATIONS**

- Ciprofloxacin IV is indicated for use in hospitalised adult patients in whom oral ciprofloxacin is indicated but cannot be administered or where the oral form is inappropriate.
- For the treatment of serious or life-threatening infections due to sensitive organisms involving the following organ systems:

Lower respiratory tract infections (Gram-negative organisms) Skin and Skin Structure Septicaemia Bone and Joint Urinary Tract

 Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolised *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

# Note:

Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the medicine of choice in cases with Gram-positive infections due to *Streptococcus pneumoniae*.

If anaerobic organisms are suspected of contributing to the infection, use of other suitable medicines should be considered.

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciprofloxacin is suitable to treat mixed infections caused by susceptible strains of both Gram-negative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official quidance on the appropriate use of antibacterial agents.

## CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones (including nalidixic acid), or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Interaction with Other Medicines).

## **PRECAUTIONS**

The use of ciprofloxacin in pre-pubertal children – except for use in inhalational anthrax (post-exposure) – and during pregnancy is not recommended.

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

# **Antibiotic-associated Colitis**

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to medicine discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated. Medicines which delay peristalsis, e.g. opiates and diphenoxylate with atropine (Lomotil), may prolong and/or worsen the condition and should not be used in this situation.

## Musculoskeletal system

Achilles and other tendon ruptures, sometimes bilateral that required surgical repair or resulted in prolonged disability have been reported with ciprofloxacin and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep

Comment [522 1]: SRR – additional statement to advise healthcare provider to consult official quidelines the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

## Superinfection

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the medicine.

## **Duration of use**

Increased toxicity of intravenous ciprofloxacin has been associated with increased duration of use, hence oral ciprofloxacin should be substituted as soon as practicable.

## Hypersensitivity

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). Some reactions are accompanied by cardiovascular collapse. Appropriate emergency measures for the management of such reactions should be readily available.

# **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

# **Cardiac Disorders**

Ciprofloxacin is associated with cases of QT prolongation. In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant medicines that can result in prolongation with the QT interval (e.g., Class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for QT prolongation or torsade de pointes (e.g., congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

# **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideation/thoughts and self-injurious behaviour, such as attempted or completed suicide. In the event that the patient develops any of these reactions depression, psychotic reactions, suicide-related thoughts or self-injurious behaviour occur. Ciproxin IV should be discontinued and appropriate measures instituted.

Comment [\$22 2]:
MEC – precision of statement related to psychiatric reactions

## Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other medicines are administered concomitantly which are metabolised via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drugspecific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (see also Interaction with Other Medicines).

## Comment [S22 3]: SRR – additional substance included

# **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin IV should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin IV should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin IV should be discontinued.

# **Nervous System**

Ciproxin IV might exacerbate symptoms of myasthenia gravis. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin IV should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

## Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

## Use in the Elderly

Ciproxin IV should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

# Impaired Renal Function

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

As with any potent medicine, periodic assessment of organ system functions, including renal, hepatic and haematopoietic, is advisable during prolonged therapy.

## Effects on the Liver

There can be a temporary increase in transaminases, alkaline phosphatase or cholestatic jaundice, especially in patients with previous liver damage.

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued. There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### General

Ciprofloxacin intravenous solution should be administered by slow infusion over a period of 60 minutes. Local IV site reactions have been reported with the intravenous administration of ciprofloxacin. These reactions are more frequent if infusion time is 60 minutes or less or if small veins of the hand are used. These may appear as local skin reactions which resolve rapidly upon completion of the infusion. Subsequent intravenous administration is not contraindicated unless the reactions recur or worsen.

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9.

Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the medicine, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

The additional sodium load should be taken into account when using Ciproxin IV in patients for whom sodium intake is of medical concern (e.g. patients with congestive heart failure, renal failure, nephrotic syndrome, etc. (see PRESENTATION AND STORAGE CONDITIONS or DOSAGE AND ADMINISTRATION for sodium content).

## Severe Infections and/or Infections due to Gram-positive or anaerobic bacteria

For the treatment of severe infections, staphylococcal infections and infections involving anaerobic bacteria, ciprofloxacin should be used in combination with an appropriate antibacterial agent.

# Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

# **Use in Pregnancy**

Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively)

and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastro-intestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit, and no embryotoxicity or teratogenicity was observed.

There are, however, no adequate and well-controlled studies in pregnant women. Like other medicines in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin IV should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

## **Use in Lactation**

Ciprofloxacin is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

## Paediatric Use

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related medicines such as nalidixic acid, norfloxacin and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION.** The safety and effectiveness of ciprofloxacin in prepubertal children except for use in inhalational anthrax (post-exposure) have not been established.

# Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay *in vitro*, but not in other mammalian systems *in vitro* or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the medicine did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended

human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m²), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

# Effects on Ability to Drive and Use Machines

Fluoroquinolones including ciprofloxacin may result in an impairment of the patient's ability to drive or operate machinery due to CNS reactions. This is even more applicable when the medicine is taken in conjunction with alcohol.

## Interaction on Laboratory Tests

Ciprofloxacin *in vitro* potency may interfere with the Mycobacterium spp. Culture test by suppression of myobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

## INTERACTIONS WITH OTHER MEDICINES

# Drugs known to prolong QT interval

Ciproxin IV, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics)

# Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline, prolongation of its elimination half-life and increased adverse reactions, particularly those involving the CNS.

# SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN IV AND THEOPHYLLINE.

These reactions include cardiac arrest, convulsive seizures, status epilepticus and respiratory failure. Similar serious adverse events have been noted with administration of theophylline alone; however, the possibility that ciprofloxacin may potentiate these reactions cannot be eliminated.

If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

# **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of C<sub>max</sub> and AUC of ciprofloxacin.

#### Caffeine

Quinolones have also been shown to interfere with the metabolism of caffeine and pentoxifylline (expentifylline). It may reduce the clearance of caffeine and prolong its plasma half-life. Patients are advised that ciprofloxacin may enhance the effects of caffeine.

## **Probenecid**

Probenecid interferes with the renal excretion of ciprofloxacin. Co-administration of probenecid and ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance, a 50% increase in AUC but without altering peak concentration or time to peak.

## **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as acenocoumarol, phenprocoumon, or fluindione. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly.

# Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin IV and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

# **NSAIDs**

Animal studies have shown that the combination of very high doses of guinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions

# Other xanthine derivatives

On concurrent administration of ciprofloxacin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life and therefore may enhance the effects of caffeine

# Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related

Comment [522 4]: MEC – Duplicate information. Both caffeine and pentoxifylline are covered below in the more appropriately-titled "Other xanthine derivatives"

Also, harmonisation of Ciproxin IV and tablet Pls.

Comment [**\$22** 5]:

This statement is directed towards patients and should not be in the PI

The CMI already contains the statement: "Ciproxin IV may increase the stimulatory effects of caffeine."

Comment [S22 6]: MEC – moved up from below

Comment [<mark>\$22</mark>7]: MEC - moved up from below

Comment [S228]:

SRR - new section added to be consistent with Ciproxin tablet PI.

Comment [S229]: 12 Jul 2017: added as requested by adverse effects when Ciproxin IV is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin IV with phenytoin.

## **Anticoagulants**

Quinolones, including ciproflexacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as aconocoumarel, phenprocoumen, or fluindiene. When these products are administered concemitantly, prethrembin time or other suitable coagulation tests should be closely menitored. The risk may vary with the underlying infection, age and general statue of the patient so that the centribution of ciproflexacin to the increase in INR (international permalised ratio) is difficult to assess

## Comment [S22 10]: MEC – moved up

# **NSAIDs**

Animal studies have shown that the combination of very high deses of quinelenes (gyrase inhibitors) and certain non steroidal anti-inflammatory agents (but not acetylsalicylic acid)

#### Comment [S22 11]: MEC – moved up

## Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant ciprofloxacin therapy is indicated.

## **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with ciprofloxacin (see also **CONTRAINDICATIONS**).

# **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration (see **PRECAUTIONS**).

# Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Monitoring ropinirole-related adverse effects and/or dose adjustment as appropriate is recommended during and shortly after coadministration with ciprofloxacin.

## Lignocaine Lidocaine

Comment [522 12]:
MEC – changed to be consistent with terminology used in Ciproxin tablets PI

It was demonstrated in healthy subjects that concomitant use of <a href="lightcaine-lidocaine-li

## Clozapine

Following concomitant administration of 250 mg oral ciprofloxacin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with oral ciprofloxacin are advised.

## Sildenafil

C<sub>max</sub> and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg ciprofloxacin oral tablet. Therefore, caution should be used prescribing oral ciprofloxacin concomitantly with sildenafil taking into consideration the risks and the benefits.

# Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see PRECAUTIONS, Cytochrome P450).

## Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

# ADVERSE EFFECTS

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

The frequencies of ADRs reported with Ciproxin IV are summarised in Table 1 below. Within each frequency grouping, adverse effects are presented in order of decreasing seriousness.

The frequencies of ADRs are defined as:

 $\begin{array}{lll} \mbox{Common} & \geq 1/100 \mbox{ to } < 1/10 \mbox{ ($\geq 1\%$ to } < 10\%) \\ \mbox{Uncommon} & \geq 1/1000 \mbox{ to } < 1/100 \mbox{ ($\geq 0.1\%$ to } < 1\%) \\ \mbox{Rare} & \geq 1/10000 \mbox{ to } < 1/1000 \mbox{ ($\geq 0.01\%$ to } < 0.1\%) \\ \end{array}$ 

Very rare < 1/10000 (<0.01%)

Comment 22 13]: 20 Jul 2017: Updated according to TGA request.

Comment [S22 14]: SRR – additional substances included

Table 1. ADRs reported based on clinical trial data

Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%	
Infections and Inf	estations			
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)		
Blood and Lymph	natic System Disorder	rs		
	Eosinophilia	Leukopaenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life-threatening) Bone marrow depression (life- threatening)	
Immune System [	Disorders			
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life-threatening) Serum sickness- like reaction	
Metabolism and N	lutrition Disorders			
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia		
Psychiatric Disor	ders			
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in selfinjurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self- injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)	

Common	Uncommon	Rare	Very rare
		≥ 0.01% to < 0.1%	< 0.01%
≥ 1% to < 10%	≥ 0.1% to	20.01% t0 < 0.1%	0.01%
10/0	170		
Nervous System	Disorders		
	Headache	Par- and Dysaesthesia	Migraine
	Dizziness	Hypoaesthesia	Disturbed
	Sleep disorders	Tremor	coordination
	Taste disorders	Seizures (including	Smell disorders
		status epilepticus)	Hyperaesthesia
		Vertigo	Intracranial
			hypertension
			(pseudotumour
			cerebri)
Eye Disorders			•
	1	Visual disturbances	Visual colour
			distortions
Ear and Labyrintl	n Disorders		,
	1	Tinnitus	Hearing impaired
		Hearing loss	l learning impaned
Cardiac Disorder	s	Tricaling 1000	
	<del>-</del>	T	
		Tachycardia	
Vascular Disorde	rs		
		Vasodilatation	Vasculitis
		Hypotension	
		Syncope	
Respiratory, Tho	l racic and Mediastinal	Disorders	
	1	Dyspnoea (including	
		asthmatic condition)	
		,	
Gastrointestinal I	Disorders		
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal and		
	abdominal pains		
	Dyspepsia		
	Flatulence		
Hepato-biliary Dis	sorders		
	Increase in	Hepatic impairment	Liver necrosis
	transaminases	Jaundice	(very rarely
	Increased bilirubin	Hepatitis (non infective)	progressing to
		' ' '	life-threatening
			hepatic failure)

Common ≥ 1% to	Uncommon ≥ 0.1% to	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%	
< 10%	< 1%	2 0.0170 to 4 0.170	1010170	
Skin and Subcutaneous Tissue Disorders				
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme, Erythema nodosum Stevens-Johnson syndrome (potentially life- threatening) Toxic epidermal necrolysis (potentially life- threatening)	
Musculoskeletal,	Connective Tissue a	nd Bone Disorders		
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis	
Renal and Urinary	/ Disorders			
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis		
General Disorders	s and Administration	Site Conditions		
Injection and infusion site reactions (only intravenous administration) e.g. phlebitis or thrombophlebitis	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyperhidrosis)	Gait disturbance	
Investigations				
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase		

The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers is referring to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

Comment [S22 15]: SRR – clarification of the term "arthropathy"

Comment [522 16]:
MEC – amended to be consistent with
Ciproxin tablet PI

ADRs derived from post marketing reports (status: 31 July 2005) and for which a frequency could not be estimated are listed in Table 2 below.

Table 2. ADRs reported based on post marketing reports

Blood and Lymphatic System	Pancytopenia (life-threatening)	
Disorders	Bone marrow depression (life-threatening)	
Immune System Disorders	Serum sickness-like reaction	
-	Anaphylactic shock (life-threatening)	
Nervous System Disorders	Hyperaesthesia	
	Intracranial hypertension	
	Peripheral neuropathy and polyneuropathy	
Cardiac Disorders	QT prolongation	
	Ventricular arrhythmia	
	Torsades de pointes*	
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-	
	threatening hepatic failure)	
Skin and Subcutaneous Tissue	Erythema nodosum	
Disorders	Stevens-Johnson syndrome (potentially life-	
	threatening)	
	Toxic epidermal necrolysis (potentially life-threatening)	
	Acute generalised exanthematous pustulosis (AGEP)	
Musculoskeletal, Connective	Exacerbation of symptoms of myasthenia gravis	
Tissue and Bone Disorders		
General Disorders and	Gait disturbance	
Administration Site Conditions		
Investigations	International Normalised Ratio (INR) increased (in	
	patients treated with Vitamin K antagonists)	

The following table of adverse effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment.

Table 3. Higher frequency of adverse effects occurring in patients

Common	Vomiting, transient increase in transaminases, rash
Uncommon	Thrombocytopenia, thrombocytaemia, confusion and disorientation, hallucinations, par- and dysaesthesia, seizures, vertigo, visual disturbances, hearing loss, tachycardia, vasodilatation, hypotension, transient hepatic impairment, jaundice, renal failure, oedema
Rare	Pancytopenia, bone marrow depression, anaphylactic shock, psychotic reactions, migraine, smell disorders, hearing impaired, vasculitis, pancreatitis, liver necrosis, petechiae, tendon rupture

## DOSAGE AND ADMINISTRATION

Intravenous therapy, for the indications mentioned below, should be used only when oral therapy is contraindicated. The usual dosage for adults is 200-300 mg every 12 hours. For complicated infections or for those caused by organisms not highly susceptible, 300 mg should be administered every 12 hours.

Table 4. Dosage guidelines

Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Urinary tract	Severe/ Complicated	200 mg	q 12 h	400 mg
Lower	Moderate	200 mg	q 12 h	400 mg
respiratory tract infections (gram- negative)	Severe/ Complicated (less susceptible organisms)	300 mg	q 12 h	600 mg
Skin or Skin Structure	organisms)			
Blood				
Bone or Joint				
Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Inhalational	Adult	400 mg	q 12 h	800 mg
Anthrax (post- exposure)*	Paediatric	10 mg/kg per dose, not to exceed 400 mg per dose	q 12 h	Not to exceed 800 mg

Drug administration should begin as soon as possible after suspected or confirmed exposure. This indication is based on a surrogate endpoint, ciprofloxacin serum concentrations achieved in humans. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

Ciproxin IV should be administered only by intravenous infusion over a period of 60 minutes. Slow infusion of a dilute solution into a large vein will minimise patient discomfort and reduce the risk of venous irritation.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defense mechanisms, and the status of renal and hepatic function.

The serum creatinine should represent a steady state of renal function.

#### **Duration**

The duration of treatment depends upon the severity of infection. Generally, ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days (parenteral therapy should be changed to oral ciprofloxacin tablets as soon as the condition warrants). In general, intravenous ciprofloxacin should not normally be given for greater than 14 days. However, for severe and complicated infections more prolonged therapy may be required. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

## Impaired Renal Function

For creatinine clearance equal to or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 400 mg/day for IV regimen.

When only data for serum creatinine are available, the following formula (Cockroft's equation) may be used to estimate creatinine clearance.

Men:

Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} \times 0.0885$$

Women: 0.85 x the above value calculated for men.

## Administration

Ciprofloxacin IV infusion solutions (0.2%) are available as a pre-mixed solution in 0.9% sodium chloride, equivalent to approximately 154 mmoL sodium per litre, packed in 50 mL or 100 mL glass bottles.

The solution should be infused over a period of not less than 60 minutes by direct infusion or through a Y-type intravenous infusion set which may already be in place. If this method or the "piggyback" method of administration is used, it is advisable to discontinue temporarily the administration of any other solutions during the intravenous infusion of ciprofloxacin.

Osmolality of the infusion solution: 300 mOsm/Kg

Sodium chloride content: 900 mg/100 mL

If ciprofloxacin IV is to be given concomitantly with another medicine, each medicine should be given separately in accordance with the recommended dosage and route of administration for each medicine.

# Compatibility and Stability

Ciprofloxacin solutions are incompatible with all infusion solutions/medicines (e.g., penicillins, heparin solutions), which are physically or chemically unstable at the pH of ciprofloxacin (pH 3.9 - 4.5), especially when combined with alkaline solutions.

The visual signs of incompatibility are e.g. precipitation, clouding and discolouration. Only clear solutions are to be used.

Since ciprofloxacin is slightly light sensitive, the solutions should be protected from light during storage.

## **OVERDOSAGE**

In the event of acute overdosage, reversible renal toxicity has been reported in some cases. Apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify, if required to prevent crystalluria. Adequate hydration must be maintained.

Only a small quantity of ciprofloxacin (<10%) is eliminated by haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

#### PRESENTATION AND STORAGE CONDITIONS

Ciproxin IV is a clear, colourless to slightly yellowish solution.

Ciproxin IV infusion solutions (0.2%) are available in vials containing pre-mixed solutions of ciprofloxacin 100 mg/50 mL and 200 mg/100 mL in 0.9% sodium chloride.

Store below 30°C. Protect from light. Do not refrigerate or freeze.

# Instructions for handling

At cool temperatures precipitation may occur, which will re-dissolve at room temperature. It is therefore recommended not to store the infusion solution in a refrigerator.

For ease of use the infusion vial stopper should be penetrated in the central ring. Penetration of the outer ring may result in damage to the vial stopper.

# NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

#### POISON SCHEDULE OF THE MEDICINE

PRESCRIPTION ONLY MEDICINE

DATE OF FIRST INCLUSION ON ARTG: 20 DECEMBER 1993

DATE OF MOST RECENT AMENDMENT: 30 July 2015 DD MMM YYYY

Registered Trade-Mmark of Bayer AGGroup, Germany

#### PRODUCT INFORMATION

# **CIPROXIN® IV**

Ciprofloxacin

## NAME OF THE MEDICINE

Ciproxin IV (ciprofloxacin) is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity for intravenous (IV) administration. Ciprofloxacin, a fluoroquinolone, is a 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinoline-carboxylic acid. The CAS Registry number is 85721-33-1. It is a faint to light yellow crystalline powder with a molecular weight of 331.4. Its empirical formula is  $C_{17}H_{18}FN_3O_3$  and its chemical structure is as follows:

## **DESCRIPTION**

Ciproxin IV (ciprofloxacin lactate) is available as a 100 mg/50 mL and a 200 mg/100 mL ready-to-use infusion solution in 0.9% sodium chloride injection. Ciproxin IV also contains the excipients: lactic acid, which is used as a solubilising agent, hydrochloric acid for pH adjustment, and water for injections. The solution is a clear, colourless to slightly yellow solution.

# **PHARMACOLOGY**

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* and *in vivo* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase.

# Gram-negative organisms

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis; Campylobacter species.

# Gram-positive organisms\*

Staphylococcus aureus (including methicillin susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

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# Note: \*

- Gram-positive organisms and Pseudomonas aeruginosa are generally less sensitive to ciprofloxacin than other Gram-negative organisms which results in lower medicine efficacy rates.
- 2. Most strains of streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the medicine to be effective for urinary tract infections caused by *Enterococcus faecalis*. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the medicine of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2-8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice, resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g. nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that additive activity often results when ciprofloxacin is combined with other antimicrobial agents. The combination behaves either in an indifferent or additive manner. Synergism or antagonism has been observed very rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

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# Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible medicines, the test should be repeated. This category implies possible clinical applicability in body sites where the medicine is physiologically concentrated or in situations where high dosage of medicine can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

# **Pharmacokinetics**

# Distribution

Immediately following a 30-minute intravenous infusion of 200 mg ciprofloxacin, serum concentrations average 3  $\mu$ g/mL. During the first hour after completion of infusion, serum concentration decreases to approximately 30% of the peak value, but thereafter serum concentrations decline with a half-life of approximately 4 hours. Mean concentrations observed after a 200 mg dose is given below:

Ciprofloxacin Serum Concentrations (µg/mL) After a 30-minute Infusion

Dose	End of Infusion	0.5 hr	1 hr	3 hr	6 hr	8 hr	12 hr
200 mg	3.18	1.4	1.0	0.5	0.3	0.2	0.1

The pharmacokinetics of intravenously administered ciprofloxacin are near-linear over the dosage range of 100 mg to 300 mg, as no substantial dose-dependent changes in clearance or serum half-life are observed.

Approximately 50-70% of the intravenous dose is excreted in the urine as unchanged medicine. During the first 2 hours of a 200 mg intravenous dose, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL.

# **Protein Binding**

Binding of ciprofloxacin to serum protein is 20-40%.

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## Metabolism

Four metabolites, desethyleneciprofloxacin  $(M_1)$ , sulphociprofloxacin  $(M_2)$ , oxociprofloxacin  $(M_3)$  and formylciprofloxacin  $(M_4)$ , have been identified in human urine which, together, account for approximately 12% of an intravenous dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

## Excretion

Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/hr which exceeds the normal glomerular filtration rate of 7.2 L/hr. Thus, active tubular secretion would seem to play a significant role in its elimination.

Although bile concentrations of ciprofloxacin are 3-4 times higher than serum concentrations after intravenous dosing, only a small amount of the dose administered (<1%) is recovered from bile as unchanged medicine.

An additional 1-2% of the dose is recovered from bile in the form of metabolites.

Approximately 15% of an intravenous dose is recovered from the faeces within 5 days after dosing.

# Factors Influencing Pharmacokinetics

# Impaired renal/hepatic function

In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is slightly prolonged, but dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half-life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION**). Serum metabolite concentrations, particularly sulfociprofloxacin (M<sub>2</sub>) and oxociprofloxacin (M<sub>3</sub>), are higher in renally impaired patients than in patients with normal renal function.

In preliminary studies in patients with stable chronic liver cirrhosis, no significant changes in ciprofloxacin pharmacokinetics were observed. The kinetics of ciprofloxacin in patients with acute hepatic insufficiency, however, have not been fully elucidated.

# Age (elderly)

The higher levels of ciprofloxacin and its metabolites seen in elderly patients are possibly due to reduced renal function and volume of distribution.

## **Inhalational Anthrax**

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

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intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited (for additional information, see **PRECAUTIONS**, **Paediatric Use**). Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11\ LD_{50}$  (~5.5 x  $10^5$ ) spores (range 5-30  $LD_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day medicine administration period.

# **INDICATIONS**

- Ciprofloxacin IV is indicated for use in hospitalised adult patients in whom oral ciprofloxacin is indicated but cannot be administered or where the oral form is inappropriate.
- 2. For the treatment of serious or life-threatening infections due to sensitive organisms involving the following organ systems:

Lower respiratory tract infections (Gram-negative organisms) Skin and Skin Structure Septicaemia Bone and Joint Urinary Tract

3. Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolised *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

# Note:

Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the medicine of choice in cases with Gram-positive infections due to *Streptococcus pneumoniae*.

If anaerobic organisms are suspected of contributing to the infection, use of other suitable medicines should be considered.

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

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Ciprofloxacin is suitable to treat mixed infections caused by susceptible strains of both Gram-negative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones (including nalidixic acid), or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Interaction with Other Medicines).

## **PRECAUTIONS**

The use of ciprofloxacin in pre-pubertal children – except for use in inhalational anthrax (post-exposure) – and during pregnancy is not recommended.

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

# **Antibiotic-associated Colitis**

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to medicine discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated. Medicines which delay peristalsis, e.g. opiates and diphenoxylate with atropine (Lomotil), may prolong and/or worsen the condition and should not be used in this situation.

# Musculoskeletal system

Achilles and other tendon ruptures, sometimes bilateral that required surgical repair or resulted in prolonged disability have been reported with ciprofloxacin and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

# Superinfection

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As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the medicine.

# **Duration of use**

Increased toxicity of intravenous ciprofloxacin has been associated with increased duration of use, hence oral ciprofloxacin should be substituted as soon as practicable.

# **Hypersensitivity**

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). Some reactions are accompanied by cardiovascular collapse. Appropriate emergency measures for the management of such reactions should be readily available.

# **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

## **Cardiac Disorders**

Ciprofloxacin is associated with cases of QT prolongation. In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant medicines that can result in prolongation with the QT interval (e.g., Class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for QT prolongation or torsade de pointes (e.g., congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

# **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideation/thoughts and self-injurious behaviour, such as attempted or completed suicide. If depression, psychotic reactions, suicide-related thoughts or self-injurious behaviour occur, Ciproxin IV should be discontinued and appropriate measures instituted.

# Cytochrome P450

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Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other medicines are administered concomitantly which are metabolised via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drugspecific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (see also **Interaction with Other Medicines**).

# **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin IV should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin IV should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin IV should be discontinued.

# **Nervous System**

Ciproxin IV might exacerbate symptoms of myasthenia gravis. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin IV should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

#### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

# Use in the Elderly

Ciproxin IV should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

# **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

As with any potent medicine, periodic assessment of organ system functions, including renal, hepatic and haematopoietic, is advisable during prolonged therapy.

#### **Effects on the Liver**

There can be a temporary increase in transaminases, alkaline phosphatase or cholestatic jaundice, especially in patients with previous liver damage.

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued. There

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can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

## General

Ciprofloxacin intravenous solution should be administered by slow infusion over a period of 60 minutes. Local IV site reactions have been reported with the intravenous administration of ciprofloxacin. These reactions are more frequent if infusion time is 60 minutes or less or if small veins of the hand are used. These may appear as local skin reactions which resolve rapidly upon completion of the infusion. Subsequent intravenous administration is not contraindicated unless the reactions recur or worsen.

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9.

Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the medicine, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

The additional sodium load should be taken into account when using Ciproxin IV in patients for whom sodium intake is of medical concern (e.g. patients with congestive heart failure, renal failure, nephrotic syndrome, etc. (see **PRESENTATION AND STORAGE CONDITIONS** or **DOSAGE AND ADMINISTRATION** for sodium content).

# Severe Infections and/or Infections due to Gram-positive or anaerobic bacteria

For the treatment of severe infections, staphylococcal infections and infections involving anaerobic bacteria, ciprofloxacin should be used in combination with an appropriate antibacterial agent.

# Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

# **Use in Pregnancy**

# Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastro-intestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit, and no embryotoxicity or teratogenicity was observed.

There are, however, no adequate and well-controlled studies in pregnant women. Like other medicines in its class, ciprofloxacin causes arthropathy in immature animals.

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Ciproxin IV should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

## Use in Lactation

Ciprofloxacin is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

# **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related medicines such as nalidixic acid, norfloxacin and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION.** The safety and effectiveness of ciprofloxacin in prepubertal children except for use in inhalational anthrax (post-exposure) have not been established.

# Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay *in vitro*, but not in other mammalian systems *in vitro* or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the medicine did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m²), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using

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pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

# **Effects on Ability to Drive and Use Machines**

Fluoroquinolones including ciprofloxacin may result in an impairment of the patient's ability to drive or operate machinery due to CNS reactions. This is even more applicable when the medicine is taken in conjunction with alcohol.

# **Interaction on Laboratory Tests**

Ciprofloxacin *in vitro* potency may interfere with the Mycobacterium spp. Culture test by suppression of myobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

# INTERACTIONS WITH OTHER MEDICINES

# **Drugs known to prolong QT interval**

Ciproxin IV, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics)

# Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline, prolongation of its elimination half-life and increased adverse reactions, particularly those involving the CNS.

# SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN IV AND THEOPHYLLINE.

These reactions include cardiac arrest, convulsive seizures, status epilepticus and respiratory failure. Similar serious adverse events have been noted with administration of theophylline alone; however, the possibility that ciprofloxacin may potentiate these reactions cannot be eliminated.

If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

# **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{max}$  and AUC of ciprofloxacin.

## **Probenecid**

Probenecid interferes with the renal excretion of ciprofloxacin. Co-administration of probenecid and ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance, a 50% increase in AUC but without altering peak concentration or time to peak.

# **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as acenocoumarol, phenprocoumon, or

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fluindione. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

# Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly.

# Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin IV and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

## **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

## Other xanthine derivatives

On concurrent administration of ciprofloxacin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

# Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin IV is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin IV with phenytoin.

## Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant ciprofloxacin therapy is indicated.

## **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with ciprofloxacin (see also **CONTRAINDICATIONS**).

#### **Duloxetine**

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In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration (see **PRECAUTIONS**).

# Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Monitoring ropinirole-related adverse effects and/or dose adjustment as appropriate is recommended during and shortly after coadministration with ciprofloxacin.

# Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

# Clozapine

Following concomitant administration of 250 mg oral ciprofloxacin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with oral ciprofloxacin are advised.

## Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg ciprofloxacin oral tablet. Therefore, caution should be used prescribing oral ciprofloxacin concomitantly with sildenafil taking into consideration the risks and the benefits.

# Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **PRECAUTIONS**, **Cytochrome P450**).

# Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

# **ADVERSE EFFECTS**

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Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

The frequencies of ADRs reported with Ciproxin IV are summarised in Table 1 below. Within each frequency grouping, adverse effects are presented in order of decreasing seriousness.

The frequencies of ADRs are defined as:

Common  $\geq$  1/100 to < 1/10 ( $\geq$  1% to <10%) Uncommon  $\geq$  1/1000 to < 1/100 ( $\geq$  0.1% to <1%) Rare  $\geq$  1/10000 to < 1/1000 ( $\geq$  0.01% to <0.1%)

Very rare < 1/10000 (<0.01%)

Table 1. ADRs reported based on clinical trial data

Common	Uncommon	Rare	Very rare	
≥ 1% to	≥ 0.1% to	≥ 0.01% to < 0.1%	< 0.01%	
< 10%	< 1%			
Infections and Inf	festations			
	Mycotic	Antibiotic associated colitis		
	superinfections	(very rarely with possible fatal		
		outcome)		
Blood and Lymph	natic System Disorde	rs		
	Eosinophilia	Leukopaenia	Haemolytic anaemia	
		Anaemia	Agranulocytosis	
		Neutropenia	Pancytopenia	
		Leukocytosis	(life-threatening)	
		Thrombocytopenia	Bone marrow	
		Thrombocytaemia	depression (life-	
			threatening)	
Immune System Disorders				
		Allergic reaction	Anaphylactic	
		Allergic oedema /	reaction	
		angioedema	Anaphylactic shock	
			(life-threatening)	
			Serum sickness-	
			like reaction	
Metabolism and N	Metabolism and Nutrition Disorders			
	Decreased	Hyperglycaemia		
	appetite and	Hypoglycaemia		
	food intake			

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Common ≥ 1% to	Uncommon ≥ 0.1% to	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
< 10%	< 1%		
Psychiatric Disor	ders		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self- injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)
Nervous System	Disorders	¥-	-
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperaesthesia Intracranial hypertension (pseudotumour cerebri)
Eye Disorders			
		Visual disturbances	Visual colour distortions
Ear and Labyrinth	n Disorders		
		Tinnitus Hearing loss	Hearing impaired
Cardiac Disorders	s		
		Tachycardia	
Vascular Disorde	rs		
		Vasodilatation Hypotension Syncope	Vasculitis
Respiratory, Thor	acic and Mediastinal	Disorders	
		Dyspnoea (including asthmatic condition)	

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
Gastrointestinal	Disorders		
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis
Hepato-biliary Dis	sorders		
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcuta	aneous Tissue Disord	lers	
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme, Erythema nodosum Stevens-Johnson syndrome (potentially life- threatening) Toxic epidermal necrolysis (potentially life- threatening)
Musculoskeletal,	Connective Tissue a	nd Bone Disorders	
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis
Renal and Urinar	y Disorders		, ,
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis	

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
General Disorder	s and Administration	Site Conditions	
Injection and infusion site reactions (only intravenous administration) e.g. phlebitis or thrombophlebitis	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyperhidrosis)	Gait disturbance
Investigations			
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) and for which a frequency could not be estimated are listed in Table 2 below.

Table 2. ADRs reported based on post marketing reports

Blood and Lymphatic System	Pancytopenia (life-threatening)
Disorders	Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction
_	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-
	threatening hepatic failure)
Skin and Subcutaneous Tissue	Erythema nodosum
Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective	Exacerbation of symptoms of myasthenia gravis
Tissue and Bone Disorders	
General Disorders and	Gait disturbance
Administration Site Conditions	
Investigations	International Normalised Ratio (INR) increased (in
	patients treated with Vitamin K antagonists)

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The following table of adverse effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment.

Table 3. Higher frequency of adverse effects occurring in patients

Common	Vomiting, transient increase in transaminases, rash
Uncommon	Thrombocytopenia, thrombocytaemia, confusion and disorientation, hallucinations, par- and dysaesthesia, seizures, vertigo, visual disturbances, hearing loss, tachycardia, vasodilatation, hypotension, transient hepatic impairment, jaundice, renal failure, oedema
Rare	Pancytopenia, bone marrow depression, anaphylactic shock, psychotic reactions, migraine, smell disorders, hearing impaired, vasculitis, pancreatitis, liver necrosis, petechiae, tendon rupture

# DOSAGE AND ADMINISTRATION

Intravenous therapy, for the indications mentioned below, should be used only when oral therapy is contraindicated. The usual dosage for adults is 200-300 mg every 12 hours. For complicated infections or for those caused by organisms not highly susceptible, 300 mg should be administered every 12 hours.

Table 4. Dosage guidelines

Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Urinary tract	Severe/ Complicated	200 mg	q 12 h	400 mg
Lower	Moderate	200 mg	q 12 h	400 mg
respiratory tract infections (gram- negative)	Severe/ Complicated (less susceptible organisms)	300 mg	q 12 h	600 mg
Skin or Skin Structure	organisms)			
Blood				
Bone or Joint				
Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Inhalational	Adult	400 mg	q 12 h	800 mg

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Anthrax (post- exposure)*	Paediatric	10 mg/kg per dose, not to exceed 400 mg per dose	q 12 h	Not to exceed 800 mg
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Drug administration should begin as soon as possible after suspected or confirmed exposure. This indication is based on a surrogate endpoint, ciprofloxacin serum concentrations achieved in humans. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

Ciproxin IV should be administered only by intravenous infusion over a period of 60 minutes. Slow infusion of a dilute solution into a large vein will minimise patient discomfort and reduce the risk of venous irritation.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defense mechanisms, and the status of renal and hepatic function.

The serum creatinine should represent a steady state of renal function.

#### Duration

The duration of treatment depends upon the severity of infection. Generally, ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days (parenteral therapy should be changed to oral ciprofloxacin tablets as soon as the condition warrants). In general, intravenous ciprofloxacin should not normally be given for greater than 14 days. However, for severe and complicated infections more prolonged therapy may be required. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

# **Impaired Renal Function**

For creatinine clearance equal to or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 400 mg/day for IV regimen.

When only data for serum creatinine are available, the following formula (Cockroft's equation) may be used to estimate creatinine clearance.

# Men:

Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} \times 0.0885$$

Women: 0.85 x the above value calculated for men.

## Administration

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Ciprofloxacin IV infusion solutions (0.2%) are available as a pre-mixed solution in 0.9% sodium chloride, equivalent to approximately 154 mmoL sodium per litre, packed in 50 mL or 100 mL glass bottles.

The solution should be infused over a period of not less than 60 minutes by direct infusion or through a Y-type intravenous infusion set which may already be in place. If this method or the "piggyback" method of administration is used, it is advisable to discontinue temporarily the administration of any other solutions during the intravenous infusion of ciprofloxacin.

Osmolality of the infusion solution: 300 mOsm/Kg

Sodium chloride content: 900 mg/100 mL

If ciprofloxacin IV is to be given concomitantly with another medicine, each medicine should be given separately in accordance with the recommended dosage and route of administration for each medicine.

# **Compatibility and Stability**

Ciprofloxacin solutions are incompatible with all infusion solutions/medicines (e.g., penicillins, heparin solutions), which are physically or chemically unstable at the pH of ciprofloxacin (pH 3.9 - 4.5), especially when combined with alkaline solutions.

The visual signs of incompatibility are e.g. precipitation, clouding and discolouration. Only clear solutions are to be used.

Since ciprofloxacin is slightly light sensitive, the solutions should be protected from light during storage.

# **OVERDOSAGE**

In the event of acute overdosage, reversible renal toxicity has been reported in some cases. Apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify, if required to prevent crystalluria. Adequate hydration must be maintained.

Only a small quantity of ciprofloxacin (<10%) is eliminated by haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

## PRESENTATION AND STORAGE CONDITIONS

Ciproxin IV is a clear, colourless to slightly yellowish solution.

Ciproxin IV infusion solutions (0.2%) are available in vials containing pre-mixed solutions of ciprofloxacin 100 mg/50 mL and 200 mg/100 mL in 0.9% sodium chloride.

Store below 30°C. Protect from light. Do not refrigerate or freeze.

# Instructions for handling

At cool temperatures precipitation may occur, which will re-dissolve at room temperature. It is therefore recommended not to store the infusion solution in a refrigerator.

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For ease of use the infusion vial stopper should be penetrated in the central ring. Penetration of the outer ring may result in damage to the vial stopper.

# NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

# POISON SCHEDULE OF THE MEDICINE

PRESCRIPTION ONLY MEDICINE

DATE OF FIRST INCLUSION ON ARTG: 20 DECEMBER 1993

DATE OF MOST RECENT AMENDMENT: DD MMM YYYY

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<sup>&</sup>lt;sup>®</sup> Registered Trademark of Bayer Group, Germany

#### PRODUCT INFORMATION

**CIPROXIN®** (Ciprofloxacin)

## NAME OF THE MEDICINE

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid. The CAS Registry number is [86393-32-0]. It is a faintly yellowish to yellow crystalline substance with a molecular weight of 385.8. Its empirical formula is C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub>.HCl.H<sub>2</sub>O and its chemical structure is as follows:

#### DESCRIPTION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

## **PHARMACOLOGY**

## Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

# **Gram-Negative:**

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

## Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

#### \*Note:

- 1. Gram-positive organisms are generally less sensitive to ciprofloxacin than Gramnegative organisms.
- 2. Most strains of *Streptococci* are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by *Enterococcus faecalis*; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas maltophilia* are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker (see **PHARMACOLOGY**).

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

#### **Pharmacokinetics**

## **Absorption**

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

### Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

Dose (mg)	Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)
250	1.4	5.4
500	2.6	10.6
750	3.4	15.0

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4  $\mu$ g/mL respectively.

## Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Elimination

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION)**.

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

## Inhalational anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see PRECAUTIONS, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11 \text{ LD}_{50}$  (~5.5 x  $10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

## **INDICATIONS**

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

## Note:

- 1. Typhoid and Paratyphoid infections and infections due to multi-resistant Staphylococcus aureus are excluded from the above due to insufficient data.
- 2. Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the drug of choice in cases with Gram-positive infections, such as pneumonia due to *Streptococcus pneumoniae*.
- 3. Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## **CONTRAINDICATIONS**

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see INTERACTIONS WITH OTHER MEDICINES).

## **PRECAUTIONS**

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects) and musculoskeletal system (see Effects on Tendons).

## Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

#### Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see **ADVERSE EFFECTS**). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for torsade de pointes (e.g. congenital long QTsyndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

## **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

#### **Effects on the Liver**

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **ADVERSE EFFECTS**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

### **Effects on Tendons**

Tendonitis and tendon ruptures (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

## **Superinfections**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

# Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the drug.

# **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

## **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideations/thoughts and self-injurious behaviour, such as attempted or completed suicide. If depression, psychotic reactions, suicide-related thoughts or self-injurious behaviour occur, Ciproxin should be discontinued and appropriate measures instituted.

## **Nervous System**

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

## **Cytochrome P450**

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolized via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin. (See also **INTERACTIONS WITH OTHER MEDICINES**)

## Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

### **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous side effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

### **Elderly Patients**

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

### **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

### **Use in Pregnancy**

## **Pregnancy Category B3**

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus. (e.g. potential damage to articular cartilage in the immature fetal organism).

### **Use in Lactation**

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue

nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

#### **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION**.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

# Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

## Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

### Effects on ability to drive and use machines

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

### Effect on laboratory tests

Ciprofloxacin in vitro potency may interfere with the Mycobacterium spp. Culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

#### INTERACTIONS WITH OTHER MEDICINES

## **Drugs known to prolong QT interval**

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

## Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

### **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

#### Probenecid

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

### **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

### Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

### Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

## Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

## **Phenytoin**

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

### Other

Iron, sucralfate or highly buffered drugs (e.g. antiretrovirals), polymeric phosphate binders (e.g. sevelamer) and antacids containing magnesium, aluminium or calcium interfere with the absorption of ciprofloxacin; concurrent administration of these agents with Ciproxin should be avoided.

### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and

sedative effect. Tizanidine must not be administered together with Ciproxin (see also **CONTRAINDICATONS**).

#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

### Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a medium inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after co-administration with Ciproxin; dose adjustment is recommended if necessary.

#### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

### Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

### Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **PRECAUTIONS**, **Cytochrome P450**).

## Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

# **ADVERSE EFFECTS**

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common	Uncommon	Rare	Very rare	
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%	
Infections and Infe	Infections and Infestations			
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)		
Blood and Lympha	tic System Disor	ders		
	Eosinophilia	Leukopenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life- threatening) Bone marrow depression (life-threatening)	
Immune System D	isorders	· · · · · · · · · · · · · · · · · · ·		
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life- threatening) Serum sickness-like reaction	
Metabolism and No	utrition Disorders			
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia		
Psychiatric Disord	ers			
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in selfinjurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)	

Common	Uncommon	Rare	Very rare	
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%	
Nervous System Disorders				
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperesthesia Intracranial hypertension (pseudotumour cerebri)	
Eye Disorders	Ι	\/:	\ \( \text{C} = \cdot \)	
For and Laboritate	Digardara	Visual disturbances	Visual color distortions	
Ear and Labyrinth  Cardiac Disorders	Disorders	Tinnitus Hearing loss	Hearing impaired	
		Tachycardia		
Vascular Disorders	S			
		Vasodilatation Hypotension Syncope	Vasculitis	
Respiratory, Thora	cic and Mediastir	nal Disorders		
		Dyspnoea (including asthmatic condition)		
Gastrointestinal D	isorders			
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis	
Hepato-biliary Disc	Hepato-biliary Disorders			
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)	

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Skin and Subcutan	eous Tissue Disc	orders	
	Rash	Photosensitivity	Petechiae
	Pruritus	reactions	Erythema multiforme
	Urticaria	Blistering	Erythema nodosum
			Stevens-Johnson syndrome (potentially life-threatening)
			Toxic epidermal necrolysis (potentially life-threatening)
Musculoskeletal, C	onnective Tissue	and Bone Disorders	
	Arthralgia	Myalgia	Muscular weakness
		Arthritis	Tendonitis
		Increased muscle tone and cramping	Tendon rupture (predominantly Achilles tendon)
			Exacerbation of symptoms of myasthenia gravis
Renal and Urinary	Disorders		
	Renal	Renal failure	
	impairment	Haematuria	
		Crystalluria	
		Tubulointerstitial nephritis	
General Disorders	and Administration	on Site Conditions	
Injection and infusion site reactions (only intravenous administration)	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyper- hidrosis)	Gait disturbance
Investigations			
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

Note: The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Blood and Lymphatic System Disorders	Pancytopenia (life-threatening) Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia Intracranial hypertension Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation Ventricular arrhythmia Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutaneous Tissue Disorders	Erythema nodosum Stevens-Johnson syndrome (potentially life-threatening) Toxic epidermal necrolysis (potentially life-threatening) Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis
General Disorders and Administration Site Conditions	Gait disturbance
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema

Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

### DOSAGE AND ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

### Duration

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

### **Impaired Renal Function**

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} x 0.0885$$

Women: 0.85 x the value calculated for men.

#### **OVERDOSAGE**

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

## PRESENTATION AND STORAGE CONDITIONS

**Ciproxin 250** – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom. Blister packs of 2 and 14 tablets.

**Ciproxin 500** – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom. Blister packs of 14.

**Ciproxin 750** – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom. Blister packs of 14.

### NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

## **POISON SCHEDULE**

PRESCRIPTION ONLY MEDICINE

# DATE OF FIRST INCLUSION ON THE ARTG

2 March 1992

# **DATE OF MOST RECENT AMENDMENT**

21 July 2017xx xxxxxx xxxx

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### PRODUCT INFORMATION

**CIPROXIN®** (Ciprofloxacin)

### NAME OF THE MEDICINE

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid. The CAS Registry number is [86393-32-0]. It is a faintly yellowish to yellow crystalline substance with a molecular weight of 385.8. Its empirical formula is  $C_{17}H_{18}FN_3O_3.HCI.H_2O$  and its chemical structure is as follows:

### DESCRIPTION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

## **PHARMACOLOGY**

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

# Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

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### Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

## \*Note:

- 1. Gram-positive organisms are generally less sensitive to ciprofloxacin than Gramnegative organisms.
- 2. Most strains of Streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by Enterococcus faecalis; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker (see **PHARMACOLOGY**).

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

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*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

### **Pharmacokinetics**

## **Absorption**

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

# Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

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Dose (mg)	Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)
250	1.4	5.4
500	2.6	10.6
750	3.4	15.0

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4  $\mu$ g/mL respectively.

### Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

### Elimination

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION).** 

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

## **Inhalational anthrax**

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

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intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see PRECAUTIONS, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11 \text{ LD}_{50}$  ( $\sim 5.5 \times 10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{\text{max}}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

### **INDICATIONS**

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

## Note:

- 1. Typhoid and Paratyphoid infections and infections due to multi-resistant Staphylococcus aureus are excluded from the above due to insufficient data.
- 2. Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the drug of choice in cases with Gram-positive infections, such as pneumonia due to *Streptococcus pneumoniae*.
- 3. Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

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Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see INTERACTIONS WITH OTHER MEDICINES).

## **PRECAUTIONS**

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects) and musculoskeletal system (see Effects on Tendons).

# Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

### Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see **ADVERSE EFFECTS**). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for torsade de pointes (e.g. congenital long QTsyndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia ).

### **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

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Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

### Effects on the Liver

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **ADVERSE EFFECTS**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### **Effects on Tendons**

Tendonitis and tendon ruptures (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment or up to several months after discontinuation of ciprofloxacin. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences any sign of tendonitis (e.g. painful swelling, inflammation) or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

# **Superinfections**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

# Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the drug.

# **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

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Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

## **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin. In rare cases, depression or psychotic reactions can progress to suicidal ideations/thoughts and self-injurious behaviour, such as attempted or completed suicide. If depression, psychotic reactions, suicide-related thoughts or self-injurious behaviour occur, Ciproxin should be discontinued and appropriate measures instituted.

# **Nervous System**

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

## **Vision disorders**

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

## Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolized via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin. (See also **INTERACTIONS WITH OTHER MEDICINES**)

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# Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

# **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous side effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

## **Elderly Patients**

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance.

## **Impaired Renal Function**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

### **Use in Pregnancy**

## Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus. (e.g. potential damage to articular cartilage in the immature fetal organism).

## **Use in Lactation**

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue

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nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

### Paediatric Use

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION**.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

# Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

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# Effects on ability to drive and use machines

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

### Effect on laboratory tests

Ciprofloxacin in vitro potency may interfere with the Mycobacterium spp. Culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

## INTERACTIONS WITH OTHER MEDICINES

# **Drugs known to prolong QT interval**

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

# Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

## **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

#### Probenecid

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

## **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

# Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

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## Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

## **Oral antidiabetic agents**

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

# **Phenytoin**

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

### Other

Iron, sucralfate or highly buffered drugs (e.g. antiretrovirals), polymeric phosphate binders (e.g. sevelamer) and antacids containing magnesium, aluminium or calcium interfere with the absorption of ciprofloxacin; concurrent administration of these agents with Ciproxin should be avoided.

### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and

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sedative effect. Tizanidine must not be administered together with Ciproxin (see also **CONTRAINDICATONS**).

## **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

## Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a medium inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after co-administration with Ciproxin; dose adjustment is recommended if necessary.

### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

## Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

# Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

### **Agomelatine**

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **PRECAUTIONS**, **Cytochrome P450**).

# Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

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# **ADVERSE EFFECTS**

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Infections and Infe	stations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lympha	tic System Disor	ders	
	Eosinophilia	Leukopenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life- threatening) Bone marrow depression (life-threatening)
Immune System D	  sorders	Thiombocytaemia	
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life-threatening) Serum sickness-like reaction
Metabolism and No	utrition Disorders	T	
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
Psychiatric Disord	ers		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)

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Common	Uncommon	Rare	Very rare	
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%	
Nervous System D	isorders			
Evo Digordoro	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperesthesia Intracranial hypertension (pseudotumour cerebri)	
Eye Disorders	Γ	Visual disturbances	Visual color distortions	
Ear and Labyrinth	Disorders	visual disturbances	VISUAL COLOI VISUALIONS	
Cardiac Disorders	Disorders	Tinnitus Hearing loss	Hearing impaired	
Curaius Bissinois		Tachycardia		
Vascular Disorders	 5	, asiny sairana		
		Vasodilatation Hypotension Syncope	Vasculitis	
Respiratory, Thora	cic and Mediastir	nal Disorders		
		Dyspnoea (including asthmatic condition)		
Gastrointestinal Di	sorders	_		
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis	
Hepato-biliary Disc	Hepato-biliary Disorders			
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)	

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Common	Uncommon	Rare	Very rare	
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%	
Skin and Subcutar	Skin and Subcutaneous Tissue Disorders			
	Rash	Photosensitivity	Petechiae	
	Pruritus	reactions	Erythema multiforme	
	Urticaria	Blistering	Erythema nodosum	
			Stevens-Johnson syndrome (potentially life-threatening)	
			Toxic epidermal necrolysis (potentially life-threatening)	
Musculoskeletal, C	onnective Tissue	and Bone Disorders		
	Arthralgia	Myalgia	Muscular weakness	
		Arthritis	Tendonitis	
		Increased muscle tone and cramping	Tendon rupture (predominantly Achilles tendon)	
			Exacerbation of symptoms of myasthenia gravis	
Renal and Urinary	Disorders			
	Renal	Renal failure		
	impairment	Haematuria		
		Crystalluria		
		Tubulointerstitial nephritis		
<b>General Disorders</b>	General Disorders and Administration Site Conditions			
Injection and infusion site reactions (only intravenous administration)	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyper- hidrosis)	Gait disturbance	
Investigations				
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase		

Note: The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

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ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Blood and Lymphatic System	Pancytopenia
Disorders	(life-threatening)
	Bone marrow depression
	(life-threatening)
Immune System Disorders	Serum sickness-like reaction
	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutaneous	Erythema nodosum
Tissue Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis
General Disorders and Administration Site Conditions	Gait disturbance
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema

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Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

## DOSAGE AND ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

**Bone and joint infections -** 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

# **Duration**

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

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# **Impaired Renal Function**

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} x 0.0885$$

Women: 0.85 x the value calculated for men.

## **OVERDOSAGE**

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

## PRESENTATION AND STORAGE CONDITIONS

**Ciproxin 250** – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom. Blister packs of 2 and 14 tablets.

**Ciproxin 500** – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom. Blister packs of 14.

**Ciproxin 750** – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom. Blister packs of 14.

## NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

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# **POISON SCHEDULE**

PRESCRIPTION ONLY MEDICINE

# DATE OF FIRST INCLUSION ON THE ARTG

2 March 1992

# DATE OF MOST RECENT AMENDMENT

XX XXXXXX XXXX

<sup>®</sup> Registered Trademark of Bayer Group, Germany

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# **Attachment 2a**

#### PRODUCT INFORMATION

# CIPROXIN® IV Ciprofloxacin

#### NAME OF THE MEDICINE

Ciproxin IV (ciprofloxacin) is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity for intravenous (IV) administration. Ciprofloxacin, a fluoroquinolone, is a 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinoline-carboxylic acid. The CAS Registry number is 85721-33-1. It is a faint to light yellow crystalline powder with a molecular weight of 331.4. Its empirical formula is C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub> and its chemical structure is as follows:

#### DESCRIPTION

Ciproxin IV (ciprofloxacin lactate) is available as a 100 mg/50 mL and a 200 mg/100 mL ready-to-use infusion solution in 0.9% sodium chloride injection. Ciproxin IV also contains the excipients: lactic acid, which is used as a solubilising agent, hydrochloric acid for pH adjustment, and water for injections. The solution is a clear, colourless to slightly yellow solution

## **PHARMACOLOGY**

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* and *in vivo* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase.

## Gram-negative organisms

Escherichia coli, Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis; Campylobacter species.

#### Gram-positive organisms\*

Staphylococcus aureus (including methicillin susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

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#### Note: \*

- Gram-positive organisms and Pseudomonas aeruginosa are generally less sensitive to ciprofloxacin than other Gram-negative organisms which results in lower medicine efficacy rates.
- 2. Most strains of streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the medicine to be effective for urinary tract infections caused by Enterococcus faecalis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the medicine of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- Most strains of Burkholderia cepacia and many strains of Stenotrophomonas maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including Bacteroides fragilis and Clostridium difficile.
- Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against Treponema pallidum.
- The *in vitro* MIC of several strains of Serratia approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2-8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice, resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone ant bacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g. nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that additive activity often results when ciprofloxacin is combined with other antimicrobial agents. The combination behaves either in an indifferent or additive manner. Synergism or antagonism has been observed very rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

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#### Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is I kely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible medicines, the test should be repeated. This category implies possible clinical applicability in body sites where the medicine is physiologically concentrated or in situations where high dosage of medicine can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

#### **Pharmacokinetics**

#### Distribution

Immediately following a 30-minute intravenous infusion of 200 mg ciprofloxacin, serum concentrations average 3  $\mu$ g/mL. During the first hour after completion of infusion, serum concentration decreases to approximately 30% of the peak value, but thereafter serum concentrations decline with a half-life of approximately 4 hours. Mean concentrations observed after a 200 mg dose is given below:

Ciprofloxacin Serum Concentrations (µg/mL) After a 30-minute Infusion

Dose	End of Infusion	0.5 hr	1 hr	3 hr	6 hr	8 hr	12 hr
200 mg	3.18	1.4	1.0	0.5	0.3	0.2	0.1

The pharmacokinetics of intravenously administered ciprofloxacin are near-linear over the dosage range of 100 mg to 300 mg, as no substantial dose-dependent changes in clearance or serum half-life are observed.

Approximately 50-70% of the intravenous dose is excreted in the urine as unchanged medicine. During the first 2 hours of a 200 mg intravenous dose, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL.

# **Protein Binding**

Binding of ciprofloxacin to serum protein is 20-40%.

#### Metabolism

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Four metabolites, desethyleneciprofloxacin ( $M_1$ ), sulphociprofloxacin ( $M_2$ ), oxociprofloxacin ( $M_3$ ) and formylciprofloxacin ( $M_4$ ), have been identified in human urine which, together, account for approximately 12% of an intravenous dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Excretion

Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/hr which exceeds the normal glomerular filtration rate of 7.2 L/hr. Thus, active tubular secretion would seem to play a significant role in its elimination

Although bile concentrations of ciprofloxacin are 3-4 times higher than serum concentrations after intravenous dosing, only a small amount of the dose administered (<1%) is recovered from bile as unchanged medicine.

An additional 1-2% of the dose is recovered from bile in the form of metabolites.

Approximately 15% of an intravenous dose is recovered from the faeces within 5 days after dosing.

#### Factors Influencing Pharmacokinetics

## Impaired renal/hepatic function

In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is slightly prolonged, but dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half-life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see DOSAGE AND ADMINISTRATION). Serum metabolite concentrations, particularly sulfociprofloxacin (M<sub>2</sub>) and oxociprofloxacin (M<sub>3</sub>), are higher in renally impaired patients than in patients with normal renal function.

In preliminary studies in patients with stable chronic liver cirrhosis, no significant changes in ciprofloxacin pharmacokinetics were observed. The kinetics of ciprofloxacin in patients with acute hepatic insufficiency, however, have not been fully elucidated.

## Age (elderly)

The higher levels of ciprofloxacin and its metabolites seen in elderly patients are possibly due to reduced renal function and volume of distribution.

# Inhalational Anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see DOSAGE AND ADMINISTRATION). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak

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concentration of 3.6 µg/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited (for additional information, see PRECAUTIONS, Paediatric Use). Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of 11 LD $_{50}$  (~5.5 x 10 $^{5}$ ) spores (range 5-30 LD $_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected T $_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day medicine administration period.

#### INDICATIONS

- Ciprofloxacin IV is indicated for use in hospitalised adult patients in whom oral ciprofloxacin is indicated but cannot be administered or where the oral form is inappropriate.
- For the treatment of serious or life-threatening infections due to sensitive organisms involving the following organ systems:

Lower respiratory tract infections (Gram-negative organisms) Skin and Skin Structure Septicaemia Bone and Joint Urinary Tract

 Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolised *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the medicine of choice in cases with Gram-positive infections due to *Streptococcus* pneumoniae.

If anaerobic organisms are suspected of contributing to the infection, use of other suitable medicines should be considered.

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciprofloxacin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

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Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones\_(including nalidixic acid), or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Interaction with Other Medicines).

#### **PRECAUTIONS**

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects and Psychiatric reactions) and musculoskeletal system (see Tendonitis and tendon rupture Musculoskeletal system).

The use of ciprofloxacin in pre-pubertal children – except for use in inhalational anthrax (post-exposure) – and during pregnancy is not recommended.

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

#### **Antibiotic-associated Colitis**

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to medicine discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated. Medicines which delay peristalsis, e.g. opiates and diphenoxylate with atropine (Lomotil), may prolong and/or worsen the condition and should not be used in this situation.

# Musculoskolotal system

#### Myasthenia gravis

Ciproxin IV should be used with caution in patients with myasthenia gravis, because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

## Tendonitis and tendon rupture

Tendonitis and tendon rupture (predominantly Achilles tendon) and other tendon ruptures, sometimes bilateral, that required surgical repair or resulted in prolonged disability have been

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Commented [ ]: New Heading as per CCDS 19

Commented [33]: Wording updated to be in line with CCDS 19

Commented :: This pre-existing text has been moved from the 'Nervous System' section and given a separate heading 'Myasthenia gravis' according to CCDS 19 update

Commented :: Title of precaution changed to Tendonitis and tendon rupture as per CCDS 19 update reported with ciprofloxacin and other quinolones. This may occur even within the first 48 hours of treatment, and cases occurring or up to several months after discontinuation of eiprofloxacin completion of therapy have been reported. Patients who are elderly or have had prior systemic treatment with corticosteroids are thought to be at particular risk. The risk of tendinopathy may be increased in elderly patients, during strenuous physical activity, in patients treated concomitantly with corticosteroids. In patients with renal impairment and in patients with solid organ transplants. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discontinued if the patient experiences At any sign of tendonitis (e.g. painful swelling, inflammation) the affected extremity should be kept at rest, any inappropriate physical exercise should be avoided, a physician should be consulted and the antibiotic treatment should be discontinued or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

Commented [26]: Additional risk factors included with CCDS 19 update

# Commented :: Additional information according to CCDS 19 update

#### Superinfection

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic f brosis patients following a single course of the medicine.

#### **Duration of use**

Increased toxicity of intravenous ciprofloxacin has been associated with increased duration of use, hence oral ciprofloxacin should be substituted as soon as practicable.

#### Hypersensitivity

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). Some reactions are accompanied by cardiovascular collapse. Appropriate emergency measures for the management of such reactions should be readily available.

#### **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

### Cardiac Disorders

Ciprofloxacin is associated with cases of QT prolongation. In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant medicines that can result in prolongation with the QT interval (e.g., Class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for QT prolongation or torsade de pointes (e.g., congenital long QT syndrome, uncorrected electrolyte imbalance

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such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS -reactions may occur even after the first administration of fluoroquinolones including ciprofloxacin.

#### Psychiatric reactions

Fluoroquinolones, including ciprofloxacin, have been associated with an increased risk of psychiatric adverse reactions including toxic psychosis, psychotic reactions progressing to suicidal ideations/thoughts, hallucinations or paranoia; depression, self-injurious behaviour such as attempted or completed suicide; anxiety, agitation, or nervousness; confusion\_delirium\_disonentation. or disturbances in attention, insomnia or nightmares, memory impairment. These reactions may occur following the first dose. Advise patients receiving ciprofloxacin to inform their healthcare provider immediately if these reactions occur\_discontinue the drug and institute appropriate care. In rare cases, depression or psychotic reactions can progress to suicidal ideation/thoughts and solf injurious behaviour, such as attempted or completed suicide. If depression, psychotic reactions, suicide related thoughts or solf injurious behaviour occur. Ciproxin IV should be discontinued and appropriate measures instituted.

#### Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other medicines are administered concomitantly which are metabolised via the same enzymatic pathway (e.g. tizanidine, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drugspecific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (see also Interaction with Other Medicines).

#### **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin IV should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin IV should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous system adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin IV should be discontinued.

# Nervous System Peripheral neuropathy

Ciproxin IV might exacerbate symptoms of myasthonia gravis. Therefore, at any clinical sign or symptom of an exacerbation of myasthonia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin IV should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or

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Commented [22]: New title as per CCDS 19 update

Commented 2: Information moved to be included under the title 'Myasthenia gravis'

weakness in order to prevent the development of an irreversible condition (see ADVERSE EFFECTS).

# Dysglycaemia

As with all fluoroguinolones, disturbances in blood glucose, including both hypoglycaemia and hyperglycaemia have been reported with Ciproxin. In Ciproxin-treated patients, dysglycaemia occurred predominantly in elderly diabetic patients receiving concomitant treatment with an oral hypoglycaemic agent (eg sulfonylurea) or with insulin. Cases of hypoglycaemic coma have been reported. In diabetic patients, careful monitoring of blood glucose is recommended (see ADVERSE EFFECTS).

#### Aortic aneurysm and dissection

Epidemiologic studies report an increased risk of aortic aneurysm and dissection after intake of fluoroquinolones, particularly in the older population. Therefore, fluoroquinolones should only be used after careful benefit-risk assessment and after consideration of other therapeutic options in patients with positive family history of aneurysm disease, or in patients diagnosed with pre-existing aortic aneurysm and/or dissection, or in presence of other risk factors or conditions predisposing for aortic aneurysm and dissection (eg Marfan syndrome, vascular Ehlers-Danlos syndrome, Takayasu arteritis, giant cell arteritis. Behcel's disease, hypertension, known atherosclerosis). In case of sudden abdominal, chest or back pain, patients should be advised to immediately consult a physician in an emergency department.

#### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see ADVERSE EFFECTS).

#### Use in the Elderly

Ciproxin IV should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance [see DOSAGE AND ADMINISTRATION].

#### Impaired Renal Function

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see DOSAGE AND ADMINISTRATION).

As with any potent medicine, periodic assessment of organ system functions, including renal, hepatic and haematopoietic, is advisable during prolonged therapy.

#### Effects on the Liver

There can be a temporary increase in transaminases, alkaline phosphatase or cholestatic jaundice, especially in patients with previous liver damage.

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued. There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

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Commented 3]: New Safety precaution requested by health authority and also requested in CCDS 19 update

Commented [25]: Additional information as per CCDS 19 update and TGA request. Information under the heading 'Oral Antidiabetic agents' removed from INTERACTIONS WITH OTHER MEDICINES to be included here

Commented 22.5]: Local HA requesting that a precaution "Aortic aneurysm and dissection" be included

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#### General

Ciprofloxacin intravenous solution should be administered by slow infusion over a period of 60 minutes. Local IV site reactions have been reported with the intravenous administration of ciprofloxacin. These reactions are more frequent if infusion time is 60 minutes or less or if small veins of the hand are used. These may appear as local skin reactions which resolve rapidly upon completion of the infusion. Subsequent intravenous administration is not contraindicated unless the reactions recur or worsen.

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9.

Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the medicine, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have acidic urine. Patients receiving ciprofloxacin should be well hydrated and a kalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

The additional sodium load should be taken into account when using Ciproxin IV in patients for whom sodium intake is of medical concern (e.g. patients with congestive heart failure, renal failure, nephrotic syndrome, etc. (see PRESENTATION AND STORAGE CONDITIONS or DOSAGE AND ADMINISTRATION for sodium content).

#### Severe Infections and/or Infections due to Gram-positive or anaerobic bacteria

For the treatment of severe infections, staphylococcal infections and infections involving anaerobic bacteria, ciprofloxacin should be used in combination with an appropriate ant bacterial agent.

#### Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

## **Use in Pregnancy**

#### **Pregnancy Category B3**

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastro-intestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit, and no embryotoxicity or teratogenicity was observed.

There are, however, no adequate and well-controlled studies in pregnant women. Like other medicines in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin IV should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

#### **Use in Lactation**

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Ciprofloxacin is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother

#### Paediatric Use

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related medicines such as nalidixic acid, norfloxacin and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see DOSAGE AND ADMINISTRATION. The safety and effectiveness of ciprofloxacin in prepubertal children except for use in inhalational anthrax (post-exposure) have not been established

#### Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay *in vitro*, but not in other mammalian systems *in vitro* or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the medicine did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m²), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

#### Effects on Ability to Drive and Use Machines

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Fluoroquinolones including ciprofloxacin may result in an impairment of the patient's ability to drive or operate machinery due to CNS reactions. This is even more applicable when the medicine is taken in conjunction with alcohol.

#### Interaction on Laboratory Tests

Ciprofloxacin in vitro potency may interfere with the Mycobacterium spp. Culture culture test by suppression of myobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

Commented [22] 8]: Editorial change. The interference is with the Mycobacterium spp. culture test and not with the Mycobacterium spp.

#### INTERACTIONS WITH OTHER MEDICINES

#### Drugs known to prolong QT interval

Ciproxin IV, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics)

#### Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline, prolongation of its elimination half-life and increased adverse reactions, particularly those involving the CNS.

# SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN IV AND THEOPHYLLINE.

These reactions include cardiac arrest, convulsive seizures, status epilepticus and respiratory failure. Similar serious adverse events have been noted with administration of theophylline alone; however, the possibility that ciprofloxacin may potentiate these reactions cannot be eliminated.

If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

#### Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

# Probenecid

Probenecid interferes with the renal excretion of ciprofloxacin. Co-administration of probenecid and ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance, a 50% increase in AUC but without altering peak concentration or time to peak.

# Anticoagulants

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as acenocoumarol, phenprocoumon, or fluindione. When these products are administered concomitantly, prothrombin time or other

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suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

#### Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly.

#### Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin IV and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

#### **NSAIDs**

Animal studies have shown that the combination of very high doses of fluoroquinolones quinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of ciprofloxacin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

#### Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin IV is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin IV with phenytoin.

#### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant ciprofloxacin therapy is indicated.

#### Tizanidine

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with ciprofloxacin (see also **CONTRAINDICATIONS**).

## Duloxetine

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and

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Commented [23,9]: This Interaction has remained in PI as specifically requested by the TGA

Commented [222:0]: MEC as per CCDS 19 update

 $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration (see **PRECAUTIONS**).

#### Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Monitoring ropinirole-related adverse effects and/or dose adjustment as appropriate is recommended during and shortly after coadministration with ciprofloxacin.

#### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inh bitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

#### Clozapine

Following concomitant administration of 250 mg oral ciprofloxacin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with oral ciprofloxacin are advised.

#### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg ciprofloxacin oral tablet. Therefore, caution should be used prescribing oral ciprofloxacin concomitantly with sildenafil taking into consideration the risks and the benefits.

#### Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inh bits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see PRECAUTIONS, Cytochrome P450).

#### Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

#### ADVERSE EFFECTS

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

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The frequencies of ADRs reported with Ciproxin IV are summarised in Table 1 below. Within each frequency grouping, adverse effects are presented in order of decreasing seriousness.

The frequencies of ADRs are defined as:

Common ≥ 1/100 to < 1/10 (≥ 1% to <10%) Uncommon ≥ 1/1000 to < 1/100 (≥ 0.1% to <1%) ≥ 1/10000 to < 1/1000 (≥ 0.01% to <0.1%) < 1/10000 (<0.01%) Rare

Very rare

# Table 1. ADRs reported based on clinical trial data

Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
Infections and	d Infestations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with poss ble fatal outcome)	
Blood and Ly	mphatic System Disor	ders	
	Eosinophilia	Leukopaenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life-threatening) Bone marrow depression (life- threatening)
Immune Syste	em Disorders		
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life-threatening) Serum sickness- like reaction
Metabolism a	nd Nutrition Disorders		
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
Psychiatric Di	isorders		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in selfinjurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self- injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)
Nervous Syst	em Disorders		
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperaesthesia Intracranial hypertension (pseudotumour cerebri)
Eye Disorders	3		100000000000000000000000000000000000000
		Visual disturbances	Visual colour distortions
Ear and Laby	rinth Disorders	AM59	
		Tinnitus Hearing loss	Hearing impaired
Cardiac Disor	ders		
		Tachycardia	
Vascular Disc	orders	wh.i	•
		Vasodilatation Hypotension Syncope	Vasculitis
Respiratory, 1	Thoracic and Mediastin	al Disorders	•
		Dyspnoea (including asthmatic condition)	

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%	
Gastrointestin	nal Disorders			
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis	
Hepato-biliary	Disorders			
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)	
Skin and Subo	cutaneous Tissue Disord	lers		
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme, Erythema nodosum Stevens-Johnson syndrome (potentially life- threatening) Toxic epidermal necrolysis (potentially life- threatening)	
Musculoskele	tal, Connective Tissue a	nd Bone Disorders		
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis	
Renal and Uri	nary Disorders			
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis		

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
General Disorder	rs and Administratio	n Site Conditions	
Injection and infusion site reactions (only intravenous administration) e.g. phlebitis or thrombophlebitis	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyperhidrosis)	Gait disturbance
Investigations		*	
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

ADRs derived from post marketing reports (status: 31 July 2005) and for which a frequency could not be estimated are listed in Table 2 below.

Table 2. ADRs reported based on post marketing reports

Blood and Lymphatic System Disorders	Pancytopenia (life-threatening) Bone marrow depression (life-threatening)			
Immune System Disorders	Serum sickness-like reaction Anaphylactic shock (life-threatening)			
Nervous System Disorders	Hyperaesthesia Intracranial hypertension Peripheral neuropathy and polyneuropathy			
Cardiac Disorders	QT prolongation Ventricular arrhythmia Torsades de pointes*			
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life- threatening hepatic failure)			
Skin and Subcutaneous Tissue Disorders	Erythema nodosum Stevens-Johnson syndrome (potentially life-threatening) Toxic epidermal necrolysis (potentially life-threatening) Acute generalised exanthematous pustulosis (AGEP)			
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis			
General Disorders and Administration Site Conditions	Gait disturbance			
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)			

\* These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

Commented [22]: Additional information (which is already included in the approved Ciproxin Oral PI) to keep both PIs aligned

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In isolated instances, some serious adverse drug reactions may be long-lasting (> 30 days) and disabling, such as tendonitis, tendon rupture, musculoskeletal disorders, and other reactions affecting the nervous system including psychiatric disorders and disturbance of senses.

Commented 22: Additional information as per CCDS 19 update

The following table of adverse effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment.

Table 3. Higher frequency of adverse effects occurring in patients

Common	Vomiting, transient increase in transaminases, rash
Uncommon	Thrombocytopenia, thrombocytaemia, confusion and disorientation, hallucinations, par- and dysaesthesia, seizures, vertigo, visual disturbances, hearing loss, tachycardia, vasodilatation, hypotension, transient hepatic impairment, jaundice, renal failure, oedema
Rare	Pancytopenia, bone marrow depression, anaphylactic shock, psychotic reactions, migraine, smell disorders, hearing impaired, vasculitis, pancreatitis, liver necrosis, petechiae, tendon rupture

# DOSAGE AND ADMINISTRATION

Intravenous therapy, for the indications mentioned below, should be used only when oral therapy is contraindicated. The usual dosage for adults is 200-300 mg every 12 hours. For complicated infections or for those caused by organisms not highly susceptible, 300 mg should be administered every 12 hours.

Table 4. Dosage guidelines

Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Urinary tract	Severe/ Complicated	200 mg	q 12 h	400 mg
Lower	Moderate	200 mg	q 12 h	400 mg
respiratory tract infections (gram- negative)	Severe/ Complicated (less susceptible organisms)	300 mg	q 12 h	600 mg
Skin or Skin Structure	organisms)			
Blood				
Bone or Joint				

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Location of Type or Infection Severity		Unit Dose	Daily Frequency	Total Daily Dose	
Inhalational	Adult	400 mg	q 12 h	800 mg	
Anthrax (post- exposure)*	Paediatric	10 mg/kg per dose, not to exceed 400 mg per dose	q 12 h	Not to exceed 800 mg	

Drug administration should begin as soon as poss ble after suspected or confirmed exposure. This indication is based on a surrogate endpoint, ciprofloxacin serum concentrations achieved in humans. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

Ciproxin IV should be administered only by intravenous infusion over a period of 60 minutes. Slow infusion of a dilute solution into a large vein will minimise patient discomfort and reduce the risk of venous irritation.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defense mechanisms, and the status of renal and hepatic function.

The serum creatinine should represent a steady state of renal function.

#### Duration

The duration of treatment depends upon the severity of infection. Generally, ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days (parenteral therapy should be changed to oral ciprofloxacin tablets as soon as the condition warrants). In general, intravenous ciprofloxacin should not normally be given for greater than 14 days. However, for severe and complicated infections more prolonged therapy may be required. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

## Impaired Renal Function

For creatinine clearance equal to or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 400 mg/day for IV regimen.

When only data for serum creatinine are available, the following formula (Cockroft's equation) may be used to estimate creatinine clearance.

#### Men:

Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140-age)}}{72 \text{ x serum creatinine (mmoVL)}} \times 0.0885$$

Women: 0.85 x the above value calculated for men.

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## Administration

Ciprofloxacin IV infusion solutions (0.2%) are available as a pre-mixed solution in 0.9% sodium chloride, equivalent to approximately 154 mmoL sodium per litre, packed in 50 mL or 100 mL glass bottles.

The solution should be infused over a period of not less than 60 minutes by direct infusion or through a Y-type intravenous infusion set which may already be in place. If this method or the "piggyback" method of administration is used, it is advisable to discontinue temporarily the administration of any other solutions during the intravenous infusion of ciprofloxacin.

Osmolality of the infusion solution: 300 mOsm/Kg

Sodium chloride content: 900 mg/100 mL

If ciprofloxacin IV is to be given concomitantly with another medicine, each medicine should be given separately in accordance with the recommended dosage and route of administration for each medicine.

#### **Compatibility and Stability**

Ciprofloxacin solutions are incompatible with all infusion solutions/medicines (e.g., penicillins, heparin solutions), which are physically or chemically unstable at the pH of ciprofloxacin (pH 3.9 - 4.5), especially when combined with alkaline solutions.

The visual signs of incompatibility are e.g. precipitation, clouding and discolouration. Only clear solutions are to be used.

Since ciprofloxacin is slightly light sensitive, the solutions should be protected from light during storage.

#### OVERDOSAGE

In the event of acute overdosage, revers ble renal toxicity has been reported in some cases. Apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify, if required to prevent crystalluria. Adequate hydration must be maintained.

Only a small quantity of ciprofloxacin (<10%) is eliminated by haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

# PRESENTATION AND STORAGE CONDITIONS

Ciproxin IV is a clear, colourless to slightly yellowish solution.

Ciproxin IV infusion solutions (0.2%) are available in vials containing pre-mixed solutions of ciprofloxacin 100 mg/50 mL and 200 mg/100 mL in 0.9% sodium chloride.

Store below 30°C. Protect from light. Do not refrigerate or freeze.

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# Instructions for handling

At cool temperatures precipitation may occur, which will re-dissolve at room temperature. It is therefore recommended not to store the infusion solution in a refrigerator.

For ease of use the infusion vial stopper should be penetrated in the central ring. Penetration of the outer ring may result in damage to the vial stopper.

# NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

## POISON SCHEDULE OF THE MEDICINE

PRESCRIPTION ONLY MEDICINE

DATE OF FIRST INCLUSION ON ARTG: 20 DECEMBER 1993

DATE OF MOST RECENT AMENDMENT: 13 June 2019 7 NOVEMBER 2017

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# Summary of Comments on Document 4 MR.PDF

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Number: 1 Author: Subject: Highlight Date: 9/10/2019 8:58:25 AM
This should be 9 October 2019

# Attachment 2b

#### PRODUCT INFORMATION

# CIPROXIN® IV

Ciprofloxacin

## NAME OF THE MEDICINE

Ciproxin IV (ciprofloxacin) is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity for intravenous (IV) administration. Ciprofloxacin, a fluoroquinolone, is a 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinoline-carboxylic acid. The CAS Registry number is 85721-33-1. It is a faint to light yellow crystalline powder with a molecular weight of 331.4. Its empirical formula is  $C_{17}H_{18}FN_3O_3$  and its chemical structure is as follows:

## **DESCRIPTION**

Ciproxin IV (ciprofloxacin lactate) is available as a 100 mg/50 mL and a 200 mg/100 mL ready-to-use infusion solution in 0.9% sodium chloride injection. Ciproxin IV also contains the excipients: lactic acid, which is used as a solubilising agent, hydrochloric acid for pH adjustment, and water for injections. The solution is a clear, colourless to slightly yellow solution.

### PHARMACOLOGY

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* and *in vivo* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase.

# Gram-negative organisms

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis; Campylobacter species.

## Gram-positive organisms\*

Staphylococcus aureus (including methicillin susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

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#### Note: \*

- Gram-positive organisms and Pseudomonas aeruginosa are generally less sensitive to ciprofloxacin than other Gram-negative organisms which results in lower medicine efficacy rates.
- 2. Most strains of streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the medicine to be effective for urinary tract infections caused by Enterococcus faecalis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the medicine of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against Treponema pallidum.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2-8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice, resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g. nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that additive activity often results when ciprofloxacin is combined with other antimicrobial agents. The combination behaves either in an indifferent or additive manner. Synergism or antagonism has been observed very rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

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## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible medicines, the test should be repeated. This category implies possible clinical applicability in body sites where the medicine is physiologically concentrated or in situations where high dosage of medicine can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

#### **Pharmacokinetics**

#### Distribution

Immediately following a 30-minute intravenous infusion of 200 mg ciprofloxacin, serum concentrations average 3  $\mu$ g/mL. During the first hour after completion of infusion, serum concentration decreases to approximately 30% of the peak value, but thereafter serum concentrations decline with a half-life of approximately 4 hours. Mean concentrations observed after a 200 mg dose is given below:

Ciprofloxacin Serum Concentrations (µg/mL)
After a 30-minute Infusion

Dose	End of Infusion	0.5 hr	1 hr	3 hr	6 hr	8 hr	12 hr
200 mg	3.18	1.4	1.0	0.5	0.3	0.2	0.1

The pharmacokinetics of intravenously administered ciprofloxacin are near-linear over the dosage range of 100 mg to 300 mg, as no substantial dose-dependent changes in clearance or serum half-life are observed.

Approximately 50-70% of the intravenous dose is excreted in the urine as unchanged medicine. During the first 2 hours of a 200 mg intravenous dose, the urine concentration of ciprofloxacin usually exceeds 200 µg/mL.

## **Protein Binding**

Binding of ciprofloxacin to serum protein is 20-40%.

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#### Metabolism

Four metabolites, desethyleneciprofloxacin ( $M_1$ ), sulphociprofloxacin ( $M_2$ ), oxociprofloxacin ( $M_3$ ) and formylciprofloxacin ( $M_4$ ), have been identified in human urine which, together, account for approximately 12% of an intravenous dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Excretion

Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/hr which exceeds the normal glomerular filtration rate of 7.2 L/hr. Thus, active tubular secretion would seem to play a significant role in its elimination.

Although bile concentrations of ciprofloxacin are 3-4 times higher than serum concentrations after intravenous dosing, only a small amount of the dose administered (<1%) is recovered from bile as unchanged medicine.

An additional 1-2% of the dose is recovered from bile in the form of metabolites.

Approximately 15% of an intravenous dose is recovered from the faeces within 5 days after dosing.

# Factors Influencing Pharmacokinetics

## Impaired renal/hepatic function

In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is slightly prolonged, but dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half-life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION**). Serum metabolite concentrations, particularly sulfociprofloxacin (M<sub>2</sub>) and oxociprofloxacin (M<sub>3</sub>), are higher in renally impaired patients than in patients with normal renal function.

In preliminary studies in patients with stable chronic liver cirrhosis, no significant changes in ciprofloxacin pharmacokinetics were observed. The kinetics of ciprofloxacin in patients with acute hepatic insufficiency, however, have not been fully elucidated.

## Age (elderly)

The higher levels of ciprofloxacin and its metabolites seen in elderly patients are possibly due to reduced renal function and volume of distribution.

#### **Inhalational Anthrax**

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97 µg/mL, and 4.56 µg/mL

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following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6  $\mu$ g/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited (for additional information, see **PRECAUTIONS**, **Paediatric Use**). Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11\ LD_{50}$  (~5.5 x  $10^5$ ) spores (range 5-30 LD<sub>50</sub>) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day medicine administration period.

## **INDICATIONS**

- Ciprofloxacin IV is indicated for use in hospitalised adult patients in whom oral ciprofloxacin is indicated but cannot be administered or where the oral form is inappropriate.
- For the treatment of serious or life-threatening infections due to sensitive organisms involving the following organ systems:

Lower respiratory tract infections (Gram-negative organisms) Skin and Skin Structure Septicaemia Bone and Joint Urinary Tract

 Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolised *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

# Note:

Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the medicine of choice in cases with Gram-positive infections due to *Streptococcus pneumoniae*.

If anaerobic organisms are suspected of contributing to the infection, use of other suitable medicines should be considered.

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to

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ciprofloxacin. Therapy with ciprofloxacin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciprofloxacin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones (including nalidixic acid), or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Interaction with Other Medicines).

#### **PRECAUTIONS**

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects and Psychiatric reactions) and musculoskeletal system (see Tendonitis and tendon rupture).

The use of ciprofloxacin in pre-pubertal children – except for use in inhalational anthrax (post-exposure) – and during pregnancy is not recommended.

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

#### Antibiotic-associated Colitis

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to medicine discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated. Medicines which delay peristalsis, e.g. opiates and diphenoxylate with atropine (Lomotil), may prolong and/or worsen the condition and should not be used in this situation.

# Myasthenia gravis

Ciproxin IV should be used with caution in patients with myasthenia gravis, because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

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#### Tendonitis and tendon rupture

Tendonitis and tendon rupture (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with ciprofloxacin and other quinolones. This may occur even within the first 48 hours of treatment, and cases occurring up to several months after completion of therapy have been reported. The risk of tendinopathy may be increased in elderly patients, during strenuous physical activity, in patients treated concomitantly with corticosteroids, in patients with renal impairment and in patients with solid organ transplants. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. At any sign of tendonitis (e.g. painful swelling, inflammation) the affected extremity should be kept at rest, any inappropriate physical exercise should be avoided, a physician should be consulted and the antibiotic treatment should be discontinued.

## Superinfection

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the medicine.

## **Duration of use**

Increased toxicity of intravenous ciprofloxacin has been associated with increased duration of use, hence oral ciprofloxacin should be substituted as soon as practicable.

# Hypersensitivity

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). Some reactions are accompanied by cardiovascular collapse. Appropriate emergency measures for the management of such reactions should be readily available.

# **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

## **Cardiac Disorders**

Ciprofloxacin is associated with cases of QT prolongation. In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant medicines that can result in prolongation with the QT interval (e.g., Class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics,) or in patients with risk factors for QT prolongation or torsade de pointes (e.g., congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

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#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones including ciprofloxacin.

## **Psychiatric reactions**

Fluoroquinolones, including ciprofloxacin, have been associated with an increased risk of psychiatric adverse reactions including: toxic psychosis, psychotic reactions progressing to suicidal ideations/thoughts, hallucinations or paranoia; depression, or self-injurious behaviour such as attempted or completed suicide; anxiety, agitation, or nervousness; confusion, delirium, disorientation, or disturbances in attention; insomnia or nightmares; memory impairment. These reactions may occur following the first dose. Advise patients receiving ciprofloxacin to inform their healthcare provider immediately if these reactions occur, discontinue the drug and institute appropriate care.

# Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other medicines are administered concomitantly which are metabolised via the same enzymatic pathway (e.g. theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drugspecific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (see also Interaction with Other Medicines).

## **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin IV should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin IV should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central-nervous system adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin IV should be discontinued.

## Peripheral neuropathy

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin IV should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

# Dysglycaemia

As with all fluoroquinolones, disturbances in blood glucose, including both hypoglycaemia and hyperglycaemia have been reported with Ciproxin. In Ciproxin-treated patients, dysglycaemia occurred predominantly in elderly diabetic patients receiving concomitant treatment with an oral hypoglycaemic agent (eg sulfonylurea) or with insulin. Cases of hypoglycaemic coma have been reported. In diabetic patients, careful monitoring of blood glucose is recommended (see ADVERSE EFFECTS).

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## Aortic aneurysm and dissection

Epidemiologic studies report an increased risk of aortic aneurysm and dissection after intake of fluoroquinolones, particularly in the older population. Therefore, fluoroquinolones should only be used after careful benefit-risk assessment and after consideration of other therapeutic options in patients with positive family history of aneurysm disease, or in patients diagnosed with pre-existing aortic aneurysm and/or dissection, or in presence of other risk factors or conditions predisposing for aortic aneurysm and dissection (eg Marfan syndrome, vascular Ehlers-Danlos syndrome, Takayasu arteritis, giant cell arteritis, Behcet's disease, hypertension, known atherosclerosis). In case of sudden abdominal, chest or back pain, patients should be advised to immediately consult a physician in an emergency department.

#### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

# Use in the Elderly

Ciproxin IV should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance (see **DOSAGE AND ADMINISTRATION**).

## Impaired Renal Function

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

As with any potent medicine, periodic assessment of organ system functions, including renal, hepatic and haematopoietic, is advisable during prolonged therapy.

## Effects on the Liver

There can be a temporary increase in transaminases, alkaline phosphatase or cholestatic jaundice, especially in patients with previous liver damage.

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued. There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### General

Ciprofloxacin intravenous solution should be administered by slow infusion over a period of 60 minutes. Local IV site reactions have been reported with the intravenous administration of ciprofloxacin. These reactions are more frequent if infusion time is 60 minutes or less or if small veins of the hand are used. These may appear as local skin reactions which resolve rapidly upon completion of the infusion. Subsequent intravenous administration is not contraindicated unless the reactions recur or worsen.

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9.

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Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the medicine, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

The additional sodium load should be taken into account when using Ciproxin IV in patients for whom sodium intake is of medical concern (e.g. patients with congestive heart failure, renal failure, nephrotic syndrome, etc. (see PRESENTATION AND STORAGE CONDITIONS or DOSAGE AND ADMINISTRATION for sodium content).

# Severe Infections and/or Infections due to Gram-positive or anaerobic bacteria

For the treatment of severe infections, staphylococcal infections and infections involving anaerobic bacteria, ciprofloxacin should be used in combination with an appropriate antibacterial agent.

# Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

## **Use in Pregnancy**

## Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastro-intestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit, and no embryotoxicity or teratogenicity was observed.

There are, however, no adequate and well-controlled studies in pregnant women. Like other medicines in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin IV should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

#### **Use in Lactation**

Ciprofloxacin is excreted in breast milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

# Paediatric Use

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related medicines such as nalidixic acid, norfloxacin and cinoxacin, can produce erosions of

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cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION.** The safety and effectiveness of ciprofloxacin in prepubertal children except for use in inhalational anthrax (post-exposure) have not been established.

## Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay *in vitro*, but not in other mammalian systems *in vitro* or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the medicine did not exhibit any cytogenetic effect.

# Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m²), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## Effects on Ability to Drive and Use Machines

Fluoroquinolones including ciprofloxacin may result in an impairment of the patient's ability to drive or operate machinery due to CNS reactions. This is even more applicable when the medicine is taken in conjunction with alcohol.

## Interaction on Laboratory Tests

Ciprofloxacin *in vitro* potency may interfere with the Mycobacterium spp. culture test by suppression of myobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

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#### INTERACTIONS WITH OTHER MEDICINES

## Drugs known to prolong QT interval

Ciproxin IV, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics)

## Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline, prolongation of its elimination half-life and increased adverse reactions, particularly those involving the CNS.

# SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN IV AND THEOPHYLLINE.

These reactions include cardiac arrest, convulsive seizures, status epilepticus and respiratory failure. Similar serious adverse events have been noted with administration of theophylline alone; however, the possibility that ciprofloxacin may potentiate these reactions cannot be eliminated.

If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

# Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{max}$  and AUC of ciprofloxacin.

## **Probenecid**

Probenecid interferes with the renal excretion of ciprofloxacin. Co-administration of probenecid and ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance, a 50% increase in AUC but without altering peak concentration or time to peak.

#### **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives such as acenocoumarol, phenprocoumon, or fluindione. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

#### Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly.

# Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin IV and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

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#### **NSAIDs**

Animal studies have shown that the combination of very high doses of fluoroquinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of ciprofloxacin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

# Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin IV is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin IV with phenytoin.

#### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant ciprofloxacin therapy is indicated.

## **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with ciprofloxacin (see also **CONTRAINDICATIONS**).

## Duloxetine

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{max}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration (see **PRECAUTIONS**).

# Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{max}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Monitoring ropinirole-related adverse effects and/or dose adjustment as appropriate is recommended during and shortly after co-administration with ciprofloxacin.

## Lidocaine

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It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

# Clozapine

Following concomitant administration of 250 mg oral ciprofloxacin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with oral ciprofloxacin are advised.

#### Sildenafil

C<sub>max</sub> and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg ciprofloxacin oral tablet. Therefore, caution should be used prescribing oral ciprofloxacin concomitantly with sildenafil taking into consideration the risks and the benefits.

# Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **PRECAUTIONS**, **Cytochrome P450**).

# Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

## ADVERSE EFFECTS

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

The frequencies of ADRs reported with Ciproxin IV are summarised in Table 1 below. Within each frequency grouping, adverse effects are presented in order of decreasing seriousness.

The frequencies of ADRs are defined as:

Common ≥ 1/100 to < 1/10 (≥ 1% to <10%)
Uncommon ≥ 1/1000 to < 1/100 (≥ 0.1% to <1%)
Rare ≥ 1/10000 to < 1/1000 (≥ 0.01% to <0.1%)

Very rare < 1/10000 (<0.01%)

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Table 1. ADRs reported based on clinical trial data

Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
Infections and	Infestations		
	Mycotic Antibiotic associated colitis (very rarely with possible fatal outcome)		
Blood and Lyn	nphatic System Disor	ders	
	Eosinophilia	Leukopaenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life-threatening) Bone marrow depression (life- threatening)
Immune Syste	m Disorders		
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life-threatening) Serum sickness-like reaction
Metabolism ar	nd Nutrition Disorders	e e	
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
Psychiatric Di	sorders		
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
Nervous Syste	em Disorders	90 -	2
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperaesthesia Intracranial hypertension (pseudotumour cerebri)
Eye Disorders	i .		
		Visual disturbances	Visual colour distortions
Ear and Labyr	inth Disorders		
		Tinnitus Hearing loss	Hearing impaired
Cardiac Disor	ders	, mouning root	1
		Tachycardia	
Vascular Diso	rders		
		Vasodilatation Hypotension Syncope	Vasculitis
Respiratory, T	horacic and Mediastinal	Disorders	
		Dyspnoea (including asthmatic condition)	
Gastrointestin	al Disorders	ļ.	
Nausea Diarrhoea	Vomiting Gastrointestinal and abdominal pains Dyspepsia Flatulence		Pancreatitis
Hepato-biliary	Disorders	Y	
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)

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Common ≥ 1% to < 10%	Uncommon ≥ 0.1% to < 1%	Rare ≥ 0.01% to < 0.1%	Very rare < 0.01%
Skin and Subcut	aneous Tissue Disor	rders	
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme, Erythema nodosum Stevens-Johnson syndrome (potentially life- threatening) Toxic epidermal necrolysis (potentially life- threatening)
Musculoskeletal,	Connective Tissue	and Bone Disorders	
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis
Renal and Urinar	y Disorders		
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis	
General Disorder	rs and Administratio	n Site Conditions	•
Injection and infusion site reactions (only intravenous administration) e.g. phlebitis or thrombophlebitis	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyperhidrosis)	Gait disturbance
Investigations	1	-1	1
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

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ADRs derived from post marketing reports (status: 31 July 2005) and for which a frequency could not be estimated are listed in Table 2 below.

Table 2. ADRs reported based on post marketing reports

D1 1 11 1 11 D 1	
Blood and Lymphatic System	Pancytopenia (life-threatening)
Disorders	Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction
	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-
	threatening hepatic failure)
Skin and Subcutaneous Tissue	Erythema nodosum
Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
	. , ,
Musculoskeletal, Connective	Exacerbation of symptoms of myasthenia gravis
Tissue and Bone Disorders	
General Disorders and	Gait disturbance
Administration Site Conditions	
Investigations	International Normalised Ratio (INR) increased (in
	patients treated with Vitamin K antagonists)

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

In isolated instances, some serious adverse drug reactions may be long-lasting (> 30 days) and disabling; such as tendonitis, tendon rupture, musculoskeletal disorders, and other reactions affecting the nervous system including psychiatric disorders and disturbance of senses.

The following table of adverse effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment.

Table 3. Higher frequency of adverse effects occurring in patients

Common	Vomiting, transient increase in transaminases, rash
Uncommon	Thrombocytopenia, thrombocytaemia, confusion and disorientation, hallucinations, par- and dysaesthesia, seizures, vertigo, visual disturbances, hearing loss, tachycardia, vasodilatation, hypotension, transient hepatic impairment, jaundice, renal failure, oedema
Rare	Pancytopenia, bone marrow depression, anaphylactic shock,

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	psychotic reactions, migraine, smell disorders, hearing impaired, vasculitis, pancreatitis, liver necrosis, petechiae, tendon rupture
--	---

# DOSAGE AND ADMINISTRATION

Intravenous therapy, for the indications mentioned below, should be used only when oral therapy is contraindicated. The usual dosage for adults is 200-300 mg every 12 hours. For complicated infections or for those caused by organisms not highly susceptible, 300 mg should be administered every 12 hours.

Table 4. Dosage guidelines

Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Urinary tract	Severe/ Complicated	200 mg	q 12 h	400 mg
Lower	Moderate	200 mg	q 12 h	400 mg
respiratory tract infections (gram- negative)	Severe/ Complicated (less susceptible organisms)	300 mg	q 12 h	600 mg
Skin or Skin Structure	organisms)			
Blood				
Bone or Joint				
Location of Infection	Type or Severity	Unit Dose	Daily Frequency	Total Daily Dose
Inhalational	Adult	400 mg	q 12 h	800 mg
Anthrax (post- exposure)*	Paediatric	10 mg/kg per dose, not to exceed 400 mg per dose	q 12 h	Not to exceed 800 mg

Drug administration should begin as soon as possible after suspected or confirmed exposure. This indication is based on a surrogate endpoint, ciprofloxacin serum concentrations achieved in humans. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

Ciproxin IV should be administered only by intravenous infusion over a period of 60 minutes. Slow infusion of a dilute solution into a large vein will minimise patient discomfort and reduce the risk of venous irritation.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defense mechanisms, and the status of renal and hepatic function.

The serum creatinine should represent a steady state of renal function.

#### Duration

The duration of treatment depends upon the severity of infection. Generally, ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days (parenteral therapy should be changed to oral ciprofloxacin tablets as soon as the condition warrants). In general, intravenous ciprofloxacin should not normally be given for greater than 14 days. However, for severe and complicated infections more prolonged therapy may be required. Total duration of ciprofloxacin administration (IV or oral) for inhalational anthrax (post-exposure) is 60 days.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

# Impaired Renal Function

For creatinine clearance equal to or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 400 mg/day for IV regimen.

When only data for serum creatinine are available, the following formula (Cockroft's equation) may be used to estimate creatinine clearance.

## Men:

Creatinine clearance (mL/min) = 
$$\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} \times 0.0885$$

Women: 0.85 x the above value calculated for men.

## Administration

Ciprofloxacin IV infusion solutions (0.2%) are available as a pre-mixed solution in 0.9% sodium chloride, equivalent to approximately 154 mmoL sodium per litre, packed in 50 mL or 100 mL glass bottles.

The solution should be infused over a period of not less than 60 minutes by direct infusion or through a Y-type intravenous infusion set which may already be in place. If this method or the "piggyback" method of administration is used, it is advisable to discontinue temporarily the administration of any other solutions during the intravenous infusion of ciprofloxacin.

Osmolality of the infusion solution: 300 mOsm/Kg

Sodium chloride content: 900 mg/100 mL

If ciprofloxacin IV is to be given concomitantly with another medicine, each medicine should be given separately in accordance with the recommended dosage and route of administration for each medicine.

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# Compatibility and Stability

Ciprofloxacin solutions are incompatible with all infusion solutions/medicines (e.g., penicillins, heparin solutions), which are physically or chemically unstable at the pH of ciprofloxacin (pH 3.9 - 4.5), especially when combined with alkaline solutions.

The visual signs of incompatibility are e.g. precipitation, clouding and discolouration. Only clear solutions are to be used.

Since ciprofloxacin is slightly light sensitive, the solutions should be protected from light during storage.

#### OVERDOSAGE

In the event of acute overdosage, reversible renal toxicity has been reported in some cases. Apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify, if required to prevent crystalluria. Adequate hydration must be maintained.

Only a small quantity of ciprofloxacin (<10%) is eliminated by haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

#### PRESENTATION AND STORAGE CONDITIONS

Ciproxin IV is a clear, colourless to slightly yellowish solution.

Ciproxin IV infusion solutions (0.2%) are available in vials containing pre-mixed solutions of ciprofloxacin 100 mg/50 mL and 200 mg/100 mL in 0.9% sodium chloride.

Store below 30°C. Protect from light. Do not refrigerate or freeze.

# Instructions for handling

At cool temperatures precipitation may occur, which will re-dissolve at room temperature. It is therefore recommended not to store the infusion solution in a refrigerator.

For ease of use the infusion vial stopper should be penetrated in the central ring. Penetration of the outer ring may result in damage to the vial stopper.

# NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

## POISON SCHEDULE OF THE MEDICINE

PRESCRIPTION ONLY MEDICINE

DATE OF FIRST INCLUSION ON ARTG: 20 DECEMBER 1993

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# DATE OF MOST RECENT AMENDMENT: 23 June 2019

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# **Attachment 2a**

#### PRODUCT INFORMATION

CIPROXIN® (Ciprofloxacin)

#### NAME OF THE MEDICINE

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid. The CAS Registry number is [86393-32-0]. It is a faintly yellowish to yellow crystalline substance with a molecular weight of 385.8. Its empirical formula is  $C_{17}H_{18}FN_3O_3.HCl.H_2O$  and its chemical structure is as follows:

## DESCRIPTION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

# **PHARMACOLOGY**

# Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

## Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

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## Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

#### \*Note:

- Gram-positive organisms are generally less sensitive to ciprofloxacin than Gramnegative organisms.
- 2. Most strains of Streptococci are only moderately suscept ble to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by Enterococcus faecalis; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- Most strains of Burkholderia cepacia and many strains of Stenotrophomonas maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including Bacteroides fragilis and Clostridium difficile.
- Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against Treponema pallidum.
- The in vitro MIC of several strains of Serratia approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker (see **PHARMACOLOGY**).

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone ant bacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

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*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

#### Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

# Pharmacokinetics

#### Absorption

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids

## Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

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Maximum Serum Dose Concentration (mg) (μg/mL)		Area Under Curve (AUC) (μg•hr/mL)	
250	1.4	5.4	
500	2.6	10.6	
750	3.4	15.0	

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4  $\mu$ g/mL respectively.

#### Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Elimination

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see DOSAGE AND ADMINISTRATION).

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

# Inhalational anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see <code>DOSAGE AND ADMINISTRATION</code>). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

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intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6 µg/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see PRECAUTIONS, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of 11 LD $_{50}$  (~5.5 x 10 $^{5}$ ) spores (range 5-30 LD $_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

#### INDICATIONS

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

- Typhoid and Paratyphoid infections and infections due to multi-resistant Staphylococcus aureus are excluded from the above due to insufficient data.
- Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it
  may not be the drug of choice in cases with Gram-positive infections, such as
  pneumonia due to Streptococcus pneumoniae.
- Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

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Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

#### CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see INTERACTIONS WITH OTHER MEDICINES).

## **PRECAUTIONS**

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects and Psychiatric reactions) and musculoskeletal system (see Tendonitis and tendon rupture-Effects on Tendons).

# Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

## Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see ADVERSE EFFECTS). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics-) (See INTERACTIONS WITH OTHER MEDICINES) or in patients with risk factors for QT prolongation or torsade de pointes (e.g. -congenital long -QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia-).

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#### Antibiotic-associated Colitis

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

#### Effects on the Liver

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see ADVERSE EFFECTS). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### Myasthenia gravis

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

# Effects on Tendons Tendonitis and tendon rupture

Tendonitis and tendon ruptures (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment, and cases occurring er up to several months after discentinuation of ciprofloxacin completion of therapy have been reported. Patients who are olderly or have had prior systemic treatment with certicostereids are thought to be at particular risk. The risk of tendinopathy may be increased in elderly patients, during strenuous physical activity, in patients treated concomitantly with corticostereids. In patients with renal impairment and in patients with solid organ transplants. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. Therapy should be discentinued if the patient experiences. At any sign of tendonitis (e.g. painful swelling, inflammation), the affected extremity should be kept at rest, any inappropriate physical exercise should be according or rupture of a tendon. Care should be taken to keep the affected extremity at rest and avoid any inappropriate physical exercise due to the increased risk of tendon rupture.

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Commented :: This text has been moved from the 'Nervous System' section and given a separate heading 'Myasthenia gravis' according to CCDS 19 update

Commented [222]: Title of this precaution has been changed to 'Tendonitis and tendon rupture' as per CCDS 19 update

Commented [25]: Additional risk factors included as per CCDS 19 update

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#### Superinfections

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is ossential. If superinfection occurs during therapy, appropriate measures should be taken.

#### Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of *Pseudomonas aeruginosa* infections in cystic f brosis patients following a single course of the drug.

#### **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

#### **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone ant biotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### CNS Effects

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures.

In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin.

#### Psychiatric reactions

Fluoroguinolones, including ciprofloxacin, have been associated with an increased risk of psychiatric adverse reactions including toxic psychosis, psychotic reactions progressing to suicidal ideations/thoughts, halfucinations or paranoia, depression, or self-injurious behaviour such as attempted or completed suicide, anxiety, agitation, or nervousness, confusion, delirium, disorientation, or disturbances in attention, insomnia or nightmares, memory impairment. These reactions may occur following the first dose. Advise patients receiving ciprofloxacin to inform their healthcare provider immediately if these reactions occur, discontinue the drug and institute appropriate care. In rare cases, depression or psychotic reactions can progress to suicidal ideations/thoughts and self injurious behaviour occur. Ciproxin should be discontinued and appropriate measures instituted.

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#### Nervous SystemPeripheral neuropathy

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see ADVERSE EFFECTS).

#### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

#### Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolized via the same enzymatic pathway (e.g. tizanidina, theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin. (See also INTERACTIONS WITH OTHER MEDICINES)

## Dysglycaemia

As with all fluoroquinolones, disturbances in blood alucose, including both hypoglycaemia and hyperglycaemia have been reported with Ciproxin. In Ciproxin-treated patients, dysqlycaemia occured predominantly in elderly diabetic patients receiving concomitant treatment with an oral hypoglycaemic agent (eg sulfonylurea) or with insulin. Cases of hypoglycaemic come have been reported. In diabetic patients, careful monitoring of blood glucose is recommended (see ADVERSE EFFECTS)

## Aortic aneurysm and dissection

Epidemiologic studies report an increased risk of aortic aneurysm and dissection after intake of fluoroquinolones, particularly in the older population. Therefore, fluoroquinolones should only be used after careful benefit-risk assessment and after consideration of other therapeutic options in patients with positive family history of aneurysm disease, or in patients diagnosed with pre-existing aortic aneurysm and/or dissection, or in the presence of other risk factors or conditions predisposing for aortic aneurysm and dissection (eg Marfan syndrome, vascular Ehlers-Danlos syndrome, Takayasu arteritis, giant cell arteritis, Behcet's disease, hypertension, known atherosclerosis). In case of sudden abdominal, chest or back pain, patients should be advised to immediately consult a physician in an emergency department.

### Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high

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Commented [ MEC and information move to the precaution 'Myasthenia gravis' as per CCDS 19 update

Commented [ ] Deletion of fizanidine as part of CCDS 19 update. Specific information regarding Tizanidine interaction can be found in the section INTERACTIONS WITH OTHER MEDICINES

Commented [1]: New Safety precaution requested by TGA and also requested in CCDS 19 update

Commented 2]: Updated precaution according to CCDS 19 and local HA request.TGA requesting for the statement "case of hypoglycaemic coma have been reported" to be included

Commented [322].3]: TGA requesting that a precaution "Aortic aneurysm and dissection" be included

Commented [222,4]: Additional information requested by

doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in nonvegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and a kalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

## **Epileptic Patients**

Ciprofloxacin, I ke other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central- nervous system adverse side-effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

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#### **Elderly Patients**

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance see DOSAGE AND ADMINISTRATION)

#### Impaired Renal Function

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see DOSAGE AND ADMINISTRATION).

#### Use in Pregnancy

## Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus. (e.g. potential damage to articular cartilage in the immature fetal organism).

#### **Use in Lactation**

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother

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#### Paediatric Use

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see DOSAGE AND ADMINISTRATION.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

#### Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

#### Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

# Effects on ability to drive and use machines

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

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#### Effect on laboratory tests

Ciprofloxacin in vitro potency may interfere with the Mycobacterium spp. Coulture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

#### Commented [222.7]: MEC - should be a lower case 'c'

## INTERACTIONS WITH OTHER MEDICINES

#### Drugs known to prolong QT interval

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

#### Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

#### Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

#### Probenecid

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

## Anticoagulants

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

# Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

## Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

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#### Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent

#### **NSAIDs**

Animal studies have shown that the combination of very high doses of quinolenes (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

## Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

#### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

## OtherChelation complex formation

The simultaneous administration of Ciproxin and multivalent cation-containing medicinal products and mineral supplements (e.g. calcium, magnesium, aluminium, Iron), polymeric phosphate binders (e.g. sevelamer, lanthanum carbonate), sucraffate or antacids, and highly buffered drugs (e.g. antiretrovirals), polymeric phosphate binders (e.g. sevelamer) and antacids containing magnesium, aluminium or calcium interfere with reduce the absorption of ciprofloxacin\_reneurrent administration of those agents with Consequently, Ciproxin should be administered either 1-2 hours before or at least 4 hours after these preparations, avoided.

#### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with Ciproxin (see also CONTRAINDICATONS).

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## Duloxetine

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\max}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

#### Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inh bitor of the CYP450 1A2 isozyme, resulted in increases in the C<sub>max</sub> and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after co-administration with Ciproxin; dose adjustment is recommended if necessary.

#### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inh bitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

#### Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

#### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescr bing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

# Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inh bits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **PRECAUTIONS**, **Cytochrome P450**).

#### Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

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# ADVERSE EFFECTS

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Infections and In		20.01% 10 <0.1%	1 20.0176
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lymp	hatic System Disor	ders	
	Eosinophilia	Leukopenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life- threatening) Bone marrow depression (life-threatening)
Immune System	Disorders	21	0.00
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life- threatening) Serum sickness-l ke reaction
Metabolism and	<b>Nutrition Disorders</b>		
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
Psychiatric Disc	orders	y	
Nervous System	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)
iver vous system	Headache	Par- and	Migraine
	Dizziness Sleep disorders Taste disorders	Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Disturbed coordination Smell disorders Hyperesthesia Intracranial hypertension (pseudotumour cerebri)

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Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Eye Disorders		1	1
		Visual disturbances	Visual color distortions
Ear and Labyrin	th Disorders	1=	
		Tinnitus	Hearing impaired
		Hearing loss	
Cardiac Disorde	ers	T	
		Tachycardia	1
Vascular Disord	lers		T
		Vasodilatation	Vasculitis
		Hypotension	
		Syncope	
Respiratory, In	oracic and Mediasti		T
		Dyspnoea (including	
Castralistant	Discordes	asthmatic condition)	
Gastrointestina			D
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal		
	and abdominal		
	pains		
	Dyspepsia Flatulence		
Hepato-biliary D			
nepato-billary L	Increase in	Hepatic impairment	Liver necrosis (very rarely
	transaminases	Jaundice	progressing to life-
	Increased	Hepatitis (non	threatening hepatic failure)
	bilirubin	infective)	uneatering nepatic failure)
Skin and Subcu	taneous Tissue Disc		
Skill allu Subcu	Rash	Photosensitivity	Petechiae
	Pruritus	reactions	Erythema multiforme
	Urticaria	Blistering	Erythema nodosum
	Orticaria	Distanty	Stevens-Johnson syndrome
			(potentially life-threatening)
			Toxic epidermal necrolysis
			(potentially life-threatening)
Musculoskeleta	I, Connective Tissue	e and Bone Disorders	, , , , , , , , , , , , , , , , , , , ,
	Arthralgia	Myalgia	Muscular weakness
		Arthritis	Tendonitis
		Increased muscle	Tendon rupture
		tone and cramping	(predominantly Achilles
			tendon)
			Exacerbation of symptoms
	1 15 11 11		of myasthenia gravis
Renal and Urina			
110	Renal	Renal failure	
	impairment	Haematuria	
		Crystalluria	
		Tubulointerstitial	
	1	nephritis	1

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Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
General Disorder	rs and Administrati	on Site Conditions	20
Injection and infusion site reactions (only intravenous administration)	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyper- hidrosis)	Gait disturbance
Investigations			
19111	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

Note: The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

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ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Blood and Lymphatic System Disorders	Pancytopenia (life-threatening) Bone marrow depression (life-threatening)
Immune System Disorders	Serum sickness-like reaction Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia Intracranial hypertension Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation  Ventricular arrhythmia  Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutaneous Tissue Disorders	Erythema nodosum Stevens-Johnson syndrome (potentially life-threatening) Toxic epidermal necrolysis (potentially life-threatening) Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis
General Disorders and Administration Site Conditions	Gait disturbance
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

In isolated instances, some serious adverse drug reactions may be long-lasting (> 30 days) and disabling, such as tendonitis, tendon rupture, musculoskeletal disorders, and other reactions affecting the nervous system including psychiatric disorders and disturbance of senses.

The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation

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Commented [22]: Additional information as per CCDS 19 update

	Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema
Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

#### DOSAGE AND ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

#### Duration

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

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In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

#### Missed dose

If a dose is missed, it should be taken as soon as the patient remembers and then treatment should be continued as prescribed. Double doses should not be taken to compensate for a missed dose.

#### Impaired Renal Function

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m², the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m², the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) =  $\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmoVL)}} x 0.088$ 

Women: 0.85 x the value calculated for men.

## **OVERDOSAGE**

In the event of acute, excessive oral overdosage, revers ble renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

## PRESENTATION AND STORAGE CONDITIONS

Ciproxin 250 – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom. Blister packs of 2 and 14 tablets.

Ciproxin 500 – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom. Blister packs of 14.

Ciproxin 750 – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom. Blister packs of 14.

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# NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

POISON SCHEDULE

PRESCRIPTION ONLY MEDICINE

DATE OF FIRST INCLUSION ON THE ARTG

2 March 1992

DATE OF MOST RECENT AMENDMENT

13 June 2010 1 ovember 2017

® Registered Trademark of Bayer Group, Germany

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# Summary of Comments on Document 5 MR.PDF

Page: 25

Number: 1

Author: 52

Subject: Sticky Note Date: 9/10/2019 10:17:34 AM

This should be 9 October 2019

## **Attachment 2b**

#### PRODUCT INFORMATION

CIPROXIN® (Ciprofloxacin)

#### NAME OF THE MEDICINE

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid. The CAS Registry number is [86393-32-0]. It is a faintly yellowish to yellow crystalline substance with a molecular weight of 385.8. Its empirical formula is C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub>.HCl.H<sub>2</sub>O and its chemical structure is as follows:

## DESCRIPTION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

#### **PHARMACOLOGY**

## Pharmacological actions (Microbiology)

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

## Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

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#### Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

#### \*Note:

- Gram-positive organisms are generally less sensitive to ciprofloxacin than Gramnegative organisms.
- 2. Most strains of Streptococci are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by Enterococcus faecalis; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by Streptococcus pneumoniae and skin infections caused by Streptococcus pyogenes have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly Streptococcus pneumoniae infection of the lower respiratory tract.
- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas* maltophilia are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against Treponema pallidum.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker (see **PHARMACOLOGY**).

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

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In vitro studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control microorganisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

## **Pharmacokinetics**

## Absorption

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

#### Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

Dose (mg)	Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)	
250	1.4	5.4	
500	2.6	10.6	
750	3.4	15.0	

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4  $\mu$ g/mL respectively.

#### Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Elimination

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **DOSAGE AND ADMINISTRATION).** 

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

#### Inhalational anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see **DOSAGE AND ADMINISTRATION**). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97  $\mu$ g/mL, and 4.56  $\mu$ g/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2  $\mu$ g/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3  $\mu$ g/mL and trough concentrations range from 0.09 to 0.26  $\mu$ g/mL, following two 30-minute

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intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6 µg/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see PRECAUTIONS, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of  $11\ LD_{50}$  (~5.5 x  $10^5$ ) spores (range 5-30  $LD_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

#### INDICATIONS

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

- 1. Typhoid and Paratyphoid infections and infections due to multi-resistant Staphylococcus aureus are excluded from the above due to insufficient data.
- Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it
  may not be the drug of choice in cases with Gram-positive infections, such as
  pneumonia due to Streptococcus pneumoniae.
- Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gramnegative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

#### CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see INTERACTIONS WITH OTHER MEDICINES).

#### **PRECAUTIONS**

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects and Psychiatric reactions) and musculoskeletal system (see Tendonitis and tendon rupture).

## Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

## Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see **ADVERSE EFFECTS**). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics) (See INTERACTIONS WITH OTHER MEDICINES) or in patients with risk factors for QT prolongation or torsade de pointes (e.g. congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

## **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

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Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

#### Effects on the Liver

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **ADVERSE EFFECTS**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

#### Myasthenia gravis

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

## Tendonitis and tendon rupture

Tendonitis and tendon rupture (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment, and cases occurring up to several months after completion of therapy have been reported. The risk of tendinopathy may be increased in elderly patients, during strenuous physical activity, in patients treated concomitantly with corticosteroids, in patients with renal impairment and in patients with solid organ transplants. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. At any sign of tendonitis (e.g. painful swelling, inflammation), the affected extremity should be kept at rest, any inappropriate physical exercise should be avoided, a physician should be consulted and the antibiotic treatment should be discontinued.

## Superinfections

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

## Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion

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of *Pseudomonas aeruginosa* infections in cystic fibrosis patients following a single course of the drug.

## Anaphylactoid Reactions

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

#### **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures. In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin.

#### Psychiatric reactions

Fluoroquinolones, including ciprofloxacin, have been associated with an increased risk of psychiatric adverse reactions including: toxic psychosis, psychotic reactions progressing to suicidal ideations/thoughts, hallucinations or paranoia; depression, or self-injurious behaviour such as attempted or completed suicide; anxiety, agitation, or nervousness; confusion, delirium, disorientation, or disturbances in attention; insomnia or nightmares; memory impairment. These reactions may occur following the first dose. Advise patients receiving ciprofloxacin to inform their healthcare provider immediately if these reactions occur, discontinue the drug and institute appropriate care.

#### Peripheral neuropathy

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **ADVERSE EFFECTS**).

#### Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **ADVERSE EFFECTS**).

#### Cytochrome P450

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolised via the same enzymatic pathway (e.g., theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin. (See also **INTERACTIONS WITH OTHER MEDICINES**)

## Dysglycaemia

As with all fluoroquinolones, disturbances in blood glucose, including both hypoglycaemia and hyperglycaemia have been reported with Ciproxin. In Ciproxin-treated patients, dysglycaemia occured predominantly in elderly diabetic patients receiving concomitant treatment with an oral hypoglycaemic agent (eg sulfonylurea) or with insulin. Cases of hypoglycaemic coma have been reported. In diabetic patients, careful monitoring of blood glucose is recommended (see **ADVERSE EFFECTS**).

## Aortic aneurysm and dissection

Epidemiologic studies report an increased risk of aortic aneurysm and dissection after intake of fluoroquinolones, particularly in the older population. Therefore, fluoroquinolones should only be used after careful benefit-risk assessment and after consideration of other therapeutic options in patients with positive family history of aneurysm disease, or in patients diagnosed with pre-existing aortic aneurysm and/or dissection, or in the presence of other risk factors or conditions predisposing for aortic aneurysm and dissection (eg Marfan syndrome, vascular Ehlers-Danlos syndrome, Takayasu arteritis, giant cell arteritis, Behcet's disease, hypertension, known atherosclerosis). In case of sudden abdominal, chest or back pain, patients should be advised to immediately consult a physician in an emergency department,

## Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

#### **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central nervous system adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

#### **Elderly Patients**

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance (see **DOSAGE AND ADMINISTRATION**).

#### Impaired Renal Function

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **DOSAGE AND ADMINISTRATION**).

#### **Use in Pregnancy**

Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus. (e.g. potential damage to articular cartilage in the immature fetal organism).

#### **Use in Lactation**

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

#### Paediatric Use

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **DOSAGE AND ADMINISTRATION.** 

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

#### Mutagenicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

#### Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## Effects on ability to drive and use machines

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

#### Effect on laboratory tests

Ciprofloxacin in vitro potency may interfere with the *Mycobacterium spp.* culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

#### INTERACTIONS WITH OTHER MEDICINES

#### Drugs known to prolong QT interval

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

## **Theophylline**

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to

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theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

#### Omeprazole

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{max}$  and AUC of ciprofloxacin.

#### **Probenecid**

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

#### Anticoagulants

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

#### Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

#### Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

#### **NSAIDs**

Animal studies have shown that the combination of very high doses of fluoroquinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

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#### Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

#### Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

## Chelation complex formation

The simultaneous administration of Ciproxin and multivalent cation-containing medicinal products and mineral supplements (e.g. calcium, magnesium, aluminium, iron), polymeric phosphate binders (e.g. sevelamer, lanthanum carbonate), sucralfate or antacids, and highly buffered drugs (e.g. antiretrovirals) containing magnesium, aluminium or calcium reduce the absorption of ciprofloxacin. Consequently, Ciproxin should be administered either 1-2 hours before or at least 4 hours after these preparations.

#### **Tizanidine**

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with Ciproxin (see also **CONTRAINDICATONS**).

#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{max}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

#### Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{\text{max}}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after co-administration with Ciproxin; dose adjustment is recommended if necessary.

## Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by

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22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

## Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

#### Sildenafil

 $C_{max}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

#### Agomelatine

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **PRECAUTIONS**, **Cytochrome P450**).

#### Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

#### ADVERSE EFFECTS

Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Infections and Ir	nfestations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lymp	hatic System Disor	ders	
	Eosinophilia	Leukopenia Anaemia Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Haemolytic anaemia Agranulocytosis Pancytopenia (life- threatening) Bone marrow depression (life-threatening)

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Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Immune System Di	sorders		
		Allergic reaction Allergic oedema / angioedema	Anaphylactic reaction Anaphylactic shock (life- threatening) Serum sickness-like reaction
Metabolism and No	utrition Disorders		
	Decreased appetite and food intake	Hyperglycaemia Hypoglycaemia	
<b>Psychiatric Disord</b>			
	Psychomotor hyperactivity / agitation	Confusion and disorientation Anxiety reaction Abnormal dreams Depression (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide) Hallucinations	Psychotic reactions (potentially culminating in self-injurious behaviour, such as suicidal ideations / thoughts and attempted or completed suicide)
Nervous System D			
	Headache Dizziness Sleep disorders Taste disorders	Par- and Dysaesthesia Hypoaesthesia Tremor Seizures (including status epilepticus) Vertigo	Migraine Disturbed coordination Smell disorders Hyperesthesia Intracranial hypertension (pseudotumour cerebri)
Eye Disorders			10
		Visual disturbances	Visual color distortions
Ear and Labyrinth	Disorders	I Time is	
		Tinnitus Hearing loss	Hearing impaired
Cardiac Disorders		1	T.
		Tachycardia	1
Vascular Disorders		Vasodilatation Hypotension Syncope	Vasculitis
Respiratory, Thora	cic and Mediastii	nal Disorders	·
-		Dyspnoea (including asthmatic condition)	

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Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Gastrointestinal D	The same of the sa		
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal		
	and abdominal		
	pains		
	Dyspepsia		
	Flatulence		
<b>Hepato-biliary Dis</b>		2	÷ .
	Increase in	Hepatic impairment	Liver necrosis (very rarely
	transaminases	Jaundice	progressing to life-
	Increased	Hepatitis (non	threatening hepatic failure)
	bilirubin	infective)	
Skin and Subcuta		4	*
	Rash	Photosensitivity	Petechiae
	Pruritus	reactions	Erythema multiforme
	Urticaria	Blistering	Erythema nodosum
			Stevens-Johnson syndrome
			(potentially life-threatening)
			Toxic epidermal necrolysis
		L	(potentially life-threatening)
Musculoskeletal,		e and Bone Disorders	13.
	Arthralgia	Myalgia	Muscular weakness
		Arthritis	Tendonitis
		Increased muscle	Tendon rupture
		tone and cramping	(predominantly Achilles
			tendon)
			Exacerbation of symptoms
Donal and Urinan	Disorders		of myasthenia gravis
Renal and Urinary	Renal	Renal failure	T
		Haematuria	
	impairment	Crystalluria	
		Tubulointerstitial	
		nephritis	
General Disorders	and Administrati	on Site Conditions	1
Injection and	Unspecific pain		Gait disturbance
infusion site	Feeling unwell	Sweating (hyper-	Can distantanto
reactions (only	Fever	hidrosis)	
intravenous	1 0 001	marosis)	
administration)	III	1	
administration)	L		<u></u>
administration) Investigations	Increase in	Abnormal	
	Increase in blood alkaline	Abnormal prothrombin level	

Note: The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

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ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Disastered Lemmin ette Contact	Demonstration and	
Blood and Lymphatic System	Pancytopenia	
Disorders	(life-threatening)	
	Bone marrow depression	
	(life-threatening)	
Immune System Disorders	Serum sickness-like reaction	
	Anaphylactic shock (life-threatening)	
Nervous System Disorders	Hyperaesthesia	
	Intracranial hypertension	
	Peripheral neuropathy and polyneuropathy	
Cardiac Disorders	QT prolongation	
	Ventricular arrhythmia	
	Torsades de pointes*	
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)	
Skin and Subcutaneous	Erythema nodosum	
Tissue Disorders	Stevens-Johnson syndrome (potentially life-threatening)	
	Toxic epidermal necrolysis (potentially life-threatening)	
	Acute generalised exanthematous pustulosis (AGEP)	
Musculoskeletal, Connective Tissue and Bone Disorders	Exacerbation of symptoms of myasthenia gravis	
General Disorders and Administration Site Conditions	Gait disturbance	
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)	

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see PRECAUTIONS).

In isolated instances, some serious adverse drug reactions may be long-lasting (> 30 days) and disabling; such as tendonitis, tendon rupture, musculoskeletal disorders, and other reactions affecting the nervous system including psychiatric disorders and disturbance of senses.

The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash	
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure,	

	Oedema
Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

#### DOSAGE AND ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

## Duration

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

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#### Missed dose

If a dose is missed, it should be taken as soon as the patient remembers and then treatment should be continued as prescribed. Double doses should not be taken to compensate for a missed dose.

## Impaired Renal Function

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) = 
$$\frac{\text{Weight(kg)} \times (140\text{-age})}{72 \times \text{serum creatinine(mmol/L)}} \times 0.0885$$

Women: 0.85 x the value calculated for men.

## **OVERDOSAGE**

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

Contact Poisons Information Centre on 13 11 26 for advice on management.

## PRESENTATION AND STORAGE CONDITIONS

**Ciproxin 250** – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom. Blister packs of 2 and 14 tablets.

**Ciproxin 500** – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom. Blister packs of 14.

Ciproxin 750 – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom. Blister packs of 14.

## NAME AND ADDRESS OF THE SPONSOR

BAYER AUSTRALIA LTD

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ABN 22 000 138 714 875 Pacific Highway PYMBLE NSW 2073

## **POISON SCHEDULE**

PRESCRIPTION ONLY MEDICINE

## DATE OF FIRST INCLUSION ON THE ARTG

2 March 1992

## DATE OF MOST RECENT AMENDMENT

13 Jun 2019

® Registered Trademark of Bayer Group, Germany

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## Page: 45

Number: 1

Author: \$22

Subject: Sticky Note Date: 9/10/2019 10:18:08 AM

This should be 9 October 2019.

# AUSTRALIAN PRODUCT INFORMATION CIPROXIN® (ciprofloxacin) tablets

#### 1 NAME OF THE MEDICINE

Ciprofloxacin

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin 250 contains 250mg of active, Ciproxin 500 contains 500mg of active, and Ciproxin 750 contains 750mg of active.

For the full list of excipients, see **Section 6.1 LIST OF EXCIPIENTS**.

## 3 PHARMACEUTICAL FORM

Ciproxin 250 – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom.

Ciproxin 500 – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom.

Ciproxin 750 – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom.

## **4 CLINICAL PARTICULARS**

## 4.1 THERAPEUTIC INDICATIONS

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

1. Typhoid and Paratyphoid infections and infections due to multi-resistant *Staphylococcus* aureus are excluded from the above due to insufficient data.

- 2. Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the drug of choice in cases with Gram-positive infections, such as pneumonia due to *Streptococcus pneumoniae*.
- 3. Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gram-negative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## 4.2 DOSE AND METHOD OF ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

#### **Duration**

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy

may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

#### Missed dose

If a dose is missed, it should be taken anytime but not later than 6 hours prior to the next scheduled dose. If less than 6 hours remain before the next dose, the missed dose should not be taken and treatment should be continued as prescribed with the next scheduled dose. Double doses should not be taken to compensate for a missed dose.

## **Impaired Renal Function**

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m<sup>2</sup>, the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) =  $\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} x 0.0885$ 

Women: 0.85 x the value calculated for men.

## 4.3 CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Section 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS).

## 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects and Psychiatric reactions) and musculoskeletal system (see Tendonitis and tendon rupture).

#### Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

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#### Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)). In general, elderly patients may be more susceptible to drug-associated effects on the QT interval. Women may also be more sensitive to QT proglongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics) (See Section 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS) or in patients with risk factors for QT prolongation or torsade de pointes (e.g. congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

#### **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

#### Myasthenia gravis

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

#### Tendonitis and tendon rupture

Tendonitis and tendon rupture (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment, and cases occurring up to several months after completion of therapy have been reported. The risk of tendinopathy may be increased in elderly patients, during strenuous physical activity, in patients treated concomitantly with corticosteroids, in patients with renal impairment and in patients with solid organ transplants. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. At any sign of tendonitis (e.g. painful swelling, inflammation), the affected extremity should be kept at rest, any inappropriate physical exercise should be avoided, a physician should be consulted and the antibiotic treatment should be discontinued.

## **Superinfections**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

## Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of

Pseudomonas aeruginosa infections in cystic fibrosis patients following a single course of the drug.

## **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

## **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures. In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin.

## **Psychiatric reactions**

Fluoroquinolones, including ciprofloxacin, have been associated with an increased risk of psychiatric adverse reactions including: toxic psychosis, psychotic reactions progressing to suicidal ideations/thoughts, hallucinations or paranoia; depression, or self-injurious behaviour such as attempted or completed suicide; anxiety, agitation, or nervousness; confusion, delirium, disorientation, or disturbances in attention; insomnia or nightmares; memory impairment. These reactions may occur following the first dose. Advise patients receiving ciprofloxacin to inform their healthcare provider immediately if these reactions occur, discontinue the drug and institute appropriate care.

## Peripheral neuropathy

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**).

## Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**).

## **Cytochrome P450**

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolised via the same enzymatic pathway (e.g., theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (See also **Section 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS**).

## Dysglycaemia

As with all fluoroquinolones, disturbances in blood glucose, including both hypoglycaemia and hyperglycaemia have been reported with Ciproxin. In Ciproxin-treated patients, dysglycaemia occured predominantly in elderly diabetic patients receiving concomitant treatment with an oral hypoglycaemic agent (eg sulfonylurea) or with insulin. Cases of hypoglycaemic coma have been

reported. In diabetic patients, careful monitoring of blood glucose is recommended (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**).

## Aortic aneurysm and dissection

Epidemiologic studies report an increased risk of aortic aneurysm and dissection after intake of fluoroquinolones, particularly in the older population. Therefore, fluoroquinolones should only be used after careful benefit-risk assessment and after consideration of other therapeutic options in patients with positive family history of aneurysm disease, or in patients diagnosed with pre-existing aortic aneurysm and/or dissection, or in the presence of other risk factors or conditions predisposing for aortic aneurysm and dissection (e.g. Marfan syndrome, vascular Ehlers-Danlos syndrome, Takayasu arteritis, giant cell arteritis, Behcet's disease, hypertension, known atherosclerosis). In case of sudden abdominal, chest or back pain, patients should be advised to immediately consult a physician in an emergency department.

## Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

## **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central nervous system adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

## **Use in Hepatic Impairment**

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

## **Use in Renal Impairment**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION**).

## Use in the Elderly

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance (see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION**).

## **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION**.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

## **Effects on Laboratory Tests**

Ciprofloxacin in vitro potency may interfere with the *Mycobacterium spp*. culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

# 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS

## Drugs known to prolong QT interval

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

## Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

## **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

## **Probenecid**

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

## **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

## Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

## Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

## **NSAIDs**

Animal studies have shown that the combination of very high doses of fluoroquinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

## Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

## Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

## Chelation complex formation

The simultaneous administration of Ciproxin and multivalent cation-containing medicinal products and mineral supplements (e.g. calcium, magnesium, aluminium, iron), polymeric phosphate binders (e.g. sevelamer, lanthanum carbonate), sucralfate or antacids, and highly buffered drugs (e.g. antiretrovirals) containing magnesium, aluminium or calcium reduce the absorption of ciprofloxacin. Consequently, Ciproxin should be administered either 1-2 hours before or at least 4 hours after these preparations.

## Tizanidine

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with Ciproxin (see also **Section 4.3 CONTRAINDICATONS**).

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#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

## Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the  $C_{max}$  and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after coadministration with Ciproxin; dose adjustment is recommended if necessary.

#### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

## Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

#### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

## **Agomelatine**

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE, Cytochrome P450**).

## Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

## Levothyroxine

Oral ciprofloxacin may decrease the absorption of levothyroxine. An interval of 6 hours between the administration of the two medications is recommended.

## 4.6 FERTILITY, PREGNANCY AND LACTATION

**Effects on Fertility** 

See Use in Pregnancy

## Use in Pregnancy

Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

#### Use in Lactation

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

## 4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

## 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)

Table 1: Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Infections and Inf	estations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lymph	atic System Disor	ders	
	Eosinophilia	Leukopenia Anaemia	Haemolytic anaemia Agranulocytosis
		Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Pancytopenia (life- threatening) Bone marrow depression (life-threatening)

Common	Uncommon	Paro	Voru raro
Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Immune System Di		20.01/0 to >0.170	50.0170
minune Oystem D	3014613	Allergic reaction	Anaphylactic reaction
		Allergic oedema /	Anaphylactic shock (life-
		angioedema	threatening)
			Serum sickness-like reaction
Metabolism and No	AND THE PROPERTY OF THE PROPER		
	Decreased	Hyperglycaemia Hypoglycaemia	
	appetite and food intake	пуродіусаенна	
Psychiatric Disord	The Control of the Co		
,	Psychomotor	Confusion and	Psychotic reactions
	hyperactivity /	disorientation	(potentially culminating in
	agitation	Anxiety reaction	self-injurious behaviour,
		Abnormal dreams	such as suicidal ideations /
		Depression (potentially	thoughts and attempted or
		(potentially culminating in self-	completed suicide)
		injurious behaviour,	
		such as suicidal	
		ideations / thoughts	
		and attempted or	
		completed suicide)	
N	•	Hallucinations	
Nervous System D	Headache	Par- and	Migraine
	Dizziness	Dysaesthesia	Disturbed coordination
	Sleep disorders	Hypoaesthesia	Smell disorders
	Taste disorders	Tremor	Hyperesthesia
		Seizures	Intracranial hypertension
		(including status	(pseudotumour cerebri)
		epilepticus)	
Eye Disorders		Vertigo	
Lye Disorders		Visual disturbances	Visual color distortions
Ear and Labyrinth	Disorders	Vioual diotal balloco	Violati ocioi diotorticiio
•		Tinnitus	Hearing impaired
	,	Hearing loss	**************************************
Cardiac Disorders	-		
Vacanta B'		Tachycardia	
Vascular Disorders	S	Vasodilatation	Vacquitie
		Vasodilatation Hypotension	Vasculitis
		Syncope	
Respiratory, Thora	cic and Mediastir		
, , , , , , , , , , , , , , , , , , , ,		Dyspnoea (including	Ī
		asthmatic condition)	
Gastrointestinal Di			
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal		
	and abdominal pains		
	Dyspepsia		
	Flatulence		

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Hepato-biliary Disc	The state of the s		5 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 -
	Increase in transaminases Increased bilirubin	Hepatic impairment Jaundice Hepatitis (non infective)	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutar	eous Tissue Disc	orders	
	Rash Pruritus Urticaria	Photosensitivity reactions Blistering	Petechiae Erythema multiforme Erythema nodosum Stevens-Johnson syndrome (potentially life-threatening) Toxic epidermal necrolysis (potentially life-threatening)
Musculoskeletal, C		and Bone Disorders	
	Arthralgia	Myalgia Arthritis Increased muscle tone and cramping	Muscular weakness Tendonitis Tendon rupture (predominantly Achilles tendon) Exacerbation of symptoms of myasthenia gravis
Renal and Urinary			
	Renal impairment	Renal failure Haematuria Crystalluria Tubulointerstitial nephritis	
General Disorders and Administration Site Conditions			
Injection and infusion site reactions (only intravenous administration)	Unspecific pain Feeling unwell Fever	Oedema Sweating (hyper- hidrosis)	Gait disturbance
Investigations			
	Increase in blood alkaline phosphatase	Abnormal prothrombin level Increased amylase	

Note: The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

Table 2: ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

<b>.</b>	
Blood and Lymphatic System	Pancytopenia
Disorders	(life-threatening)
	Bone marrow depression
	(life-threatening)
Immune System Disorders	Serum sickness-like reaction
	Anaphylactic shock (life-threatening)
Nervous System Disorders	Hyperaesthesia
	Intracranial hypertension
	Peripheral neuropathy and polyneuropathy
Cardiac Disorders	QT prolongation
	Ventricular arrhythmia
	Torsades de pointes*
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)
Skin and Subcutaneous	Erythema nodosum
Tissue Disorders	Stevens-Johnson syndrome (potentially life-threatening)
	Toxic epidermal necrolysis (potentially life-threatening)
	Acute generalised exanthematous pustulosis (AGEP)
Musculoskeletal, Connective	Exacerbation of symptoms of myasthenia gravis
Tissue and Bone Disorders	
General Disorders and	Gait disturbance
Administration Site Conditions	
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)
	<b>5</b> ,

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see **Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE**).

In isolated instances, some serious adverse drug reactions may be long-lasting (> 30 days) and disabling; such as tendonitis, tendon rupture, musculoskeletal disorders, and other reactions affecting the nervous system including psychiatric disorders and disturbance of senses.

Table 3: The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema
Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

## **Reporting Suspected Adverse Effects**

Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at www.tga.gov.au/reporting-problems.

## 4.9 OVERDOSE

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

For information on the management of overdose, contact the Poisons Information Centre on 131126.

## 5 PHARMACOLOGICAL PROPERTIES

## 5.1 PHARMACODYNAMIC PROPERTIES

## **Mechanism of Action**

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

## Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

## Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

## \*Note:

- 1. Gram-positive organisms are generally less sensitive to ciprofloxacin than Gram-negative organisms.
- 2. Most strains of *Streptococci* are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by *Enterococcus faecalis*; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.

- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas maltophilia* are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control micro-organisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the micro-organism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

## **Clinical Trials**

No data available. For further information, see Section 5.1 Pharmacodynamic properties.

## 5.2 PHARMACOKINETIC PROPERTIES

## **Absorption**

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

#### Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

Dose (mg)	Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)
250	1.4	5.4
500	2.6	10.6
750	3.4	15.0

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4 μg/mL respectively.

## Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Excretion

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of

ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION)**.

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

#### Inhalational anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see Section 4.2 DOSE AND METHOD OF ADMINISTRATION). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97 µg/mL, and 4.56 µg/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2 µg/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3 µg/mL and trough concentrations range from 0.09 to 0.26 µg/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6 µg/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of 11 LD $_{50}$  (~5.5 x 10 $^{5}$ ) spores (range 5-30 LD $_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

## 5.3 PRECLINICAL SAFETY DATA

## Genotoxicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

## Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

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Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## 6. PHARMACEUTICAL PARTICULARS

#### 6.1 LIST OF EXCIPIENTS

Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

#### 6.2 INCOMPATIBILITIES

Incompatibilities were either not assessed or not identified as part of the registration of this medicine.

## 6.3 SHELF LIFE

In Australia, information on the shelf life can be found on the public summary of the Australian Register of Therapeutic Goods (ARTG). The expiry date can be found on the packaging.

## **6.4 SPECIAL PRECAUTIONS FOR STORAGE**

Store below 25°C

## 6.5 NATURE AND CONTENTS OF CONTAINER

Container type: PVC/PVDC/AI, PP/AI, AI/AI

Pack sizes:

Ciproxin 250 - Blister packs of 2 and 14 tablets.

Ciproxin 500 – Blister packs of 2, 4, 14 and 60 tablets.

Ciproxin 750 – Blister packs of 14 and 60 tablets.

Some strengths, pack sizes and/or pack types may not be marketed.

## 6.6 SPECIAL PRECAUTIONS FOR DISPOSAL

In Australia, any unused medicine or waste material should be disposed of by taking it to your local pharmacy.

## 6.7 PHYSICOCHEMICAL PROPERTIES

## **Chemical Structure**

## **CAS Number**

86393-32-0

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid.

Molecular formula C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub>.HCl.H<sub>2</sub>O

Molecular weight 385.8

Appearance faintly yellowish to yellow crystalline substance

## 7 MEDICINE SCHEDULE (POISONS STANDARD)

S4 (Prescription Only Medicine)

## **8 SPONSOR**

Bayer Australia Limited ABN 22 000 138 714 875 Pacific Highway, Pymble NSW 2073 www.bayer.com.au

## 9 DATE OF FIRST APPROVAL

2 March 1992

## 10 DATE OF REVISION

9 March 2021 TBC

## **Summary Table of Changes**

Section Changed	Summary of New Information
All	<del>PI reformat</del>
4.2 Dose and method of administration	Update of PI in case of missed dose
<u>4.5</u>	Addition of drug interaction information with Levothyroxine

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# AUSTRALIAN PRODUCT INFORMATION CIPROXIN® (ciprofloxacin) tablets

#### 1 NAME OF THE MEDICINE

Ciprofloxacin

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Ciproxin is available as 250 mg, 500 mg and 750 mg film-coated tablets for oral administration. Ciproxin 250 contains 250mg of active, Ciproxin 500 contains 500mg of active, and Ciproxin 750 contains 750mg of active.

For the full list of excipients, see Section 6.1 LIST OF EXCIPIENTS.

## 3 PHARMACEUTICAL FORM

Ciproxin 250 – Biconvex, white film-coated tablet round tablet 11mm in diameter containing 250 mg ciprofloxacin, the top scored and marked with "CIP" on one half of the score and "250" on the other half and the Bayer cross on bottom.

Ciproxin 500 – Biconvex, oblong 18mm x 8mm, white film-coated tablet containing 500 mg ciprofloxacin, the top scored and marked with "CIP and 500" on the other side separated by a score across the width of the tablet and "BAYER" on bottom.

Ciproxin 750 – Biconvex, 22mm x 8mm oblong, white film-coated tablet containing 750 mg ciprofloxacin, and marked with "CIP 750" on top and "BAYER" on bottom.

## **4 CLINICAL PARTICULARS**

## 4.1 THERAPEUTIC INDICATIONS

Ciproxin is indicated for the treatment of infections caused by susceptible organisms in the conditions listed below:

Urinary tract infections

Gonorrhoeal urethritis and cervicitis

Gastroenteritis

**Bronchial Infections** 

Skin and skin structure infections

Bone and joint infections

Chronic bacterial prostatitis of mild to moderate severity

Inhalational anthrax (post-exposure): To reduce the incidence or progression of disease following exposure to aerosolized *Bacillus anthracis*. Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

#### Note:

1. Typhoid and Paratyphoid infections and infections due to multi-resistant *Staphylococcus* aureus are excluded from the above due to insufficient data.

- 2. Because Gram-positive organisms are generally less sensitive to ciprofloxacin, it may not be the drug of choice in cases with Gram-positive infections, such as pneumonia due to *Streptococcus* pneumoniae.
- 3. Chronic bacterial prostatitis should be demonstrated by microbiological evidence localising infection to the prostate

Strains of Neisseria gonorrhoea resistant to ciprofloxacin have been reported in Australia.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

Ciproxin is suitable to treat mixed infections caused by susceptible strains of both Gram-negative and Gram-positive aerobic bacteria. If anaerobic organisms are suspected as accompanying aetiologic agents, additional therapy should be considered.

Consideration should be given to available official guidance on the appropriate use of antibacterial agents.

## 4.2 DOSE AND METHOD OF ADMINISTRATION

**Urinary tract infections -** The usual adult dosage is 250 mg every 12 hours. For patients with complicated infections caused by organisms not highly susceptible, such as *Enterococcus faecalis*, 500 mg may be administered every 12 hours.

**Bronchial infections, skin and skin structure infections -** The usual dose is 500 mg every 12 hours. For more severe or complicated infections, a dosage of 750 mg may be given every 12 hours.

Bone and joint infections - 750 mg every 12 hours.

Gastroenteritis (infectious diarrhoea) - 500 mg every 12 hours.

Acute, uncomplicated gonorrhoeal urethritis - A single dose of 250 mg.

Chronic bacterial prostatitis - 250 to 500mg every 12 hours.

**Inhalational anthrax (post-exposure)** – for adults, the recommended dose is 500 mg every 12 hours. For paediatric patients, the recommended dose is 15 mg/kg per dose (not to exceed 500 mg per dose), every 12 hours. Drug administration should begin as soon as possible after suspected or confirmed exposure.

The determination of dosage for any particular patient must take into consideration the severity and nature of the infection, the susceptibility of the causative organism, the integrity of the patient's host-defence mechanisms, and the status of renal function.

Because Gram-positive organisms are generally less sensitive than Gram-negative organisms, the use of higher doses should be considered in patients with Gram-positive infections. In such cases 8 hourly administration of 500 mg ciprofloxacin may be preferable.

#### **Duration**

The duration of treatment depends upon the severity of infection. Generally ciprofloxacin should be continued for at least 2 days after the signs and symptoms of infection have disappeared. The usual duration is 7 to 14 days; however for severe and complicated infections more prolonged therapy

may be required. Bone and joint infections may require treatment for 4 to 6 weeks or longer. Gastrointestinal infections (infectious diarrhoea) need treatment for only 5 days. Chronic bacterial prostatitis should be treated for 14 to 28 days.

Inhalational anthrax (post exposure) should be treated for 60 days. Drug administration should begin as soon as possible after suspected or confirmed exposure.

In certain deep-seated infections involving abscess formation, appropriate surgical drainage should be performed in conjunction with antimicrobial therapy.

#### Missed dose

If a dose is missed, it should be taken anytime but not later than 6 hours prior to the next scheduled dose. If less than 6 hours remain before the next dose, the missed dose should not be taken and treatment should be continued as prescribed with the next scheduled dose. Double doses should not be taken to compensate for a missed dose.

## **Impaired Renal Function**

Dosage adjustments: for patients with creatinine clearance between 31-60 mL/min/1.73m², the maximum daily dose should be 1000 mg/day for oral administration. For creatinine clearance equal or less than 30 mL/min/1.73m², the maximum daily dose should be 500 mg/day for oral administration.

When only data for serum creatinine are available, the following formula (Cockcroft's equation) may be used to estimate creatinine clearance.

Men: Creatinine clearance (mL/min) =  $\frac{\text{Weight (kg) x (140 - age)}}{72 \text{ x serum creatinine (mmol/L)}} x 0.0885$ 

Women: 0.85 x the value calculated for men.

#### 4.3 CONTRAINDICATIONS

- A history of hypersensitivity to ciprofloxacin or other quinolones, including nalidixic acid, or any of the excipients.
- Concurrent administration of ciprofloxacin and tizanidine (see Section 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS).

## 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE

Fluoroquinolones, including ciprofloxacin, have been associated with disabling and potentially persistent adverse reactions involving different body systems that have occurred together in the same patient. These include, but are not limited to, serious adverse reactions involving the nervous system (see CNS effects and Psychiatric reactions) and musculoskeletal system (see Tendonitis and tendon rupture).

#### Streptococcus pneumoniae infections

Ciprofloxacin is not recommended for treatment of pneumococcal infections due to inadequate efficacy against *Streptococcus pneumoniae*.

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#### Cardiac disorders

Ciprofloxacin is associated with cases of QT prolongation (see Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)). In general, elderly patients may be more susceptible to drugassociated effects on the QT interval. Women may also be more sensitive to QT prolongation medicine compared to men as they tend to have a longer baseline QTc interval. Precaution should be taken when using ciprofloxacin with concomitant drugs that can result in prolongation with the QT interval (e.g. class IA or III antiarrhythmics, tricyclic antidepressants, macrolides, antipsychotics) (See Section 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS) or in patients with risk factors for QT prolongation or torsade de pointes (e.g. congenital long QT syndrome, uncorrected electrolyte imbalance such as hypokalaemia or hypomagnesaemia and cardiac disease such as heart failure, myocardial infarction, or bradycardia).

#### **Antibiotic-associated Colitis**

Antibiotic-associated colitis has been rarely reported with ciprofloxacin, but it should be considered in patients who develop diarrhoea.

Antibiotic associated pseudomembranous colitis has been reported with many antibiotics including ciprofloxacin. A toxin produced by *Clostridium difficile* appears to be the primary cause. The severity of the colitis may range from mild to life threatening. It is important to consider this diagnosis in patients who develop diarrhoea or colitis in association with antibiotic use (this may occur up to several weeks after cessation of antibiotic therapy). Mild cases usually respond to drug discontinuation alone. However, in moderate to severe cases appropriate therapy such as oral antibacterial agents effective against *Clostridium difficile* should be considered. Fluids, electrolytes and protein replacement should be provided when indicated.

Drugs which delay peristalsis, e.g., opiates and diphenoxylate with atropine (Lomotil™), may prolong and/or worsen the condition and should not be used.

#### Myasthenia gravis

Ciproxin should be used with caution in patients with myasthenia gravis because symptoms can be exacerbated. Therefore, at any clinical sign or symptom of an exacerbation of myasthenia gravis, a physician should be consulted.

#### Tendonitis and tendon rupture

Tendonitis and tendon rupture (predominantly Achilles tendon), sometimes bilateral, that required surgical repair or resulted in prolonged disability have been reported with Ciproxin (ciprofloxacin) and other quinolones. This may occur even within the first 48 hours of treatment, and cases occurring up to several months after completion of therapy have been reported. The risk of tendinopathy may be increased in elderly patients, during strenuous physical activity, in patients treated concomitantly with corticosteroids, in patients with renal impairment and in patients with solid organ transplants. Ciprofloxacin should be used with caution in patients with a history of tendon disorders related to quinolone treatment. At any sign of tendonitis (e.g. painful swelling, inflammation), the affected extremity should be kept at rest, any inappropriate physical exercise should be avoided, a physician should be consulted and the antibiotic treatment should be discontinued.

## **Superinfections**

As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of non-susceptible organisms. Repeated evaluation of the patient's condition is essential. If superinfection occurs during therapy, appropriate measures should be taken.

## Pseudomonas aeruginosa Infections in Cystic Fibrosis

Although clinical improvement has been observed in patients with respiratory exacerbation of cystic fibrosis associated with *Pseudomonas aeruginosa*, bacterial eradication is usually not achieved. Resistance to ciprofloxacin has been shown to develop in a significant proportion of

Pseudomonas aeruginosa infections in cystic fibrosis patients following a single course of the drug.

## **Anaphylactoid Reactions**

In some instances, hypersensitivity and allergic reactions may occur following a single dose, a physician should be informed immediately.

Serious, and occasionally fatal, anaphylactoid reactions, some following the first dose, have been reported in patients receiving quinolones (including ciprofloxacin). In these cases Ciproxin should be discontinued and appropriate medical treatment given.

## **Phototoxicity**

Ciprofloxacin has been shown to be phototoxic in a number of *in vitro* and *in vivo* studies. Nalidixic acid, the prototype quinolone antibiotic and other quinolone antibiotics, produce photosensitivity reactions. Patients taking ciprofloxacin should avoid direct exposure to sunlight. Therapy should be discontinued if photosensitisation occurs.

#### **CNS Effects**

As with other quinolones, ciprofloxacin may cause central nervous system (CNS) stimulation which may lead to transient tremor, restlessness, light-headedness, confusion, and very rarely to hallucinations or convulsive seizures. In some instances, CNS reactions may occur even after the first administration of fluoroquinolones, including ciprofloxacin.

## **Psychiatric reactions**

Fluoroquinolones, including ciprofloxacin, have been associated with an increased risk of psychiatric adverse reactions including: toxic psychosis, psychotic reactions progressing to suicidal ideations/thoughts, hallucinations or paranoia; depression, or self-injurious behaviour such as attempted or completed suicide; anxiety, agitation, or nervousness; confusion, delirium, disorientation, or disturbances in attention; insomnia or nightmares; memory impairment. These reactions may occur following the first dose. Advise patients receiving ciprofloxacin to inform their healthcare provider immediately if these reactions occur, discontinue the drug and institute appropriate care.

## Peripheral neuropathy

Cases of sensory or sensorimotor polyneuropathy resulting in paraesthesias, hypoaesthesias, dysaesthesias, or weakness have been reported in patients receiving fluoroquinolones including ciprofloxacin. Ciproxin should be discontinued in patients experiencing symptoms of neuropathy, including pain, burning, tingling, numbness, and/or weakness in order to prevent the development of an irreversible condition (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**).

## Vision disorders

If vision becomes impaired or any effects on the eyes are experienced, an eye specialist should be consulted immediately (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**).

## **Cytochrome P450**

Ciprofloxacin is known to be a moderate inhibitor of the CYP 450 1A2 enzymes. Care should be taken when other drugs are administered concomitantly which are metabolised via the same enzymatic pathway (e.g., theophylline, methylxantines, caffeine, duloxetine, clozapine, olanzapine, ropinirole, agomelatine). Increased plasma concentrations associated with drug specific side effects may be observed due to inhibition of their metabolic clearance by ciprofloxacin (See also **Section 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS**).

## Dysglycaemia

As with all fluoroquinolones, disturbances in blood glucose, including both hypoglycaemia and hyperglycaemia have been reported with Ciproxin. In Ciproxin-treated patients, dysglycaemia occured predominantly in elderly diabetic patients receiving concomitant treatment with an oral hypoglycaemic agent (eg sulfonylurea) or with insulin. Cases of hypoglycaemic coma have been

reported. In diabetic patients, careful monitoring of blood glucose is recommended (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**).

## Aortic aneurysm and dissection

Epidemiologic studies report an increased risk of aortic aneurysm and dissection after intake of fluoroquinolones, particularly in the older population. Therefore, fluoroquinolones should only be used after careful benefit-risk assessment and after consideration of other therapeutic options in patients with positive family history of aneurysm disease, or in patients diagnosed with pre-existing aortic aneurysm and/or dissection, or in the presence of other risk factors or conditions predisposing for aortic aneurysm and dissection (e.g. Marfan syndrome, vascular Ehlers-Danlos syndrome, Takayasu arteritis, giant cell arteritis, Behcet's disease, hypertension, known atherosclerosis). In case of sudden abdominal, chest or back pain, patients should be advised to immediately consult a physician in an emergency department.

## Crystalluria

The solubility of ciprofloxacin is pH dependent and is greatly reduced between pH 5 and 9. Crystals of ciprofloxacin have been observed in the urine of laboratory animals given high doses of the drug, but also in some patients receiving standard therapeutic doses. Crystalluria seems to occur under alkaline conditions of the urine and is less likely in non-vegetarians who usually have an acidic urine. Patients receiving ciprofloxacin should be well hydrated and alkalinity of the urine should be avoided. It should, however, be noted that the activity of ciprofloxacin is significantly reduced in acid media.

## **Epileptic Patients**

Ciprofloxacin, like other fluoroquinolones, is known to trigger seizures or lower seizure threshold. Ciproxin should be used with caution in epileptics and in patients who have suffered from previous CNS disorders (e.g., lowered convulsion threshold, previous history of convulsion, reduced cerebral blood flow, altered brain structure or stroke). Ciproxin should only be used where the benefits of treatment exceed the risks, since these patients are endangered because of possible central nervous system adverse effects. Cases of status epilepticus have been reported. If seizures occur, Ciproxin should be discontinued.

## **Use in Hepatic Impairment**

Cases of hepatic necrosis and life-threatening hepatic failure have been reported with ciprofloxacin. In the event of any signs and symptoms of hepatic disease (such as anorexia, jaundice, dark urine, pruritus, or tender abdomen), treatment should be discontinued (see **Section 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)**). There can be temporary increase in transaminases, alkaline phosphatase, or cholestatic jaundice, especially in patients with previous liver damage, who are treated with ciprofloxacin.

## **Use in Renal Impairment**

Alteration of the dosage regimen is necessary for patients with impairment of renal function (see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION**).

## Use in the Elderly

Ciproxin should be used with caution in the elderly after taking into account the severity of the illness and the creatinine clearance (see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION**).

## **Paediatric Use**

Ciprofloxacin is not recommended for use in pre-pubertal children, except for use in inhalational anthrax (post-exposure). Toxicological studies have shown that ciprofloxacin and related drugs such as nalidixic acid and cinoxacin, can produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited.

For the indication of inhalational anthrax (post-exposure), the risk-benefit assessment indicates that administration of ciprofloxacin to paediatric patients is appropriate. For information regarding paediatric dosing in inhalational anthrax (post-exposure), see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION**.

The safety and effectiveness of ciprofloxacin in pre-pubertal children except for use in inhalational anthrax (post-exposure) have not been established.

## **Effects on Laboratory Tests**

Ciprofloxacin in vitro potency may interfere with the *Mycobacterium spp*. culture test by suppression of mycobacterial growth, causing false negative results in specimens from patients currently taking ciprofloxacin.

## 4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS

## Drugs known to prolong QT interval

Ciproxin, like other fluoroquinolones should be used with caution in patients receiving drugs known to prolong the QT interval (e.g. Class IA and III anti-arrhythmics, tricyclic antidepressants, macrolides, antipsychotics).

## Theophylline

Concurrent administration of ciprofloxacin with theophylline may lead to elevated plasma concentrations of theophylline and prolongation of its elimination half-life. This can lead to theophylline-induced side effects; in very rare cases these side effects can be life threatening or fatal. If concomitant use cannot be avoided, the plasma levels of theophylline should be monitored and appropriate dosage adjustments should be made.

## **Omeprazole**

Concomitant administration of ciprofloxacin and omeprazole results in a slight reduction of  $C_{\text{max}}$  and AUC of ciprofloxacin.

## **Probenecid**

Co-administration of probenecid with ciprofloxacin results in a 50% reduction in the ciprofloxacin renal clearance and a 50% increase in its AUC, without altering the peak concentration, time to peak and half-life of elimination.

## **Anticoagulants**

Quinolones, including ciprofloxacin, have been reported to enhance the effects of oral anticoagulants, warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored. The risk may vary with the underlying infection, age and general status of the patient so that the contribution of ciprofloxacin to the increase in INR (international normalised ratio) is difficult to assess.

## Cyclosporin

Some quinolones, including ciprofloxacin, have been associated with transient elevations of serum creatinine in patients receiving cyclosporin concomitantly. Therefore, it is frequently (twice a week) necessary to control the serum creatinine concentrations in these patients.

## Metoclopramide

Metoclopramide accelerates the absorption of ciprofloxacin resulting in a shorter time to reach maximum plasma concentrations. No effect was seen on the bioavailability of ciprofloxacin.

## Oral antidiabetic agents

Hypoglycaemia has been reported when Ciproxin and oral antidiabetic agents, mainly sulfonylureas (e.g. glibenclamide, glimepiride), where co-administered, presumably by intensifying the action of the oral antidiabetic agent.

## **NSAIDs**

Animal studies have shown that the combination of very high doses of fluoroquinolones (gyrase inhibitors) and certain non-steroidal anti-inflammatory agents (but not acetylsalicylic acid) can provoke convulsions.

#### Other xanthine derivatives

On concurrent administration of Ciproxin and caffeine or pentoxifylline (oxpentifylline) containing products, raised serum concentrations of these xanthine derivatives were reported. Quinolones may reduce the clearance of caffeine and prolong its plasma half-life, and therefore may enhance the effects of caffeine.

## Phenytoin

Altered (decreased or increased) serum levels of phenytoin were observed in patients receiving ciprofloxacin and phenytoin simultaneously. To avoid the loss of seizure control associated with decreased phenytoin levels, and to prevent phenytoin overdose-related adverse effects when Ciproxin is discontinued in patients receiving both agents, monitoring of phenytoin therapy, including phenytoin serum concentration measurements, is recommended during and shortly after co-administration of Ciproxin with phenytoin.

## Methotrexate

Renal tubular transport of methotrexate may be inhibited by concomitant administration of ciprofloxacin potentially leading to increased plasma levels of methotrexate. This might increase the risk of methotrexate associated toxic reactions. Therefore, patients under methotrexate therapy should be carefully monitored when concomitant Ciproxin therapy is indicated.

## Chelation complex formation

The simultaneous administration of Ciproxin and multivalent cation-containing medicinal products and mineral supplements (e.g. calcium, magnesium, aluminium, iron), polymeric phosphate binders (e.g. sevelamer, lanthanum carbonate), sucralfate or antacids, and highly buffered drugs (e.g. antiretrovirals) containing magnesium, aluminium or calcium reduce the absorption of ciprofloxacin. Consequently, Ciproxin should be administered either 1-2 hours before or at least 4 hours after these preparations.

#### Tizanidine

Tizanidine serum concentrations increase with concomitant administration with ciprofloxacin. Associated with the increased serum concentrations was a potentiated hypotensive and sedative effect. Tizanidine must not be administered together with Ciproxin (see also **Section 4.3 CONTRAINDICATONS**).

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#### **Duloxetine**

In clinical studies it was demonstrated that concurrent use of duloxetine with strong inhibitors of the CYP450 1A2 isoenzyme such as fluvoxamine, may result in an increase of AUC and  $C_{\text{max}}$  of duloxetine. Although no clinical data are available on a possible interaction with ciprofloxacin, similar effects can be expected upon concomitant administration.

## Ropinirole

In a clinical study it was shown that concomitant use of ropinirole with ciprofloxacin, a moderate inhibitor of the CYP450 1A2 isozyme, resulted in increases in the C<sub>max</sub> and AUC of ropinirole of 60% and 84%, respectively. Although ropinirole treatment was well tolerated, case reports suggest that a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration. Ropinirole-related side effects should be monitored during and shortly after coadministration with Ciproxin; dose adjustment is recommended if necessary.

#### Lidocaine

It was demonstrated in healthy subjects that concomitant use of lidocaine with ciprofloxacin, a moderate inhibitor of CYP450 1A2 isozyme, reduces clearance of intravenous lidocaine by 22%. Although lidocaine treatment was well tolerated, a possible interaction with ciprofloxacin associated with side effects may occur upon concomitant administration.

## Clozapine

Following concomitant administration of 250 mg Ciproxin with clozapine for 7 days, serum concentrations of clozapine and N-desmethylclozapine were increased by 29% and 31%, respectively. Clinical surveillance and appropriate adjustment of clozapine dosage during and shortly after co-administration with Ciproxin are advised.

#### Sildenafil

 $C_{\text{max}}$  and AUC of sildenafil were increased approximately twofold in healthy subjects after an oral dose of 50 mg given concomitantly with 500 mg Ciproxin. Therefore, caution should be used prescribing Ciproxin concomitantly with sildenafil taking into consideration the risks and the benefits.

## **Agomelatine**

In clinical studies, it was demonstrated that fluvoxamine, as a strong inhibitor of the CYP450 1A2 isoenzyme, markedly inhibits the metabolism of agomelatine resulting in a large increase in agomelatine exposure. Although no clinical data are available, ciprofloxacin is a moderate inhibitor of CYP450 1A2 and similar effect can be expected upon concomitant administration. Therefore concurrent use of ciprofloxacin with agomelatine is not recommended (see **Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE, Cytochrome P450**).

## Zolpidem

Co-administration of ciprofloxacin may increase blood levels of zolpidem, concurrent use is not recommended.

## Levothyroxine

Oral ciprofloxacin may decrease the absorption of levothyroxine. An interval of 6 hours between the administration of the two medications is recommended.

## 4.6 FERTILITY, PREGNANCY AND LACTATION

Effects on Fertility

See Use in Pregnancy

## Use in Pregnancy

Pregnancy Category B3

Reproduction studies have been performed in rats and mice at doses up to 100 mg/kg (0.6 and 0.3 times the maximum daily human dose based upon body surface area, respectively) and IV doses of up to 30 mg/kg and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, ciprofloxacin (30 and 100 mg/kg orally, 0.4 and 1.2 times the maximum daily human dose based upon body surface area, respectively) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion, intra-uterine deaths and fetal retardation, but no teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced in the rabbit and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant women. Like other drugs in its class, ciprofloxacin causes arthropathy in immature animals.

Ciproxin should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus (e.g. potential damage to articular cartilage in the immature fetal organism).

#### Use in Lactation

Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from ciprofloxacin, a decision should be made to discontinue nursing or to avoid using the drug, taking into account the importance of the drug to the mother.

## 4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Even when taken as prescribed, this drug can alter patients' responsiveness, impairing the ability to drive or operate machinery. This is even more applicable when the drug is taken in conjunction with alcohol.

## 4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)

Table 1: Adverse drug reactions (ADRs) based on all clinical studies with ciprofloxacin (oral, parenteral) sorted by CIOMS III categories of frequency are listed below (overall n = 51721, data lock point: 15 May 2005).

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Infections and Infe	stations		
	Mycotic superinfections	Antibiotic associated colitis (very rarely with possible fatal outcome)	
Blood and Lympha	Blood and Lymphatic System Disorders		
	Eosinophilia	Leukopenia Anaemia	Haemolytic anaemia Agranulocytosis
		Neutropenia Leukocytosis Thrombocytopenia Thrombocytaemia	Pancytopenia (life- threatening) Bone marrow depression (life-threatening)

		D	V
Common ≥1% to <10%	Uncommon ≥0.1% to < 1%	Rare ≥0.01% to <0.1%	Very rare <0.01%
Immune System D		20.0176 to <0.176	<b>40.01</b> /0
minute Oystem D	13014013	Allergic reaction	Anaphylactic reaction
		Allergic oedema /	Anaphylactic shock (life-
		angioedema	threatening)
		- 50	Serum sickness-like reaction
Metabolism and N	2000 T - 700 C	Construction of the constr	
	Decreased	Hyperglycaemia	
	appetite and food intake	Hypoglycaemia	
Psychiatric Disord		ria e	
1 Sychiatric Disord	Psychomotor	Confusion and	Psychotic reactions
	hyperactivity /	disorientation	(potentially culminating in
	agitation	Anxiety reaction	self-injurious behaviour,
		Abnormal dreams	such as suicidal ideations /
		Depression	thoughts and attempted or
		(potentially	completed suicide)
		culminating in self- injurious behaviour,	
		such as suicidal	
		ideations / thoughts	
		and attempted or	
		completed suicide)	
100		Hallucinations	
Nervous System D			
	Headache Dizziness	Par- and	Migraine Disturbed coordination
	Sleep disorders	Dysaesthesia Hypoaesthesia	Smell disorders
	Taste disorders	Tremor	Hyperesthesia
		Seizures	Intracranial hypertension
		(including status	(pseudotumour cerebri)
		epilepticus)	
F D'		Vertigo	
Eye Disorders	I	Vieual dieturbenese	Visual color distortions
Ear and Labyrinth	Disorders	Visual disturbances	Visual color distortions
Lai and Labyinitii	Districts	Tinnitus	Hearing impaired
		Hearing loss	gipanoa
Cardiac Disorders			
		Tachycardia	
Vascular Disorder	S		
		Vasodilatation	Vasculitis
		Hypotension	
Respiratory, Thora	cic and Mediactic	Syncope nal Disorders	
Respiratory, Filore	olo alla Mediastii	Dyspnoea (including	
		asthmatic condition)	
Gastrointestinal D	isorders		
Nausea	Vomiting		Pancreatitis
Diarrhoea	Gastrointestinal		
	and abdominal		
	pains		
	Dyspepsia Flatulence		
	i latulelice		L

Common	Uncommon	Rare	Very rare
≥1% to <10%	≥0.1% to < 1%	≥0.01% to <0.1%	<0.01%
Hepato-biliary Disc		20.01/0 to 40.1/0	30.0170
Tiopato-billary Disc	Increase in	Hepatic impairment	Liver necrosis (very rarely
	transaminases	Jaundice	progressing to life-
	Increased	Hepatitis (non	threatening hepatic failure)
	bilirubin	infective)	tiricatering riepatic failure)
Skin and Subcutar			
	Rash	Photosensitivity	Petechiae
	Pruritus	reactions	Erythema multiforme
	Urticaria	Blistering	Erythema nodosum
			Stevens-Johnson syndrome
			(potentially life-threatening)
			Toxic epidermal necrolysis
			(potentially life-threatening)
Musculoskeletal, C	onnective Tissue	and Bone Disorders	,
n de la companya de l	Arthralgia	Myalgia	Muscular weakness
	= 1	Arthritis	Tendonitis
		Increased muscle	Tendon rupture
		tone and cramping	(predominantly Achilles tendon)
			Exacerbation of symptoms
			of myasthenia gravis
Renal and Urinary	Disorders		
	Renal	Renal failure	
	impairment	Haematuria	
	NE.43	Crystalluria	
		Tubulointerstitial	
		nephritis	
	General Disorders and Administration Site Conditions		
Injection and	A STATE OF THE STA	Oedema	Gait disturbance
infusion site	Feeling unwell	Sweating (hyper-	
reactions (only	Fever	hidrosis)	
intravenous			
administration)	,		2
Investigations	F 22 20 10		
	Increase in	Abnormal	Ĭ
	blood alkaline	prothrombin level	
lata. Tha incidence a	phosphatase	Increased amylase	

Note: The incidence of arthropathy (arthralgia, arthritis), mentioned above, refers to data collected in studies with adults. In children, arthropathy is reported to occur commonly.

Table 2: ADRs derived from post marketing reports (status: 31 July 2005) for which a frequency could not be estimated are listed below:

Blood and Lymphatic System	Pancytopenia	
Disorders		
Discretic	(life-threatening)	
	Bone marrow depression	
	(life-threatening)	
Immune System Disorders	Serum sickness-like reaction	
	Anaphylactic shock (life-threatening)	
Nervous System Disorders	Hyperaesthesia	
	Intracranial hypertension	
	Peripheral neuropathy and polyneuropathy	
Cardiac Disorders	QT prolongation	
	Ventricular arrhythmia	
	Torsades de pointes*	
Hepato-biliary Disorders	Liver necrosis (very rarely progressing to life-threatening hepatic failure)	
Skin and Subcutaneous	Erythema nodosum	
Tissue Disorders	Stevens-Johnson syndrome (potentially life-threatening)	
	Toxic epidermal necrolysis (potentially life-threatening)	
	Acute generalised exanthematous pustulosis (AGEP)	
Musculoskeletal, Connective Tissue and Bone Disorders		
General Disorders and Administration Site Conditions	Gait disturbance	
Investigations	International Normalised Ratio (INR) increased (in patients treated with Vitamin K antagonists)	

<sup>\*</sup> These events were reported during the postmarketing period and were observed predominantly among patients with further risk factors for QT prolongation (see **Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE**).

In isolated instances, some serious adverse drug reactions may be long-lasting (> 30 days) and disabling; such as tendonitis, tendon rupture, musculoskeletal disorders, and other reactions affecting the nervous system including psychiatric disorders and disturbance of senses.

Table 3: The following undesirable effects have a higher frequency category in the subgroups of patients receiving intravenous or sequential (intravenous to oral) treatment:

Common:	Vomiting, Transient increase in transaminases, Rash
Uncommon:	Thrombocytopenia, Thrombocytaemia, Confusion and disorientation, Hallucinations, Par- and dysaesthesia, Seizures, Vertigo, Visual disturbances, Hearing loss, Tachycardia, Vasodilatation, Hypotension, Transient hepatic impairment, Jaundice, Renal failure, Oedema
Rare:	Pancytopenia, Bone marrow depression, Anaphylactic shock, Psychotic reactions, Migraine, Smell disorders, Hearing impaired, Vasculitis, Pancreatitis, Liver necrosis, Petechiae, Tendon rupture

## **Reporting Suspected Adverse Effects**

Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at www.tga.gov.au/reporting-problems.

## 4.9 OVERDOSE

In the event of acute, excessive oral overdosage, reversible renal toxicity has been reported in some cases. Therefore, apart from routine emergency measures, it is recommended to monitor renal function, including urinary pH and acidify if required to prevent crystalluria. Patients should be kept well hydrated - Calcium or magnesium containing antacids reduce the absorption of ciprofloxacin in overdoses.

Only a small quantity of ciprofloxacin (<10%) is eliminated from the body after haemodialysis or peritoneal dialysis.

For information on the management of overdose, contact the Poisons Information Centre on 131126.

## 5 PHARMACOLOGICAL PROPERTIES

## 5.1 PHARMACODYNAMIC PROPERTIES

## **Mechanism of Action**

Ciprofloxacin has *in vitro* activity against a wide range of Gram-negative and Gram-positive organisms. The bactericidal action of ciprofloxacin appears to result from interference with the enzyme, DNA gyrase. Ciprofloxacin is usually active against the following organisms *in vitro*.

#### Gram-Negative:

Escherichia coli; Klebsiella species (including Klebsiella pneumoniae and Klebsiella oxytoca); Enterobacter species; Citrobacter species; Salmonella species; Shigella species; Proteus mirabilis; Proteus vulgaris; Providencia stuartii; Providencia rettgeri (formerly Proteus rettgeri); Morganella morganii (formerly Proteus morganii); Serratia species\* (including Serratia marcescens); Pseudomonas aeruginosa; Pseudomonas fluorescens; Campylobacter species; Haemophilus influenzae; Moraxella (Branhamella) catarrhalis.

## Gram-Positive: \*

Staphylococcus aureus (including methicillin-susceptible and methicillin-resistant strains); coagulase negative Staphylococcus species (including Staphylococcus epidermidis); Streptococcus pyogenes (group A); Streptococcus pneumoniae; Enterococcus faecalis.

## \*Note:

- 1. Gram-positive organisms are generally less sensitive to ciprofloxacin than Gram-negative organisms.
- 2. Most strains of *Streptococci* are only moderately susceptible to ciprofloxacin. Clinical studies have shown the drug to be effective for urinary tract infections caused by *Enterococcus faecalis*; however failures and reinfections have been observed with prostatitis. Although bronchial infections caused by *Streptococcus pneumoniae* and skin infections caused by *Streptococcus pyogenes* have been shown to respond to ciprofloxacin, it is not the drug of first choice in such infections, particularly *Streptococcus pneumoniae* infection of the lower respiratory tract.

- 3. Most strains of *Burkholderia cepacia* and many strains of *Stenotrophomonas maltophilia* are resistant to ciprofloxacin as are most anaerobic bacteria, including *Bacteroides fragilis* and *Clostridium difficile*.
- 4. Enterococcus faecium, Ureaplasma urealyticum and Nocardia asteroides are generally resistant. Ciprofloxacin is ineffective against *Treponema pallidum*.
- 5. The *in vitro* MIC of several strains of *Serratia* approaches or exceeds the peak plasma concentrations with the recommended doses of ciprofloxacin.

The prevalence of resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. This information gives only an approximate guidance whether microorganisms will be susceptible for ciprofloxacin or not.

Ciprofloxacin has been shown to be active against *Bacillus anthracis* both *in vitro* and by use of serum levels as a surrogate marker.

Ciprofloxacin is less active when tested at acidic pH and its antibacterial activity may be reduced by up to 100-fold in acidic urine. The inoculum size has little effect when tested *in vitro*. The minimal bactericidal concentration (MBC) is generally 2 -8 times the minimal inhibitory concentration (MIC).

Resistance to ciprofloxacin *in vitro* develops slowly (multiple-step mutation). Rapid one-step development of resistance has not been observed. However, in practice resistance to ciprofloxacin may develop during the course of a treatment, particularly in a significant proportion of *Pseudomonas aeruginosa* infections, especially in patients with cystic fibrosis, and in *Staphylococcus aureus* infections.

Ciprofloxacin does not exhibit cross resistance with non-quinolone antibacterial agents such as beta-lactams and aminoglycosides. However, organisms which are resistant to other quinolone agents (e.g., nalidixic acid, cinoxacin, etc.) are usually less sensitive to ciprofloxacin.

*In vitro* studies have shown that when ciprofloxacin is combined with other antimicrobial agents, particularly beta-lactams, the combination behaves either in an indifferent or additive manner. Synergism or antagonism have, however, been observed rarely.

Appropriate culture and susceptibility tests should be performed before treatment in order to determine organism susceptibility to ciprofloxacin and after treatment as warranted by the clinical condition. Therapy with Ciproxin may be initiated before results of these tests are known; once results become available, appropriate therapy should be continued.

## Disc Susceptibility Test

Dilution or infusion techniques-either quantitative (MIC) or breakpoint, should be used following a regularly, updated recognised and standardised method (e.g. NCCLS). Standardised susceptibility test procedures require the use of laboratory control micro-organisms to control the technical aspects of the laboratory procedures.

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "intermediate" indicates that the result should be considered equivocal, and if the micro-organism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone, which prevents small-uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

Note: The prevalence of resistance may vary geographically for selected species and local information on resistance is desirable, particularly when treating severe infections.

## **Clinical Trials**

No data available. For further information, see **Section 5.1 Pharmacodynamic properties**.

## **5.2 PHARMACOKINETIC PROPERTIES**

## Absorption

Ciproxin tablets are rapidly and well absorbed from the gastrointestinal tract after oral administration. The absolute bioavailability is approximately 70% with no substantial loss by first pass metabolism. Co-administration of ciprofloxacin with food appears to lower peak serum levels and delay the absorption of ciprofloxacin, resulting in peak concentrations closer to 2 hours after dosing rather than 1 hour. The overall absorption, however, is not substantially affected. Absorption also appears to be greatly reduced by prior administration of antacids.

#### Distribution

After oral dosing, ciprofloxacin is widely distributed throughout the body. The binding of ciprofloxacin to serum proteins is 20 to 40%. Serum concentrations increase in a dose-proportional manner and were, after multiple doses, as shown below:

Dose (mg)	Maximum Serum Concentration (μg/mL)	Area Under Curve (AUC) (μg•hr/mL)
250	1.4	5.4
500	2.6	10.6
750	3.4	15.0

Maximum serum concentrations are attained 1 to 2 hours after oral dosing. Mean concentrations 12 hours after dosing with 250, 500 or 750 mg are 0.1, 0.2 and 0.4 μg/mL respectively.

## Metabolism

Ciprofloxacin is also metabolised. Four metabolites have been identified in human urine which together account for approximately 15% of an oral dose. The metabolites have less antimicrobial activity than unchanged ciprofloxacin.

#### Excretion

The serum elimination half-life in subjects with normal renal function is approximately 4 hours. Approximately 40 to 50% of an orally administered dose is excreted in the urine as unchanged drug. During the first 2 hours after an oral dose of 250 mg, the urine concentration of ciprofloxacin usually exceeds 200  $\mu$ g/mL. Eight to 12 hours after the same dose, urine levels are approximately 30  $\mu$ g/mL. Urinary excretion of ciprofloxacin is virtually complete within 24 hours after dosing. The renal clearance of ciprofloxacin is approximately 18 L/h which exceeds the normal glomerular filtration rate of 7.2 L/h. Thus, active tubular secretion would seem to play a significant role in its elimination. In patients with creatinine clearance between 21-40 mL/min, the half-life of ciprofloxacin is only slightly prolonged. Dosage adjustments are usually not required in such cases. However, in patients with severe renal impairment, with creatinine clearance less than 20 mL/min, the half life of

ciprofloxacin is nearly doubled and dosage adjustment is necessary (see **Section 4.2 DOSE AND METHOD OF ADMINISTRATION)**.

Although bile concentrations of ciprofloxacin are 3 - 4 times higher than serum concentrations after oral dosing, only a small amount of the dose administered is recovered from the bile. Approximately 20 to 35% of an oral dose is recovered from the faeces within 5 days after dosing.

#### Inhalational anthrax

The mean serum concentrations of ciprofloxacin associated with a statistically significant improvement in survival in the rhesus monkey model of inhalational anthrax are reached or exceeded in adult and paediatric patients receiving oral and intravenous regimens (see Section 4.2 DOSE AND METHOD OF ADMINISTRATION). Ciprofloxacin pharmacokinetics have been evaluated in various human populations. The mean peak serum concentration achieved at steady state in human adults receiving 500 mg orally every 12 hours is 2.97 µg/mL, and 4.56 µg/mL following 400 mg intravenously every 12 hours. The mean trough serum concentration at steady state for both of these regimens is 0.2 µg/mL. In a study of 10 paediatric patients between 6 and 16 years of age, the mean peak plasma concentration achieved is 8.3 µg/mL and trough concentrations range from 0.09 to 0.26 µg/mL, following two 30-minute intravenous infusions of 10 mg/kg administered 12 hours apart. After the second intravenous infusion patients switched to 15 mg/kg orally every 12 hours achieve a mean peak concentration of 3.6 µg/mL after the initial oral dose. Long-term safety data, including effects on cartilage, following the administration of ciprofloxacin to paediatric patients are limited. (For additional information, see Section 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE, Paediatric Use.) Ciprofloxacin serum concentrations achieved in humans serve as a surrogate endpoint reasonably likely to predict clinical benefit and provide the basis for this indication.

A placebo-controlled animal study in rhesus monkeys exposed to an inhaled mean dose of 11 LD $_{50}$  (~5.5 x 10 $^{5}$ ) spores (range 5-30 LD $_{50}$ ) of *B. anthracis* was conducted. The minimal inhibitory concentration (MIC) of ciprofloxacin for the anthrax strain used in this study was 0.08 µg/mL. In the animals studied, mean serum concentrations of ciprofloxacin achieved at expected  $T_{max}$  (1 hour post-dose) following oral dosing to steady state ranged from 0.98 to 1.69 µg/mL. Mean steady state trough concentrations at 12 hours post-dose ranged from 0.12 to 0.19 µg/mL. Mortality due to anthrax for animals that received a 30-day regimen of oral ciprofloxacin beginning 24 hours post-exposure was significantly lower (1/9), compared to the placebo group (9/10) [p= 0.001]. The one ciprofloxacin-treated animal that died of anthrax did so following the 30-day drug administration period.

## 5.3 PRECLINICAL SAFETY DATA

## Genotoxicity

Ciprofloxacin was mutagenic in the mouse lymphoma assay and the rat primary hepatocyte culture/DNA repair assay in vitro, but not in other mammalian systems in vitro or in microbial systems.

In a small study on the chromosomal effects of ciprofloxacin on white blood cells, the drug did not exhibit any cytogenetic effect.

## Carcinogenicity

Carcinogenicity studies in mice (oral doses up to 1090 mg/kg/day and 1455 mg/kg/day in males and females, respectively; 1.4 and 1.8 times the highest recommended human dose of 1500 mg/day based upon body surface area) and rats (241 mg/kg/day and 328 mg/kg/day in males and females, respectively; 3.1 and 4.2 times the highest recommended human dose of 1500 mg/day based upon body surface area) showed no evidence of carcinogenicity.

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Results from photo co-carcinogenicity testing indicate that ciprofloxacin does not reduce the time to appearance of UV-induced skin tumours as compared to vehicle control. Hairless (Skh-1) mice were exposed to UVA light for 3.5 hours five times every two weeks for up to 78 weeks while concurrently being administered ciprofloxacin. The time to development of the first skin tumours was 50 weeks in mice treated concomitantly with UVA and ciprofloxacin (mouse dose approximately equal to maximum recommended human dose based upon mg/m2), as opposed to 34 weeks when animals were treated with both UVA and vehicle. The times to development of skin tumours ranged from 16-32 weeks in mice treated concomitantly with UVA and other quinolones. In this model, mice treated with ciprofloxacin alone did not develop skin or systemic tumours. There are no data from similar models using pigmented mice and/or fully haired mice. The clinical significance of these findings to humans is unknown.

## 6. PHARMACEUTICAL PARTICULARS

#### 6.1 LIST OF EXCIPIENTS

Ciproxin tablets also contain the following excipients: microcrystalline cellulose, maize starch, colloidal anhydrous silica, crospovidone, magnesium stearate, hypromellose, macrogol 4000, titanium dioxide.

#### 6.2 INCOMPATIBILITIES

Incompatibilities were either not assessed or not identified as part of the registration of this medicine.

## 6.3 SHELF LIFE

In Australia, information on the shelf life can be found on the public summary of the Australian Register of Therapeutic Goods (ARTG). The expiry date can be found on the packaging.

## **6.4 SPECIAL PRECAUTIONS FOR STORAGE**

Store below 25°C

## 6.5 NATURE AND CONTENTS OF CONTAINER

Container type: PVC/PVDC/AI, PP/AI, AI/AI

Pack sizes:

Ciproxin 250 - Blister packs of 2 and 14 tablets.

Ciproxin 500 – Blister packs of 2, 4, 14 and 60 tablets.

Ciproxin 750 – Blister packs of 14 and 60 tablets.

Some strengths, pack sizes and/or pack types may not be marketed.

## 6.6 SPECIAL PRECAUTIONS FOR DISPOSAL

In Australia, any unused medicine or waste material should be disposed of by taking it to your local pharmacy.

## 6.7 PHYSICOCHEMICAL PROPERTIES

## **Chemical Structure**

## **CAS Number**

86393-32-0

Ciprofloxacin hydrochloride is a synthetic carboxyquinolone derivative with broad spectrum antimicrobial activity. It is the monohydrochloride monohydrate salt of 1-cyclopropyl-6-fluoro-1,4-dihydro-4-oxo-7-(1-piperazinyl)-3-quinolinecarboxylic acid.

Molecular formula C<sub>17</sub>H<sub>18</sub>FN<sub>3</sub>O<sub>3</sub>.HCl.H<sub>2</sub>O

Molecular weight 385.8

Appearance faintly yellowish to yellow crystalline substance

## 7 MEDICINE SCHEDULE (POISONS STANDARD)

S4 (Prescription Only Medicine)

## **8 SPONSOR**

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## 9 DATE OF FIRST APPROVAL

2 March 1992

## 10 DATE OF REVISION

**TBC** 

## **Summary Table of Changes**

Section Changed	Summary of New Information	
4.5	Addition of drug interaction information with Levothyroxine	

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