

Before you go checklist

If you're planning your overseas trip, follow this simple checklist to make sure you're travelling safely and legally with your medications.

- ☐ Is the medicine or device for me or an immediate family member travelling with me?
- ☐ Is it allowed in the country I'm travelling to?
- ☐ Do I have the prescription and a letter from my doctor?
- ☐ Is the product in its original packaging?
- ☐ How much do I need for my trip?
- ☐ Am I allowed to take that much into the country?

For more information and guidance around travelling with your medicines and medical devices, visit our website:

tga.gov.au/travelling-medicines-and-medical-devices



Scan to visit!

